

The PRIDE



Newsletter of Lions District 44-H New Hampshire

May 2020 Volume 45 Issue 11

Lead from the 



*Thoughts from
DG Steve Middlemiss*

I continue to be so proud to be a member of District 44 H. Each of you are working hard to help those who have been effected by this terrible situation we all find ourselves in. Whether making masks, collecting food and funds for our food pantries, or helping friends, family and neighbors who aren't able to go to the grocery store or pharmacies. It is so encouraging to see our Lions continue to Serve their communities. There is a light at the end of the tunnel and it burns bright because of you!

Our May convention date has been canceled due to the Covid-19 crisis, however we have set a date and location to hold a one day event to end our year on a positive note. It will be held June 28th at the Double Tree in Nashua. The registration form is included in this month's newsletter and that you will consider joining us.

We have established via LCI guidelines a plan to hold our elections for our incoming District officers which does need to occur in May. Ballots have been sent to the clubs for distribution to their delegates. We will be counting the ballots on May 12th either in person or virtually. Most likely virtually.

Membership is down as of this month and we are looking to make a push to end the year positive. The **Just Ask One** challenge: If you sponsor a new member between now and June 26th your name will be placed in a "hat" to be drawn on June 28th to win a \$50 gift card.

Our efforts to start a new club in Rochester continue with a Food Drive on April 18. Five members of the District worked at 2 locations collecting food items for the local pantry. We also ended the day with 4 new possible members. Thank you to those who participated. A food drive gives all of us a 3 fold benefit. First and most important we help our pantries feed those in need especially during this crisis. Secondly it gives us exposure to our communities and show them who we are. Lastly it enables us to speak to people and ask if they would like to join us in helping their community. This can be done in a safe way.

Now more than ever a donation to LCIF is so very important. To date LCIF has issued Grants totaling \$2.4 million to countries around the world who are struggling to meet the demands that Covid-19 has placed on their populations. Now is the time for us to help others who are suffering from this situation. Thank you for whatever your clubs can donate.

We are still working on the "Be the Match" program. It will run until mid-May. We have included the QR code for our District so that you can share it via email with friends, family (children and grandchildren) and co-workers. There are still thousands of children who suffer from childhood cancers that we can make an effort to help.

Once again thank you to each and everyone of you who continue to Serve those in need! PLEASE STAY SAFE. Please don't hesitate to contact me with any questions you might have. Cell phone: 603-566-7616 Email: cstmiddlemiss@gmail.com.
JUST ASK ONE! Yours in Lionism, DG Steve & Lion LeeAnn

Send all articles, pictures and information to PCC Deedee LaTulippe at Newsletter44h@outlook.com
Please send as a Word Document or JPG Format.

Deadline for submission is June 20th. The June issue is my final issue as editor of the Pride.



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*Find the PDG
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MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1,184	1,226
Added members	9	72
Dropped members	7	112
Closing Balance	1,186	1,186
Net Gain/Loss	2	-40
Worldwide	1,422, 328	



IN THIS ISSUE KINDNESS IN ACTION

DISTRICT LIONS CLUBS STEPPING UP TO ASSIST FOOD PANTRIES

When caring people join together, roll up their sleeves and take action to make their community better, it's a beautiful thing—and an incredible feeling for everyone involved. That's Lions. Being a Lion is about leading by example, building relationships and improving the world through kindness. It's 1.4 million caring men and women serving together so they can make a lasting impact and change more lives. LCI



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District Photographer**
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C: 603-566-0691
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ENVIROMENT:
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HUNGER
Gail Dacey
E: grd514@aol.com

VISION
Melanie Saunders
E: melanieleesaunders@gmail.com

NEED HELP?

Club President Assistance
Here to help

SVDG Robert Gustafson
603-553-0531
email robert-gustafson11@gmail.com

Club Secretary Assistance
Here to help

CS Val Wilson
603-906-2353
email valenciawil@comcast.net

Club Treasurer Assistance

Daniel Guimond
603-458-7744
email

LionDanielGuimond@comcast.net

NEWSLETTER CONTEST

Congratulations Winners 2020

Jan: Nancy Poulin, Hudson

PDG Celeste Ricupero pin Pg 13

Feb: PID Ed Lecius Nashua

PDG Al Goldstein's pin Pg 10

March: Ann Read, Hudson Lions

PDG Phil Flynn Pg 8

APRIL: Nancy O'Dowd, Wolfeboro Lions

PDG Bill Brown Pg 17

*Monthly there will be a photo of a PAST
DISTRICT Governor's pin in the Pride.*

*Find the pin and email me the page you
found it on within and the club you are
from, within 48 hours of receiving this
newsletter. A drawing will take place.*

*The winner will be announced in the
Newsletter and will receive a \$10.00
Dunkin Donuts gift card.*

