



# The PRIDE

Newsletter of Lions District 44-H ~ New Hampshire

## Serving in Harmony

Teaching the world to serve in perfect Harmony

December 2018 ❖ Volume 44 ❖ Number 6



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Thoughts from  
*District Governor Jerry Vaccaro*

Hello fellow Lions. It is December, the sixth month of my DG year and I want to thank you- District 44H for making the past months so rewarding. This reward comes from my club visits and learning how each club has served their communities. As governor, I am at augh, at all the club events, both fundraising and Service projects. Seeing all the clubs members working all together having fun and at the same time serving. Each club should step back and congratulate themselves for helping so many in need.

On my recent visits, most clubs where all excited about the Christmas season, making their annual Christmas plans. The selling of Xmas trees, wreath making, baskets for the needy, Christmas gifts for all the needy families that would not have a Christmas and making sure the seniors are taking care of both in gifts and meals. What a great time of year for Lions of the District to truly understand our motto "WE SERVE".

In closing, both Marilyn and I would like to wish you and your family the best of the *Holiday Season and a Happy New year.*



Thank you for what  
you do!



Teams

# Serving in Harmony

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Together



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## In The Pride

### Thoughts from:

DG Jerry	Page 1
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MCC Sam	Page 4
GMT Al	Page 5
GLT Pat	Page 5
GST Lenny	Page 6
LCIF Scott	Page 6

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### Peace Poster Contest

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Hudson Psychic Fair



Windham Visitation



Exeter Visitation



Epping-Chichester



District 44h Cabinet Meeting

## Events Calendar

◀December▶

12/6–Danville Meeting

12/8– PDG Xmas Party

12/12-Camp Pride Meeting  
Camp Pride Meeting,  
6:30pm

Location: Auburn Tavern, Auburn, NH

12/13--Visitation to Chester

12/14—Visitation to Litchfield

12/19- Visitation to Raymond

12/25– *Happy Holiday*

Please send all articles, pictures, and information to Marilyn Vaccaro at newsletter44h@outlook.com.

Please send in word or jpeg format.

**Deadline for submission is 20th of each month!**

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## Thoughts from Cabinet Secretary-Treasurer *Mark D'Amico*



Here I sit in my office the day before Thanksgiving; computer up and running, and having been made keenly aware that I'm a day late to submit my article to Marilyn for the December edition of the newsletter. I should really write something with a Christmas theme since it will be well into December before my article actually reaches any readers. However, I can't shake the feeling of Thanksgiving that comes with today's date.

Indeed I am thankful. I'm thankful for those in my life who love me, I'm thankful to live in the greatest country to ever grace the face of the earth, and I'm thankful for the Lord who generously provides for us all.

But, I'm also thankful for all of you. The Lions of 44H are a blessing, not only to those whom we serve, but to each other. I've had the opportunity at this point to meet many of you, either at Cabinet Meetings or at visitations, and I always seem to come away just a little bit...well...better. Spending time together seems to have a way of encouraging growth.

So, let me say thank you. Thank you for all that you do, thank you for the selfless work that you all do in your communities, and thank you for inspiring me.

## Thoughts from Multiple Council Chair *Sam Longbook*



*Special Message from Sam*

*See PG 10*

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Whittier, Wolfeboro, Loudon,

## Thoughts from

*Vice District Governor Steve Middlemiss*



Lion LeeAnn and I hope that everyone had a Happy Thanksgiving sharing the day with family and friends.

International has made Service a number one priority going forward. District 44 H is fortunate to have so many clubs serving their communities. This sets the way for us to Lead through Service. Please remember to continue to work toward those Five International Initiatives, Hunger, Vision, Diabetes, Childhood Cancer and Environment. **Most importantly be sure to report them to LCI.** One way to work toward the Childhood Cancer Initiative is to help at the Lions Youth Services project during Mid-Winter. The goal is to put together approximately 250 bags for children who are hospitalized. LYS could also use your help by your purchasing child aged books and coloring books for this project. Presidents please put together a book drive within your clubs to help this great service project.

In case Lion LeeAnn and I do not have the opportunity to do so in person we hope that each and everyone has a very Merry Christmas and a Fantastic New year.

Thank you Clubs for all your efforts to help those in your communities. You are what makes it Great to be a Lion!!

**Please don't hesitate** to contact me with any questions you might have. If I haven't visited your club yet please give me a call. To get in touch with me my cell phone is 603-566-7616 and email is [cstmiddlemiss@gmail.com](mailto:cstmiddlemiss@gmail.com).

Don't forget to JUST ASK!

Yours in Lionism

SVDG Steve Middlemiss

## Thoughts from

*Second Vice District Governor Marie Hall*



I am writing this on Thanksgiving Day and one of the things that I am most thankful for is all the opportunities and friendship that I have gained through Lions. I have just come back from ALLI (Advanced Lions Leadership Institute) and now have more than 125 new Lion friends from across the USA, Canada, the islands and even Giana in South America. Almost every Lion I know is a leader in some way: as a parent or grandparent, in your work or in your club. Leadership is mobilizing the efforts of others to achieve common goals. This month I wanted to share one of the lessons I learned at ALLI.

