

The PRIDE



Newsletter of Lions District 44-H New Hampshire

October 2019 Volume 45 Issue 4

Lead from the



*Thoughts from
District Governor Steve Middlemiss*



Members of the Leadership team, as well as fellow NH Lions, are back from Spokane, WA where we attended the 2019 USA/Canada Forum. It was another fun and informative event with great seminars. I recommend everyone attend at least one of these Forums. They are a great way to learn more about Lionism and to meet some fantastic Lions.

The MD NH Lions Leadership Forum was held on Saturday, September 14th at Delta Dental in Concord. The Leadership Forum was for Presidents, Secretaries and Treasurers. It was attended by just over 100 Lions who were in these positions or interested in them. MyLion was a popular subject in the Secretary class. This is how we build stronger leaders for our clubs.

We are about to start our District wide project which is to work with the **Be the Match** program. We will assist in reaching out to members in our communities to consider being a stem cell or bone marrow donor. As was mentioned at the Cabinet meeting this is a competition among a number of Districts, 44 H & 44 N being two of them. In order to win the District has to collect the most donors. **Be the Match** will be keeping score for us. They have provided us with donor cards to distribute at your clubs upcoming events. It will begin late October and end mid May. Donor cards will be distributed soon.

Thank you Clubs for all your efforts to help those in your communities. You are what makes it Great to be a Lion!! Please contact Cabinet Secretary Val to schedule a club visitation.

DG Steve

Send all articles, pictures and information to PCC Deedee LaTulippe at

Newsletter 44h@outlook.com

Please send as a Word Document or JPG Format.

Deadline for submission is the 20th of each month.



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MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1,219	1,226
Added members	8	24
Dropped members	5	28
Closing Balance	1,222	1,222
Net Gain/Loss	3	-4
Worldwide	1,437, 737	



Club	New Member	Sponsor
Conway	John A. Hollingsworth	Alicia Gildea
Hudson	Sharon Norman	Brenda Gora
Kingston	Nason A Clough	Jazmin Alvarado
Kingston	Jacqueline Theodore	Mary Ann Blake
Moultonboro	Marilyn Indelicato	None listed
Nashua	K. Cameron Engelhart	Erich Engelhart
Nashua	Leland J. Hunter	Nick Englehart



**DG Steve's
TRAVELS**



Oct 2 Conway Lions Club

Oct 21 Moultonborough Lions, Oct 23 Sandown Lions

**Facebook NHLionsDistrict44-H
District Photographer**
PCC Deedee LaTulippe
136 Lowell Rd. Hudson, NH 03051
C: 603-566-0691
E: liondeedee@comcast.net

Lions Fellowship
Nancy O'Dowd
P.O. Box 1163 Wolfeboro, NH 03894
C: 603-387-6808
Lupesmom14@gmail.com

PEACE POSTER
Pamela Brewster
54 Leddy Dr.
Epping, NH 03042 C: 603-702-5393
E: pbrews@comcast.net

UNIFORMS/JACKETS/SHIRTS,HATS
Joe Kasper
63 Pine Hill Rd. Weare, NH 03281
H: 603-529-0439 C: 603-548-0286
E: JKasper@nedelta.com

CHILDHOOD CANCER
Mary Tremblay
E: mntremblay@earthlink.com

DIABETES
PCC Celeste Ricupero
E: ricupero7@comcast.net

ENVIROMENT:
Jeri Maynard
E: lionjheri@comcast.net

HUNGER
Gail Dacey
E: grd514@aol.com

VISION
Melanie Saunders
E: melanieleesaunders@gmail.com

NEED HELP?

**Club President Assistance
Here to help**

SVDG Robert Gustafson
603-553-0531
email robert-gustafson11@gmail.com

**Club Secretary Assistance
Here to help**

CS Val Wilson
603-906-2353
email valenciawil@comcast.net

Club Treasurer Assistance

Daniel Guimond
603-458-7744
email

LionDanielGuimond@comcast.net

NEWSLETTER CONTEST

Congratulations Winners

July Gail Dacey, Salem

August Kris Pavlik Barrington

Sept Carol Frankiewicz, Barrington

Sept PDG Sam Longbook's pin Pg 14

Each month there will be a photo of a PAST DISTRICT Governor's pin in the Pride. Find the pin and email me the page you found it on within 48 hours of receiving this newsletter.

A drawing will take place.

The winner will be announced in the November Newsletter. and will receive a \$10.00 Dunkin Donuts gift card at the NOV 10th Cabinet Meeting.

UPCOMING EVENTS

10/1 ZONE 1 Meeting
6:30PM Checkers/Alvirne High School, Rte. 102 Hudson

10/1 Zone 4 Meeting
6:30PM Londonderry Lions Hall Mammoth Rd

10/10 World Sight Day

10/25-27 NELC & Necrology
Dedham Hilton, MA

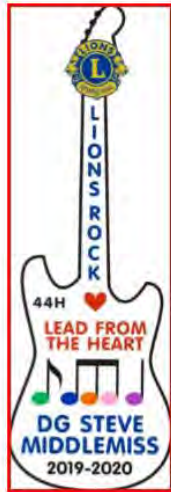
10/30 MD44 Council Meeting Airport Diner Manchester, NH

11/3 44-N Cabinet Meeting Enfield Community Center

11/10 44-H Cabinet Meeting Puritan Manchester

1/3-5 NELC Meeting CT

1/24-26 Mid-Winter Nashua Doubletree



District 44-H Cabinet Meeting



Puritan Backroom
245 Hooksett Road, Manchester NH 03104

November 10, 2019



8:15am – 9:00am Registration and Social
9:00am Call to Order
9:15am Breakfast Buffet

Assorted fresh fruit tray, Assorted scones and muffins, Orange juice and cranberry juice, Scrambled eggs, Pancakes, Crispy bacon, Home fried potatoes, Freshly brewed coffee and tea

Name(s): _____

Club: _____

Total Attending: _____ x \$18.00 = \$ _____

Check # _____ **Cash** _____

Reservation form and payment due October 20, 2019

Meal count must be in by this deadline to the hotel, or we can not guarantee you will be able to eat that day, though we will do what we can to accommodate late reservations.

