The PRIDE



Newsletter of Lions District 44-H New Hampshire

November 2019 Volume 45 Issue 5



2019-2020

Give Thanks



Thoughts from

District Governor Steve Middlemiss



Our Visitation schedule has started, and we have visited some great clubs doing amazing things throughout their communities. I am looking forward to hearing your club's stories in the near future. If you haven't yet scheduled a visitation please contact Cabinet Secretary Valencia Wilson to do so.

The next thing on our radar is the Peace Poster contest. Pam Brewster has been doing a great job chairing this committee this year. Thank you Pam. If you will not be able to bring the posters from your community to the November cabinet meeting, they will need to be mailed to me (22 Abbott Street, Hudson, NH 03051) postmarked no later than November 15th. We will then coordinate our judging of them.

Speaking of the November Cabinet meeting, we hope to see as many of you there as possible. It is being held at the Puritan Back Room beginning at 8:15 AM. We will be discussing a new project "Youth Without a Permanent Stable Home" with our guest speaker Paul Staller from Waypoint and how we can help them with this issue. This is a project that was brought to our attention by our daughter Lion Lara and we have since approached LYS who have jumped on board with both feet. Thank you PDG Al and all of the board members.

We will also be launching our Be the Match program. We will assist in reaching out to members in our communities to consider being a stem cell or bone marrow donor. Be the Match has provided Donor cards and we will distribute them at this meeting, Thank you Clubs for all your efforts to help those in your communities. You are what makes it Great to be a Lion!!

Please don't hesitate to contact me with any questions you might have. To get in touch with me my cell phone is 603-566-7616 and email is cstmiddlemiss@gmail.com. Don't forget to JUST ASK! IT WORKS!

Lastly, LeeAnn and I would like to wish each of you and your families a Happy Thanksgiving!

Send all articles, pictures and information to PCC Deedee LaTulippe at

Newsletter 44h@outlook.com

Please send as a Word Document or JPG Format.

Deadline for submission is the 20th of each month.



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MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1,223	1,226
Added members	10	35
Dropped members	20	48
Closing Balance	1,213	1,213
Net Gain/Loss	-10	-13
Worldwide	1,441,423	



Club	New Member	Sponsor
Atkinson	Sean Mindes	Francis De Leo
Litchfield	Susan Hargraves	Jessica McQuesten
Litchfield	Heather L. Portillo	Linda Peeples
Litchfield	Deborah A. Stafford	Jessica McQuesten
Newmarket	Anthon V. Fazzone	None Listed
Newmarket	Lawrence D Foss Jr.	None Listed
Newmarket	Susan Gionet	None Listed
Newmarket	Julie A. Long	Cindy Clark
Plaistow	Raymond F. Sears	Miguel Cruz
Windham	Michael P. Murphy Jr.	William Brown



DG Steve's TRAVELS Nov 5 Derry, Nov 6 Windham, Nov 7 Epsom-Chichester, Nov 14 Hampstead Nov 7

Nov 21 Wakefield Lions Club

Facebook NHLionsDistrict44-H District Photographer PCC Deedee LaTulippe 136 Lowell Rd. Hudson, NH 03051 C: 603-566-0691

E: liondeedee@comcast.net

Lions Fellowship Nancy O'Dowd P.O. Box 1163 Wolfeboro, NH 03894 C: 603-387-6808

Lupesmom14@gmail.com

PEACE POSTER Pamela Brewster 54 Leddy Dr.

Epping, NH 03042 C: 603-702-5393

E: pbrews@comcast.net

UNIFORMS/JACKFTS/SHIRTS.HATS Joe Kasper 63 Pine Hill Rd. Weare, NH 03281 H: 603-529-0439 C: 603-548-0286

E: JKasper@nedelta.com

CHILDHOOD CANCER Mary Tremblay E: mntremblay@earthlink.com

DIABETES PCC Celeste Ricupero E: ricupero7@comcast.net

ENVIROMENT:

Jeri Maynard E: lioniheri@comcast.net

HUNGER Gail Dacey

E: grd514@aol.com

VISION Melanie Saunders

E: melanieleesaunders@gmail.com

NEED HELP?

Club President Assistance Here to help **SVDG Robert Gustafson** 603-553-0531 email robert-

gustafson11@gmail.com

Club Secretary Assistance Here to help **CS Val Wilson** 603-906-2353

email valenciawil@comcast.net

Club Treasurer Assistance **Daniel Guimond** 603-458-7744 email

LionDanielGuimond@comcast.net

NEWSLETTER CONTEST

Congratulations Winners

July Gail Dacey, Salem August Kris Pavlik Barrington Sept Carol Frankiewicz, Barrington Oct Francis Caron, Salem Each month there will be a photo of a PAST DISTRICT Governor's pin in the Pride. Find the pin and email me the page you found it on within 48 hours of receiving this newsletter. A drawing will take place. The winner will be announced in the December Newsletter. and will receive a \$10.00 Dunkin Donuts aift

card at the Mid-Winter Cabinet Meeting Sat Jan 25

UPCOMING EVENTS

11/2 Turn back clocks 1 hour 11/3 44-N Cabinet Meeting **Enfield Community Center** 11/8 Peace Posters Due 11/10 44-H Cabinet Meeting **Puritan Manchester** 11/11 Veterans Day 11/14 World Diabetes Day 12/3 Zone 1 Meeting Windham Sr Ctr 7:00PM 1/3-5 NELC Meeting CT 1/24-26 Mid-Winter Nashua Doubletree

Health Services of NH Meeting

Monthly 4th Tues 6:30 Hannaford's Com. RM 7 Kilton Rd, Bedford

Sight & Hearing of NH Meeting **Monthly 3rd Thurs** Airport Diner, Brown Ave

Youth Development Meeting

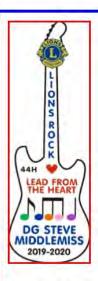
Monthly 2nd Thurs Hannaford's Com. Rm 7 Kilton Rd, Bedford

Manchester

Camp Pride Meeting

Monthly 2nd Weds Auburn Tavern





District 44-H Cabinet Meeting

Puritan Backroom

245 Hooksett Road, Manchester NH 03104

November 10, 2019

8:15am - 9:00am

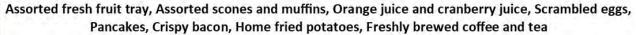
Registration and Social

9:00am

Call to Order

9:15am

Breakfast Buffet



Name(s):		
Club:		
Total Attending:	x \$18.00 = \$	
Check #	Cash	

Food deadline is November 4th!

Meal count must be in by this deadline, or we can not guarantee you a meal.

Make checks payable to: Lions District 44-H

Please mail checks to:
Cabinet Treasurer PCC Scott Wilson
59 Georgetown Drive, Center Barnstead, NH 03225
Email: scottwils@comcast.net
Cell: 603-770-3700

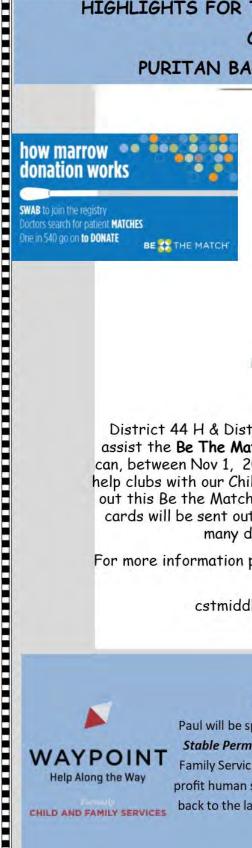
Dress code: Business Casual, Red Jackets if you have one

We hope to see you there!