Five Practices of Effective Leaders

1. Challenge the Process
2. Inspire a Shared Vision
3. Enable Others to Act
4. Model the Way

Encourage the Heart

In your clubs, take the initiative to look for and accept new challenges and opportunities. Imagine future possibilities and believe you can make your vision a reality through team effort. Set an example by consistently modeling the beliefs and values of Lions. Recognize the efforts of others and celebrate successes and milestones.

If you are contemplating stepping up to a leadership position in your club or District 44H, consider this: "If not me, who? If not now, when?"

Thank you for all you do to serve the needs of the communities in our District.

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Thoughts from  
Global Membership Team Leader *PDG Al Goldstein*



Hello Lions,

November has been a great month for bringing new Lions into our district. Way to go! The New Voices of District 44H are now challenged to step up and show us what you have. The Kingston Club have had the honor of bridging their first Leo to Lion. Callie was one of the original Leo's that the club brought in when they sponsored the Sanborn Regional Leo's. I have had the honor of inducting her both times. I expect big things from her with the Kingston Club.

The Christmas Season is coming upon us fast. This is a very busy time of the year for all of our clubs. It is a great time to invite new members into your clubs. People get excited to see us doing our service projects and fund raising events and want to be part of it. Make sure you have information about your club and applications at every event or at least a signup sheet that included a place to get the folks e-mail address and phone number. Now the follow up takes place.

From my family to yours Merry Christmas, Happy Chanukah and Happy New Year.

Remember Kindness matters PDG/GMT Al

Thoughts from  
Global Leadership Team Leader *Pat Kimball*



GLT Spotlight Notes: **TRAIN, RETAIN, MAINTAIN** (This month covers **RETAIN by TRAINING**)

As you all are aware of, recruiting is going well in some clubs, however members are also leaving us for various reasons, so our net gain has been minimal. One of the ways we can keep our current members is giving them opportunities to advance within the clubs, zone and district. When I was looking for ideas to write about, I came across the Blueprint for a Stronger Club on the new LionsClubs.org website. I found it to be a great planning tool which can assist to identify and initiate change within clubs. Part of this plan along with the club operations, service, and membership, is a leadership development program. Working together to establish the goals of the club, could promote ownership in those involved. It can identify opportunities and goals. Those goals achieved, can be submitted to LCIF and the club can receive a certificate of recognition.

Did you know that the LIONS have a University? Yes, they do. Not your typical university, but one in which you can receive a Bachelor, Master's and Doctorate in LIONism. This is not operated by LCIF, but by LIONS. <https://lionsuniversity.org/my-account/membership-levels/> Registration is free, and will be awarded a certificate of course completion. In the Bachelor's Program, the course is directed to the skills needed for a great leader, Master's Program on giving support to clubs through district leaders, the doctorate program focuses on skills needed to be a training facilitator. You don't have to commit to any of the program and can complete the courses that you may have interest in, in any of the programs, and any order.

I understand how busy the holidays can be, and hope you all will take the time to reflect on the greatness you have done to your clubs, and to your communities. The LIONS are out doing great things this holiday season, and hope you can support those activities and functions. Also, spend time enjoying the holidays with your friends and families, and be safe.

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Thoughts from  
Global Service Team Leader *Lenny Hall*



This month I've invented a new word. "*Lionaholic*" Translation: A person who is a member of the world's largest service organization and no matter how busy they always the time to make this world we live in a better place.

Now I know that we all can't do everything, every time, every place. But when asked or more important when not asked we pitch in at some capacity to help out. Try to work out your strengths and it will be amazing what can get accomplished. At the same time remember to invite another member to work alongside you because it makes sense to start looking for your replacement. This will allow for more service projects to get accomplished and just maybe you won't need to be there every time all the time.

I recently participated in a food packing project at a zone meeting. It felt like a sand bagging job to dam up an overflowing river. Almost 90 people working together, each doing separate tasks, laughing, and at the same time pushing each other to move a little faster, get a little more done and at the same time having a great time.

This is the time of the year when we all need to stop for just a moment and be thankful for all that we have and perhaps give a little bit more time to those who don't.

**Enjoy your Holidays and God bless you all. Lenny**

Thoughts from  
LCIF Coordinator *PCC Scott Wilson*



***Campaign 100 is a Grassroots Effort and we need you!***

***See Pg 12***





Thoughts for CHILDHOOD CANCER  
from *Mary Tremblay*

## Learn about the Zone 1 project for Boston Children's Hospital

Pg 12

Thoughts on VISION  
From *Langdon Plumer* Healthy vision can help keep brain in shape



## Learn about Diabetic Retinopathy

Pg 11



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## Thoughts on ENVIRONMENT from *Jeri Maynard*



In last month's newsletter, I mentioned that one of the three things that can never go into the recycling bin was garden hoses- so I decided to investigate why. This is what I found - garden hoses are known as "tangles"; tangles also include ropes, chains and cords. Tangles are known to "muck" up equipment which is a potential safety issues for workers not to mention mechanical problems for the machinery. Most garden hoses are made of polyvinyl chloride (PVC) or polyurethane (PU); two of the most difficult resins to recycle. Even synthetic rubber hoses, the more expensive hoses, will not be accepted at most landfills; the shape of hoses is another factor and is the reason for the machinery jams. So what can you do with your old leaky hoses? Well, there are plenty of ways if you are not in the mood to try and repair them:

- Cut in pieces and use to cover sharp blades on saws and cutting tools
- Turn into a soaker hose by puncturing it with holes
- Create a doorstop by cutting off a small section and securing it firmly under an open door
- Make chains and handles easier to grip by sliding hose over metal handles on buckets or swings

If nothing appeals to you, then discard in the trash not the recycling bin. Finally, bring your hose in for the winter to prolong its life as well as keeping the left over water (even if they are drained) from freezing.