Make checks payable to: Lions District 44-H

Please mail checks to:
Cabinet Treasurer PCC Scott Wilson
59 Georgetown Drive, Center Barnstead, NH 03225
Email: scottwils@comcast.net
Cell: 603-770-3700

Dress code: Business Casual, Red Jackets if you have one



Register *before* the deadline and WIN!

When you register with payment, by the deadline of October 20th, you will get a raffle ticket for a chance to win one of two \$25 Gift Certificates to the Puritan Backroom Restaurant!

We look forward to seeing you at the Cabinet meeting on November 10th!



HIGHLIGHTS FOR THE DISTRICT 44H NOVEMBER 10TH
 CABINET MEETING
 PURITAN BACKROOM ~ MANCHESTER , NH

how marrow donation works

SWAB to join the registry
 Doctors search for patient MATCHES
 One in 540 go on to DONATE

BE THE MATCH

BE THE MATCH

Sign up to save a life.
 3 Ways to Join

Scan this code with the camera on your phone

OR Text D44H to 61474
 OR visit
join.bethematch.org/District44H

+ TWO MINUTES = LIVES SAVED

CONSIDER GETTING YOUR CHEEKS SWABBED IN SUPPORT OF BONE MARROW DONATION TO SAVE LIVES AND COMBAT CANCER. AN EQUATION TOO SIMPLE TO IGNORE.

District 44 H & District 44 N are part of a competition working to assist the **Be The Match** organization to collect as many donors as we can, between Nov 1, 2019 and May 15, 2020. This is a project that can help clubs with our Childhood Cancer Initiative. It's as simple as handing out this Be the Match info card at your upcoming events. (The original cards will be sent out to clubs). **Be the Match** will keep track of how many donor cards each District collects.

For more information please contact DG Steve or attend the November 10th Cabinet meeting.

cstmiddlemiss@gmail.com - 603-566-7616

WAYPOINT
 Help Along the Way

Formerly
CHILD AND FAMILY SERVICES

Guest Speaker
Paul Staller from Waypoint

Paul will be speaking about the District project of *Youth without a Stable Permanent Home*. Paul was named director of Child and Family Services in June of 2017, now known as Waypoint, a non-profit human service agency in New Hampshire that traces its roots back to the late 1800s. The new name officials say better reflects its evolution over the decades.



www.waypointnh.org



Valencia
Cabinet Secretary
 valenciawil@comcast.net
 603-770-7705

October Greetings to all fellow Lions!

Lions - Does your club secretary have your most current information? Has your name, address, phone number or email address changed? Please be sure to let your secretary know of any updates to your information, so that it can be updated for club records, and on Lions Club International, so that there is an accurate member data base.

District Cabinet meeting - November 10th

Our next cabinet meeting is November 10th at the Puritan Backroom Restaurant in Manchester NH. These meetings are for all Lions, and there is a great deal of sharing of information, and meeting other fellow Lions, and learning what is happening at the District and International levels. The registration form is in the newsletter for further details. Sign up by the deadline of ***October 10th*** and you will be automatically entered for a drawing for a \$25 Puritan Gift Certificate! Learn about **"Be the Match"**! More info on this initiative in the newsletter.



Notes from Cabinet Treasurer PCC Scott:

Tax filings due by November 15th! - If you have questions about filing your clubs tax return(s), please let me know and I can help guide you! Be sure to reconcile your club's bank statements each month and make timely updates to your financial records, and submit treasurer reports to your club on a regular basis.

*Cabinet Secretary Valencia
 and
 Cabinet Treasurer PCC Scott*



PCC Scott
Cabinet Treasurer
 scottwils@comcast.net
 603-770-3700



Thoughts from Multiple Council Chair Fred Plett

Email: mccplett@gmail.com



Many of your fellow Lions spent a delightful week at the Lions USA-Canada Forum in beautiful Spokane, Washington. Besides white water rafting and many visits to the "library", we enjoyed outstanding presentations and headline speeches. We came back pumped with new energy and ideas. Congratulations to the graduates from Lions University, including DG 44N Sue Lindberg who earned her Doctorate, FVDG 44H Marie Hall who earned her Master's, and SVDG Virginia Edwards, Lion Deb Hogancamp 44N and Lion Kris Pavlik 44H earned their baccalaureate degrees. If you haven't ever attended a USA-Canada Forum, you are really missing out on a great and informative time!

We had an excellent training September 14th for Presidents, Treasurers and Secretaries. Congratulations to all who presented, and all who received the benefit of this education. This was hosted by the Past and Present District Governors Association.

Our next Multiple Council meeting is October 30th, at the Airport Diner in Manchester. All are welcome.



New England Lions Council



October 25-27, 2019 - Dedham Hilton -
25 Allied Drive - Dedham, MA 02026
call 1-800-HILTONS for reservation

Room Single or Double rate - \$159 plus taxes. Check in Fri. 3:00 pm on
 Register directly with hotel. Deadline for group rate October 5.

Saturday Seminars/Trainings

- 10-11.30 am - My Lion - LCI Staff person
- 11:30-noon - Jackie Mcloon, RI Blood Center - Be The Match Donor Program

Saturday Lunch 12:00 Buffet - DG Challenge speaker

- 1-2 pm - Service Launch Pad - PDG Michele Crocker, District 41
- 1-2 pm - Low Vision "Lovernet" - PDG Matthew Richardson, District 33K
- 2-3 pm - DG Roundtable - Moderator PID Joyce Middleton
- 3-4 pm - GAT Leadership seminar - PID Ed Farrington

Saturday Evening Dinner - 6:30 - Banquet -

Speaker: New England GAT - PID Ed Farrington, District 44N

Sunday - 9 am - Necrology Service - IPDG Liz Fenwickn District 45

10 Am - Business Meeting (DG Reports)

Saturday Meals:

Lunch: 12:00 Garden salad, Vegetable Wrap, New England turkey sandwich, Ham and Cheese sandwich, Cape Cod Chips, Fruit, Hot/Iced Tea, Hot/Iced Coffee, Pitchers of water

Buffet at \$25 x _____ Total = _____

Dinner: 6:30 Caesar Salad and Dinner Rolls
 Plated choice of Grilled Chicken or Crusted Cod
 Chef Choice of Starch, Vegetables, Dessert
 Coffee, Tea

Chicken _____ Cod _____

Dinner at \$40 x _____ Total = _____

Grant Total = _____

NAME: _____
 ADDRESS: _____
 DISTRICT: _____ DISTRICT POSITION _____
 CLUB: _____ CLUB POSITION: _____
 CONTACT: Phone _____ Email _____