HIGHLIGHTS FOR THE DISTRICT 44H NOVEMBER 10TH

CABINET MEETING

PURITAN BACKROOM ~ MANCHESTER, NH





Sign up to save a life.

3 Ways to Join

Scan this code with the camera on your phone



OR Text D44H to 61474 OR visit

join.bethematch.org/District44H



District 44 H & District 44 N are part of a competition working to assist the Be The Match organization to collect as many donors as we can, between Nov 1, 2019 and May 15, 2020. This is a project that can help clubs with our Childhood Cancer Initiative. It's as simple as handing out this Be the Match info card at your upcoming events. (The original cards will be sent out to clubs). Be the Match will keep track of how many donor cards each District collects.

For more information please contact DG Steve or attend the November 10th Cabinet meeting.

cstmiddlemiss@gmail.com - 603-566-7616

Guest Speaker

Paul Staller from Waypoint



CHILD AND FAMILY SERVICES

Paul will be speaking about the District project of Youth without a Stable Permanent Home. Paul was named director of Child and Family Services in June of 2017, now known as Waypoint. a nonprofit human service agency in New Hampshire that traces its roots back to the late 1800s. The new name officials say better reflects its evolution over the decades.

www.waypointnh.org



DG STEVE CLUB VISITS



10-2-19 - Conway Lions Club

DG Steve inducts new club member Jane Hollingsworth.

Sponsor is Club President Alicia Gildea.

Welcome Lion Jane!



9-24-19 - Meredith Lions ClubDG Steve visited Meredith Lions and shared info from the district and international



10-22-19 - Saddleback Mountain Lions Club
DG Steve visited with 4 members of the club and
shared info and discussed direction of the club.
Pictured left to right: Lion Dave Linden, DG Steve,
President Bill Lounsbury, Sec Judy Lounsbury, and
Lion Chris Lounsbury



DG Steve inducted new member Steve Brown.

Pictured above sponsor President Eric Olsen and new
Lion Steven Brown, as DG Steve does inductions
ceremony. Welcome Lion Steve!



10-21-19 - Moultonboro Lions Club Pictured left: DG Steve inducts new member Marilyn Indelicato . Sponsor is Pete Strople, but could not be present, so John Menken stood in for Pete. Welcome Lion Marilyn!



Valencia Cabinet Secretary valenciawil@comcast.net 603-770-7705

November Greetings to all fellow Lions!

District Governor visits are in full swing, and it is great to hear about all the activities, service projects, and fundraisers the clubs have done, and/or are planning. We thank you for your hospitality and time! Most clubs have scheduled a DG visit, but if you still need to do so, please reach out to me to coordinate a time with DG Steve to visit your club.

District Cabinet meeting - November 10th—Right around the corner!

Our next cabinet meeting is November 10th at the Puritan Backroom Restaurant in Manchester NH. These meetings are for all Lions, and there is a great deal of sharing of information, and meeting other fellow Lions, and learning what is happening at the District and International levels. The registration form is in the newsletter for further details. Learn about "Be the Match"! More info on this initiative in the newsletter. Last date we can accept a reservation is November 4th, to get included in the meal count.





Notes from Cabinet Treasurer PCC Scott:

A good practice is to submit expenses timely to your club and /or district treasurer. Do not hold on to them until the end of the year! If you have a reimbursement due from the district, there is a form to complete to streamline the process. Please reach out to me for the form, and I'll get it to you so you can be reimbursed quickly.





PCC Scott Cabinet Treasurer scottwils@comcast.net 603-770-3700



Thoughts from Multiple Council Chair Fred Plett Email: mccplett@gmail.com



As we pass through leaf-peeping and Halloween into the Thanksgiving season, let us give thanks for all of the blessings we each can account for, including food on the table, housing, and all of the friendships we have made and will keep through the Lions. I know wonderful people I would have never met had it not been for the Lions. Most of us are service minded and positive people, and a delight to be around. Let us attract more such people into Lions. I look forward to meeting them and establishing new friendships! As the weather turns cold my heart stays warm, basking in these friendships, and in knowing the service that is being provided to our fellow citizens.





You are invited to our second 44N District Social Cabinet Meeting being held on

November 3rd

at the Enfield Community Building, 308 US Rt 4, Enfield, NH

Zone 7 has decided to do a Chili and Beef Stew Cook-Off. Cost is \$10 for the meal. There will also be Cornbread and Dessert. Plus you

get to vote for your favorite recipe!



Please bring a few items for David's House.

Registration/Social/Food: 10:30-12:00

See the David's House Grocery List! =

- Meeting Starts: 12:15
- Speaker will be Dan Marcek from Vetflix. Hear how he is preserving veterans' stories.
- Our Service Project will be to "Stuff a Truck" with supplies for David's House; since it is only about 7 miles from the Enfield Community Building, come with us to deliver the items and get a tour. See what they are all about!

	District 44N Social Cabinet Meeting
1	RSVP to CS Henry McKee at
	hanknh@netzero.net
Make	check payable to District 44N Lions

Mail to: PDG Henry McKee 13 Town Road 79

	orford, NH 03777
Name:	
Club:	
Name:	
Club:	
# Attending	@\$10/each = \$

David's House Grocery List



David's House happily accepts non-cash gifts. These items are always helpful!

"Some of the items we run out of more frequently are the to-go coffee cups and the 5 oz. paper cups. Also, coffee is very popular! We have a regular 12-cup coffee maker and just use any brand of regular coffee for that!"

Paper Products:

Toilet paper Facial tissues Trash bags (13 and 30 gallon) Paper cups/Dixie cups (5 oz) Paper towels Recycle bags (30 gallon) Disposable coffee cups (with or without lids)

Cleaning Products:

Bleach (regular or color-safe)

Toiletries

Feminine hygiene products (specifically pads) Shaving cream Deodorant

Toothbrushes/Toothpaste

Grocery Food:

Fresh fruit Fruit snacks and fruit cups/applesauce Single-serve microwave meals Coffee creamer (powder) Cookies and crackers Granola bars/breakfast bars Pudding and Jell-O cups

Juice boxes and concentrate Cereals (single serving or boxes)

Gift Cards

Walmart Amazon Local stores: Shaw's, Price Chopper, BJ's, Hannaford



Rosh & Hudsons Litchfiel

AHS Lees

as they

complete

the painting of the trim

around our of the windows. Hard at work an Abby Dufault, Futh Lanzillo and Nidhi Bodalwala.

Staff photos

by Doug

work together



Alvirne Leos Light the Way at Camp Pride



Camp Pride welcomes all who visit

by Doug Robinson

"Leo clubs are a youth organization of Lions Clubs International. The acronym 'LEO' stands for Leadership, Experience, and Opportunity. Leo clubs encourage youths to develop leadership qualities by participating in social service activities," according to Lionsclubs.org.

At Alvirne I ligh School, dozens of students have committed themselves to be a part of the Lions Club's vision, "to be a global leader in their community and humanitarian service "

In the organization's words, "Lions serve It's that simple, and it has been since we first began in 1917. Our clubs are places where individuals join together to give their valuable time and effort to improving their communities, and the world."

Many Leos give witness as to how they too have benefited personally from their community service. As these Leos enter later life, many continue to serve their communities as a result of their learned experiences.