UPCOMING EVENTS

5/1-3 44H Spring Convention,
N Conway Grand Hotel

Postponed See June 28th

5/8-10 44N District Convention
Loon Mt. Resort **Cancelled**

5/16 DG Steve Homecoming at
Camp Pride **Cancelled**

May 17 NE Lions Council
Cancelled

5/25 Memorial Day

6/20 MD Leadership Training
Cancelled

6/26-30 LCI Convention **Cancelled**

6/28 44-H One Day Convention

Nashua Doubletree Hotel

Sign-up Info in Newsletter

7/18 LTSSA Matches **Cancelled**

Health Services of NH Meeting

Monthly 4th Tues 6:30PM

Hannaford's Com. RM

7 Kilton Rd, Bedford

Sight & Hearing of NH Meeting

Monthly 3rd Thurs 6:30PM

Airport Diner, Brown Ave

Manchester

Youth Development Meeting

Monthly 2nd Thurs

Hannaford's Com. Rm

7 Kilton Rd, Bedford

Camp Pride Meeting

Monthly 2nd Weds

Auburn Tavern



46th ANNUAL DISTRICT 44-H SPRING CONVENTION
DOUBLE TREE BY HILTON HOTEL
2 SOMERSET PARKWAY, NASHUA, NH
SUNDAY JUNE 28, 2020

*Guest Speaker: Candidate for International Director
 PDG John W. Youney and Lion Karol of Skowhegan, Maine*



Lion #1 _____ CLUB _____

Lion #2/guest _____ CLUB _____

Home Tel. # _____ email _____

<u>Plan</u>	<u>Meals and Registration</u>	<u># of persons</u>	<u>Cost</u>	<u>Total cost</u>
A	SUNDAY; BREAKFAST AND SUNDAY BANQUETS		\$48.00	
B	SUNDAY; BREAKFAST ONLY		\$20.00	
C	SUNDAY; AFTERNOON BANQUET ONLY		\$35.00	
TOTALS				

Sunday Breakfast: assorted juices, fresh sliced seasonal fruit, scrambled eggs, pancakes, bacon, home fried potatoes, variety of breakfast pastries, coffee, decaffeinated, and assorted teas

SUNDAY; Banquet BUFFET: Prime Rib Carving Station, Roasted Turkey with trimmings
Served with seasonal veggies, Garden Salad, rolls, butter, potato (chef choice)
 ASSORTED MINI DESSERTS

Please note any special dietary needs _____

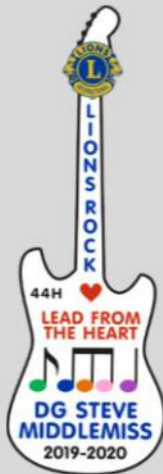
Deadline for Meal Reservations is June 18, 2020

Make checks payable to: "Lions District 44-H"

Mail Registration form and checks to: PCC Celeste Ricupero, Convention Chairman

7 Winn Ave, Hudson, NH 03051 (603) 321-0737 ricupero7@comcast.net

**46th NH Lions District 44-H Spring Convention
Meeting and Banquet Agenda
June 28, 2020**



8:30 AM - 9:00 AM: Registration
9:00 AM - 9:45 AM: Breakfast
9:45 AM - 10:30 AM: Memorial Service
10:45 AM - 12:45 PM: Cabinet Meeting/Awards
1:00 PM - 2:00 PM: DG Reception
2:15 PM: Grand March
Dinner, Remarks & Awards, Raffles



DISTRICT 44-H MEMBERSHIP CHALLENGE

Effective January 20, 2020

The sponsor of every new member will have their name entered into a drawing for a gift card.

The drawing will be done in two parts.

The first drawing took place at the Cabinet Meeting held on March 1st. Ajay Baht of the Nashua Everest Centennial Club received a \$50. Gift Card.

The 2nd drawing will be at the Cabinet Meeting.

Sunday June 28th at the 46th Spring Convention at the Nashua Doubletree.

For each member recruited, the sponsors name will go into a drawing.

You do not have to be present to win but we hope you are!

If every member asked and recruited 1 our membership would double! Just like baseball does not have 1,000 hitters, you will not get everyone you ask to join. If you do not ask, membership will not change. New members bring new leaders and fresh ideas and added energy.

Questions: PDGG/GMT Al Goldstein: 603-913-1281

DG Steve Middlemiss 603 566-7616

Candidate District Governor 44-H

**1ST Nomination by Karen Baillargeon, Past Cabinet/Secretary Treasure District 44-H
Secretary of the Exeter Lions Club**



It is my honor to nominate FVDG Marie Hall to serve as District Governor of 44-H for the Lions Year 2020-2021.

Lion Marie joined Lionism in 2003 and became a members of the Exeter Lions Club in 2008. She has had 100% attendance during her years with the club. She has served as the club's Vice Presidents, then President and Previously as Tail Twister.

Lion Marie is involved with many committees of the club, which include fundraising, membership Diabetes Awareness, Publicity and Programs to name a few.

Candidate for DG Marie Hall

On the District Level, Lion Marie served as Zone Chair 2012-2013, has been a Guiding Lion, Attended many District Conventions, was a presenter at Lions Development Workshops and was awarded District "Lion of the Year" in 2013 and in 2017.

For the Multiple District Lion Marie was chair for Lions Youth Services, attended State Conventions and was Awarded two International President Certificates of Appreciation.

Lion Marie is one of the first Global Team Leaders for District 44-H and one of the first New Hampshire Lions to earn a Bachelor of Lionism and Masters of Lionism Degree from Lions Clubs International. She was awarded a Melvin Jones Fellow in 2016 by the Exeter Lions Club. Thank you for your consideration in voting for Lion Marie Hall to serve as District Governor for District 44-H, 2020-2021.

2ND Nomination by PDG Ellie Johnson

My Fellow Lions I am honored to give the seconding nomination for DG 44-H Candidate Lion Marie Hall. Lion Marie has served her club and District to the Fullest since joining Lions.

