



The PRIDE

Newsletter of Lions District 44-H ~ New Hampshire

Serving in Harmony

Teaching the world to serve in perfect Harmony

March 2019 ❖ Volume 44 ❖ Number 9

Teams

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Thoughts from
District Governor Jerry Vaccaro

Hello fellow Lions. It is two thirds of the way through my DG year. So, it is time to look ahead into the next 4 months and plan your club "end of the year" goals. Let's get those 50 plus "NEW" Lions in our District involved in your club activities. You have worked hard to improve your club membership and to retain these new Lions, you must make these new Lions part of the your club team. Encourage them to be involved. Take their ideas and run with them. Never say "we tried that before and did not work", just give them the chance to make a difference, it might just work this time.

Our District Cabinet meeting is March 10th, we will be having a guest speaker from LCI, Kimberly Anderson from the Lions Quest Department. For those who are not familiar with this program, Lion Quest is LCI's signature youth development program- worldwide. (36 different languages in 85 different countries, over 13 million students) It involves Teacher training, to teach students to make responsible decisions, set goals and be accountable for their actions. Recently, the Quest program launched a major drug-use preventive program. Please come and learn more.

Again, I want to thank the efforts of PCC Mike Baillargeon and PDG/GMT Al Goldstein in establishing our new Danville Lions Club. Twenty-six new Lion Members, the club was chartered and the Charter night is March 9th, Saturday 5:45 PM at Danville Community Center, 169 Main Street, Danville. Please try to attend and support this new club.

Until next time, Yours in Lionism,

DG Jerry



Thank you for what
you do!



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In The Pride

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MCC Sam	Page 4
GMT Al	Page 5
GLT Pat	Page 5
GST Lenny	Page 6
LCIF Scott	Page 6

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Peace Poster Contest

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Travels with the DG

Jerry has a new granddaughter

Charlotte Mae



Jerry Visits Derry



Atkinson Visitation

Events Calendar

◀March▶

- 3/3—44N Cabinet Meeting
- 3/6 –MD44 Multiple Council Meeting
- 3/9—Danville Charter Night
- 3/10-44H Cabinet Meeting
- 3/11—Visitation Seabrook
- 3/12—Visitation Wolfeboro
- 3/13—Visitation Visitation
- 3/13-Camp Pride Meeting , 6:30pm
Location: Auburn Tavern, Auburn, NH
- 3/14—Lions Youth Development
- 3/21 -Visitation Hampton Area
- 3/26– Health Services of NH
- 3/27—Lions Twin State Soccer
- 3/28—PDG Meeting
- 3/30—NELC

Please send all articles, pictures, and information to Marilyn Vaccaro at newsletter44h@outlook.com.

Please send in word or jpeg format.

Deadline for submission is 20th of each month!

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Thoughts from Cabinet Secretary-Treasurer *Mark D'Amico*



Hi All,

Just some thoughts about our District.

We need to have the clubs that have not sent in their dues, please take the time and send it in. We need the dues to meet the needs of the District's financial responsibilities. Thank you for your cooperation.

I urge the District Club secretaries to start getting ready for their PU 101's. These PU 101's are important to LCI but also to our district, making it possible to communicate to our District Lions. This information given to LCI also gives LCI ability to recognize our great District's leadership by club.

Finally, I am looking forward to our March 10th District Cabinet meeting. This is a great time to learn what the District has been doing and what the future has to offer. A great time to meet fellow District Lions and share great ideas. See you there.

Thoughts from Multiple Council Chair *Sam Longbook*



Greetings from MCC Sam

Here we are at an important time of the year to select next year's club offices / Global Action Team leaders. The club selection committee should solicit and prepare a slate of officers (GAT) to present to the club. The slate should be published and voted on by the club by the beginning of May.

Report to Lions Club International the new 2019-2020 officers on the PU101on line or mail by May 15, 2019. Reporting on time will help the 2019-2020 District Governors prepare for the coming year.

Making the effort to select a team of new and experience lions to serve as the officers will advance the grow of the club and provide leadership.

I encourage the incoming 2019-2020 Club Officers and district leaders to Embrace LCI's Club Global Action Team Rolls

Club President, 1st Vice President, Membership and Service leaders for the coming year take the time to learn and understand Lions Clubs International's focus on promoting the Club Global Action Team structure. LCI has done a good job outlining the rolls and responsibility for these positions at the club, district and multiple district level.

The GAT structure is a tool to improve the future of your club & Lions taking on a leadership role.

The District Global Action Team is in place to assist the Club's GAT and should be call upon for help and guidance, as that is their role.

Best Wishes for 2019

MCC Sam Longbook

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Deleted

ZONE 6 CHAIRPERSON

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Whittier, Wolfboro, Loudon,

Thoughts from

Vice District Governor Steve Middlemiss



As we continue to move forward through the second half of our Lionistic year, I hope that clubs have begun reviewing their membership for potential officers to lead them into the next year. Look at those who have been important in helping with your fundraising and service projects. These are two areas where great leaders can come from. They have already proven themselves with their efforts. Time is growing short as we need to send this list to International soon so please begin this effort.

We are looking forward to a great District 44 H turnout for the Danville Club at their Charter night on March 9th. It will be held at the Danville Community Center and begins at 5:45. There's still time to sign up. (Deadline March 4th) Let's welcome this new club and show them our support. I'm sure they will appreciate each and every one of you. The members are fired up and ready to help their community.

Let's continue to help DG Jerry by committing even further to add to our membership. Look to include friends, family and co-workers in helping your club with upcoming service projects. Showing them how we serve our communities is a great way to attract them to our cause.

Does your club have a web site and Facebook page? Is it up to date? If a potential member were to Google your club, could they find you and with up to date information? So many of us rely on social media today to communicate and find things we are interested in, and we as clubs need to use it to inform and attract new members. So please keep your sites up to date with all the activities you have been doing.

Thank you Clubs for all your efforts to help those in your communities. You are what makes it Great to be a Lion!!

Please don't hesitate to contact me with any questions you might have. To get in touch with me my cell phone is 603-566-7616 and email is estmiddlemiss@gmail.com.

Don't forget to JUST ASK!