As the youngest members of Lions Clubs International, "Leos embody the best qualities of our incredible organization. They are devoted young people who realize the power of action. Together, Leos and Lions form a powerful partnership - one of mutual respect, where Lions learn from the innovative insights of Leos and where Leos gain access to the proven strategies of those who've

successfully served the world for decades."

Alvime High School recently participated in the annual Lions work day at the Lions' Camp Pride campground in New Durham. Camp Pride has been providing a special needs environment since 1989.

Camp Pride facilities are "fully handicapped accessible and include housing building all with full bath facilities, a soccer field, softball field, volleyball courts extensive hiking trails, two protected waterfront areas, a lowlevel ropes course, a two-story recreational activities, an arts and crafts building, outdoor pavilion

sitting area, and full service health center" writes lionscamporide. org.

During the 2018 school year, the AHS Leos collected and hand

at Camp Pude.



Students who participated in the Leo Club during 2018 volunteered more than 600 hours of volunteer service to help the camp. Continuing into 2019, the Leos' dedication to community service remains unwavering as they collectively traveled to Camp

Pride to assist in their "work day" activities. To say that these students are committed to the serving their community would be a big understatement.

The impact of the Leos at Camp Pride involved the revitalization of the lighthouse, which is located at the waterfront Each Leo contributed his or her individual talents to the project. Some excelled at the operation of a belt sander, while others were better suited for painting. Now, standing 14 feet tall, the remodeled lighthouse serves as a welcoming heacon for all who pass.

As with all aging structures, the lighthouse needed some "love and care" as it has matured over the years. The Leos main pavilion for dining and indoor Painted rocks to be included in a garden surrounding the lighthouse sanded, primed, and painted the lighthouse so that this landmark could be enjoyed by others for years to come. Tree limbs were

cut to protect the structure from the elements, and special protection was applied to the lighthouse via extra coats of paint. The windows



factor that held the Leos back from completing their task was that the days grew too short. The complicated installation of the lighthouse's solar light, rock garden, as well as the rebuilding of lighthouse's foundation would have to wait

With humor and conviction, a sign was painted, "Under Construction. 4/20/2019."

Come spring, the hardworking Leos will return to Camp Pride and finish what they started. Part of their mission is to add a special rock garden of individually painted rocks. These intricate rocks have been inscribed with encouraging words and thought to tell all, with or

without challenges, that they are loved, included, and appreciated. The Lions motto states simply: "We serve" What better way could the Leos exemplify this than by bringing to life the historic lighthouse at Camp Pride.



Totally focused and commuted, Laurey (Elaine) Quartes donates her time and talents on a Saturday to help out at Camp Pride.





L-R: Pam Sweeny, Development Director, Sue Valenti, Program Facilitator, Lion John Askew, John Adams, Club President, Martha Krause, Board Member, Zachary Porter, Interim Executive Director

The Wolfeboro Lions Club donated \$1,000 to the Kingswood Youth Center in support of their "Chili Challenge" fund-raiser that was held in September in Wolfeboro. The Center offers free programs for teens, ages 12 to 18, such as cooking and nutrition, arts and crafts, woodworking, science, music, hiking, gardening, career and college exploration, community interaction, mentor-ship, substance misuse prevention, and more. In addition, a hot meal is served daily. Many of the youth who attend are facing challenging life circumstances and rely on the Center for support.

Windham Lions Club PO Box 312 Windham, NH 03087-0312 www.windhamlions.org





The WINDHAM LIONS CLUB Celebrating its 50th Anniversary Presents an Opportunity to Win a One Week Stay at the Eastern Slope Inn Resort

Occupancy Dates: 26-Apr-2020 to 03-May-2020

Max Occ: 4 Unit Size: One Bedroom Kitchen: Full



Eastern Slope Inn Resort 2760 White Mountain Highway North Conway, NH 03860

Eastern Slope Inn Resort is an elegant, four-season resort located on the National Register of Historic Places in the center of New Hampshire's North Conway Village. Situated on 40 acres, within walking distance of quaint shops, restaurants, cafes, and popular attractions, the Resort features 250 rooms bridging the charm of yesteryear with modern day comforts and conveniences. Resort amenities include the Eastern Slope Playhouse, indoor heated pool, indoor and outdoor hot-tubs, clay tennis courts, fitness facility, meeting room and business center, playground, retail shops, walking trails to the Saco River, stocked fishing and ice skating pond, and Flatbread Company restaurant with pub. www.easternslopeinn.com

For more information: Contact a local Lion, or our President, Reneé Bailey at 603-893-1163 or our Chairperson, Ted Dooley at 603-490-3316

WINDHAM LIONS CLUB CONTRIBUTIONS & SERVICE PROJECTS

The Windham Lions Club is a service organization with a primary focus on service projects in Windham and the State of New Hampshire. Membership dues cover all administrative costs, thereby allowing 100% of fundraising profits to be returned to the community and to others in need.

Windham Lions Club also supports the Lions Club International Foundation (LCIF), which enables Lions to tackle global problems such as blindness, hearing loss, diabetes, hunger, and respond to major catastrophes such as earthquakes and floods.

- Annual Memorial Scholarships totaling \$5000
- ·Harvest Fest Children's Costume Walk
- •Rt. 111 Adopt-A-Highway •Christmas Caroling
- Pre-school Sight and Hearing Screenings
- Shepherd's Pantry Support
 Donations to Fire Department
- Camp Pride NH Lions Camp for Special Needs
- Twin State Soccer Winter Clothing Drive
- ·Homeland Heroes Foundation

- Griffin Park Playground Major Sponsor
- •Emergency Management Support
 •NH Lions Sight & Hearing Foundation
 •Free Eye Care & Glasses for the Needy
- Senior Citizens Support
 Local & International Disaster Relief
- Local Social Services
- •Reading Machine for Nesmith Library •Fidelco Guide Dog Foundation
- Windham Helping Hands Operation Care For Troops

Ticket will be drawn on January 8, 2020 Proceeds will be used to help offset Administrative Expenses of the Windham Lions Club Ticket Prices are not tax deductible

Windham raffle permit



GREATER WAKEFIELD LIONS CLUB

Proudly Serving Wakefield, Brookfield, Milton, East Wakefield, Middleton, Sanbornville & Union NH

East Wakefield Fall Festival







Lions Christmas Tree Sale

begins Friday after Thanksgiving





find us on facebook.





Lion Phil Gerard, Debbie Bickford and Deborah Dow, the winning team, and the Meredith Lion.



Lions Denise Girard, Bob Maney, Margaret Maney Judy Cerrito, David's House Finance Manage Don Dutton and club President Toni Olden, Donation to CHAD.



Back: Lions Judy Cerito, Bob Maney, Denise Gerard, Margaret Maney And Bill Rathbun. Front: President Toni Olden and Marie Valliere

MEREDITH LIONS CLUB

The Meredith Lions Club ended the month of September with a town wide scavenger hunt. Teams traveled to designated businesses and took a cell phone picture before preceding to the next location and doing the same thing. Each location earned them points with the chance for bonus points along the way. The team with the most points at the end was the winner. The club would like to thank everyone, including the businesses who participated and helped to contribute to our scholarship program.