To be a District Governor a Lion should have strong Leadership and communication skills. She has both of these skills. She is a team player and an honest and sincere Lion. If we could look into her heart I think we would see the message, "Lions, I will work hard for you and your clubs." She is proud to be a Lion and it shows.

Lion Marie's parents were from Vermont and met at Langley Air Force Base where she was born. She grew up in Greenland as father was stationed at Pease. Marie has 2 younger sisters. She graduated from Portsmouth High School then, NH Technical School, with a Certificate in Practical Nursing. She later went back to NH Tech in Stratham, now known as the Great Bay Community College and received her Associates Degree in Nursing. During that time she was the student body President. She recently celebrated 42 years of employment at Portsmouth Hospital.

Lion Marie has a lifetime of service. She was a first Class Girl Scout and life member, served as Girl Scout leader and Community Cookie Chair. She served 2 yrs on the board of Swift Water Girls Scout Council and on the Board of Ritchie McFarland Children's Center. She has been a an American Diabetes Advocate and attended Two Calls to Congress Sessions in DC.

Lion Marie has a son and daughter and two granddaughters. She resides in Newmarket with her life partner Al Walker. I have known Marie for many years and I can tell you that she is dedicated, devoted and caring. Now is the time for her to move forward. I take great pride to second the nomination of Lion Marie Hall for the position of District Governor for 44-H for 2020-2021.

Candidate for First Vice-District Governor 44-H



*Candidate for FVDG
Bob Gustafson*

1ST Nomination by Lenny Hall, Global Service Team Leader Atkinson Lions Club

I proudly nominate Lion Bob Gustafson for the position of First Vice-District Governor for 44H. Lion Bob is perfectly suited to attain this position given all that he has accomplished since becoming a Lion in 2011. When asked to head up any position at either the club or District level he has over achieved every time.

In the Atkinson Lions Club he moved from Lion Tamer to Club secretary and to Club President. He has had perfect attendance and served on many committees.

In the District Lion Bob became a Zone chair and then a CST for PDG Al Goldstein. Lion Bob has been an extremely positive leader and role model.

As if this is not enough he decided to start our local Atkinson Diabetes A1C testing program. After 2 years of running this service project the results of his efforts have been remarkable. Lion Bob is a graduate of Elli and Alli. He received a Melvin Jones Fellowship from the Atkinson Lions Club. He has my full support and I ask you to please support Lion Bob Gustafson for the office of First Vice-District Governor of District 44-H 2020-2021.

2ND Nomination by Al Goldstein, Past District Governor Atkinson Lions Club

What a privilege it is to bring before you the candidate for First Vice-District Governor, Lion Bob Gustafson having known Bob for many years now. We have worked together on many different levels. The highlight was having him serve as my CST during my year as Governor. He is articulate and very well organized. He was always prepared for meetings. He has a great analytical mind and his numbers always perfect. He is also a humble man growing up in Nebraska a scholar athlete all through high school and college.

Lion Bob has 2 children a son and a daughter. He loves to talk about them and is proud of their accomplishments as well. He has a lovely Lady friend Ann who has been with for the past couple of years.

Lion Bob is a financial investor and has many happy clients to show for it. He works hard all the time. It is never a surprise to find him in his office 7 days a week.

I look forward to a great future for Bob and District 44H under his leadership. By the way did I tell you he was an Academic All American?

I am proud to nominate Lion Bob Gustafson for the office of First Vice-District Governor for District 44-H, 2020-2021.

Candidate for 2nd Vice-District Governor 44-H

1ST Nomination by Lion Alan Gould, MJF

Rye Lions Club



Candidate for SVDG
Randy Tompkins

It is my honor to nominate Lion Randy Tompkins for the office of 2ND Vice District Governor, New Hampshire District 44H. I have had the pleasure of knowing and working professionally with Lion Randy Tompkins for almost 20 years. During those 20 years I have come to know him as a person that exemplifies the values and the mission of Lions Clubs International. In fact, Lion Randy lives “Lionism”.

Lion Randy has served the Rye Lions Club since 1985. During those 35 years Lion Randy has served 5 terms as Club President, 3 years as Club Secretary, is a perpetual Board member, Chairman of the Rye Lions Horseshow, Operation Kid Sight Coordinator & Screener, Chef & Coordinator of many Rye Lions Community Suppers and volunteer to all other Club projects.

Lion Randy has been awarded Club Lion of the Year, was a Melvin Jones Fellow recipient in 2003 and a recipient of a Progressive Melvin Jones Fellow in 2018.

Lion Randy served the community of Rye with distinction as a police officer for 39 years, retiring at the rank of Detective Sergeant. He has also served his community as a Boy Scouts of America Assistant Scoutmaster and as the volunteer transporter of the Portsmouth High Band equipment. Although I can go on listing Randy’s accomplishments, I realize that his real contribution is, and always has been, his willingness and passion to serve others. Whenever anything needs to be done, Randy will be the first to say, “I’m on it”. More importantly though, is that when he says it, he means it.

For the many reasons stated above, I hope you can all join me in supporting Lion Randy Tompkins for the office of 2nd Vice District Governor of NH District 44H.