## Thoughts on DIABETES From *Celeste Ricupero*



**Diabetes Risk Test**  
This simple tool can help you determine your risk for having type 2 diabetes.

1. How old are you?  
Less than 40 years (0 points)  
40-49 years (1 point)  
50-59 years (2 points)  
60 years or older (3 points)

2. Are you a man or a woman?  
Man (1 point)  
Woman (0 points)

3. If you are a woman, have you ever been diagnosed with gestational diabetes?  
Yes (1 point)  
No (0 points)

4. Do you have a mother, father, sister, or brother with diabetes?  
Yes (1 point)  
No (0 points)

5. Have you ever been diagnosed with high blood pressure?  
Yes (1 point)  
No (0 points)

6. Are you physically active?  
Yes (0 points)  
No (1 point)

7. What is your weight status?  
(See chart at right. See other side for metric units)

Weight (lbs.)

Height	110-140	140-170	170-190	190+
4' 10"	124-147	148-167	168-178	179+
4' 11"	128-152	153-203	204+	211+
5' 0"	132-157	158-210	211+	218+
5' 1"	146-163	164-217	218+	225+
5' 2"	141-168	169-224	225+	232+
5' 3"	145-173	174-231	232+	240+
5' 4"	150-179	180-239	240+	247+
5' 5"	155-185	185-246	247+	255+
5' 6"	159-190	191-254	255+	262+
5' 7"	164-195	197-261	262+	270+
5' 8"	169-202	203-269	270+	278+
5' 9"	174-208	209-277	278+	286+
5' 10"	179-214	215-285	286+	294+
5' 11"	184-220	221-293	294+	302+
6' 0"	189-226	227-301	302+	311+
6' 1"	194-232	233-310	311+	319+
6' 2"	200-239	240-318	319+	328+
6' 3"	205-245	246-327	328+	
6' 4"				

(1 Point) (2 Points) (3 Points)

You weigh less than the amount in the green column (0 points)

**Additional Risk Factors for Diabetes**  
In addition to the factors scored in the Risk Test, race or ethnic background can play a role. Type 2 diabetes is more common in African Americans, Hispanic/Latino, American Indians, and Asian Americans and Pacific Islanders.  
Higher body weights increase diabetes risk for everyone. Asian Americans are at increased diabetes risk at lower body weights than the rest of the general public (about 15 pounds lower).

**Symptoms of Diabetes**  
People with type 2 diabetes often have no symptoms. When symptoms appear, they often include:  

- Frequent urination
- Being very thirsty
- Tingling, pain, or numbness in the hands or feet
- Blurry vision

**Problems Related to Diabetes**  
Diabetes can lead to other serious health problems such as:  

- Heart disease and stroke
- Kidney problems
- Foot problems (ulcers and amputations)
- Nerve damage
- Eye problems and blindness

visit us on Facebook  
facebook.com/AmericanDiabetes

**If you scored 5 or higher:**  
You are at increased risk for having type 2 diabetes. However, only your doctor can tell for sure if you do have type 2 diabetes or prediabetes (a condition that precedes type 2 diabetes in which blood glucose levels are higher than normal). Talk to your doctor to see if additional testing is needed.



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Thoughts for HUNGER  
from *Bob Gustafson*

As we head in to the holidays, many clubs have food drives and hand out Thanksgiving Turkey baskets to needy families. How do clubs do this? In the case of food drives, our club has found it beneficial to do the following:

Advertise in your local paper where and when People can deliver food items.

Pick a good spot in your Community for People to deliver those goods (i.e.,Town Common) after obtaining permission.

Work with your local Food Pantry to ensure they know when you will deliver the food to them.

In the case of Turkey Baskets, our club has found it advantageous to work with our local school's Principal to obtain names of needy families so we do the following:

Work with our local Grocery store to obtain the Turkey's and food at potentially discounted prices.

Deliver the baskets to our local School and the Principal who has intimate knowledge of local, needy families.

The families will be contacted by the Principal to pick up the baskets at the school.



## MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1195	1194
Added Members	15	39
Dropped Members	1	24
Closing Balance	1209	1209
Net Gain/Loss	+14	+15
Worldwide	1,473,741	1,473,741



# Hello from MCC Sam



*Hello from MCC Sam*  
*Lion Berny with Santa Sam*

## SERVICE

This month's message is on Service and the impact on the community and Club.

We are known in our community through our service to the community. Clubs need to get the message out on how they service the community. Invite the public to help with service projects. This will help to attract new members to your club.