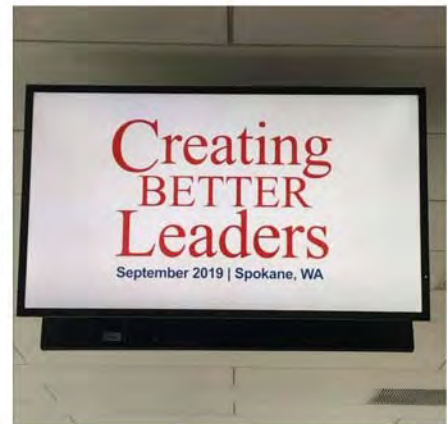
Make check payable to: NELC
 Mail check and form to: PCC Hilary Kumnick
 22 Hunters Ridge Road
 Killingworth, CT 06419

Registration deadline: October 5, 2019

Questions: Contact Council Pres. PDG Sandra Hurd @603-424-8922 axstewart@comcast.net



The largest and best Lions Club Leadership training event in the world, the USA/Canada Lions Leadership Forum, was held Sept. 19-21 in Spokane, Washington. DG 44-H Steve & Lion LeeAnn Middlemiss, DG 44-N Sue & PDG Eric Lindberg, FVDG 44-N Alan Ricard, MCC Fred Plett, PDG Toni Olden, PDG Henry McKee and ZC Marilyn Richardson took part in the Strides Walk and the many events held throughout the forum.





LIONS DISTRICT 44-H

NEW HAMPSHIRE SERVICES TO MANKIND, INC.
 c/o District 44H NH Lions Camp Pride

LIIONS CAMP PRIDE
for special needs individuals
www.lions.org/CampPride

Al Goldstein
Immediate Past President

Peter LaPointe
President

Lenny Hall
Vice President

Lenny Hall
Treasurer

Jerilyn Maynard
Secretary

Patrick Rooster
Camp Administrator

Lions Camp Pride
 154 Lions Camp Pride Way
 New Durham, NH 03825

*A Lease Site
 for Non-Profit
 Camp, Conference & Retreat
 Programs*

Mailing Address:
 District 44H Service to Mankind
 P. O. Box 157
 Addison, NH 03811

Telephone:
 (603) 462-6115

E-Mail:
LionsCampPride44h@gmail.com

Dear Lions Clubs of District 44H

In accordance with the By-Laws of Lions District 44-H New Hampshire Services to Mankind (aka Lions Camp Pride), four (4) new directors, to serve four (4) year terms, shall be elected.

Each Lions Club, in good standing of District 44-H, will present a written nomination for director to the corporation at least thirty (30) days prior to the annual meeting. Each nominee shall be a Lion in good standing. Their names shall appear on a ballot to be used during the district cabinet meeting and distributed to all Lions in good standing present to cast said vote.

The Camp Pride BDD is looking for individuals willing to commit, become involved, and work towards the success of the camp.

Candidates for election to Director must have their name submitted by their club secretary in a letter of intent to Lion Jeri Maynard, 104 Lowell Road, Hudson, NH 03051 by October 15, 2019. The election will take place during the November 10, 2019 Cabinet Meeting at the Back Room (Puritan Restaurant) in Manchester, NH.

Respectfully,

Jeri Maynard

Jeri Maynard

Lion Jeri Maynard, Camp Pride Secretary
 603-320-3614
Lionjeri@comcast.net



DIRECTORY UPDATES

Page 112 - Hampton Area

New Treasurer David Hartenstein
 3 Taylor Road, Hampton Falls 03844
 603-772-4688. daveharte@comcast.net

Page 116 & 144 - Litchfield

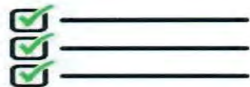
Auger, Wayne (44H PDG 2012-2013) (Roe)
 29 Watersedge Drive, Nashua, NH 03063

Page 132 - Sandown

Eric Olsen email address is: olsene1@comcast.net
 Erica Olsen email address is olsenej@comcast.net

- Meeting place has changed to Sandown Town Hall
- Membership Chair is Vacant
- LCIF coordinator is Vacant

Please send any needed corrections for the
 2019-2020 Multiple District Directory
 to CS Valencia Wilson
 via email to valenciawil@comcast.net



PCC Bill Rathbun: pdgbill33y@yahoo.com

Empowering Your Service

There's a world in need, and caring Lions are ready to change it. But comfort and compassion alone can't heal those suffering. It takes funding. It takes *Campaign 100: LCIF Empowering Service*.

To Increase Service Impact Through Campaign 100, our foundation will expand our commitment to our communities, making an even greater global impact with a focus on vision, youth, disaster relief and humanitarian work. For decades, we have been making a profound difference in the lives of the world's children; of people with blindness and other visual impairments; of community members who are at-risk; and of our most deeply vulnerable neighbors. We believe this is just the beginning, and we continually look for ways to leverage our proven expertise, networks, infrastructure and organizational knowledge.

This month we will focus on

Vision We will lead the global charge to rid the world of infectious blindness, reduce avoidable blindness and visual impairment, and improve overall quality of life by providing services to children and adults who are blind or visually impaired.

Lead the world in establishing and strengthening comprehensive eye care institutions and systems through capital expansions, equipment provisioning and human resource training. Reaffirm Lions' global leadership in child eye care service provision, in partnership with the World Health Organization. Support national efforts to eliminate blinding diseases like onchocerciasis (aka "river blindness") and trachoma, the world's leading causes of infectious blindness and visual impairment, through volunteer training and supervision, advocacy, surgical services and distribution of appropriate medications. Lead the global response to the uncorrected refractive error challenge by supporting projects that provide high-quality, sustainable and high-impact refractive error services. Fulfill Helen Keller's call for Lions to become "Knights of the Blind" by investing in projects that support services for the blind or visually impaired, including improving educational systems, assistive device loaner programs and low vision program capacity building. Establish SightFirst challenge grants that empower and inspire Lions and their partners to develop innovative, groundbreaking approaches to service in underserved areas. Enhance and expand Lions-led comprehensive vision screening programs for adults and children.