2ND Nomination by Lion Donna Gould

Rye Lions Club

I am Donna Gould and I’ve been a member of the Rye Lions for 15 years. I second the motion for the nomination of Lion Randy Tompkins for the office of 2nd Vice District Governor, New Hampshire District 44H.

I have had the pleasure of serving with Lion Randy as his Treasurer, Secretary and in many of our Lions projects such as the Horse Show, Car Show, Operation Kid Sight, and our community dinners. Lion Randy is also our club’s number one “recruiter” and is always on the lookout for new members that will honor the values of Lions Clubs International.

In addition to the highlights presented in the letter of nomination, I have also come to know Randy’s “other” family. Lion Randy and Lion Nancy have been married 40 years, raised two children; Brian and Diana, and they now cherish their time with grandsons Camden, Quinn and William.

For the reasons identified in the Letter of Nomination and this 2nd to that nomination I urge you to join me in supporting Lion Randy Tompkins for the office of 2nd Vice District Governor of New Hampshire District 44H, 2020-2012



**LIONS SIGHT & HEARING FOUNDATION OF NH, INC
GRANITE STATE FELLOW (GSF)**

AWARD TIME

COVID-19 has impacted our lives.

Lions International Headquarters is closed at this time.

We are not sure how long it will take to get awards.

We are able to get Granite State Fellow Award Plaques

Give recognition to someone in your club or your community with a
Granite State Fellow or a Progressive Granite State Fellow.

The GSF comes with a beautiful plaque,
a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to **LSHF**
you not only give recognition but you are aiding a
NH Citizen who is in need of our services which include hearing aids and cataract surgery.

Donations go directly into the LSHF Endowment
Clubs may donate to LSHF in \$100.00 increments

Donations may be banked for up to five years with a designation on the donation memo.

Applications are online at: nhlions.org

Contact Chairman PCC Roger LaTulippe at 603-566-0691

email: dgroger@comcast.net



Valencia
Cabinet Secretary
valeciawil@comcast.net
603-770-7705

May Notes from the Cabinet Secretary

May 15th is the deadline to enter your officers with Lions International, for the next Lion year of 2020-2021. Formerly known as the "PU-101" form, this is now simply done by entering your officers information via **MyLion**. I hope you have found a way to have virtual meetings via Zoom or some other method, and have moved forward in holding elections or making decisions for next years officers. It is very important the officers chosen, be entered on LCI, and if you need help getting this done, please let me know. Also, keep your members information updated with LCI as well, as this is the source of truth and the database we use to update our emails lists and info for the district directory. While we are still being asked to limit meeting in larger groups, we still have the ability to keep in touch via Zoom, telephone, and email. Be well and stay safe...and May we soon be able to return to normal, or perhaps an improved "new" normal.

Notes from Cabinet Treasurer PCC Scott

We live in interesting times . . .

I hope you and your family are well as you practice social distancing. These are unprecedented times and how your Lions Club will ramp up to serve your community may not be the same as it was just a few months ago. Keep meeting with each other and plan for the next fundraiser or service project. Even if the event gets pushed out to another date, the positive energy of working together will help keep the club closer and ready to move as we come to a new normal. Remember to file for you Non-Profit status with the Corporate Division of the State of NH. Call me at (603) 770-3700 or email me at: scottwils@comcast.net with any questions. Please be safe as you make your way in the world today!



PCC Scott
Cabinet Treasurer
scottwils@comcast.net
603-770-3700

Cabinet Secretary Valencia and Cabinet Treasurer PCC Scott

Multiple Council Chair Fred Plett: Email: [MCC Plett@gmail.com](mailto:MCCPlett@gmail.com)



We are still in Covid-19 virtual lockdown. Hopefully your club is finding a way to stay connected and to be helpful to your respective communities. Many Multiple District and District meetings are being held on-line so business can continue. What a way to end a year! It may be difficult but with innovation we can continue to serve. There are still 2 months left in this Lions year to do good stuff. You might look at service in different ways than you have in the past, because your community needs may be different than they were even 2 months ago. It is hard to do a formal community survey in these circumstances but if you can plug into local social media platforms you might get ideas. We will get through this!



Atkinson Lion
PDG Al Goldstein
Easter
Giving out masks!



BE THE MATCH[®]

Scan the QR Code or visit the URL:
Join.BeTheMatch.org/District44H



- 1
- 2
- 3
- 4

Complete your online registration Choose the option to have swabs mailed to you.

Receive your swab kit in the mail and swab your cheeks in 3-5 business days

Return your swab kit in the prepaid envelope included in your kit

To join the registry, you must:

- Be between the ages of 18 - 44
- Be in general good health
- Be committed to donating to anyone in need



Zoom is a video conferencing service used by companies and universities for remote communication. The service is similar to competitors such as Google Hangout, BlueJeans, and Skype. Its basic functions include the ability to chat and call individual contacts, as well as schedule **meetings** for future events. The Zoom App is free. Download Zoom and conduct a meeting.

Gail Dacey: grd514@aol.com

Lions Clubs of District 44-H
assisting in combating hunger in their communities.

I hope everyone is staying safe. These are very tough times especially with more people than ever facing food insecurity. As Lions we serve and many clubs are continuing to support the food pantries in their communities. Thank you to the many clubs who have reached out to me to share what they are doing.



DG Steve & PDG Al Goldstein

A big shout out to the newly forming Rochester club. They held a food drive Saturday in front of 2 Dollar Tree stores. Five different clubs were represented for the Rochester Food Drive. This was an effort to help Gerry's Food Pantry with several hundred pounds of food and to show the City of Rochester Lions can do to help their community.