*There are service minded people of all ages and backgrounds* that want to help to serve their fellow man and their community. By marketing your club's service projects you can attract service minded individuals to help and then to join your club once they get to know the Lions and their mission to "Serve".

Don't forget Mid-Winter convention is coming Jan 25 to 27 2019.

*Lion Berny and I would like to wish all Lions and their families*

*A Happy Holiday (Merry Christmas) and a Happy New Year.*

*Special Note for the season*

*Care deeply, think kindly, act gently, and be at peace with the world.*

*For this is the spirit of Christmas.*

Remember: *We are known through "OUR SERVICE" to our fellow man*

MCC Sam Longbook

**Vision**



## **Diabetic Retinopathy**

**The Problem:** Diabetes occurs when the body is unable to produce or properly use insulin—the hormone responsible for converting food into energy for daily life. Nearly 5 million deaths each year are attributed to diabetes, and long-term complications include cardiovascular disease, stroke, kidney disease and amputations.

Diabetic retinopathy, another complication of diabetes, is the result of damage to the blood vessels of the retina—the light sensitive tissue at the back of the eye. In some cases, the blood vessels swell and leak, while in others there is abnormal growth of new vessels. The disease usually affects both eyes and most often occurs in individuals who have had diabetes for many years.

**Treatment:** Diabetic retinopathy can be avoided with prevention or good control of diabetes. Once diabetic retinopathy is diagnosed, progression of the disease and loss of vision can be reduced by 90 percent with improved control of diabetes and ongoing diabetic retinopathy treatment.

Treatment options include laser surgery to help shrink blood vessels in the retina or, in more serious cases, vitrectomy surgery to remove blood from the center of the eye. Rehabilitation and regular eye exams are critical to maximizing diabetic retinopathy treatment benefits.

*Where there is a need there's a Lion*

*Here's looking at you – Lion Lang Plumer*



Done

## 2018 Wish List for BCH Oncology.pdf



**Boston  
Children's  
Hospital**

Until every child is well™

### **2018 Holiday Wish List for Oncology /Hematology & Bone Marrow Transplant Units**

Thank you so much for your interest in donating to the hematology/oncology and bone marrow transplant units at Boston Children's Hospital! We appreciate your support! We are asking for all donations to come in by the **end of the second week in December** in order to focus on direct-patient care and allow families to pick out items/wrap them in time for the holidays! Thank you for your understanding!

#### **Amazon Wish List Info:**

Link to List: <https://www.amazon.com/gp/registry/wishlist/?ie=UTF8&cid=A17BFL97AEV7VB>

(You can also search on Amazon lists by entering this email: [annika.stout@childrens.harvard.edu](mailto:annika.stout@childrens.harvard.edu))

#### **Toys**

- Lego kits (all size kits – including Friends Legos brand)
- Playdoh and playdoh kits
- Popular Brand Items
  - Shopkins
  - LOL Surprise
  - Thomas the Train
  - Paw Patrol
  - Superheroes
  - Minecraft
  - Pokemon
- Individual Art Kits (particularly by brands like Alex, Craftastic, Melissa & Doug, Klutz)
- Infant & Toddler Items
  - Teething toys
  - Brand-name items like Fischer Price, Little Tikes, Little People
  - Light up & musical toys
- Play doctor/medical kits and doctor themed toys
- Slime supplies & kits (e.g. wet glue, contact solution, baking soda, shaving cream)
- Arts & craft supplies (Crayola brand preferred – crayons, colored pencils, markers, coloring books, paint)
- Orbeez, Waterbeads, and Kinetic Sand
- Bald American Girl Dolls (found on [www.americangirl.com](http://www.americangirl.com) – these are given to age-appropriate girls when they are losing their hair) & American Girl doll accessories (“My Generation” line from Target also fits these dolls)

#### **Teen/Young Adult Items**

- Headphones/Ear buds
- Wireless Bluetooth speakers
- Popsockets
- Phone cases
- Gift cards in small denominations (\$25 and under) (e.g. iTunes, Playstation, Sephora, Amazon)
- Makeup kits



# LCI Campaign 100 News

## Campaign 100 is a Grassroots Effort and we need you!

Below is a Campaign 100 Pledge Form. Several Lions came up to me after the District 44-H Cabinet Meeting looking for the Pledge Form. I handed out the limited supply I brought with me to the meeting. I have ordered more pledge forms. In the meantime, to make it easier for you to get involved, I have included a copy with this article.



Please take time right now to join so many of your neighboring Lions and make sustaining donation.

**Campaign 100 Pledge Form** CAMPAIGN | 100  
 YES! I/We want to empower the service of Lions throughout the world. LCIF • EMPOWERING SERVICE™

**PLEDGE INFORMATION**

I/We pledge a total contribution of US\$ \_\_\_\_\_ to Lions Clubs International Foundation.

**PAYMENT OPTIONS**

<b>Payment Frequency</b> (choose one)	<b>Payment Method</b> (choose one)
<input type="checkbox"/> Monthly	<input type="checkbox"/> Credit Card* <input type="checkbox"/> ACH*
<input type="checkbox"/> Quarterly	<small>*Please have Donor Services contact me to facilitate my donation.</small>
<input type="checkbox"/> Annually	<input type="checkbox"/> Check

Pledges equal to or greater than US\$25,000 are payable over five years; pledges of US\$1,000 or more are payable over three years, unless otherwise requested by the donor. If no payment frequency is selected, the Foundation assumes equal annual installments based on pledge amount.