Yours in Lionism

FVDG Steve Middlemiss

Thoughts from

Second Vice District Governor Marie Hall



March into May

Before we know it, we will be meeting at spring convention! Has your nominating committee started thinking about who is leading your club next year? There are lots of good resources at LCI to learn more about the roles of club officers.

Do you know what else happens in May? The early bird pricing for the USA/ Canada Forum ends. The forum opened my eyes to what it really means to be a part of the world's largest service organization. See the Forum newsletter in this issue of the Pride. See you in Spokane?

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Thoughts from
Global Membership Team Leader *PDG Al Goldstein*



Hello fellow Lions,

Membership continues to be positive this year. While this is a good statement to make there are many clubs who are either negative for the year or have not added any new members. The year is far from over and you still have plenty of time to work on changing this. I have said this many times already you need to have a plan and a person who is willing to follow up with all the leads you get. I am thinking of having a one day training for membership recruitment for anyone interested. E-mail if you are, I will look at who is interested and then will find a central location to do this on a Saturday morning. I see this as a 10-2 time frame. I will make every effort to make this educational and interesting for all who attend.

The other big thing to think about this time of year is RETENTION. Keep them if you have them. Remember for every member you lose you need to bring in 2. Look at who is coming to your meetings and who is not. Now is the time to get them members who are not making it to the meeting back. Some times a simple call will get people back.

I have said this many times but, I know it works: JUST ASK ONE...

Al Goldstein GMT/PGD
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Thoughts from
Global Leadership Team Leader *Pat Kimball*



GLT Spotlight Notes: Leadership Training Opportunities

I recently attended the Guiding Lion session conducted by 44N with a few other lions from 44H. The classroom was full, and participation was great. I hope that when the next Guiding Lion training session is held by our district, we can fill every chair. The training was great, and an eye opening experience of how much guiding lions can impact new clubs and those that need a little extra care. If interested in becoming a Guiding Lion, please contact me at Pkimb56@gmail.com.

It is important that upcoming elections for 2019-2020 take place on time, and future leaders identified. There is training available online for club officers, and zone chairs. Check out LionsClubs.org. Under the Resource Center you can find Club Officers Training, and many other training courses. It is beneficial for those who are interested in those positions and unfamiliar with all the responsibilities and duties of those positions that every opportunity to learn before they take the positions.

The district will be conducting training sessions in the near future, and hope you consider attending if you just want to learn more about Lionism, and/or desire to take a leadership position in the future. More information to follow.

Thank you all for being Lions, and making a difference in your communities, and the world.

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Thoughts from
Global Service Team Leader *Lenny Hall*



Well I've finally made it to all of the zone meetings. Some more than once! It seems to me that just about all zones/clubs are meeting the 3 initiative threshold to hopefully receive their club excellence awards from a service perspective. The most popular projects seem to be Vision (eyeglass collection, screenings, helping out with postage to mail off the glasses collected by Hampton area Club), Hunger (food collection and distribution, food pantry/shelter help and service, food packing at the fall cabinet meeting and Mid-Winter conference), Environment (road side clean-up, recycle collection, plastic bag collection for delivery to Trex corp. Great job on this one guys!). The tougher ones are still Childhood Cancer and Diabetes cure/prevention. Take a crack at helping to pay for child care or transportation while grieving parents are off visiting/looking after their other sick child. Gas cards are a great way to help for example. Some clubs have made an attempt to have diabetes clinics with some success. From what I hear the numbers hold up, a lot of people tested don't seem to know they have a problem with their blood sugar. No surprise there! Salem and Atkinson joined forces to run their clinic and the number of people tested was better than what they expected. They will make some small changes the next time around. Trial and error until you get it right. Hang in there! Hope to see you all at the Cabinet meeting your humble servant Lenny Hall Email Lah03811@gmail.com Cell# 978-360-0958

Thoughts from
LCIF Coordinator *PCC Scott Wilson*



What
No Report!!



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Thoughts for CHILDHOOD CANCER from *Mary Tremblay*



Here are some additional facts about Childhood Cancer from Lions Clubs International:

CHILDHOOD CANCER FACTS

- **2 minutes** a child is diagnosed with cancer every two minutes
- **13%** increase in incidence of childhood cancer over the last 20 years
- **6 years** average age at diagnosis of children with cancer
- **>90%** of childhood cancer deaths occur in low resource settings

Keep looking for ways to reach out to families dealing with childhood cancer. Watch the local news, there at times stories about families dealing with cancer that are looking for help and read your local newspaper. Talk to local organizations like the Salvation Army, and schools. If you have other places your club has worked with, let me know so I can share it with the District.

Yours in Lionism -Mary Tremblay

Thoughts on VISION

From *Langdon Plumer* Healthy vision can help keep brain in shape



March Is Eye Donor Awareness Month!

This is a special time to honor eye donors and their families for giving the gift of sight. Contact your local eye bank for more information, and show your support of this noble cause with new Vision global cause products available now in the LCI

Vision

Ever since Helen Keller inspired us to champion the cause in 1925, we've served and advocated for the blind and visually impaired. Nearly a century later, this long-standing mission continues unhindered.

Vision Facts

- * 253 million people are blind or have moderate to severe distance vision impairment (MSVI)
- * 1.1 billion have near-vision impairment simply because they don't have a pair of glasses
- * >75% of all blindness and MSVI is avoidable
- * 89% of people with visual impairment live in developing countries

We Have a Plan

We have a long history of serving the blind and visually impaired and remain committed to continuing this mission into our next century of service.

Our Strategic Objective

Prevent avoidable blindness and improve quality of life for people who are blind and visually impaired.

Where there is a need there's a Lion "We Serve"

Here's looking at you – Lion Lang Plumer



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Thoughts fon ENVIRONMENT
from *Jeri Maynard*



I am betting that most of you have noticed the electric bill going higher and higher each month despite your efforts to reduce costs. Well, Camp Pride Camp Pride has - and they are in the process of doing something about it! This year, the Camp replaced the lighting in the Dining Hall and Binns Building with LED Lights; estimated savings of 50-60% from the current bill. Efforts are being made to convert the rest of the camp with the Moultonborough Lions leading the charge-they have paid for new LED lights in their adopted Pelham Building.