Atkinson PDG Al Goldstein, Barrington Kris Pavlik, Exeter PCC Mike Baillargeon, Rye ZC Randy Tompkins, Hudson DG Steve Middlemiss.



Barrington: On April 23rd from 4 to 6 pm at the American Legion/ Chapel parking lot on Rte. 9, the Barrington Lions Club held its 2nd weekly food drive for the Barrington Food Pantry. The members practiced social distancing and donors were able to drive up and place items in a basket without getting out of their vehicle. On the first collection night they were able to collect not only 2 baskets full of food, but \$250 plus a \$50 Market Basket gift card. Thank you to all who worked to support this effort.



Ed and Gail Dacey, Hunger chair

Salem had to cancel their dance for hunger but had solicited donations. We were able to donate \$1,400 to each of our 4 food pantries. Bob Dennis and Gail Dacey are still working at one food pantry distributing and delivering food. They contributed to the 68hrs program.



Coronavirus Letter to Humanity

Jeri Maynard lionjeri@comcast.net

The earth whispered but you did not hear.
The earth spoke but you did not listen
The earth screamed but you turned her off.

And so I was born...

I was not born to punish you... I was born to awaken you...

The earth cried out for help...

Massive flooding. But you didn't listen.
Burning fires. But you didn't listen.
Strong hurricanes. But you didn't listen.
Terrifying Tornadoes. But you didn't listen.

You still don't listen to the earth when.

Ocean animals are dying due to pollutants in the waters.
Glaciers melting at an alarming rate.

Severe drought.

You didn't listen to how much negativity the earth is receiving.

Non-stop wars. Non-stop greed.

You just kept going on with your life...

No matter how much hate there was...

No matter how many killings daily...

It was more important to get that latest iPhone than worry about what the earth was trying to tell you..

But now I am here.

And I've made the world stop on its tracks.

I've made YOU finally listen.

I've made you take refuge.

I've made you stop thinking about materialistic things...

Now you are like the earth...

You are only worried about YOUR survival.

How does that feel?

I give you fever... As the fires burn on earth.

I give you respiratory issues... Has pollution fill the earth air?

I give you weakness as the earth weakens every day.

I took away your comforts... Your outings.

The things you would use to forget about the planet and its pain.

And I made the world stop...

And now...

China has better air quality... Skies are clear blue because factories are not spewing pollution unto the earth's air.

The water in Venice is clean and dolphins are being seen,

Because the gondola boats that pollute the water are not being used.

YOU are having to take time to reflect on what is important in your life.

Again I am not here to punish you.. I am here to awaken you...

When all this is over and I am gone... Please remember these moments...

Listen to the earth. Listen to your soul.

Stop polluting the earth. Stop Fighting among each other.

Stop caring about materialistic things. And start loving your neighbors.

Start caring about the earth and all its creatures. Start believing in a Creator.

Because next time I may come back even stronger....Coronavirus

Written by: Vivienne R Reich

District 44-H Lions Club Combating Hunger in their Communities



The Dollar Tree

Atkinson Lions PCC Bob Chooljian and **GMT Lenny Hall** at the Dollar Tree collecting for the food drive.

Rye Lion Randy Tomkins loading up for the Rochester food drive.

Kingston Lions partner with **St. Luke's/Holy Angels Food Pantry** to deliver meals to 13 families in Kingston, Newton and Fremont. Thank you, **PDG Al Goldstein** for rallying the troops!




DANVILLE LIONS CLUB
NON-PERISHABLE FOOD DRIVE

FOOD DRIVE

Saturday, May 2, 10:00 AM - 1:00 PM
Danville Community Center

To benefit the Power Pack Program.
We serve 14-16 children and their families weekly.
Our Power Packs have turned into large totes!

We hope to see you on May 2 at the Community Center.
Thank you for your continued support!

ITEMS NEEDED: (Non-Perishables Only)

- Tuna
- Canned vegetables
- Canned fruit
- Soup
- Hot and cold cereals
- Boxed macaroni n' cheese
- Pastas
- Sauce
- Any non-perishables you can donate!

Donations are also accepted by check:
Danville Lions Club
PO Box 464
Danville, NH 03819

Thank you!

 **Danville Lions Club**

POWER PACK PROGRAM CURRENT NEEDS

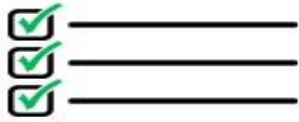
Canned Fruits, Vegetables, Soups, and Tuna

Collection Bin located at Danville
Community Center

Thank you for your continued support



Danville has a collection bin for their power packs (68 hrs.) program.



Empowering Your Service: There's a world in need, and caring Lions are ready to change it.

But comfort and compassion alone can't heal those suffering.

It takes Funding.

It takes Campaign 100: LCIF Empowering Service.

Covid-19 has become an integral "problem" in all of our lives.

As lions we don't run from problems – we run to them!

LCIF Grants

LCIF is giving priority consideration to support regions with extreme rates of confirmed COVID-19 cases. The focus will be on addressing those needs that exist within local medical and emergency management systems that are coordinating efforts with the World Health Organization (WHO) and Centers for Disease Control and Prevention (CDC) guidelines. To date LCIF has given more than 2.2 Million Dollars in disaster relief grants dedicated to covid19.