The club then proceeded to Dartmouth-Hitchcock hospital to the pediatric unit. The reason for the stop was to deliver four sets of Playtime Bed Sheets to CHAD. CHAD stands for Children's Hospital at Dartmouth-Hitchcock. Children from all over New England and beyond are treated there for any number of illnesses and sometimes those stays are longer than expected. They can also be boring to a child and that is why a father in North Carolina came up with the idea of sheet sets with games and fun things to do printed on them. The child gets to keep the set of sheets when they leave the hospital. For more information about how you can help CHAD visit chadkids.org and to order sheets check out Playtime Adventures.



Moultonborough Lions Club has stepped forward to help the CHAD kids. First, they made a donation of 20 board game bed sheets for the patients. Then they individually purchased items from a "Wish List" provided by Children's Hospital at Dartmouth-Hitchcock. Lions Pride! You can't see it. You can't touch it. But you sure can feel it!

2019 NOVEMBER VOL 45 ISSUE 5

LIONS DISTRICT 44-H

NEW HAMPSHIRE SERVICES TO MANKIND, INC. aka District 44H NH Lions Camp Pride

LIONS CAMP PRIDE

for special needs individuals

www.nhlions.org/CampPride

Al Goldstein Immediate Past President

Peter LaPointe

Lenny Hall

Lenny Hall

Jerilyn Maynard

Patrick Rossiter Camp Administrator

Lions Camp Pride 154 Lions Camp Pride Way New Durham, NH 03855

A Lease Site for Non-Profit Camp, Conference & Retreat

Mailing Address: District 44H Service to Mankind P. O. Box 157 Atkinson, NH 03811

> Telephone (603) 482-6115

E-Mail: LionsCampPride44h@gmail.com Dear Lions Clubs of District 44H

In accordance with the By-Laws of Lions District 44-H New Hampshire Services to Mankind (aka Lions Camp Pride), for (4) new directors, to serve four (4) year terms, shall be elected.

Each Lions Club, in good standing of District 44-H, will present a written nomination for director to the corporation at least thirty (30) days prior to the annual meeting. Each nominee shall be a Lion in good standing. Their names sha appear on a ballot to be used during the district cabinet meeting and distributed to all Lions in good standing prese to cast said vote.

The Camp Pride BOD is looking for individuals willing to commit, become involved, and work towards the success o the camp.

Candidates for election to Director must have their name submitted by their club secretary in a letter of intent to Lio Jeri Maynard, 104 Lowell Road, Hudson, NH 03051 by October 15, 2019. The election will take place during the November 10, 2019 Cabinet Meeting at the Back Room (Puritan Restaurant) in Manchester, NH.

Respectfully,

Jerí Maynard

Jeri Maynard

Lion Jeri Maynard, Camp Pride Secretary 603-320-3614 Lionjeri@comcast.net

Atkinson & Salem Lions Club Est. 1977 & 1968 We Serve Invites you to TEST YOUR BLOOD GLUCOSE (A1C) FREE in Honor of National Diabetes Day Wednesday, November 13, 4-7pm Atkinson Community Center, 4 Main St., Atkinson, NH SIGNS & SYMPTOMS OF HIGH BLOOD SUGAR

The Atkinson Lions, in partnership with the Salem Lions, will be bringing in Healthcare Professionals to test for Diabetes and offer information about this insidious disease.

The Diabetes A1C Test measures your average blood sugar level over the past 2-3 months. It's like a "memory" of your blood sugar levels, it shows how well your body is controlling your blood sugar levels over time.

The American Diabetes Association recommends an A1C of less than 5.7%. If you test higher than this level, you will be advised to see your Primary Care Physician. Note this information will be kept strictly confidential. Unfortunately, many people are completely unaware they may have Diabetes. Complications include Eye Disease, Cardiovascular Disease, Kidney Disease, Nerve Damage, Amputations and Pregnancy Complications.

PLEASE COME & GET TESTED. IT'S FREE & COULD SAVE YOUR LIFE!



CHRISTMAS TELETHON

HUDSON CABLE TELEVISION (HCTV) Sunday November 10, 2019 10AM to 4:00PM

DURING THE TELETHON WE NEED YOU TO COME INTO THE TV STUDIO AND Drop off donations of toys, food and Checks at HCTV, 19 Kimball Hill Rd, Hudson Or phone in your donation







Donate Financial Assistance

Pancake Breakfast for Kaleb



Saturday, November 2nd 8:00-11:00am Ellis School, 43 Main Street, Fremont NH

Join the Kingston Lions as we partner with other local NH Lions Clubs for a pancake breakfast fundraiser to benefit a 6-year old Fremont boy that needs our help! Kaleb was born with a rare genetic condition, Ocular Albinism, that impairs his vision and prevents him from seeing and reading clearly. He just entered first grade, so it is important for him to be able to see so he can learn along with his classmates. The equipment Kaleb needs is costly - over \$5,000! This young boy needs us, so please help us raise the necessary funds to give Kaleb the gift of sight!

Please join us for a delicious breakfast and awesome raffles as we come together to help our friend Kaleb! We will serve pancakes, eggs and sausages for just \$5!

All donations are welcome! Please make checks payable to "Kingston NH Lions Foundation" and send to: PO Box 183, Kingston NH, 03848

For more information, please contact Doug Griffin (603-944-1377), Mike Dolan (603-303-7950), Al Goldstein (603-913-1281) or the Kingston Lions (kingstonnh.lions@gmail.com).

WHERE THERE'S A NEED, THERE'S A LION



SVDG Bob Gustafson Email: robertgustafson11@gmail.com



Hello fellow Lions! In recognition of World Diabetes Day in mid November, my home club, the Atkinson Lions have partnered with the Salem Lions to conduct a Diabetes A1C Clinic at the Atkinson Community Center on Wednesday, November 13th @ 4-7pm. The purpose of the event will be to test the general Public on their A1C levels (longer term measure of blood glucose) to determine if they have pre-diabetes or diabetes. As we know, Diabetes is a global theme of Lions International. In the U.S., 1 out of 4 people do not know if they have diabetes. Our event may help people determine if they should see their Primary Care Physician about this insidious disease which can ultimately impact the eyes and other vital areas of the body if left untreated. We will also bring in a Nutritionist so she can provide insight on beneficial nutrition ideas. If all goes well, the hope is to roll this Diabetes testing clinic idea out to the District for their consideration. Please see the flyer in the Newsletter which will help market the event.















On September 30th

DG Steve Middlemiss visited the Hudson Lions Club. He inducted new member Mary Sargent whose sponsor is Lion Ann Read. Club President Don St. Onge presented flowers to Lion LeeAnn Middlemiss. The club purchased a picnic table and brick for Camp Pride with DG Steve's name on it in appreciation of his service to the District. Also pictured are family members PDG Gary Rodgers, Betty & PDG Al Rogers and DG Steve

DG Steve Middlemiss visitation to Hudson Lions Club





Nashua Lions 2019 Fire Fighter of the Year

Nashua Lions Vice President Erin Freda presents Deputy Chief Kevin Kerrigan with his award as Fire Fighter of the Year Kerrigan was selected by for his work securing grants in excess of \$2m for NFR. Looking on is Lion-Assistant Chief George Walker.

The Salem club donated towards the making of the new 9/11 Memorial in Salem, NH











Zone 1 Update Marilyn Richardson, Chair

We had our first zone meeting on Oct. 1st in Hudson. GST Lenny Hall spoke to those present about why it is important to report service projects and about some new district service initiatives. We decided that for our Fall Zone Project we will gather donations from our clubs of items on the Wish List for Children's Hospital at Dartmouth. These items will be brought to our second zone meeting which will be held on Tuesday, Dec. 3rd at the Senior Center in Windham. I recently had the pleasure of attending Salem Lions Club's Annual Social and Raffle Fundraiser. They had a lot of community support both in attendance and in the raffle donations. I was amazed by the quantity and quality of the raffle baskets. Congratulations Salem on bringing the community together for an enjoyable evening and a successful fundraiser.