Next month's focus: **Youth**



September 15th Camp Pride held their annual barbecue. DG Steve unveiled the bench donated to Camp Pride in Memory of Peter Smith, a Wolfeboro Lion and director of Camp Pride for many years. Pictured on the bench is his wife Judy Smith and Wolfeboro Club President, John Adams. The bench will be placed in front of the administration building.



Perfect weather made for a great day at the annual Camp Pride Barbecue. DG Steve inducted 2 new members, corn hole toss, eating barbecue and socializing with friends! Thanks to DG Steve & PDG Jerry Vaccaro for cooking the burgers and hot dogs and Jim Hogancamp for cooking the chicken!



DISTRICT 44N SOCIAL

You are invited to our second 44N District Social Cabinet Meeting being held on **November 3rd** at the **Enfield Community Building, 308 US Rt 4, Enfield, NH**

Zone 7 has decided to do a Chili and Beef Stew Cook-Off. Cost is \$10 for the meal. There will also be Cornbread and Dessert. Plus you get to vote for your favorite recipe!



Please bring a few items for David's House. See the **David's House Grocery List!** →

- Registration/Social/Food: 10:30-12:00
- Meeting Starts: 12:15
- Speaker will be **Dan Marcek** from **Vetflix**, Hear how he is preserving veterans' stories.
- Our Service Project will be to **"Stuff a Truck"** with supplies for **David's House**; since it is only about 7 miles from the Enfield Community Building, come with us to deliver the items and get a **tour**. See what they are all about!

David's House Grocery List



David's House happily accepts non-cash gifts. These items are always helpful!

"Some of the items we run out of more frequently are the to-go coffee cups and the 5 oz. paper cups. Also, coffee is very popular! We have a regular 12-cup coffee maker and just use any brand of regular coffee for that!"

Paper Products:

- Toilet paper
- Facial tissues
- Trash bags (13 and 30 gallon)
- Paper cups/Dixie cups (5 oz)
- Paper towels
- Recycle bags (30 gallon)
- Disposable coffee cups (with or without lids)

Cleaning Products:

- Bleach (regular or color-safe)

Toiletries

- Feminine hygiene products (specifically pads)
- Shaving cream
- Deodorant
- Toothbrushes/Toothpaste


Grocery Food:

- Fresh fruit
- Fruit snacks and fruit cups/applesauce
- Single-serve microwave meals
- Coffee creamer (powder)
- Cookies and crackers
- Granola bars/breakfast bars
- Pudding and Jell-O cups
- Juice boxes and concentrate
- Cereals (single serving or boxes)

Gift Cards

- Walmart
- Amazon
- Local stores: Shaw's, Price Chopper, BJ's, Hannaford

✂

 District 44N Social Cabinet Meeting
 RSVP to CS Henry McKee at hanknh@netzero.net
 Make check payable to **District 44N Lions**

Mail to: **PDG Henry McKee**
13 Town Road 79
Orford, NH 03777

Name: _____
 Club: _____

Name: _____
 Club: _____

Attending _____ @\$10/each = \$_____



GREATER WAKEFIELD LIONS CLUB

Proudly Serving Wakefield, Brookfield, Milton, East Wakefield, Middleton, Sanbornville & Union NH

Poor People's Pub Named Granite State Fellow



The **Granite State Fellowship** is acknowledged as the Lions Sight and Hearing Foundation's highest state recognition. On Thursday, September 19th, **Poor People's Pub** was presented this prestigious award for exceptional humanitarian services to the Wakefield community and the Greater Wakefield Lion's Club. The award was presented to Jimbo "The Hobo" and Bo Keating by past president, Scott Gaudet at the Pub where the club has been meeting for the past 17 years. "The Hobo" shared that the very first baseball team he played for in the '50s was called the Lions. The Pub has supported area teams for years as is evident by the hundreds of photos on the walls of teams throughout the years. The Lions thank you for your love of community!



October Kicks off Lions Vision Awareness Month

Joe Palmariello and wife Anne, president of the Greater Wakefield Lion's Club, will be visiting some local schools and daycare centers providing free eye screenings as part of Lions Kidsight USA. This is sometimes the first hint that a child has difficulty seeing. Parents can then follow up with their own eye doctors.



Laconia-Gilford Lions Club members. L-R: Jamie Caldwell, Matt Soza, Eileen Morey, Marylyn Brown, and Lois Smith working at last fall's Electronic Waste Collection Day.

**Electronic Waste Collection Day
Laconia/Gilford Lions Club
October 5 at 8:30 AM – 12:30 PM
Gilford Cinemas 8 Parking Lot (new location!)**

Got an old computer collecting dust in your closet, or a broken air conditioner sitting on the back porch? What do you do with such items when you replace them? Everything from laptops, phones and computers to TVs cost a fortune to haul away.

Turn all that junk over to the Laconia-Gilford Lions Club during their Electronic Waste Collection Day fundraising event which will be held on Saturday, October 5 in the Cinemas 8 parking lot in Gilford (9 Old Lake Shore Road) from 8:30AM to 12:30PM - Note: this is a new location! For a small disposal fee (most items are \$5), not only will we take your old electronic items off your hands, we will recycle them. The disposal charge is almost always less than the prices at local transfer stations. Cash or checks will be accepted but not debit or credit cards.

Just bring your electronics to Cinemas 8 parking lot, 9 Old Lakeshore Road in Gilford on Saturday, October 5 between 8:30AM and 12:30PM. Lions Club members will even help you unload them! You do not have to be a resident of Laconia or Gilford to take advantage of this fundraiser - it is open to everyone.

Items you may want to consider dropping off are laptops, PC towers, PC LCD monitors, servers, CD/DVD players, camcorders, AV equipment, VCRs, speakers, copiers, faxes, scanners, printers, phones (land and cell), phone systems, humidifiers and computer accessories (all \$5).

In addition, we will also take microwaves, air conditioners, dehumidifiers (all \$10), CRT monitors less than 50 lbs. and TVs less than 25" (\$20), TVs 26" and larger (\$30). For TVs needing more than one person to lift or CRT monitors over 50 lbs., the item will be weighed on site and price determined. Anything with a cord not listed will also be accepted.

You CANNOT drop off: smoke detectors, oils, paints, thinners, batteries (except car batteries), tires, items containing mercury such as fluorescent and CFL light bulbs or thermometers, capacitors, ballasts, or any other hazardous waste.