Now, more than ever it is critical we fund LCIF and Covid-19 grants!

Please look at your personal situation as well as that of your Club and donate what you can to help fund these efforts.

Our world is in need, and we as caring Lions, supported by our global foundation, are changing it. The power of Campaign 100 is there to support our World as we transform the lives of friends, families, and community members, and then help create the change we want to see in the world.

Please "Give 'til it Hurts"

Thank you

Bill Rathbun, Past Council Chairman, LCIF District Coordinator



Lions Clubs International
FOUNDATION

OUR FOUNDATION



Moultonborough Lions Club members Pete Strople and Don Trudeau packed their vehicles to the brim with 10,000 individually wrapped meals for delivery to the local communities. In March the Moultonborough Lions had recruited over 50 members of the community to come together to form assembly lines to package the 10,000 individually wrapped meals. A project like this had never been attempted before in this area and yet it was received with so much enthusiasm. Lions Peter Allen, Pete Strople, Dawn Law, Sally Sibulkin, Don Trudeau, and Michelle Duddy were able to deliver the boxes of food. There were 216 meals in each box. They were donated to Bridge House in Plymouth, Belknap House in Laconia, the Tamworth Food Pantry, the Agape Thrift Store and food Pantries in West Ossipee and Center Harbor, the Calvary Bible Church Food Pantry in Meredith, the Meredith Emergency Food Pantry, Meals on Wheels in Moultonborough, both inter-lakes and Moultonborough School District (to be handed out with the free breakfast and lunch meals distributed to students), and Isaiah 61 Café in Laconia.



Plaistow is working with the school nurse who has reached out to the Pollard Elementary school families that participate in the Power Packs (68 hrs.) during the school year and we have set up weekly deliveries where the food is dropped off at the front door. They are notified prior to the delivery. There has been a big outpouring of support to help those in need so we have setup a weekly food drive to help support the program. Along with our normal shopping trips to the store to fill the shelves. People wanting to donate drive to our club meeting spot and a volunteer will come and retrieve the donation from the persons vehicle. Currently we are supporting 30 kids on a weekly basis. Instead of giving a pack with seven meals we are providing a box of food with more items. In some cases there might be a family with 4 kids at different grade levels.

Snacks for the Power Pack Program

PCC Celeste Ricupero, Diabetes

Email: ricupero7@comcast.net

COVID-19 AND DIABETES

Everyone needs to be careful to avoid the coronavirus that causes COVID-19.

If you have type 1 or type 2 diabetes, you should be ever more cautious.

Your risk of catching the virus isn't higher than anyone else's. But you could have worse complications if you do get sick. That's especially true if your diabetes isn't well-controlled.

To reduce your chances of getting infected:

- Keep your distance from other people (at least 6 feet away)
- Use good hygiene (wash hand with soap and water for at least 20 seconds)
- Keep your blood sugar under control.
- Stock up on enough goods to last you for a couple of weeks, in case you get quarantined.
- Healthy carbs like whole-wheat crackers, vegetables or noodle soups, and unsweetened applesauce
- Simple carbs like honey, sugar-sweetened soda, fruit juice, or hard candies in case your blood sugar dips
- The maximum number of refills you can get of your insulin and other medications
- Extra glucagon and ketone strips

Mary Tremblay: mtremblay578@gmail.com

CHILDHOOD CANCER



As we are experiencing having to stay at home and avoiding close contact with people, I wondered how this affects children with cancer. I found the following on St Jude's website:

Are Children at Higher Risk for COVID-19?

"No. In fact, children seem to be at lower risk for serious illness due to COVID-19. This is based on initial results from other countries. This does not mean that children don't get COVID-19. But the risk of severe illness in children is generally lower.

Based on what is currently known, the highest risk for complications with COVID-19 is seen in older adults and patients with chronic health problems such as heart disease, diabetes, lung problems, or people with weak immune systems.

Families with children who have weakened immune systems due to an illness or medical condition should take extra care to prevent exposure to the virus. If symptoms develop, contact your doctor right away."

This is some "good news" from current knowledge of those children with cancer that are vulnerable to Covid-19. For those of us who are "older adults" we need to continue to minimize our exposure to others. It is difficult to have to stay at home, for me I am used to being out usually 4 nights a week for meetings and doing things with friends. I [commented](#) to someone the other day, if this is what retirement is like I'll pass on it. Stay at home, stay safe, and I look forward to seeing everyone in June.

District 44-H Lions Club Combating Hunger in Their Communities

Hampstead Lions have made two monetary donations to the Saint Anne's food Pantry. First was \$500.00. Second Donation was for \$2,000.00. Our Easter Pancake Breakfast was cancelled so the pancake mix, maple syrup and sausages that were purchased for the event have been donated and were split between the Saint Anne's Food Pantry and Sandown Food Pantry.

Hampton contributed \$700 to the End 68 hrs. of Hunger, and that several of us are buying groceries for neighbors, or cooking meals for Family Promise and for a friend of Lions who lost her husband last week, we are all staying within our homes.

Nashua Lions Club had given \$1000. To the 68 Hours of Hunger for their fundraising efforts. We also gave \$500 to the Nashua Soup Kitchen and Shelter to get them started on their annual fundraiser. We usually donate to the race they put on but couldn't this year. Anyway that's what happening in Nashua!