Visit [lcif.org/donate](http://lcif.org/donate) to make your gift online and to learn about other ways to give.

**DONOR INFORMATION**

For pledge recognition and recording purposes, please provide the following information and check one box below.

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_

ZIP/Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

I/We permit disclosure of my/our name(s) and gift amount in Lions' publications.  
 My/Our gift is to remain anonymous.

Signature \_\_\_\_\_ Month/Day/Year \_\_\_\_\_

Club Number \_\_\_\_\_ Member Number \_\_\_\_\_

**Send donations to:**  
Lions Clubs International Foundation | Department 4547 | Carol Stream, IL 60122-4547 USA

For more information call 630.203.3936 or email [donorassistance@lionsclubs.org](mailto:donorassistance@lionsclubs.org)

Call on me with any questions or thoughts regarding Campaign 100.

Yours in Service  
Scott A Wilson, LCIF District 44-H Coordinator

Every day, Lions Clubs International Foundation (LCIF) works to fulfill our mission:  
"To support the efforts of Lions clubs and partners  
in serving communities locally and globally,  
giving hope and impacting lives through humanitarian service projects and grants."



**CALENDAR RAFFLE TICKETS MAKE GREAT STOCKING STUFFERS and BIRTHDAY GIFTS, ETC**

**Camp Pride's Annual Booster Club Raffle**

It's that time of year again! All clubs are asked to help support Camp Pride by selling the 20 tickets (you can always send for more). This is an easy way for your club to contribute to Camp Pride and not break your bank accounts...

*Remember, tickets may be sold to **club members, friends, business associates** or even bought by the club as a chance to enhance their treasury*

**Tickets remain at \$10.00.** On the back of the ticket, you will notice the businesses and friends that have sponsored a date on this year's calendar- please consider patronizing our sponsors if they are in your club's vicinity.

There will be a total of thirty-one (31) drawings, all taking place at the Mid-Winter Convention in January. Each drawing represents a particular day in January. **Any ticket drawn will be redeposited** into the raffle basket so there are numerous chances to win.

Please return all your stubs, checks and any unsold tickets directly to Lion Lillian Bellisle at 29 Cedar Street, Hudson, NH 03051. If you have questions or need additional tickets, please call her at 603-889-0285 or e: mail: Lionjeri@comcast.net.

As in the past, all proceeds from this raffle will be used to further Camp Pride operations and maintenance.

*Will Your Club Be The **FIRST** To Return All Their Stubs?????????*

THANK YOU

Camp Pride Board of Directors



**Lions Camp pride**  
**Commemorative Walkway**  
***Become a part of History – BUY A BRICK TODAY***

Join us in creating commemorative walkways by purchasing a personally engraved brick to be permanently installed at Camp Pride. Any name or message up to 3 lines of 14 characters each can be engraved on each brick. Each line will be centered by the manufacturer. Company Logos are also possible: Personalized bricks are a great way to:

- Recognize a club anniversary, event or member
- Remember lost loved ones with bricks :in memory of them
- Recognize your children, grandchildren, parents, and other special people
- Mark a birth, anniversary, graduation or other special event in your life
- Honor an employee or friend, advertise a business
- Give a unique and lasting gift for the Holidays

**Here's how you can contribute: Three lines \$75.00**

**BRICK ORDER FORM**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

PHONE \_\_\_\_\_

Payment may be made by check to: **Lions Camp Pride**

1	2	3	4	5	6	7	8	9	10	11	12	13	14

Check Number: \_\_\_\_\_

**MAIL TO: Lenny Hall, 14 Winslow Dr, Atkinson, NH 03811**

Date: \_\_\_/\_\_\_/\_\_\_      Amount \_\_\_\_\_



# THE DOG-SIGHT PROJECT



**A Program of the New Hampshire  
Lions**

**Multiple District 44 – Health  
Services of New Hampshire**

## **Judge Goes Shopping!**

Now that he’s six months old, Judge is taking life more seriously. He has to help with the shopping now and navigate those grocery aisles. He’s learning those grocery carts aren’t monsters or cars (or toys), and other shoppers aren’t to be greeted with wild enthusiasm. He’s learning to wait patiently in line at the checkout too. His grocery trip was another “Windsor Walk,” a milestone passed with flying colors! Good boy, Judge!

The annual DogSight Project appeal letter has gone out! Please send donations to **DSP Chair Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431** and make checks payable to **LSHF** with **DSP** on the memo line. Your contribution supports the training that makes Judge the puppy into Judge the Fidelco Guide Dog. Thank you!

Linda Piekarski  
Chair, the DogSight Project  
lpiekarski@ne.rr.com



Goal: \$15,000 Raised to Date: \$2934



**Health Services of New Hampshire** (formally Health Services Board) is a committee of the Multiple District 44 of New Hampshire.