Don't miss this opportunity or you'll be storing these things another year - "Don't throw it out, Recycle it!" You'll not only help the environment by disposing of your unwanted electronics responsibly but also help the Lions, the largest service organization in the world, raise funds to meet pressing needs in our community: eye glasses and hearing aids, food pantries, college scholarships, holiday food baskets for needy families, youth sports programs, are just a few of the local charitable organizations that we assist. All that for a disposal fee that, in most cases, is less than the cost at local transfer stations.

The Laconia-Gilford Lions Club appreciates your help with their Electronic Waste Collection Day fundraising event and wishes to thank in advance everyone who contributes to making a real difference in our community. Look for the yellow Lions' vests on Saturday, October 5 from 8:30AM to 12:30PM at the Gilford Cinemas 8 parking lot. No matter how large or small, every item adds up!



**HAMPSTEAD
LIONS
CLUB**



Leave it to the Hampstead Lions Club to cook up some good fun for the 4th annual Backyard BBQ Fundraiser winners Brittany & Tom Stacey. The Stacey's hosted a back yard party in Concord earlier this month for 20 of their family & friends while HLC members cooked and served this picnic perfection that included everything from steak tips to hot dog fixin's. A special thank you to all the community members who purchased tickets this year. All fundraiser proceeds benefit community charities. Feel like you're missing out in the fun? Look for Backyard BBQ ticket sales starting next spring.

**THE ANDOVER LIONS
CELEBRATING
"65" YEARS OF
SERVICE**



Please come join us in the celebration of
our 65th Anniversary
at the
THE REFINERY RESTAURANT
4 Mill Road, Andover, NH 03216 on
SATURDAY, the 26th of OCTOBER 2019

Social: 6pm (*Cash Bar*)
Dinner: 7pm
Master of Ceremonies: PCC Charlie Vars

Cost per person \$46.44
(meal is \$36.00 with added 9% food tax \$3.24 and 20% gratuity \$7.20)
SEATING is limited to 80

Please RSVP: Call Virginia Edwards 603-768-3443 or email zinthewhitexmas@aol.com
by **October 12, 2019** for payment and Reservation confirmation.
(Make check payable to Andover Lions and mail to PO Box 311, Danbury, NH 03230)

MENU:

HORS d' OEUVRES:

Bruschetta with Sundried Tomato Pesto & Basil
French Chicken Salad in Profiteroles.

BUFFET CHOICES:

Green Salad with Fresh Baby Greens, Cucumbers,
Grape Tomatoes, Italian and Ranch Dressing
Seared Breast of Chicken with Lemon Butter Sauce
Baked Haddock with a Fresh Citrus Vinaigrette
Baked Potato with Butter and Sour Cream,
Shredded Cheese and Green Onion
Julienne Carrots and French Green Beans

DESSERT:

Cobbler, Coffee served



Chester Lions Club Yard Sale Fundraiser



Leslie Packard, Chair



Lions Bruce Baker, Jim Gullo and Sheryl Baker



Sheryl Baker, Secretary

The Chester Lions Club Annual Yard Sale fund raiser was held August 24th. Club members set up tents and tables prior to and following the sale. Donations were accepted prior to the sale so that everything sold is profit for the club. This year a bake sale was included along with the yard sale, which was a huge success (a sell out) It was a lot of work but club members turned out inforce to help.



Thoughts on Vision

From Melanie Saunders

Summer is officially over but my favorite season—fall—is here and we will soon be able to enjoy the beautiful colors that I look forward to every year.

Unfortunately, not everyone gets to enjoy simple pleasures like this. More than 253 million people are blind or visually impaired.

Lions past and present have worked hard to detect, restore, and fight preventable blindness ever since Helen Keller challenged Lions to become knights of the blind 94 years ago. This World Sight Day, **October 10, 2019**, let's celebrate the vision-saving accomplishments of Lions as we also plan our clubs' service projects to find ways to continue to help those with vision loss.

In addition to the work within our clubs, we can each take action. When was the last time you got an eye exam? Your family, friends and colleagues? This World Sight Day, let's pledge to take an eye exam—and encourage your friends and family to do the same!

Sources: The International Agency for the Prevention of Blindness and LCIF newsletter.



Camp Pride's Annual Booster Club Raffle

It's that time of year again! All Lions are asked to help support Camp Pride by procuring sponsors for each date during the Month of January. The more sponsors for the calendar, the more funds that will go directly to Camp for operations and maintenance.

Sponsorships may be sold to club members, friends, business associates and a great way to honor a special birthday, anniversary or to promote a local business. All sponsors will be acknowledged with their "message" printed on each ticket!

Tickets remain at \$10.00. There will be a total of thirty-one (31) drawings, all taking place at the Mid-Winter Convention in January. Each drawing represents a particular day in January. **Any ticket drawn will be redeposited** into the raffle basket so there are numerous chances to win.

Please return all your sponsor form and checks directly to Lion Lillian Bellisle at 29 Cedar Street, Hudson, NH 03051. If you have questions or need additional tickets, please call her at 603-889-0285 or e: mail: Lionjeri@comcast.net.

Enclosed is a sponsor letter that you can copy and present to a potential sponsor



District Governor Steve Middlemiss along with his partner in service Lion LeeAnn, Cabinet Secretary Val Wilson, Cabinet Treasurer Scott Wilson and Zone Chair Marilyn Richardson joined us for his official visit Monday night. In addition to outlining his goals for the year, DG Steve inducted three new members. Bob Pavano, sponsored by Lion John Deschenes, Dr. Cam Englehart, sponsored by his brother Lion Erich and Leland Hunter sponsored by his sister Lion Nicki Englehart. DG Steve presented Dr. Robert Moheban with his Life Membership Card, pin, letter and certificate.



Hudson Lions Club Members gathered at Lions Filed, owned by the Hudson Lions Club and where the club sponsors a team. As part of the club’s Centennial Project, banners were placed around Lions Field to raise awareness of the many service projects that the club does for the community.

Thank you to 2VP Phil Nichols for chairing this project.



Mary Tremblay: mtremblay578@gmail.com



CHILDHOOD CANCER

Thank you to the clubs that have collected and sent items to Dartmouth-Hitchcock, I have heard of some Zones that are planning projects. If there is anything, I can do please contact me.