Thoughts on Vision

From Melanie Saunders

World Diabetes Day is November 14. This seemed like the perfect time to share information for those with diabetes to keep your vision sharp and minimize problems related to diabetes.

Over time, high blood sugar can damage the tiny blood vessels in your eyes which can lead to a condition called diabetic retinopathy. Additionally, cataracts and glaucoma can happen earlier and more often when you have diabetes.

Use these tips to take charge of your disease and protect your eyes:

- Schedule appointments with your eye doctor at least once a year.
- Keep your blood sugar under control.
- Keep high blood pressure in check.
- Check your cholesterol levels.
- Eat for wellness.
- If you smoke, quit.
- Move more.

Get medical care ASAP if you have any of these symptoms:

- Blurry vision
- Black spots
- Flashes of light
- Any loss of sight in one or both eyes

Thoughts from

Global Service Team Leader Lenny Hall Lah03811@gmail.com



Well it's October and by now I'm guessing all clubs have had at least one meeting and have started to lay the ground work for what will be another great Lions year of "service". I can tell you that I've attended the meetings for zones 1, 2-6, and zone 7 and there are plenty of things going on at the club level. Zone 1 has planned a fall project to collect items on a wish list for Chad (Children's Hospital at Dartmouth) www.chadkids.org if you would like to participate? Kingston Lions have taken on the fundraiser for a little boy named Kaleb. He has a rare genetic condition called Ocular Albinism which impairs his vision. Special glasses costing \$5000 will make a huge difference in this young boy's life. A pancake breakfast on November 2nd is scheduled and hopefully the monies needed will be raised to purchase the glasses. Nice job Kingston, this is what we do so well.

The multiple district led by Lions Youth Services is currently putting together a service project to benefit homeless tweens between the ages of 12 and 23. It seems that there are a lot more of these kids spending winters outside than I certainly realized. 1400 or so? The collection of needed items will take place at the Mid-Winter

Convention. We will be working with a Manchester NH group called Waypoint who will be responsible for distribution of the items collected. A list of items needed will follow so keep your eyes peeled as I'm sure all will want to be a part of this project.

Mary Tremblay: mtremblay578@gmail.com

CHILDHOOD CANCER



DG Steve, LeeAnn and I traveled up to Dartmouth – Hitchcock last month and met with Sallie House, the Pediatric Hematology/Oncology Social Worker. She explained to us the way Norris Cotton has a team approach to treating their pediatric patients. She was happy to hear the Lions in our District are donating to the Child Life Program which provides toys, games etc. to their hospitalized and outpatient children.

She shared with us their Pediatric Oncology Family_Handbook. There is a section that talks about the costs to the families, which we sometimes do not think about. Through donations from the greater community they are able to \$1500 a year in financial assistance to families that qualify as it is available. These funds can help a family "pay rent, mortgage, utility bills, or car repairs." They also at times have gift cards for groceries and gas.

Hopefully clubs in our District will consider not only supporting the Child Life Program, but also help provide money or gift cards for Norris Cotton to use for family assistance.



PCC Bill Rathbun: pdgbill33y@yahoo.com

Empowering Your Service: There's a world in need, and caring Lions are ready to change it. But comfort and compassion alone can't heal those suffering.

It takes Funding.

It takes Campaign 100: LCIF Empowering Service.

To Increase Service Impact Through Campaign 100, our foundation will expand our commitment to our communities, making an even greater global impact with a focus on vision, youth, disaster relief and humanitarian work. For decades, we have been making a profound difference in the lives of the world's children; of people with blindness and other visual impairments; of community members who are at-risk; and of our most deeply vulnerable neighbors. We believe this is just the beginning, and we continually look for ways to leverage our proven expertise, networks, infrastructure and organizational knowledge.

This month we will focus on Youth.

Young people are vital to everything we do as a foundation. We make sure they're always considered and represented in every program and initiative we support. Our Lions ensure their global efforts support youth in need, while also giving young people the opportunity to serve.

The History of Lions Quest

The ideas behind Lions Quest date back to 1975, when a teenager named Rick Little set out on a "quest" to help other young people develop the skills and strength of character needed to succeed as adults. Rick conducted a survey of over 2,000 high school students to determine the issues that concerned them most and consulted experienced teachers who suggested including a teacher workshop which would serve as a classroom model. The program was so successful at the high school level that soon middle and elementary schools were asking for age appropriate positive youth development programs. Little eventually founded and served as chief executive officer of the International Youth Foundation. Next month's focus: **Diabetes**

GLT Pat Kimball 44-H Pkimb56@gmail.com or C: 603-819-9433



I had the opportunity to attend Zone 7, and Consolidated 2 and 6 zone meetings in September, which were well attended by all the clubs in their zones, as well as other members of the GAT Team. I am truly amazed on how many great projects, fundraisers, and other events have or will take place in the near future. We are some very busy LIONS representing and supporting communities throughout the state. There are some great team and project leads leading these events, and hope they are being recognized. Also, I am also surprised on how many projects small clubs are undertaking with great success.

The District has been awarded a grant to perform a Regional LIONS Leaders Institute, as ELLI is no longer being conducted by LCIF. We are working out the details on when and where. Additional information will be provided in the near future. We are expecting the training to be conducted in the spring.

We are also looking at conducting Guiding Lion training in the near future, as we have a goal to get 10 Guiding LIONS trained to assist clubs that might need a helping hand. Also, look for more details on upcoming training opportunities for this training.

I look forward to seeing you at the next 44H Lions Cabinet Meeting being held of November 10. I can be reached by email at Pkimb56@gmail.com or C: 603-819-8433. Thank you for all you do for your clubs, and communities.





Get ready folks. Grab your checkbook and a pen! The tickets are in the mail! Moultonborough Lions Club members came together for their annual "stuffing" party on Friday. They "stuffed" over 1,000 envelopes with letters, return envelopes and tickets for their raffle for \$5,000 to be held at the Holiday Fair at the Central School on December 7th. \$5,000 is a lot of money but even more so right before Christmas, so be sure to fill out the tickets and return them right away and you might just be the lucky winner.

This is a big fundraiser for the Lions so keep in mind that all money raised goes right back into the Community. Lions are very thankful for your continued support over the years. The drawing will be held at 1:00p.m. at the close of the Fair. You need not be there to win. The Lions will notify the winner.

If you would like to find out more about Lionism call Joe & Pat Keegan at 253-9916 Remember our Motto is "We Serve". Submitted by Pat Keegan 253-9916

ENVIROMENT

Jeri Maynard chair, lionjeri@comcast.net

Wasn't this one of the most beautiful foliage seasons that we have had in a long time? As we drive along this fall, we marvel at the colors that make New Hampshire a favorite place for "leaf peeping". But when we get home, we start to curse our own (and the neighbors') trees because soon we will have to rake and rake and rake...

Just when you might think about cutting down those pesky trees, please consider the term "deforestation" - defined as the removal of trees (usually from a forest) to make way for non-forest uses. Some of those uses are food production, timber production, mining/ oil extraction, road building and urban expansion. Of course, wild fires are also a threat, many being caused by callous human habits.