Members of the Health Services of New Hampshire are searching for a person with an **“Ear for Service”**. We are building a world class hearing screening program and we need a Lion to step in and help drive this program to success. Technology is available to implement a hearing screening that just takes a few moments and is non-invasive with excellent results. Are you looking to become a leader in the Lions Community? Helping to develop a hearing program though HSNH will help you distinguish yourself as a leader with a proven track record for successful program production. Most importantly, children across the state will benefit from this hearing screening program.

Please call HSNH Chairperson Scott Wilson at 603 770-3700.

Become a **Health Services of NH Visionary** – we are a group of great people doing great work for so many great people across the state of New Hampshire.

PCC Scott Wilson  
Chairperson, Health Services of New Hampshire  
A Committee of Multiple District 44





## LIONS YOUTH SERVICES

The vacant 44H Director's position was filled during the November 8th meeting. Introduced, motioned and accepted Lion Pam Brewster as 44H Director to the Board of Directors of Lions Youth Services.

Thank you & Welcome to Lions Youth Services Pam!

The **CALENDAR RAFFLE** is now underway. Only 400 tickets were printed so don't wait to purchase a ticket before they are all sold out! Many tickets have already been sold, you have 31 chances to win! Tickets are \$5.00 each or 5 for \$20.00. There are cash prizes, gift baskets, gas cards, and many other great items to win. Drawing will be held February 2019.

### JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Friday	Thursday	Saturday
		1 \$25 Dental Lions Club	2 \$20 Bakes from Tina's Bakes Saus & Dip Spa Lion Signature Catering	3 \$50 DG 44H JERRY VIZCARRI	4 \$50 trying Gas Card John's Canaan NH	5 \$50 Gift Lion Larry
6 \$75 Gas Card PCC: Lions Christine A Joan	7 \$25 Airracon Lions Club	8 \$6 Gal Wood- lawn Farm Maple Syrup Canaan NH	9 \$50 Gift Card Bakos Lions John & Rhonda Wynne	10 2017 Madras Jones Continental silver Dollar	11 \$25 Teppewort Mark 162	12 \$25 Gift Card Canaan Hand- son Canaan NH
13 \$40 Gift Card Lion Mchery's Rumale Cafe Frankel NH	14 \$25 Shell Gas Card Lion Harry Armstrong	15 \$100 cash to Merrimack of Hardski Lions Rhonda A John Wynne	16 \$4 Gift Peace to Canaan Li- ons Mine X 2019 season	17 \$80 gift Card to Backler Woodworking & Hardware	18 \$25 Shell Gas Card Lion John Wynne	19 \$200 Cash Canaan Hardware Canaan NH
20 \$10 MCI 44	21 \$25 Canaan Lion Patricia Mays	22 2 Solar patio or Garden Light's Canaan Hardware Canaan NH	23 \$6 Gal Wood- lawn Farm Maple Syrup Canaan NH	24 \$30 Canaan Lions Club	25 2 Solar patio or garden Light's Canaan Hardware Canaan NH	26 \$100 Lions Al & Virginia Edwards
27 \$100 FDG 2 Lion Henry McKee	28 \$25 Teppewort Mark 162	29 2017 Madras Jones Con- tinental Silver Dollar	30 \$25 Airracon Lions	31 \$100 DG Lion Fred Pitt		

To purchase your tickets.....

Contact Harry Armstrong at [harry616@yahoo.com](mailto:harry616@yahoo.com)



### PEACE POSTER CONTEST 2018-2019

As of this writing, all participating entries have been received and have been forwarded for judging to both the District Governors. Thank you to all those participants.

There are 4 clubs from 44H,

Conway, Epsom-Chichester, Hudson and Kingston.

There are 7 clubs from 44N, Andover, Canaan, Chesterfield, Concord, Merrimack, Milford and Pinardville. There are 13 winning posters along with a total of 59 other posters (for a total of 72) that have been submitted to be photographed, framed and displayed along with the final winning poster and the runner-up during the Mid-Winter convention in January. The final winners will be announced in the January issue of the Pride and the Roar newsletters.

If you have any questions or concerns, please contact:

Erin Freda 44H at [erinfreda@gmail.com](mailto:erinfreda@gmail.com)

Virginia Edwards 44N at [zinnthewhitexmas@aol.com](mailto:zinnthewhitexmas@aol.com)

or Rhonda Wynne at [rwynnemilford@comcast.net](mailto:rwynnemilford@comcast.net)



**BACKPACKS 4 KIDS** will be stuffed on Saturday, January 26, 2019 at 2 pm at the Mid-Winter Convention.

**All Lion volunteers will be helping put together a total of 250 BACKPACKS! Yes, we have increased the total to 250!**

These BACKPACKS will be available for children in hospitals throughout the state. The children will receive a drawstring backpack filled with crayons, stickers, removable tattoos', coloring books and reading books.

A donation of \$2.50 per BACKPACK to Lions Youth Services will be required to cover all costs. Donations have already been made by Nashua Lions, Brookline Lions and Moultonborough Lions. Thank You!!!

In the meantime, LYS is looking for donations of coloring books and storybooks, so that they may be included in these BACKPACKS!

So please get the word out that we will need 250 new coloring books and 250 new storybooks to complete this project in January! All donations are very much welcomed and appreciated!