I will collect items at the Nov. Cabinet meeting if you cannot get them to Lebanon. The following is some information about Norris Cotton's childhood cancer program

Pediatric Cancer Program

The pediatric hematology/oncology team at Norris Cotton Cancer Center and [Children's Hospital at Dartmouth-Hitchcock \(CHaD\)](#) provides comprehensive, multidisciplinary care and support for children diagnosed with cancer and blood disorders and their families.

Families are given complete, accurate information about their child's diagnosis and treatment options.

Parents are an important part of the medical team and are involved in each step of the process.

We recognize that a cancer diagnosis does not happen to the child alone, but impacts the whole family.

We strive to provide effective and useful support to each member of the family throughout the duration of treatment and beyond.

Care program

Children followed by the pediatric hematology/oncology team are seen by a core team of three oncologists, six members of the nursing staff, a dietician, a dedicated child life specialist, and a social worker. The team is supported by a range of pediatric specialists from CHAD and DHMC in many areas including radiology, pathology, surgery, neurosurgery, neurology, urology, and radiation-oncology.

Surgery and inpatient hospital admissions are primarily provided at [DHMC in Lebanon, NH](#). Chemotherapy is administered in both Lebanon and at [Norris Cotton Cancer Center Manchester](#) in Manchester, NH.

Whenever possible, care is provided in the community through the support of visiting nurses and pediatri-

GLT Pat Kimball 44-H Pkimb56@gmail.com or C: 603-819-9433



44-H had 55 club officers, represented by 17 clubs attended the Club Officer training that was held on September 14. I hope that those who didn't or couldn't attend this training session will attend the next training session tentatively scheduled next year, especially the secretary training as reporting procedures have changed. I attended the President's training, and hope that those who attended that are not current presidents will consider taking on future positions within their club taking with them some of the information they learned. For those presidents, please consider being a future Zone Chair. Also, take a look at the training opportunities online for club officers, and zone chairs on LionsClubs.org, and LCIF website.

One of this year's GLT goals is to add 10 Certified Guiding Lions to the district. We are looking at having Guiding Lion training possibly in November. This is an opportunity to not only assist another club, but to also see how other club's function, and learn something. Watch for more details on upcoming training opportunities for this training and other training and seminars.

I look forward to meeting a lot of presidents, secretaries and treasurers at upcoming Zone meetings, which I be will be attending, and at the next 44-H Lions Cabinet Meeting being held of November 10. of November 10. I can be reached Thank you for all you do for your clubs, and communities.



Salem Lions Club members at the town library, Collecting eyeglasses and food for the town food pantries.

The Conway Area Lions Club Kayak Raffle. On Friday we made good on our promise to deliver the Old Town Dirigo 120 to the winner of this years kayak raffle to anywhere in the New England area!!!! If fact, we delivered it right to the front door!!!! Congratulations to David and Kathy Purdy of Dover, NH!!! Unfortunately, David had other commitments that day and couldn't be there, but his wife Kathy, was more then happy to accept the kayak!!!



Members of the Barrington Areas Lions Club collecting eye glasses at the Transfer Station!



Meredith Lions building a new home for their ducks for the annual 4th of July duck race.



LIONS YOUTH SERVICES

MEETING HIGHLIGHTS– 12 September 2019

Sixteen were in attendance at the Airport Diner for the Lions Youth Services meeting, Thursday, September 12th.

Committee’s reported updates and reports on such events as the Lions Quest program, BackPacks, Peace Poster contest and the Fisher Cats game.

QUEST - Old discussion on Quest, Kristyne reported that she has been talking with LCI , has a good handle on the program and is moving forward slowly.

PEACE POSTER CONTEST- All Peace Poster kits have been sold and all clubs will be reminded of the deadline date of November 15th and to check with their contacts to set up schedules.

FISHER CATS - SVDG Marie Hall reported that the Boys & Girls clubs received the free tickets and they were very well received by those attending the game.

BACKPACKS 4KIDS - BackPacks with school supplies were presented to Manchester schools and the Austin17 House youth helped fill them. Many thanks to all. (See photos on the right).

MID-WINTER - New discussion was brought forth by Lara Middlemiss Raymond with regards to promoting a service project for the homeless youth in NH. She will be inviting a speaker to the next meeting. Suggestions were made to acquire another type backpack to be filled with necessities for these homeless teens. LYS is looking to make this a service project to take place during the Mid-Winter convention. More information to follow. Also discussed was starting up another Calendar Raffle as was done last year during the Mid-Winter convention. Talk of selling 500 tickets was presented as we had sold out last year and there were many requests for tickets we didn’t have. Harry Armstrong and Pat Mayo are starting to set this up and will have more information next meeting.

Mark your calendar and join us at the Airport Diner. All are welcome. LYS strives to support the youth in New Hampshire and everyone is welcome to lend us a hand or give us ideas as to how we can serve them better.

Please make note and come join us at the October 10th meeting. We will again be meeting at the Airport Diner NOT at Hannaford’s, looking forward to seeing you there!



LYS donated 80 backpacks to the Manchester schools today. Thanks to all who donated and thanks to all who helped fill them. Because of you children in need get a little help.

“Kindness Matters”



Jeri Maynard chair,
lionjeri@comcast.net

PCC Celeste Ricupero, Diabetes Chair

Email: ricupero7@comcast.net

Environment: So what can you do to lower your heating costs and help save the environment?

ENERGY NORTH has the following check list you may want to use:

- Let the sunshine in- Sunlight has natural warming powers. Leave curtains/blinds open during the day; sunlight and UV rays travel easily through glass and will convert to heat.
- Check for air leaks before you turn the heat on- gaps will cause your system to work harder
- Have a maintenance check on your system each year and replace your filters every 4-6 weeks to improve air flow and put less stress on your furnace.
- Get a programmable thermostat which will provide you comfort, convenience and efficiency. Lower or shut off heat when you are not at home (only for short times- don't let the pipes freeze) - turn back on when you return.
- Lower your hot water temperature to 110 -120 degrees F. Water usage (showers, laundry, dishes) consumes at least 18% of total energy used in your home- you shouldn't notice the difference with the lower temperature.
- Speaking of laundry- using hot or warm settings take up a big chunk of your hot water costs- switch to cool/cold water and can save up to 11% of your total water heating costs.
- If buying or replacing an appliance, the newer appliances have a higher efficiency rating, which may cost more, but will lower your energy bills and save maintenance costs in the future.
- Check your home's insulation- properly insulated homes can save you up to 20% of your heating costs

Considering different ways of heating your home?