You might ask why LED Lights- they are more expensive than the current bulbs, i.e. halogen, fluorescent and incandescent. First of all, LED bulbs last up to 50,000 hours, fit most light fixtures, and will cut your energy use considerably. Secondly, your home lighting has proven to have an impact on your mental performance and the ability to complete a given task. Accent lighting impacts your moods and perception of a space's size and colors within that space. New LED lights are now available with excellent color quality with a variety of light outputs- they are also easy to install...

The recommendation is to replace incandescent and halogen bulbs with LEDs, the latest and best of all lighting technology- highly durable, they can outlast current bulbs by years and, best of all, save you money. Next month, we will talk about how to dispose of your light bulbs in the safest manner.

Thoughts on DIABETES
From *Celeste Ricupero*



Building a Balanced Meal

See Article on page 10

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Thoughts for **HUNGER**
from *Bob Gustafson*

As we know, the mission of the Lions is to serve. We serve on many global fronts including Vision, Diabetes, Childhood cancer, the Environment and Hunger. With regard to Hunger, we serve to ensure all Community members have access to nutritious foods.

It is critical that kids get enough to eat. Otherwise, they may face health issues such as anemia and asthma. Kids struggling to get enough to eat may also have problems in school and social situation. Just as with our other missions, we have the statistics now to prove that if you catch problems such as hunger early in life, it pays dividends later in life. Lions clubs have School backpack programs where backpacks are loaded with nutritious foods for kids who are in need. This is just one way our Lions Clubs can combat hunger.

Obviously, serving kids' hunger needs are critical to our Lions Mission. We must also remember that it's a child's family that brings that child up. The use of local Food pantries is always in demand. How can the Lions help? Running a food donation activity in your local community will serve two benefits: making the Community aware of this need and actually serving the need. Assisting a food bank is one way to ensure that all Citizens are fed and will help to make our Communities thrive. That's a good thing.



MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1231	1194
Added Members	15	104
Dropped Members	2	54
Closing Balance	1244	1244
Net Gain/Loss	+13	+50
Worldwide	1,452,258	1,452,258

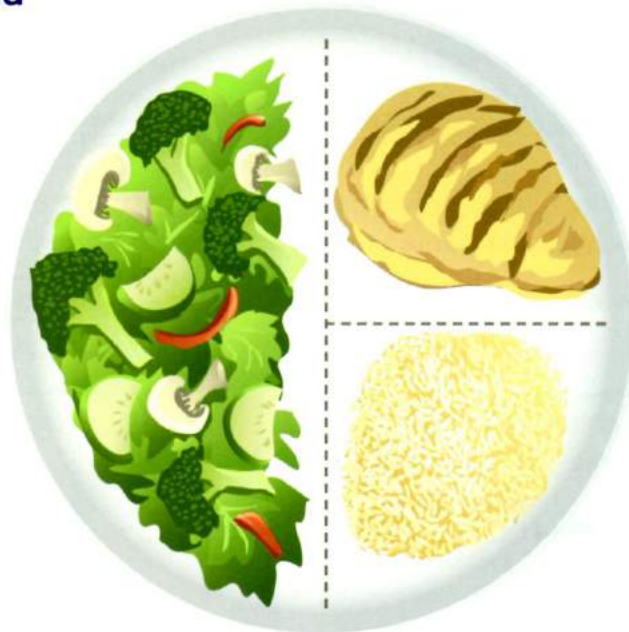


Building a balanced meal

Cornerstones4Care®

A great way to build a healthy meal!

Sometimes it's hard to know where to start when you're trying to plan healthy meals. The American Diabetes Association's Create Your Plate guide makes it easy to create a balanced meal.



Here's how to do it:

■ Divide your plate

Draw an imaginary line down the middle of your plate. Then divide 1 of the sections in half. You should now have 3 sections on your plate—1 large and 2 small.

■ Start with vegetables

Fill the largest section with vegetables that are not starchy. Those could include, for example:

- Asparagus
- Broccoli
- Cauliflower
- Celery
- Green beans
- Kale
- Lettuce
- Mushrooms
- Spinach
- Zucchini

■ Next, it's starches and grains

In 1 of the small sections, add some grains and starchy foods. Those could include, for example:

- Beans (black, lima, pinto)
- Bread
- Corn
- Green peas
- Lentils
- Pasta
- Potatoes
- Quinoa
- Rice
- Tortillas

■ Then, put in the protein

In the other small section, add your protein. Maybe you'd like:

- Catfish
- Chicken
- Eggs
- Low-fat cheese
- Salmon
- Tofu
- Tuna
- Turkey

■ Fill in with fruit and dairy

Add a serving of fruit or a serving of dairy, or both, as your meal plan allows.

■ Drink up!

To top off your meals, add a low-calorie drink, like water, unsweetened iced tea, or unsweetened coffee.

■ Fats may be fine

If you're not sure whether fats are okay on your meal plan, talk with your dietitian or diabetes care team. Then, add in healthy fats, such as avocado or nuts, in small amounts. For cooking, use oils. For salads, try adding nuts, seeds, and vinaigrettes.

It's time to dig in to a healthy meal!



Creating BETTER Leaders

2019 | Spokane, WA
September 19-21, 2019

Inside This Issue

Spokane

Spokane, created by nature, the gateway to the Northwest.

Experience the Forum to the Fullest

Affordable and Walkable

The Spokane Forum will be held in the Convention Center District. This District is a part of the walkable downtown region. Shops and boutiques, national retailers, award winning wineries and breweries are within minutes of the hotels and convention center.

Before and After Tours... Great Values

Make the Spokane Forum a destination to remember, travel and explore with "Before and After" cruise and tour packages. Impressive values presented by **Group Coordinators**. Value Priced...visit lionsforum.org for complete details.

The State of Leadership in 2019

The mission statement of the USA/Canada Lions Leadership Forum has been since its existence...to develop leaders, motivate and educate attendees, provide an open exchange of ideas, and support programs and goals of Lions Clubs International. It's the hallmark instilled over the years and why the Forum has been so successful.

Today, the focus on creating a better leader within our organization is

the true component for continued growth of our association. We must make the turn in the right direction for the future. We can not become stale and offer statements of negativism. I remind associates and acquaintances "our purpose" is as strong today as it was over 100 years ago.