**Join us at the next LYS meeting on December 13th for more details...**

# Atkinson Lions Club Fundraiser

THE ATKINSON LIONS CLUB PRESENTS

**A MUST SEE CONCERT!**

**ANOTHER**

**TEQUILA SUNRISE**

*"The #1 Eagles Tribute Band"*



**FRIDAY, APRIL 12, 2019**

**Timberlane Performing Arts Center**

Get ready for an unforgettable night of unforgettable music! Another Tequila Sunrise, *America's Premier Tribute to the Eagles* is coming to the Timberlane Performing Arts Center for a special, one-night-only performance. Enjoy smash hits and deep cuts from the Eagles studio collection, as well as numbers from the solo careers of Don Henley, Joe Walsh, and Glenn Frey. This is the closest you can ever come to seeing the Eagles LIVE in concert, and ATS delivers in spades - **DON'T MISS THIS NIGHT!!**

***Tickets start at \$25.00***

**Timberlane Performing Arts Center  
40 Greenough Road • Plaistow, NH 03865  
Phone Box Office at 603-257-5257**

**TICKETS ONLINE AT  
[www.mktix.com/trpac](http://www.mktix.com/trpac)**

# Hudson Lions Club News

## Hudson Lions Club Members Receive chevrons from Lions International for years of service.



**Top Left Photo:** DG Jerry Vaccaro presented PDG Al Rodgers with a pin and letter from Lions Clubs International for his 60 years of service. Pictured with Al is his wife Betty and PDG Gary Rodgers.

**Side Right Photo:** Leona Shanholtz 10 year chevron, 3rd VP Phil Nichols 15 year chevron and Past HLC President Randy Pierce 10 year chevron.

**Bottom Photo:** L-R: Gerry Winslow 45 year chevron, Jeri Maynard 20 year chevron, Ann Mason 25 years, HLC President Margaret St Onge 10 years, PDG Gary Rodgers 25 years, Kimberley Fournier 15 years, Susan Jones 15 years, Marilyn Vaccaro 15 years and DG Jerry Vaccaro 15 years.

Thank you for your service to the Hudson Community, the District and Lions Clubs International.

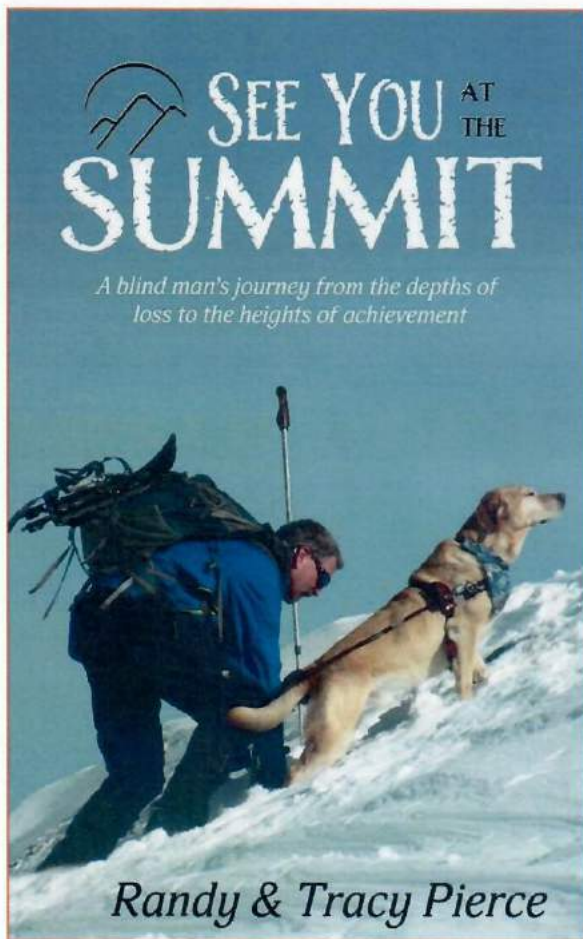
# Hudson Lions Club



**Hudson Lion's Club Past President Randy Pierce has written his inspiring story.**

Available on Amazon. The proceeds benefit his charity, 2020 VisionQuest, which has raised hundreds of thousands of dollars in support of vital charities: training guide dogs, and adjustment-to-blindness services — both of which return those stricken with blindness to full, rewarding lives.

Randy Pierce was on top of the world, 22 years old, fresh out of college and thriving at an excellent job. His promising future seemed certain. Then, in just two short and devastating weeks, an unexpected neurological disorder plunged him into blindness. Randy, believing his future had vanished in the blink of an eye, wondered, "How can my life have meaning now?"