Windham donated \$500.00 to Shepherd's Pantry (our local food pantry) last week and some of our members have purchased and donated food to our pantry.



Hudson Lions Club donated \$2,000 to the food pantry which is headed up by Lion Pauline Boisvert. All distributions are done outside as no one is allowed in the food pantry. Boxes of food are brought outside. Cars line up across the street and are let into the yard a few at a time. No one is allowed out of their cars, no windows rolled down. Clients are warned to have their trunk cleaned as large boxes of food are placed in their trunk. They are provided with canned goods, dairy, deli, desserts, meats and breads.

The pantry continues to work with the "Feed Our Kids" program at local schools to provide children in need with their own personal bag of food that contains drinks, snacks, peanut butter, can of soup, can of spaghetti product, tuna, chicken, mac & cheese some breakfast items and other easy meals for a child to be able to prepare on their own. These are being given out at Memorial School where most Hudson school children are now picking up their lunches. Luc's restaurant, T-Bones and Donna's place restaurant are contributing. Our local Fire Dept., Police Dept. and town officials also work along with Hudson Lions Club Members.



Lions of New Hampshire,

It truly is amazing the stories and social media posts that I have seen throughout these unprecedented times regarding the support and help that Lions clubs here in New Hampshire are doing to serve their local communities, it's heartwarming!

We may not be able to do all of our regular service projects during this time but we sure have come up with a few new ones that have made a positive impact.

I am happy to report that Lions Clubs International Foundation (LCIF), "OUR" foundation is going strong helping in those areas that have been greatly affected by Covid-19 including disaster grants in some of our hardest hit districts around the nation.

To date 4/20, LCIF has completed 94 grants exceeding \$2.4 million relating to this horrible pandemic

I wanted to share this with you from a recent newsletter sent to all club LCIF Coordinators;

"Covid-19 has definitely affected LCIF and Campaign 100, yet the needs of the world are now greater than ever. Lions Clubs International Foundation (LCIF) and Campaign 100 can play a larger role in meeting these needs. Our humanitarian calling has never been higher."

PIP Joe Preston. Campaign 100 Chair Person CA1

PID Jenny Ware Vice Chair CA1

Although our headquarters in Oak Brook IL have been closed, most everyone is working from home and meeting similar to the way we have, through internet meeting platforms. The mailing address for Donor Services has temporarily changed until things open back up, LCIF Donor Services, Department 4547, Carol Stream, IL 60122-4547.

Of course they can still be reached through regular email

Please consider making a club and/or personal donation today so that our foundation has the means to continue helping and serving those in great need at this time.

I look forward to soon being able to meet, socialize and serve together!

Thank You

Eric Lindberg, PDG MD44 LCIF Coordinator



LIONS YOUTH SERVICES



Lions Youth Services did not hold a meeting last month and we are waiting on word to find out whether or not it will be possible for the May meeting to take place. We will keep you posted via email with any news.

PEACE POSTER CONTEST

To keep you updated on the Peace Poster Contest, "Journey Through Service", LCI has encouraged clubs to reach out to the schools, libraries and other youth groups to have children create their artwork remotely using social media to display their art. This year's theme is so applicable in what is going on at this time in our country and all other countries afflicted with this virus.

There are about (8) clubs who have already purchased and received their poster kits and are in the process of being creative and getting the word out in their communities. There have been about 14 kits sold, leaving 16 kits available. Please keep in mind the contest will still be held during this time all the way through November with the same rules and guidelines applied to the required age group. But, what better way to occupy all those creative minds while we and they are safely at home than to inspire their minds with their "Journey Through Service" as they see it during this time.

Many schools are closed for the school year but please continue to reach out to them so when the schools return, we can include this contest as naturally as possible into their school schedules. Don't forget about the youth groups such as the Boys & Girls clubs in your area as was mentioned in last month's newsletter.

If anyone wishes to purchase a kit, please send me an email at rwynnemilford@comcast.net and I will be sure that you get one.

Looking forward to seeing all of you soon and hope that all continue to stay well, keep busy, I am optimistic that it won't be much longer! ~

Spread peace while social distancing. Include the Lions Peace Poster Project in your children's activities today by asking them to draw, paint, write, or record their vision of peace. Share with the hashtag #PeacePoster!

Here are a few samples I found on social media:





Thoughts from

Global Service Team Leader *Lenny Hall* Lah03811@gmail.com



Hello everyone!

I want to start by saying that based on the activity that I'm able to see our clubs are doing what they can to ease some of the needs of our communities. Masks are being made, food drives are being held while maintaining social distancing, donations are being given to our food pantries. Those of us that have gray hair if we have any hair at all, which by the way is most of us, are doing our best to do what we can while trying to remain safe during these trying times. My grandkids are getting used to the fact that hugs right now are off limits. Let's hope hugs will return at sometime soon. I'm a hugger and feel as though I'm the one being punished!!

Although MyLion is better than it was it's far from perfect. I've had several discussions with many of you and have seen that some reporting gets hung up in the system and does make it to the report that reflects the number of activities that are being accomplished, frustrating for all of us. I've also been told by some of you that you are behind on your reporting so please catch up if you can. I don't think that DG Steve gets graded on our performance but he takes great pride in our accomplishments and would like to perhaps show off a little about what a great district he leads.