The most common types of alternative heating:

Pellet stoves: similar to a wood stove but pellets are made up of renewable sources (grass, sawdust, etc.) and are more environmentally friendly-. You could heat your home with one pellet stove for every 1,500 square feet.

Solar heating: may be more costly to start with but once installed, ability to heat will be cost free for life. Type of solar heating will depend on your current heating system (forced air or radiant heat).

Masonry heater: similar to pellet stoves but smaller and looks like a traditional fireplace. Masonry heaters burn wood and traps the heat within the bricks of the smoke chambers- it will provide heat for up to 24hrs. They produce less pollution than a traditional wood stove and require less supplies- they also provide more heat than other types of stoves and fireplaces. **Follow the above procedures and help save the environment and your wallet...**



LIONS and DIABETES
 Action & Awareness #LionsFightDiabetes

Our vision is to
 "Reduce the prevalence of diabetes and improve the quality of life for those diagnosed"

- LIMIT YOUR CONSUMPTION OF ALCOHOL** (Icon: Martini glass)
- ENSURE 8 HOURS OF SLEEP EVERY NIGHT** (Icon: Bed)
- COOK WITH OLIVE OIL INSTEAD OF BUTTER** (Icon: Olive oil bottle)
- EXERCISE 30 MIN A DAY, 5 DAYS A WEEK** (Icon: Bicycle)
- CUT SUGAR OUT OF YOUR FAMILY'S DIET** (Icon: No sign over sugar items)
- NEED A SNACK? GO NUTS** (Icon: Nuts)
- DON'T SIT STAND UP AND GET MOVING** (Icon: No sign over chair)
- BIN THE SUGARY DRINKS** (Icon: No sign over sugary drinks)
- EAT 3 DAILY SERVINGS OF VEGETABLES** (Icon: Bowl of vegetables)
- TAKE THE STAIRS INSTEAD OF THE LIFT** (Icon: Stairs)
- EAT HEALTHY LIKE THIS** (Icon: Healthy food plate)
- NOT LIKE THIS** (Icon: Unhealthy food plate)

Lions Clubs International MD105 British Isles
 Lions Clubs International, 267 Alcester Road South, Kings Heath, Birmingham, B14 6DT
 Tel: 0121 441 4544 Email: mdhq@lionsclubs.co www.lionsclubs.co



Lions Sight & Hearing Foundation

The September meeting included initial approval (unanimous of those 7 that were present) of seven cases presented by Alan Hoyer, Project Coordinator. We did not have a quorum because many members were attending the USA/ Canada Forum. I have emailed those not in attendance a copy of Alan's case sheet and asked them to cast their vote. I received good reply, so those cases were approved.

We discussed of length of time it takes for some cases to be approved as there are delays for submission of applications, some application come in incomplete which may delay a decision until the next meeting on the third Thursday of the month. President Langdon Plumer suggested that each clubs' "Health Officer" (one in charge of cases) may need training on preparation of the application so when one is issued by them there is a lion who can follow the case and be ready to assist applicant. This will also assist the club to assure applications are complete before being submitted to Alan Hoyle. He will be working on a "How to do" set of instructions and be available to conduct training sessions.

We also discussed voting on cases via email in the event there is an emergency and of a case has just taken too long to become before the board. President Langdon Plumer will work on a set of guidelines to bring back to the board for discussion at a future meeting.

The Endowment committee met with our broker to review the funds and its management. Alan Hoyer reported on the meeting. The Board is looking for ideas for a fund raiser or two to help meet our mission of assisting local clubs meet the need for sight and hearing projects for members of their communities.

Thanks for being a Lion and your club for supporting your Sight and Hearing Foundation

Yours in Lionism, Langdon Plumer, President 2019-2020

LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW (GSF)

AWARD TIME

Give recognition to an outstanding member of your Lions Club or a person in your Community with a Granite State or Progressive Granite State Fellow.

Many clubs recognize an outgoing president with this award.

The GSF comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF you not only give recognition but you are aiding a NH Citizen who is in need of our services which include hearing aids and cataract surgery. Donations go directly into the LSHF Endowment

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to five years with a designation on the donation memo.

Applications are online at: nhlions.org

Contact Chairman PCC Roger LaTulippe at 603-566-0691

email: dgroger@comcast.net





Gail Dacey: grd514@aol.com



WHAT IS A FOOD BANK?

A food bank is the center of food collection and distribution in a community. In essence, food banks collect, sort and re-distribute food to the community. Traditionally, a food bank does not distribute food directly to those in need. Instead, food banks serve an extensive network of organizations in their respective communities. These organizations serve one part of the community and know the needs of the people there.

The Mission of the New Hampshire Food Bank is to feed hungry people by soliciting and effectively distributing grocery products and perishable foods, and offering innovative programs through a statewide network of approved agencies; by advocating for systemic change; and by educating the public about the nature of, and solutions to, problems of hunger in New Hampshire.

Other programs available to assist families and individuals who have limited food resources are SNAP, WIC, School Meals, and Meals on Wheels. Next month I will explain more about these programs.



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions

Multiple District 44 – Health Services of New Hampshire

Linda Piekarski Chair: lpiekarski@ne.rr.com



A VISIT TO FIDELCO

It was my very great pleasure and privilege to have a tour of Fidelco this August. I will be sharing the many wonderful things I saw and learned in future newsletters. The care and thought that goes into creating the wonderful Fidelco Guide Dogs is impressive! They are always looking for ways to improve the process. A great example is the new harnesses that will be offered to new clients. It's more comfortable (and less expensive) than the leather and metal harness. It's made like the training vests so the transition from vest to harness feels natural to the dog. Rosie and I used one for an hour and we liked it a lot!!



You can help the DogSight 2019-2020 campaign get a good start by sending a donation in early. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431

Thank you for your support!



**SALEM NH LIONS CLUB
LIONS ANNUAL SOCIAL
DINNER & FUNDRAISER**

To be held
Thursday, October 10th, 2019
Cocktails at 6:00pm, Dinner at 7:00pm
At Harris Pelham Inn
Pelham, NH
Tickets are \$35.00 per person, \$350 per table
All proceeds from the dinner raffle will be put towards local projects.