Being a great leader requires taking proactive steps to improve your own leadership capabilities. But there's more to it than that. Engaged leaders need to stay on top of the current trends influencing their individual communication with club growth and community outreach. And ensure those within the organization continue to focus on club member attitudes and achieve lasting results in the communities we serve. (continued next page)





Spokane a Destination That's Quite Impressive

- 10 Best Riverfront Cities - USA Today
- 10 Best Craft Distilleries - USA Today
- One of the 6 Great Small Cities for Food Lovers - Wall Street Journal



By-the-river lifestyle... Riverfront Park, the 100 acre former Expo '74 site of the first environmentally themed World's Fair features a hand-carved Looff Carousel, SkyRide over the majestic Spokane River gorge and plenty of outdoor spaces for remarkable views of the river.



(continued previous page)

As Chairperson in reviewing trends that are at the forefront with non-profits and business leaders in general, this year the Forum Planning Committee has created the steps needed to make you a great leader.

1. Learn to lead several generations. Focus on creating an environment where each age group feels valued and motivated to give their best effort. Remember most of the generational stereotypes you read online don't have much, if any, basis in fact.
2. Time to pick up the pace. We live in a world of instant gratification. We can develop services that gratify all members of our club. For leaders, ensuring that "picking up the pace" doesn't lead to a decline in the quality of the club will be crucial.
3. Emphasize accountability. As a service organization leader, you need to lead the charge by consistently holding yourself and those on your team accountable to a set of standards and values.
4. Embrace continuing education of leadership skill sets.
5. Mentoring and coaching. It is astounding to see coaching and mentoring rated as most effective modes of leadership development, yet still see them so widely under-used.
6. The art of communication... skills and knowledge. Truly effective reinforcement isn't reminding or retraining—it's providing the right information at the right time to encourage participants to apply, deepen, or reinforce or convey our purpose.

We have expanded our seminars to include those educators and motivational persons outside of our organization to help continue our Forum quest of creating better leaders. And in the long run, this helps expand the outside knowledge of what we do as Lions.

I promise you a great Forum. And you will enjoy Spokane, WA. It's a great city. Please register today at www.lionsforum.org and like us on Facebook. See you in Spokane.

*PDG Paul R. Bledsoe, USA/Canada Lions Leadership Forum
General Chair 2019 Spokane, WA*

(research material includes: Inc. Magazine, Harvard Business School, John Eades, Learn Loft and Flashpoint Leadership Consultants



45th ANNUAL DISTRICT 44-H SPRING CONVENTION
NORTH CONWAY GRAND HOTEL
72 COMMON CT, NORTH CONWAY, NH
MAY 10- 12, 2019

International Guests: International Dir. Mark and Gretchen Xinopoulos from Brownsburg, Indiana.

Lion #1 _____ Club _____

Lion #2/guest _____ Club _____

Home Tel. # _____ e:mail _____

*** Convention fee included in all meal packages***

Plan	Meals and Registration	# of persons	total cost
A	Fri. banquet & entertainment, Sat. night banquet & hors d'oeuvres	@ \$ 68.00	
B	Friday banquet (Pub Buffet) & entertainment	@ \$ 38.00	
C	Sat. night banquet & hors d'oeuvres	@ \$ 38.00	
D	Convention fee (meetings only - no meals)	@ \$ 5.00	
E	Friday Night Entertainment only (no meals)	@ \$ 5.00	

Total Amount Due \$ _____

Please make meal choices for Saturday Night Banquet:

- * Baked Stuffed Haddock with Seasoned Bread Crumbs # _____
- * Traditional Stuffed Chicken with Supreme Sauce # _____
- * Grilled Marinated Vegetables over Cous Cous # _____

Saturday and Sunday Breakfast and Saturday lunch will be on your own. There is a restaurant at the hotel.

Please note any special dietary needs _____

Deadline for meal reservations is April 12, 2019.

Hotel Reservation: Lions Convention Room rate: single or double \$119.00/night plus tax (must be 2 night Stay)

Call the Grand Hotel @ 1-800-655-1452 and identify yourself as part of the group of NH Lions Spring Convention. All reservations must be made by **Friday, April 12** for the special rate. You will pay the hotel direct for your room.

Make checks for banquets payable to: Lions District 44-H Convention Fund

Send check for meals and registrations to: Marilyn Vaccaro
 Convention Chairman
 + 74 Chase Rd
 Londonderry, NH 03053
 Tel. 603-437-1408
 E:mail jvac1408@comcast.net
 (put "convention" in the subject line)



Lions Camp pride
Commemorative Walkway
Become a part of History – BUY A BRICK TODAY

Join us in creating commemorative walkways by purchasing a personally engraved brick to be permanently installed at Camp Pride. Any name or message up to 3 lines of 14 characters each can be engraved on each brick. Each line will be centered by the manufacturer. Company Logos are also possible: Personalized bricks are a great way to:

- Recognize a club anniversary, event or member
- Remember lost loved ones with bricks :in memory of them
- Recognize your children, grandchildren, parents, and other special people
- Mark a birth, anniversary, graduation or other special event in your life
- Honor an employee or friend, advertise a business
- Give a unique and lasting gift for the Holidays