Bye for now Be Safe and God Bless Lenny



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire
Linda Piekarski Chair: lpiekarski@ne.rr.com



Good Information for All Dog Owners

This from the Fidelco Guide Dog Foundation: "The American Veterinary Medical Association is regularly updating useful guidelines for all pet owners and guide dog users. For detailed information on these protocols, please visit:

https://www.avma.org/sites/default/files/2020-03/covid-19-faq-pet-owners_031620.pdf."

You can still contribute to the DogSight 2019-2020 campaign by sending a donation to the project chair. Checks should be made out to **LSHF** with **DSP** on the memo line. Please send checks to: The DogSight Project, c/o Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431. Stay safe, stay healthy.

Thank you for your support!!



Landon Plummer, LSHF President: langplumer@gmail.com

Lions Sight & Hearing Foundation

We are still in uncharted waters with COVID – 19 that none of us have faced before. MCC Fred Plett set up Go to Meeting for the Multi District us to use so I scheduled our April meeting for the Sight & Hearing Foundation. I hung one of the S&H Banners behind me and at 6:30 we began gathering for our second meeting. Those giving reports had sent them via email prior to the meeting so all of us were working off the same pages that the presenters were using which, of course, worked great.



The meeting was well attended. Following the agenda, we moved ahead – Secretaries report was presented by SVDG Virginia Edwards verbally as she was disconnected at the March meeting thus needing to check with the board to complete the minutes to be presented at our next meeting. Treasurer MCC Fred Plett reviewed his report and answered questions by board members. He pointed out The Covid 19 crisis is impacting our endowment big time. Let's hope it is a V shaped recovery. As of 3/31 our endowment was at \$829,920 after surpassing \$1 million earlier in the year. He also, stressed that we should not panic as projections are that in time the market will come back. I called for a roll call vote, so all were able to hear the votes taken. Lion John Wynne presented his internal audit report finding that the treasurer records were in order.

PCC Roger LaTulippe reported on the Granite State Fellow program. He filled nine requests in March and six so far this month. There have been 487 GSF awards and 26 Progressive GSF awards presented since the program's inception.

Next Lion Alan Hoyer presented one project. That was approved with a roll call vote. He noted that there was only one case to present as two are being processed and with the current situation it is taking longer to get the information needed, He also suspects that the same is happening on the club level to complete applications for submission which will reduce number of cases to be presented and acted on by the Board.

The Stand-up Comedy Team reported progress is being made and considering the current situation the committee may recommend changes in the future. The nomination committee made a report in preparation of presenting a slate of officers for the next meeting.

The meeting was adjourned at 7:40 pm

Back to COVID – 19 Please be safe, follow guidelines as best we can and be patient – Good Lions know some things just take time. Keep in mind, reach out as you are able, to those most venerable and in need.

Thanks for being a Lion and your club for supporting your Sight and Hearing Foundation

Yours in Lionism, Langdon Plumer, President 2019-2020



GLT Pat Kimball 44-H Pkimb56@gmail.com or C: 603-819-9433



So many events, and projects have been postponed, or cancelled, however as I review your Facebook postings, and newspaper articles, there are so many clubs doing great things in their communities, and helping where needed. It also impresses me the leadership that is emerging throughout the district.

Also, 2021 elections are starting in many clubs. I hope that those who have always wanted to run for a position do, and there are changes where the same leaders have been in place for years. We often hear, why fix something that is not broken. The leadership team may not be broken, but needs to be refreshed with new ideas and opportunities for others. For those who want to be leaders or take positions in your clubs, district or a committee, try and put yourself out there, or at least let someone know your interest.

Still uncertain on dates for future leader training, but will keep you all abreast as information becomes available. Please do not hesitate to contact me by email at Pkimb56@gmail.com or C: 603-819-8433, if you need anything. Thank you for all you do for your clubs, and communities.

Thinking of you all, and hoping you are healthy and staying safe. WE SERVE



Schools are closed due to the Coronavirus.

Eye Screenings are not possible at this time.

Bob Laferriere has some suggestions for you listed below.



Hello fellow Lions, I hope you are staying safe and in good health,

To all Zone Coordinators and anyone who has a Spot Kit, just a note to remind you to check out the equipment and make sure that it is in good working order. Test the Spot and the printer.

If you have any issues, or if your equipment needs service, email me and let me know.

If you have reports from screenings that you did before the lockdown, please get them to Becky Brown so we can finalize our numbers for this year. I know we are going to be low because of the situation.

Thank You for doing all you do.

Yours in Lionism,

Bob Laferriere

44H District OKS Coordinator

f.laferriere@comcast.net



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PCC Scott Wilson, Treasurer
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MEETING NEWS

LIONS YOUTH SERVICE

Second Thursday of the month at
Hannaford's Kilton Rd.
Bedford, NH at 6:30PM

SIGHT & HEARING FOUNDATION

Third Thursday of the month at the
Airport Diner, Manchester at 6:30PM

HEALTH SERVICE OF NH

Fourth Tuesday of the month at
Hannaford's, Kilton Rd.
Bedford, NH at 6:30PM

TWIN SOCCER ASSOCIATION (LTSSA)

Last Wed of the month at
Lui Lui in West Lebanon
(Powerhouse Mall) Subject to change

Zone 1 Marilyn Richardson, Chair

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Zone 2 Mike Dolan, Chair

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NHLIONSDISTRICT44-H