So why do we need to be concerned with our forests rapidly disappearing? Environmental sources predict that most of the world's forests will disappear in the span of a few years, leaving many plant and animal species to become extinct. Forests are much more than a collection of trees; their ecosystems contain complex plants, animals, fungi and bacteria; it is estimated that the rain forests contain more than one-half of the anti-cancer fighting drugs identified so far...

Forest/trees provide us with many benefits besides goods such as timber and paper:

They consume carbon dioxide and other green-house gases that we put into the air and then breathe out oxygen that we need

They prevent soil erosion- trees absorb rainfall so that topsoil is not washed into rivers and lakes

Because of this #2 benefit, trees indirectly prevent flash floods and landslides.

Forests are home to a vast array of plants and animals, many yet to be discovered

Forests inspire wonder, peace of mind, and places for recreation

Unfortunately, billions of people rely on the forests for economic reasons so what can an individual do to help save our much needed forests?

Plant- a tree- for every nuisance tree you may take down, plant another. Log onto The Arbor Day Foundation (www.arborday.org) for information about their tree planting programs and opportunities to purchase "Give-a-Tree" Cards.

Sign up for paperless billing and save your documents in computer files and folders- no more printing- less paper and you also save on the cost of printer ink (a win-win)

Purchase renewable energy: solar, wind, geo-thermal-don't use wood in your fireplace- wood may burn for a few hours but it takes years to grow a tree

Shop for recyclable products- most recycled items do not derive from areas cleared of natural and rain forests. Learn to appreciate the part trees play in your life and impart that appreciation to others.

Lions Sight & Hearing Foundation of NH, INC



The October meeting agenda included the minutes that were prepared by PDG Sandra Hurd because Secretary SVDG Virginia Edwards along with other NH Lions were attending the USA/ Canada Forum. Thanks Sandra! Treasurer MCC Fred Plett presented the Treasurers report including September and October. He also presented the proposed budget which was approved with noted changes. Fred also stated that the umbrella policy was up for renewal and, after discussion was approved to continue with that coverage. Thanks to Fred for working in the best interest of the Foundation.

Alan Hoye, Project Coordinator presented four cases all of which were approved as they met the criteria the board uses. Those cases totaled \$3,475.00. Alan pointed out that clubs requesting assistance are supporting their request with funding that exceeds the \$150.00 requested with an application. Thank You to those clubs.

The Board is looking for ideas for a fund raiser or two to help meet our mission of assisting local clubs meet the need for sight and hearing projects for members of their communities. SVSG Virginia provided a brochure for fund raising project which will be reviewed to see how it fits our needs.

We discussed voting via email and President Langdon asked PDG Eric Lindburg to prepare a draft of the procedure to follow in the event there is a need to vote using email to facilitate a case action on the application was getting too long.

Thanks for being a Lion and your club for supporting your Sight and Hearing Foundation

Langdon Plumer, LSHF President E: langplumer@gmail.com

GRANITE STATE FELLOW (GSF)

State of the state of





Give recognition to an outstanding member of your Lions Club or a person in your Community with a Granite State or Progressive Granite State Fellow.

Many clubs recognize an outgoing president with this award.

The GSF comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF you not only give recognition but you are aiding a NH Citizen who is in need of our services which include hearing aids and cataract

surgery. Donations go directly into the LSHF Endowment

Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to five years with a designation on the donation memo.

Applications are online at: nhlions.org

Contact Chairman PCC Roger LaTulippe at 603-566-0691 email: dgroger@comcast.net



Gail Dacey: grd514@aol.com

HUNGER

In most towns the scouts will be scouting for food the first weekend in November. I've discovered after working a food pantry in my town for over 6 months that many of the items I always donate aren't the items they need the most. Many food pantries go to the food bank and they are able to get many items. Items that they don't usually get are canned meals such as beef-a-roni, ravioli, spaghetti and meatballs, beef stew and hearty soups. Many don't feel like cooking and some live in motels and only have microwaves. Health and beauty items are also very welcome along with cleaning supplies and laundry detergent. EBT can't always be used for these items.

A few of the programs I mentioned last time are

SNAP is the Supplemental Nutrition Assistance Program called stamps/ EBT. It allows you the flexibility to choose healthy food. You can apply for the benefit online through NH Easy or contact the NH Food Bank SNAP Outreach Coordinator

<u>211</u> is a free and confidential service that provides information about health and human services available throughout New Hampshire. Dial 2-1-1 from any New Hampshire phone or visit www.211nh.org.

WIC is the supplemental Nutrition Program for Woman, infants and children. It is a great program for pregnant and breastfeeding woman and children under 5. They provide both health services and food vouchers for healthy food..

The <u>National Hunger Hotline</u> 1-866-3 HUNGRY and 1-877-8 HAMBRE (1-866-348-6479 and 1-877-842-6273) refers people in need of emergency food assistance to food pantries, government programs, and model grassroots organizations that work to improve access to healthy, nutritious food, and build self-reliance. Help is available on Monday through Friday from 9am-6pm EST. Hablamos español.



THE DOGSIGHT PROJECT



CHOW TIME

the care that Fidelco takes with their puppies and dogs in training is astonishing. Below are two pictures. On the left is the chalk board of the individualized diets. Keeping track of who gets what requires a spreadsheet! On the right is the smaller of two rooms of the various dog foods that Fidelco feeds. When a dog is placed with a client, any 'dietary upsets" are avoided because the needs of the dog being placed are known. The new handler is given a large bag of the proper dog food. If a change in food is necessary, clients are advised to keep the same primary protein (salmon, in Rosie's case) to avoid issues. "Issues" when you are blind and picking up after your dog are *definitely* to be avoided!!

You can contribute to the DogSight 2019-2020 campaign by sending a donation to the project chair. Checks should be made out toe LSHF with DSP on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431 Thank you for your support!!





PCC Celeste Ricupero, Diabetes

Email: ricupero7@comcast.net

World Diabetes Day November 14th



Approximately 1.25 million American children and adults have type 1 diabetes.

 Type 1 prevalence figure calculated from prevalence data from the CDC's SEARCH for Diabetes in Youth study and from data in the National Diabetes Statistics Report showing that type 1 diabetes represents 5% of diagnosed diabetes.

Costs of diabetes.

 American Diabetes Association: Economic Costs of Diabetes in the United States in 2012. Diabetes Care 36: 1033—1046, 2013.

85.2% of people with type 2 diabetes are overweight or obese

CDC Morbidity and Mortality Weekly Report MMWR 2003

The prevalence of diagnosed diabetes in the U.S. increased by 382% from 1988 to 2014

Calculated from NIHS data

Diabetes kills more Americans every year than AIDS and breast cancer combined

- Diabetes: Health, United States, 2010: 69,201 deaths
- Breast cancer 40,676 deaths, 2009
- AIDS, 21,601 deaths, 2009

A person with diagnosed diabetes at age 50 dies 6 years earlier than a counterpart without diabetes

Diabetes Mellitus, Fasting Glucose, and Risk of Cause-Specific Death



GMT Al Goldstein E:algoldstein@comcast.net

This Lions year is now 4 months old. The addition of new members is very slow this year. Adding new members to your club brings so much to your efforts. New members give you the chance to do bigger service projects. New ideas and so important to your clubs future new leaders.

It is important for the future of your clubs to add new members. It is also important to the District and International. Who knows if the new member you bring in wont be a future District Governor, International Director or President of Lions International. Better yet maybe just a good addition to your club.