Here's how you can contribute: Three lines \$75.00

BRICK ORDER FORM

NAME: _____

ADDRESS: _____

CITY: _____

PHONE _____

Payment may be made by check to: **Lions Camp Pride**

1	2	3	4	5	6	7	8	9	10	11	12	13	14

Check Number: _____

MAIL TO: Lenny Hall, 14 Winslow Dr, Atkinson, NH 03811

Date: ___/___/___ Amount _____

Camp Pride Calendar Raffle Winners

LIONS CAMP PRIDE

<u>Date</u>	<u>\$</u>	<u>Ticket</u>	<u>Name</u>	<u>Club</u>
1	\$200.00	107	Hampstead Lions Club	Hampstead
2	\$50.00	495	Seabrook Lions club	Seabrook
3	\$50.00	835	Raymond Lions Club	Raymond
4	\$50.00	836	Raymond Lions Club	Raymond
5	\$100.00	871	Fred Somers	Conway Area
6	\$200.00	933	Bill McNulty	Atkinson
7	\$50.00	834	Raymond Lions Club	Raymond
8	\$50.00	949	Ed Davis	Atkinson
9	\$50.00	1064	Piper Middlemiss	Hudson
10	\$50.00	796	Wakefield Lions Club	Wakefield
11	\$50.00	932	Bob Gustafson	Atkinson
12	\$100.00	433	Hudson Lions Club	Hudson
13	\$200.00	835	Raymond Lions Club	Raymond
14	\$50.00	463	Glenn Booth	Loudon
15	\$50.00	790	Wakefield Lions Club	Wakefield
16	\$50.00	796	Wakefield Lions Club	Wakefield
17	\$50.00	661	Atkinson Lions Club	Atkinson
18	\$50.00	967	Brent Sayer	Atkinson
19	\$100.00	1068	Lara Raymond	Hudson
20	\$200.00	541	Litchfield Lions Club	Litchfield
21	\$50.00	870	Alicia Gildea	Conway Area
22	\$50.00	921	Barbara Elliot	Salem
23	\$50.00	662	Atkinson Lions Club	Atkinson
24	\$50.00	85	Karen Baillargeon	Atkinson
25	\$50.00	784	Wakefield Lions Club	Wakefield
26	\$100.00	752	Shirley Gilmartin	Hampstead
27	\$200.00	410	Doreen Chagnon	Sandown
28	\$50.00	30	Chester Lions Club	Chester
29	\$50.00	833	Raymond Lions Club	Raymond
30	\$50.00	668	Atkinson Lions Club	Atkinson
31	\$500.00	30	Chester Lions Club	Chester

Camp Pride Calendar Raffle Winners

Lions Camp Pride NEWS ... We Serve
Lions District 44 -H Service to Man kind, Inc. Established 1989



During the recent winter months, the following activities were going on at camp.

Cleared the land for the new Archery Range and Parking lot. The Shower building floor has been prep for a new epoxy floor to be installed this spring. The Portsmouth Bunkhouse has received a new foundation. We have begun the posting of openings for our summer help, any interest please contact Al Goldstein.

We are looking for volunteers for any of the following dates

May 3, & 10 are Liberty Mutual Service Days
Lion's volunteer days are May 5th, May 18, May 25
June 15 June 22

Other days may be available just contact us
Team work is the key to our current and future successes.

Summer Help needed, we need five kitchen helper openings, please contact us with any interest. These jobs are open July – August, just few short weeks.

Thank you for caring about our camp! *Peter*

Peter LaPointe, President Lions Camp Pride hampstead.lions@gmail.com. 978-479-0454 cell
Camp Pride Board of Directors meets the 2nd Wednesday of each month,
Social 6pm meeting @7:00pm, at the Auburn Tavern, Auburn NH.

LIONS CAMP PRIDE



THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions
Multiple District 44 – Health Services of New Hampshire

Judge



What a handsome face!! At 8 months, he doesn't look like a puppy anymore, but he still is one. His challenges now are curbing his enthusiasm for bounding down stairs and being distracted by other dogs. All perfectly normal puppy behavior, but not desirable in a guide dog. Not to worry, he's got at least a year to figure it out!

Thank you to all the clubs who donated to the DogSight Project at the Mid-Winter Convention. Your generosity supports the training for puppies like Judge who will bring greater independence and safety to a Fidelco client.

Visit the "NH DogSight Project" on Facebook!

Linda Piekarski
Chair, the DogSight Project
lpiekarski@ne.rr.com



Goal: \$15,000 Raised to Date: \$11,084

Spaghetti Dinner

Hosted by the Barrington Centennial Lions Club.

Take the night off and let us do the cooking!

Come on out and enjoy some delicious pasta! We will have a variety of sauces, salads, and breads to choose from. All proceeds go to support the Barrington Centennial Lions Club.

When: Saturday, April 13, 2019

Time: 5:00pm -7:00pm

Where: The Legion Hall
731 Franklin Pierce Hwy.
Barrington, NH 03825

Cost: Adults and children 7 and over ~ \$8.00
Kids 6 and under ~ Free
Family ~ \$25.00 (maximum cost)

We hope to see you there!



Help support Lions Twin State Soccer

Win a New England Revolution

2018 Team Signed Jersey



Tickets: \$5 each or 5 tickets for \$20

Drawing: March 24

See any LTSSA Director for your tickets

LIONS YOUTH SERVICES

PEACE POSTER CONTEST



One contest is done and the next has begun.

LYS has ordered kits for this year's contest for 2019-2020 the theme is, "Journey of Peace". If your club wishes to

purchase a Peace Poster Kit, you may purchase a kit at both upcoming March Cabinet meetings. The cost of the kit will remain at \$12.00 each.

To help you get started in promoting the contest to your schools, libraries, and youth clubs before this year school ends, there is a slideshow presentation of some of the

winning posters from last year that you can use. An email was sent to those clubs that participated last year but if you did not receive the slideshow, please contact LYS Director Virginia Edwards at zinthe-whitexmas@aol.com and she will be sure to get it to you. Now is the time to promote!!! Don't wait before it is too late!!

CALENDAR RAFFLE

The LYS crew had fun taking turns pulling names for the January Calendar Raffle. Pat Mayo and Harry Armstrong had quite a setup for the drawing.



Above left to right:
Erin Freida, Al Goldstein,
Lenny Hall, Marilyn Vaccaro,
Virginia Edwards,
DG Jerry Vaccaro and
Eric Olsen were some of the



The following is the list of January calendar winners that were drawn at the February 14th meeting.

1 Steve Nix	# 72	\$25
2 Eileen Delouchery	# 337	Gift Basket
3 Louie Felix	# 305	\$50
4 Alan St.Louis	# 353	\$50 Gas Card
5 Bob Holmes	# 232	\$50
6 Corey Davis	# 166	\$75 Gift Card
7 Steve Nix	# 71	\$25
8 Barbara Bickel	# 247	½Gal Maple Syrup
9 Gary Bedard	# 94	\$50 Gift Card
10 Roger LaTulippe	# 293	MJ Silver Dollar
11 Steve Nix	# 238	Tupperware
12 Fred Plett	# 272	\$25 Gift Card
13 Morgan Albrect	# 62	\$40 Gift Card
14 Elda Cordero-Goodman	# 96	\$25 Gas Card
15 Karen Gray	# 229	\$200
16 Pam Brewster	# 388	4 Passes Moto-X
17 Keith Maglia	# 378	\$50 Gift Card
18 Jack Riley	# 375	\$25 Gas Card
19 Bob Bedrosian	# 196	2 Bag Chairs
20 Ethan Stowe	# 191	\$50
21 Pat Mayo	# 103	\$25
22 Pam Griffin	# 198	2 Solar Patio Lite's
23 Fred Plett	# 274	½Gal Maple Syrup
24 Trever Small	# 317	\$50
25 Paula Merrill	# 244	2 Solar Patio Lite's
26 Virginia Edwards	# 138	\$100
27 Doug Thorp	# 366	\$100
28 Billy Bartlett	# 204	Tupperware
29 Ed Farrington	# 347	MJ Silver Dollar
30 Carol Felix	# 308	\$25
31 Ed Farrington	# 348	\$100

**MANY THANKS FOR YOUR CONTRIBUTION
TO LIONS YOUTH SERVICES.**

Congratulations to all!