WE SUPPORT
LOCAL FOOD PANTRIES
FOOD BASKETS FOR THE NEEDY
CHILDHOOD DIABETES
EYEGASSES & HEARING AIDS FOR THOSE IN NEED
SALEM, NH LIONS LEGACY PROJECTS AND
LIONS OF SALEM, NH HIGH SCHOOL
SCHOLARSHIPS PROGRAM

To purchase tickets or to offer a donation to our Raffle Basket Drive, please contact either:
Sylvie 603-475-9815 smithsylvie20@gmail.com, please leave a message

Your donation can be picked up at your convenience or mailed to:
Salem Lions Club
PO Box 294
Salem, NH 03079

Thank you in advance for your generosity!

**Semi-Annual
Psychic
FAIR**

Sat. October 19th
10am-4pm

Located at the Hudson
Community Center
12 Lions Ave, Hudson



Event Sponsored
by Hudson Lions Club

For Info Contact:
Lillian 603-889-0285 or Jeri 603-320-3614
email: lionjeri@comcast.net

Join in the Fun!
Check out our many vendors selling their wares!

www.nhlions.org/hudson

What's in Your Future?
What do you wish for?



COMEDY SHOW

— Featuring —

— Jeff Koen • Graig Murphy —

JOE YANNETTY



A seasoned professional, comedian Joe Yannyetty draws on his travels, his Italian heritage, family situations and Boston blue-collar upbringing to bring family-oriented comedy to audiences around the world. Yannyetty has been a guest on dozens of television shows, and has headlined around the world. Joe has also appeared at CAESAR'S PALACE in Las Vegas, RADIO CITY MUSIC HALL in New York City, and the KENNEDY CENTER in Washington DC.

FRIDAY, OCTOBER 25, 2019

Austin17House

263 Route 125 • Brentwood, NH



♦ **RAFFLES**
♦ **CONCESSIONS**

♦ **DOORS OPEN 7:00 PM** ♦ **SHOW STARTS AT 8:00 PM** ♦
♦ **PROCEEDS TO BENEFIT AUSTIN17HOUSE** ♦

For Tickets or Information Contact
Mike Baillargeon (603) 235-1260 • mdbail@comcast.net
or Mike Dolan (603) 382-9642 • mt4dolan@gmail.com

SPONSORED BY SEACOAST & SOUTHERN NH LIONS CLUBS



We Serve

LONDONDERRY LIONS



We Serve

**Giant
Yard Sale
October 5, 2019**

**8:00 A.M. - 2:00 P.M.
NO EARLY BIRDS PLEASE**

Lions Hall, Rt. 128, 256 Mammoth Road
Across from Londonderry, NH Town Common

Donate your goods to the Lions!
Sept 23 thru the Friday before the sale at the
Londonderry Lions Shelter

Please, no large kitchen appliances, couches,
skis, air conditioners, computers or TV's

"Sell your own Goods by renting spaces"
Call Tom in advance *603-548-5011

Proceeds for donated goods and rented
spaces to benefit:

Lions Local Charities including Local Eye Care



Save the Date! January 24-26, 2020

Mid-Winter Convention Nashua Doubletree

Guest Speaker

Judge Haynes Townsend, 1st International Vice President

Judge Haynes Townsend, from Dalton, Georgia, USA, was elected to serve as first vice president of Lions Clubs International at the association's 102nd International Convention, held in Milan, Italy, July 5 through July 9, 2019.

Vice President Townsend served as a judge for 22 years before retiring in 2019.

A member of the Dalton Noon Lions Club since 1979, he has held many offices within the association, including club president, region chair, zone chair, district governor, district librarian, multiple district leadership chair and international director. He served on the international board from 2009 to 2011, as chair of the 2010-2011 Constitution and By-laws Committee and as a board appointee to the 2010-2011 Executive Committee. He also served as a presenter at the USA/Canada leadership forum.

In recognition of his service to the association, Vice President Townsend has received many awards including three Lion of the Year Awards, 15 District Governor Appreciation Awards, the Ervin-Crumbley Award, District 18-A Hall of Fame Award, numerous International President's Awards, International President's Leadership Awards, the association's highest award the Ambassador of Good Will Award, a Membership Key Award and a Knight of Strength Award. Vice President Townsend is a Progressive Melvin Jones Fellow.

In addition to his Lions activities, Vice President Townsend is active in numerous professional and community organizations. He is currently the chair of the Dalton-Whitfield Christmas Parade and was honored as the Judge of the Year by the State of Georgia.

Vice President Townsend and his wife, Donna, also a Lion and a Progressive Melvin Jones Fellow, have two daughters.

**DISTRICT GOVERNOR (DG)****Steve Middlemiss**

22 Abbott St.
Hudson, NH 03051
H: 603-883-5205
C: 603-566-7616
E: cstmiddlemiss@gmail.com

1st VICE DISTRICT GOVERNOR (FVDG)**Marie Hall**

26 Moonlight Dr.
Newmarket, NH 03857
C: 603-686-6935
E: mariehall326@gmail.com

2nd VICE DISTRICT GOVERNOR (SVDG)**Robert Gustafson**

16 East Rd.
Atkinson, NH 03811
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E: robertgustafson11@gmail.com

CABINET SECRETARY-TREASURER (CST)**Valencia Wilson, Secretary****PCC Scott Wilson, Treasurer**

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C: 603-770-3700, Scott
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MULTIPLE COUNCIL CHAIR (MCC)

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**Global Leadership Team (GLT)**

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MEETING NEWS**LIONS YOUTH SERVICE**

Second Thursday of the month at
Hannaford's Kilton Rd.
Bedford, NH at 6:30PM

SIGHT & HEARING FOUNDATION

Third Thursday of the month at the
Airport Diner, Manchester at 6:30PM

HEALTH SERVICE OF NH

Fourth Tuesday of the month at
Hannaford's, Kilton Rd.
Bedford, NH at 6:30PM

TWIN SOCCER ASSOCIATION (LTSSA)

Last Wed of the month at
Lui Lui in West Lebanon
(Powerhouse Mall) Subject to change

Zone 1 Marilyn Richardson, Chair

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E: marilyn@pcom.com

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Zone 7 Linda Rafferty, Chair

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NHLIONSDISTRICT44-H