I am willing to speak at your club meetings to help you develop a membership recruitment plan. Feel free to reach out to me.

Yours in all things Lion, GMT Al Goldstein Just ask One!





New England Lions Council

January 3-5, 2020 - Norwich Holiday Inn 10 Laura Boulevard - Norwich, CT 06360 860-889-5201 or www.ihg.com for reservation



King or Two Queen Rate - \$149.00 (plus taxes). Check-In Fri. 3PM on... Register directly with the Hotel. The Deadline for the Group Rate is December 14. HOTEL BOOKING/DISCOUNT CODE is: LIO

"TBD" Below means we're accepting YOUR Suggestions for Seminars & Speakers all this Fall Weekend! Please Share any Ideas with an NELC Board Member!!!

Saturday Seminars/Trainings

9:30-11:45 AM Get Your Guiding Lion Certification or Attend an "Intro to NAMI" Session (NAMI = North America Membership Initiative)

Saturday Lunch 12:00 Buffet - Speaker TBD

- 1-2 PM GoToMeeting/GoToWebinar Intro. & Training Seminar (PDG Harry Schuh)
- 1-2 PM Seminar TBD
- 2-3 PM TBD Roundtable Moderator TBD
- 3-4 PM GAT Seminar TBD

Saturday Evening Dinner - 6:30 - Keynote Speaker TBD

10 AM - Business Meeting (DG Reports)

Saturday Meals:

12:00 Luncheon Buffet: Tossed Caesar Salad, Chicken Marsala, Vegetable Lasagna, Assorted Cannolis & Tiramisu. Selection of Sodas, Teas, Bottled Water Caffeinated and Decaffeinated Coffees.

		Buffet at \$25 x	Total =
6:30 Plated Dinner Choices Grilled Salmon w/ a			
Chicken Piccata w/ I	emon Caper Sauce		
Bourbon Apple Pork			
Accompanied by: Green Bea			
along w/ Carrot Cake Desser	T, Correes & Teas	Dinner at \$40 x	Total =
		Grand Total =	
NAME:			
ADDRESS:			
DISTRICT: DISTRIC	T/MD POSITION:		
CLUB:	CLUB POSITION:		
CONTACT: Phone:	Email:		
Make Checks Payable to: N	ELC		
Mail Check and Form to:	to take out to the formation of the other		
	22 Hunters Ridge Road		

Registration deadline: December 20, 2020

Killingworth, CT 06419

Questions? Contact NELC President Sandra Hurd, PDG @ 603-424-8922 or axstewart@comcast.net





MULTIPLE DISTRICT 44 60th MID-WINTER CONVENTION DOUBLE TREE BY HILTON, NASHUA, NH JANUARY 24–26, 2020

Our Invited Guests: First International Vice President Judge Haynes & Lion Donna Townsend

Lion #1		C	LUB		
Lion #2/guestCLUB					
Home Tel. #	email				
<u>Plan</u>	Meals and Registration		# of persons	Cost	total cost
A Fri. banquet, entertain	ment, Sat. night banquet - Chicken () Fish ()	@ \$65.00	1
	ment, Sat. night banquet Rib Eye (@ \$76.00	
C Fri. banquet and enter				@ \$ 26.00	
D Sat. night banquet onl	y Chicken () Fish ()	@ \$39.00	
E Sat. night banquet onl)		@ \$50.00	
Dessert: Cake and Ice Crea Saturday Banquet:		tballs, Sau		t Parmesan, S	
Lemon Pepper Haddock: G	indried Tomato, Artichoke Hearts, Sc rape Tomatoes, White Wine, Basil <u>Rare or Well done Only</u> Please circle M			arlic, White S	Sauce
Please note any special dieta	ary needs				

Saturday and Sunday Breakfast and Saturday lunch will be on your own. There is a restaurant at the hotel.

Deadline for Meal Reservations is January 9, 2020

<u>Hotel Reservation</u>: Lions Convention Room rate: single or double \$119.00/night plus tax

Call the Double Tree hotel @ 603-886-1200 and identify yourself as NH Lions Multiple District 44.

All reservations must be made by Friday, January 3, 2020 for the special rate.

You will call and pay the hotel direct for your room.

Send reservation form and check for meals to: Make checks payable to: Lions MD 44 Mail Registration and checks to: PCC Celeste Ricupero, Convention Coordinator 7 Winn Ave, Hudson, NH 03051 (603) 321-0737







Save the Date! January 24-26, 2020

Mid-Winter Convention Nashua Doubletree Guest Speaker

Judge Haynes Townsend, 1st International Vice President

Judge Haynes Townsend, from Dalton, Georgia, USA, was elected to serve as first vice president of Lions Clubs International at the association's 102nd International Convention, held in Milan, Italy, July 5 through July 9, 2019.

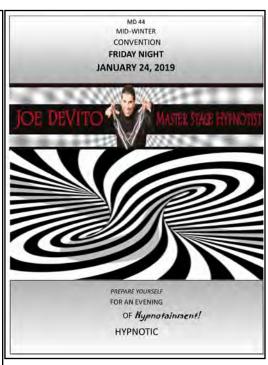
Vice President Townsend served as a judge for 22 years before retiring in 2019.

A member of the Dalton Noon Lions Club since 1979, he has held many offices within the association, including club president, region chair, zone chair, district governor, district librarian, multiple district leadership chair and international director. He served on the international board from 2009 to 2011, as chair of the 2010-2011 Constitution and By-laws Committee and as a board appointee to the 2010-2011 Executive Committee. He also served as a presenter at the USA/Canada leadership forum.

In recognition of his service to the association, Vice President Townsend has received many awards including three Lion of the Year Awards, 15 District Governor Appreciation Awards, the Ervin-Crumbley Award, District 18-A Hall of Fame Award, numerous International President's Awards, International President's Leadership Awards, the association's highest award the Ambassador of Good Will Award, a Membership Key Award and a Knight of Strength Award. Vice President Townsend is a Progressive Melvin Jones Fellow.

In addition to his Lions activities, Vice President Townsend is active in numerous professional and community organizations. He is currently the chair of the Dalton-Whitfield Christmas Parade and was honored as the Judge of the Year by the State of Georgia.

Vice President Townsend and his wife, Donna, also a Lion and a Progressive Melvin Jones Fellow, have two daughters.





MULTIPLE DISTRICT 44 CONVENTION JANUARY 24-26, 2020 SCHEDULE

Friday, Jan.24th
3:00-6:00 pm Registration
3:00-5:30 pm Hospitality rooms open
6:00-7:00 pm Cash bar and social
7:00 pm Dinner and Entertainment

Hospitality rooms open following banquet (8th FL)

Saturday, Jan.25th

7:30-8:30 am Registration
8:30-11-30 Multiple District meeting
11:40-12:05 Lions Youth Service meeting
12:05-12:25 Sight and Hearing meeting
12:30 pm Lunch on your own
2:15- 3:00 LYS filling tote bags with
Hygiene products for homeless young adults
3:00-500 Hospitality rooms open
5:30-6:15 Cocktail reception
6:15 Grand March for Head-Table & Subhead tables
6:30-930 Banquet and Program

Hospitality rooms open following the Banquet

NOTE THE ITEMS LISTED BELOW TO BE BROUGHT TO THE MID-WINTER CONVENTION FOR THE SERVICE PROJECT JAN 25

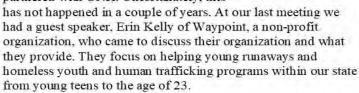


LIONS YOUTH SERVICES

WINTER CLOTHING DRIVE

For many years LYS helped spearhead a clothing drive

partnered with UNH. Unfortunately, this



We talked about many things; but one important issue that came up was the need for warm winter coats and boots. As Lions we are always looking for ways to serve the people of New Hampshire. While it is not a project as yet announced but is in the process by Lions Youth Services, I would like to take this opportunity now to ask our clubs both from 44H and 44N to help not just Waypoint but as many organizations as we can by doing a clothing drive at the club level.