LIONS QUEST

There will be a Representative, Kimberly Anderson from LCI at the 44H District Cabinet Meeting on Sunday, March 10 to discuss and speak about Lions Quest. Make sure you don't miss out this opportunity to learn more about this program.

*** LYS * LYS * LYS * LYS ***

The next regular meeting for Lions Youth Services will be held on Thursday, March 14 at Hannaford's on Kilton Rd, Bedford at 6:30 pm.

All Lions are welcome, come join us to find out all that is happening with Lions Youth Services!



**DANVILLE LIONS CLUB
CHARTER NIGHT
SATURDAY, MARCH 9, 2019
DANVILLE COMMUNITY CENTER**

169 Main St., Danville, NH

5:45 pm Social - 6:30 pm Dinner

**Reservations must be received
before MARCH 4, 2019**

**MEAL COST \$30.00 PER PERSON
BUFFET WITH BEEF CARVING STATION**

**RETURN THIS PORTION
DANVILLE LIONS CLUB CHARTER NIGHT
RESERVATIONS**

**PLEASE MAKE CHECKS PAYABLE TO:
KINGSTON LIONS CLUB**

MAIL TO:

Michael Baillargeon

(603) 778-8496

11 Michael Bennett Road

kebail@comcast.net

Brentwood, NH 03833

DEADLINE MARCH 4, 2019

NAME OF CLUB _____ # ATTENDING _____

AMOUNT ENCLOSED: _____ (\$30.00 PER PERSON)

NAME(S): _____

We look forward to seeing you March 9, 2019!!



LIONS

Sight & Hearing

PO Box 970, Concord, NH 03302-0970



Help, We are looking for clubs or zones that would like to have someone from Sight & Hearing attend one of your meetings. We would love to make a brief presentation enlightening you all on what our mission is at Lions Sight & Hearing. Have you used our services, presented a Granite Fellow, completed a S&H application, made a donation? If the answer is no, we need to talk! Please just contact me or any Sight & Hearing BOD member to schedule a visit.

At the Annual Mid -Winter Convention we elected DG Fred Plett (Goffstown), Lion Dan Diemand (Plaistow), PDG Eric Linberg (Brookline), and Lion Kamal Masand (Nashua), to a position on the BOD. Thank you for stepping up and welcome to you all.

A special “Thank You” to the following Clubs and individuals that made donations to our Lions Sight & Hearing Foundation at the recent Mid-winter Convention:

Amherst, Brookline, Concord, Don & Meg Ager, Exeter, Hooksett, Hudson, Karen Robinson, Monadnock, Nashua, Salem, Windham and Lions Twin State Soccer.

Submitted By,

Jim Robinson President

NEW ENGLAND COUNCIL

NEW ENGLAND LIONS COUNCIL

WINTER CONFERENCE

Saturday, March 30, 2019

Wyndham Providence Airport Hotel

1850 Post Rd. Warwick, RI 02886

Call (877) 999-3223 or (401) 738-4000

(mention New England Lions Council)

(deadline date is March 1)

Room Rate - \$109.00 plus taxes (13%) includes breakfast voucher

Hospitality Room on Friday night

Saturday - training sessions 9am-12 noon

TRAINING SESSIONS / ROUNDTABLE DISCUSSIONS

<u>SESSION TIME</u>	<u>NEWPORT NORTH</u>	<u>NEWPORT SOUTH</u>
9:00am -9:45am Presenter(s)	myLion app update PDG Michelle Crocker	Lions 101 PCC Alan Daninhirsch
10:00am-10:45am Presenter(s)	PR and Social Media PDG Michelle Crocker, Lion Jennifer Hills	Disaster Preparedness DG Chris Caluori
11:00am-11:45am Presenter(s)	Club Extension PDG Andy Porter	Club Officer Troubleshooting PCC John Youney, ZC Jason Hills,

NEW ENGLAND COUNCIL

NEW ENGLAND COUNCIL

NEW ENGLAND LIONS COUNCIL

WINTER CONFERENCE

Saturday, March 30, 2019

Meal Reservation Form

(Deadline is Friday, March 22, 2019)

Lunch is Calzone Buffet (\$25.00)

Guest Speaker from Ronald McDonald House

NELC business meeting

NELC membership (\$10.00)

Saturday, March 30, 2019	QTY	COST	TOTAL
Lunch (Calzone Buffet)	_____	\$25.00	_____
		Total	_____

EVENT REGISTRATION INFORMATION

NELC membership 2018-2019 fiscal year _____ \$10.00 _____

If you have already paid NELC membership 2018-2019 _____ \$0.00 _____

Grand Total _____

NAME / ADDRESS

Contact Info: Phone _____ Email _____

District / State: _____ District Position: _____

Club: _____ Club position: _____

Make checks payable to NELC

Mail to: CS/T Bill Donnellan 11 Addington Circle East Weymouth, MA 02189

THE ATKINSON LIONS CLUB PRESENTS

A
MUST SEE
CONCERT!

ANOTHER

GREAT X-MAS
GIFT IDEA!