I was visiting a club recently before the Waypoint speaker came to our LYS meeting where we were discussing the need to help folks, a club member told us a story of being a single Mom with 4 children and how important it was to be able to go to a charitable organization to get boots for her children.

Once again as winter approaches, please keep this in mind and I ask all clubs to do what you can do to organize a clothing drive focusing on cold weather to help those in need.

Thanks for all you do, Al Goldstein LYS President



MID-WINTER SERVICE PROJECT:

As mentioned above, LYS is working on a Service Project to be pulled together during the Mid-Winter Convention in January.

Without too many details right now but with some urgency to get this information to you as soon as possible, we are asking for donations of the items listed below. These items will be collected during the upcoming Cabinet Meetings but if you cannot get them to the cabinet meeting, please contact Al Goldstein at 603.913.1281 to make arrangements for them to be collected by him. This Service Project involves getting much needed items to Waypoint for their Runaway and Homeless Youth programs.

They are in need of:

Hats, Gloves/mittens
Non-perishable food items such as Trail Mix, Granola Bars,
Protein Bars, Nuts, Beef Jerky, etc.
Deodorant
Toothbrush, Toothpaste
Wet wipes

PEACE POSTER CONTEST "JOURNEY OF PEACE"

An email was just recently sent out to all clubs participating in the LCI Peace Poster Contest. The following was sent to remind all of you the deadline and process of the contest for our districts.

The Peace Poster contest, "Journey of Peace", deadline is Friday, November 15th.

Please make arrangements to have all posters judged on or by this date. Most clubs choose a first place, 2nd place and 3rd place winner. If your club does not, just a first place winner is acceptable. Please keep the first place winner's original poster on hand and advise them that it will be sent in for judging at the District level and if chosen, the poster will **NOT** be returned to them but we will gift them with an enlarged framed photograph of their poster which will be presented to them at Mid-Winter. If not chosen, their original poster will be returned to them.

Please be sure that the winning poster has the winner sticker completed and placed on the back of the poster.

Please be sure to follow all guidelines for qualifications of the poster. For example, be sure the size falls into the guideline size, be sure there is no writing on the front of the poster, etc.

Once you have determined the qualified winner (s), please take a photo of the poster (s), this can be done by using your cell phone, and email them to Rhonda Wynne at

<u>rwvnnemilford@comcast.net</u>. Please be sure to indicate your club name, the student name and age if known.

These photos will be passed onto your District Governor to determine the winning poster for your district. Once the winning poster is selected, you will be notified and be asked to forward the original winning poster so that it can be judged once again by MCC Fred Plett. He, in turn, will select the overall winner and the original poster will be sent to LCI.

You may also take photos of any or all participating posters up to 12 additional and email them with name of club and artist to Rhonda Wynne. We would like to collect as many poster pictures as available to be displayed during Mid-Winter. She will photograph and frame all posters to be displayed at the Mid-Winter convention. All displayed photos will be given back to the appropriate clubs and given to the artists some time after the convention.

If you should have any questions, or have any difficulty in taking a photo of the poster, please let me know and we will make arrangements to get it done.

LIONS YOUTH SERVICES NEXT MEETING DATE!

We will be meeting once again at the Airport Diner in Manchester at 6:30pm on Thursday, November 14th.

Please come join us as we have many things going on and we always look forward to your kindness, thoughts and help in all our endeavors. See you then!

DISTRICT GOVERNOR (DG)

Steve Middlemiss

22 Abbott St.

Hudson, NH 03051

H: 603-883-5205

C: 603-566-7616

E: cstmiddlemiss@gmail.com

1st VICE DISTRICT GOVERNOR (FVDG)

Marie Hall

26 Moonlight Dr.

Newmarket, NH 03857

C: 603-686-6935

E: mariehall326@gmail.com

2nd VICE DISTRICT GOVERNOR (SVDG) Robert Gustafson

16 East Rd.

Atkinson, NH 03811

C: 603-553-0531

E: robertgustafson11@gmail.com

CABINET SECRETARY-TREASURER (CST)

Valencia Wilson, Secretary PCC Scott Wilson, Treasurer

59 Georgetown Drive

Center Barnstead, NH 03225

H: 603-906-2353

C: 603-770-7705 Valencia

C: 603-770-3700, Scott

Val email: valenciawil@comcast.net

PCC Scott email: scottwils@comcast.net

MULTIPLE COUNCIL CHAIR (MCC)

Fred Plett

65 Wallace Rd.

Goffstown, NH 03045

C: 603-660-0732

E: MCCPlett@gmail.com



Global Leadership Team (GLT)

Patricia Kimball

30 Eastfield Loop

Sandown, NH 03873

C: 603-819-8433

E: pkimb56@gmail.com

Global Membership Team (GMT)

Al Goldstein

35 Main St.

Atkinson, NH 03811

603-362-6529

C: 603-913-1281

E: ALgoldstein@comcast.net

Global Service Team (GST)

Lenny Hall

14 Winslow Dr.

Atkinson, NH 03811

H: 603-362-5743

C: 978-360-0958

E: lah03811@gmail.com

MEETING NEWS

LIONS YOUTH SERVICE

Second Thursday of the month at Hannaford's Kilton Rd.

Bedford, NH at 6:30PM

SIGHT & HEARING FOUNDATION

Third Thursday of the month at the Airport Diner, Manchester at 6:30PM

HEALTH SERVICE OF NH

Fourth Tuesday of the month at Hannaford's , Kilton Rd. Bedford , NH at 6:30PM

TWIN SOCCER ASSOCIATION (LTSSA)

Last Wed of the month at
Lui Lui in West Lebanon
(Powerhouse Mall) Subject to change

Zone 1 Marilyn Richardson, Chair

P.O. Box 65

Hudson, NH 03051

H: 603-882-1997

C: 603-204-7914

E: marilyn@pcom.com

Zone 2 Mike Dolan, Chair

5 Zoe Lane

Newton, NH 03858

C: 603-303-7950

E: mt4dolan@gmail.com

Zone 3 Randy Thompkins, Chair

4 Coombs Farm Rd.

Greenland, NH 03840

H: 603-431-7352

C: 603-765-4965

E: rye642@comcast.net

Zone 4 PDG Gary Rodgers 16 Mountain View Dr Hudson, NH 03051

C: 603-883-4351

E:deputy.g.rodgers@gmail.com

Zone 5 Larry Williams, Chair

232 Loudon Rd

Pittsfield, NH 03263

C: 603-435-7861

E: lwwildwilly@gmail.com

Zone 6 Doug Griffin, Chair

74 Peaslee Crossing Rd Newton, NH 03858

H: 603-378-0693

C: 603-944-1377

E: doug@seadec.com

Zone 7 Linda Rafferty, Chair

24 Falcon Way

Hales Location, NH 03860

C: 781-820-4771

E: lindaraffery55@gmail.com



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