TEQUILA SUNRISE

"The #1 Eagles Tribute Band"



FRIDAY, APRIL 12, 2019

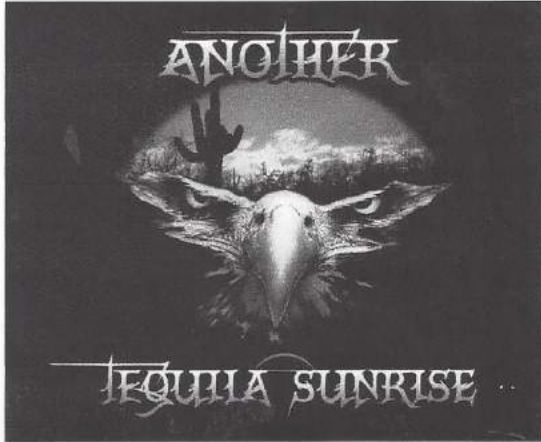
Timberlane Performing Arts Center

Get ready for an unforgettable night of unforgettable music! Another Tequila Sunrise, *America's Premier Tribute to the Eagles* is coming to the Timberlane Performing Arts Center for a special, one-night-only performance. Enjoy smash hits and deep cuts from the Eagles studio collection, as well as numbers from the solo careers of Don Henley, Joe Walsh, and Glenn Frey. This is the closest you can ever come to seeing the Eagles LIVE in concert, and ATS delivers in spades - ***DON'T MISS THIS NIGHT!!***

Tickets start at \$25.00

Timberlane Performing Arts Center
40 Greenough Road • Plaistow, NH 03865
Phone Box Office at 603-257-5257

TICKETS ONLINE AT
www.mktix.com/trpac



**The Atkinson Lions Club
is pleased to host**

**Another Tequila Sunrise
"The #1 Eagles Tribute Band"**

**on April 12, 2019 at the
Timberlane Performing Arts Center**

PROGRAM BOOK ADVERTISING ORDER FORM

We are offering you the opportunity to place an ad in the Show's Program Guide.
ALL PROCEEDS from your ad go back to the public.

AD SIZE	AD PRICE	AD DIMENSIONS
<input type="checkbox"/> Outside Back Cover	Available to highest offer	5.0" wide x 8.0" high
<input type="checkbox"/> Inside Back Cover	Available to highest offer	5.0" wide x 8.0" high
<input type="checkbox"/> Full Page	\$100	5.0" wide x 8.0" high
<input type="checkbox"/> Half Page	\$50	5.0" wide x 3.875" high
<input type="checkbox"/> Business Card Size	\$25	3.5" wide x 2.0" high
TOTAL		

Note: Trim size of the program is 5.5" x 8.5"

Company Name: _____

Contact Person: _____

Address: _____

Phone: _____

Email: _____

**PLEASE SEND A PRINT-QUALITY COPY OF YOUR AD ALONG WITH THIS ORDER FORM.
OR, EMAIL A PRINT-QUALITY PDF TO v4100@comcast.net ALONG WITH THIS FORM.**

Please contact Fran DiLeo 603-401-2311 regarding availability of back cover. Return this form, your ad, and payment (make checks payable to The Atkinson Lions Club) before April 1, 2019 to Fran DiLeo, to an Atkinson Lion. or mail it directly to The Atkinson Lions Club, P.O. Box 125, Atkinson, NH 03811.

Thank You in Advance for Your Support!

**Hope to see you at the show.
The Atkinson Lions Club**

For ticket information, contact The Timberlane Performing Arts Center • 40 Greenough Road • Plaistow, NH
Box Office 603-257-5257 • www.mktix.com/trpac

Wakefield Lions Club



On February 7th the Wakefield Lions inducted seven new members! The induction ceremony was held at the Wakefield Inn, and was performed by Whittier Lion Jeff Brothers. Inducted, in the blindfolds front to back are new Lions; Wally Farnum, Debi Pride, Tracey Kolb, Mark Kolb, Shelly Daniels, Melissa Dorsey, Garrett Dorsey. In the Lions Red blazer performing the ceremony is Jeff Brothers. Welcome new to the new Lions!

Salem Lions Club

Salem Lions Club



SALEM NH LIONS CLUB
FUNDRAISER

DANCE FOR HUNGER

Dancing to the Oldies

A **DANCE AEROBIC CLASS** TO BE HELD ON SATURDAY MAR 30, 2019 AT 10:00 am AT THE WOODBURY SCHOOL TO BENEFIT FOUR FOOD PANTRIES.

YOU GET SPONSORS AND ASK FRIENDS TO DO THE SAME. ON MAR 30th, YOU REGISTER AT 9:30 am AND PASS IN YOUR DONATIONS. WE GIVE YOU A BIG THANK YOU FROM THE BOTTOM OF OUR HEARTS AND INVITE YOU TO TAKE THE DANCE CLASS IN THE GYM. FOR ONE HOUR YOU WILL HAVE FUN AND BURN CALORIES.

SO GET YOUR FRIENDS TO COME, GET YOUR SPONSORS TO DONATE, BRING YOUR SNEAKERS, WEAR LOOSE CLOTHING AND COME ON SATURDAY MAR 30 AT 9:30 am TO THE WOODBURY SCHOOL. YOU WILL HAVE A GOOD TIME, GREAT WORKOUT AND FEEL WONDERFUL ABOUT YOURSELF FOR HELPING.

Men, Women, and Children 10 and Up Welcome. Beginner to advanced levels



Meredith Lions Club



to Linda Church and John Truver winners of the frame full of scratch tickets and chocolate basket recently raffled off by the Meredith Lions Club. Recently the Lions held a "Day at the Mug" where 10% of all the proceeds for the day benefitted the club. Thank you to Paul and his crew at the restaurant for their great food and service. Pictured are Linda and John with their winnings and waitress Molly Borwick presenting a



RYE Lions Club

Rye Lions Club

Medical Equipment Loaner Program



RYE LIONS CLUB

The Rye Lions Club has a medical equipment loaner program that includes wheel chairs, canes, crutches, wheeled walkers, fixed leg walkers, shower chairs and commodes.

The equipment is loaned out FREE of charge and is available for as long as needed.

In 2018 there were 150 people helped. Lion Bob Rawding traveled over 2,000 miles delivering the medical equipment. Lion Bob put in over 300 hrs. providing this vital program to our community.

-WE SERVE-

GRANITE STATE FELLOW



LIONS SIGHT & HEARING FOUNDATION OF NH, INC GRANITE STATE FELLOW

In January 2002, PCC Peter DeMoya, implemented a fund raising program for LSHF. This fundraiser he named as the GRANITE STATE FELLOW.

You can recognize an outstanding member of your Lions Club or a person in your Community with a Granite State or Progressive Granite State Fellow. Many clubs recognize an outgoing president with this award. This is the highest form of recognition in the State of New Hampshire.

This recognition comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF you not only give recognition but you are aiding a NH Citizen who is in need of our services. Donations go directly into the LSHF Endowment. Clubs may donate to LSHF in \$100.00 increments for up to five years with a designation on the donation memo for a Granite State Fellow.

Currently there are 383 Granite State Fellows and 16 Progressive Granite State Fellows.

Applications are online at: nhlions.org

Contact Chairman PCC Roger LaTulippe at 603-566-0691
email: dgroger@comcast.net

Vision Weekend 2019

MULTIPLE DISTRICT 44—VISION WEEKEND 2019



MAKE A DIFFERENCE: VOLUNTEER VISION 2019

**Greeters • Drivers
Card & Cribbage Players
Shoppers • Bowlers & More!**

A fun-filled & rewarding experience for all!

**NH LIONS RECREATIONAL WEEKEND
for the BLIND and VISUALLY IMPAIRED**

Friday April 26th - Saturday April 27th

Nashua, New Hampshire

Volunteer Opportunities Available Throughout the Weekend

Contact PCC Terri McGrew

• Registration • Additional Information • Mailing List Sign-Up

603-554-6822

E-Mail: TerriMcGrew@Charter.net



WHERE THERE'S A NEED THERE'S A LION



Eyeglass & Hearing Aids Collection & Recycling

Randy Tompkins

1 Coombs Farm Rd, Greenland NH 03840

Res Phone: 603-431-7352

E-mail : Rye642@comcast.net

Please remember to bring your clubs collected

Eyeglasses and hearing aids to the cabinet meetings and

Conventions as well as any checks.

USED EYEGLOSS PROJECT

End of 2018 Totals (as fo 2/11/2018)

Regular glasses sent to VA since project began in 2006:

253,581 pair

Sunglasses sent to VA since project began in 2006:

47,235 pair

Total glasses sent to VA since project began in 2006:

*******300,816 pair*******

Total cost of shipping since 2006:

\$16,720.33

**Please send contributions to the Hampton Lions to help offset
The cost of shipping !!**

A great job by ALL. Thank you, Lion Ted Davis, for all of your hard work.

District Directory Back Page

2018-2019 District Calendar

Jan 19&20	NELC	Cancelled
Jan 26&27	MD44 Mid-Winter	Doubletree, Nashua, NH
Feb 20	MD44 Council Mtng	Airport Diner-Manchester, NH
March 3	44-N Cabinet Mtng	Puritan, Manchester, NH
March 9	Danville Charter Night	Danville, NH
March 10	44-H Cabinet Mtng	White Birch, Hudson, NH
March 24	LTSSA Banquet	Elks, Lebanon, NH
March 28	NHAPPDG	Airport Diner-Manchester, NH
Marrch 30	NELC	Rhode Island
April26-28	Vision Weekend	Courtyard Marriot, Nashua, NH
May 3-5	44-N Convention	Grand Hotel, North Conway, NH
May 10-12	44-H Convention	Grand Hotel, North Conway, NH
May 18	MD44 Lions Forum	Delta Dental, Concord, NH
May 19	44-H Homecoming	White Birch, Hudson, NH
May 25	44-N Homecoming	TBD
May 30	NHAPPDG	Airport Diner-Manchester, NH
July 5-9	102nd LCI Convention	Milan Italy
July 20	LTSSA matches	Castleton state Univsity, VT



2018-2019

District Directory CORRECTIONS

Pg 31—Meanie Saunders

E: melanieleesaunders@gmail.com

Pg 34—**Newsletter Contest**

Gail Dacey (not Darcy)

Pg 36—**Lions Camp Pride**

E: lionscamppride44h@gmail.com

Telephone: 603-482-6115

Pg 39—**Barrinton Area LCIF Coordinator**

E: teufelchgen1955@gmail.com

Club Email: barringtonNHLions@gmail.com

Pg 45—**Exeter Lions Club**

President Patricia Izzo

E: pa93055@gmail.com

Pg 30—**Mark D'Amico**

17 Fairway Dr Apt 26

Pg 31—**Marilyn Richardson**

C: 603-204-7914

Pg 56—**PID Ed Lecius**

E: lioncommish@gmail.com

Pg 66—**Huguette "Yogi" Fregeau**

PO Box 1422

Pg 66—**Salem Lions Club**

Meeting time is 6:30pm

Pg 66—**Marilyn Hamel**

E: pilotdad66@gmail.com

Pg 148—**Dacey, Gail**

remove "44H Zone 1 Chair"

Pg 149—**Dennis, Robert**

E: rdennis48@comcast.net

Pg 169—**Marilyn Richardson**

E: Marilyn@pcom.com

Pg 67— Eric – olsenel@comcast.net

E rica - olsenej@comcast.net

Michelle – mixic13@gmail.com

Bob – bocobe@gmail.com

Please send any District Directory Corrections to newsletter44h@outlook.com

Please note in the subject line "District Directory Corrections"

NEWSLETTER SUBMISSION AND DEADLINE

Deadline for submitting articles to be published in the newsletter is the

20th of each month.

Do not send PDF documents

To keep the size of the newsletter reasonable, most event articles will be reduced to 1/4 page.

Clubs and district committees with multiple articles for the same newsletter should consolidate the articles into one submission that does not to exceed one page.

Newsletter submissions should be sent to Marilyn Vaccaro at:

newsletter44H@outlook.com

NEWSLETTER DISTRIBUTION

This newsletter is E-Mailed via Constant Contact to all District 44-H members who have e-mail addresses on file with LCI ~ Lions Clubs International.

- ⇒ Presidents and secretaries, please coordinate and make a copy available to members that to not have E-Mail.
- ⇒ All E-Mail changes must be made on the LCI website by your club secretary.
- ⇒ If you have opted out of receiving the newsletter in error, to receive the newsletter

MULTIPLE DISTRICT DIRECTORY

Any corrections to the Multiple District

Directory for 2018-2019 should be sent

to: newsletter44h@outlook.com

Please say “Directory Correction” in the subject line