# Barrington Lions Club Fundraiser

## **BARRINGTON AREA LIONS CLUB**



### **FESTIVAL OF TREES**

**DECEMBER 8, 2018**  
**12:00-4:00 PM**

**At the Christmas Dove**  
**ROUTE 9**  
**BARRINGTON, NH**

Come and enjoy an afternoon of viewing themed decorated trees and wreaths sponsored by Barrington area businesses and families

Refreshments will be available

Purchase tickets for a chance to win a decorated tree or wreath



# Barrington Lions Club Fundraiser

**Barrington Area Lion Club  
FESTIVAL OF TREES  
At the Christmas Dove  
December 8, 2018  
12-4pm**

**Date:** 12-8-2018

**Location:** The Christmas Dove, 11 Christmas Lane, Barrington, NH

**Set up trees or drop off wreaths between:** 8 am - 12

**Open to public:** 12-4 pm

**Trees or wreaths:** to be provided and decorated by sponsor, **Trees will be raffled**

**Best tree:** The best tree and/or wreath voted on by the public will be awarded a plaque

**Submission:** Please submit tree or wreath registration to [scotf2010@live.com](mailto:scotf2010@live.com) by November 24, 2018

**Please submit the following information:**

**Company or family sponsoring tree:** \_\_\_\_\_.

**Select one:** Tree (4'+)      small tree (under 4')      wreath

\*Trees or wreaths can be artificial or real

\*Power will not be provided to trees

**Theme of tree or wreath:** \_\_\_\_\_.

**Contact information**

Name:

Address:

Phone number:

\*Fill out and submit registration form to [scotf2010@live.com](mailto:scotf2010@live.com) to get a coupon for a **10% discount** on decorations for your tree or wreath from The Christmas Dove

# Moultonboro Lions Club News



MLC President Peter Allen is surrounded by very special guests from Lions Project Canine Companions for Independence (LPCCI) (l-r)

Lion Pete Strople, chairman of the MLC Adopt-A-Spot Project, proudly displays the 2018 "1<sup>st</sup> Place



Moultonborough Lions Club members were greeted with three wagging tails when they arrived for the dinner meeting Monday night. Members from Lions Project Canine Companions for Independence (LPCCI) along with their dogs were the honored guests for a special presentation.

Canine Companions breeds Labrador Retrievers, Golden Retrievers, and a cross of the two to be assistance dogs. They nurture the puppies for the first eight weeks then turn them over to volunteer puppy raisers who provide basic obedience training, socialization training and care for the next 14-18 months.

The dogs are then turned over to professional instructors who teach them more than 40 commands over the next six to nine months. Finally each dog is matched with a person with disabilities and together they go through Team Training culminating with a joyful graduation ceremony.

The guests arrived early which allowed plenty of time for Lion members to meet the dogs and talk with their raisers about the unique experience of being a volunteer puppy raiser.

Two of the dogs Sundance and Kittle, were puppies in training with their volunteer puppy raisers Kim Bock, and Silke Psula w/coraiser Lou.

It was also a treat to have Mike Wade with his service dog Woodruff. Mike explained how his life changed when Woodruff came into it and demonstrated some of the things Woodruff does for him. Woodruff can retrieve things and even pull him in the wheelchair.

At the end of their presentation, President Peter handed a check for \$500 to Kim with Thanks for all LPCCI does to make a difference in the lives of so many. Lions Pride... You can't see it, you can't touch it, but you sure can feel it!

President Peter then called on Lion Pete Strople, chairperson of the Adopt-A-Spot Project. Pete announced that the town has awarded the club with a 1<sup>st</sup> Prize Plaque for their work on the upper garden at Sutherland Park. Pete thanked all the Lions who planted, weeded, and watered throughout the summer. Hard work paid off. Lions Pride. You can't see it, you can't touch it, but you sure can feel it!

If you would like to find out more about Lionism please call Joe & Pat Keegan at 253-9916.

Remember the Lions Motto is "We Serve".

Submitted by

Pat Keegan

# Salem Lions Club News

The Salem club's boat, See Lion, which is run by The Clean River Project has finally gotten permission to go on Canobie Lake and have divers in the lake to investigate what the items are that were found by the sonar which is mounted on the pontoon boat. It has taken a year, but they are finally able to check it out.

SALEM LIONS CLUB NEWS



We have finally received the permissions needed from the Department of Environmental Safety of NH (DES/NH) to enter Canobie Lake. This has been a long journey but we're finally at the culmination of a huge effort, involving three different agencies, to put divers in the water to investigate what items were located last year with the sonar mounted on the See Lion are of any consequence or are polluting the drinking water. (Continued on page 1)



## THANK YOU TO SALEM, NH LIONS CLUB! (Continued from page 1)

Yesterday, we spent the day towing our favorite pontoon, The See Lion to where she will enter Canobie Lake. Out-fitted with the gear we need to do the job correctly, along with the visual observation of our divers The See Lion will give us a detailed look into whether these objects should or could be removed safely.

Brave souls these divers! I'm pretty sure the water is chilly in November so I'm happy to stay

and hold down the office ... with the heater!

We love our See Lion! She has come in handy for all kinds of jobs recently. The magnanimous gesture and gift from the Salem NH Lions Club is a gift that keeps on giving and will continue helping in the conservation effort for many years to come. We thank you for your dedication to community and the environment!

See you out there ...

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# RYE Lions Club News

The Rye Lions Club and the students from the Rye Elementary School worked together to fill food baskets and provide food for the END 68 Hrs. of Hunger program as well as the Gather food pantry

RYE LIONS CLUB NEWS



# MULTIPLE DISTRICT MID WINTER CONVENTION



**MULTIPLE DISTRICT 44  
59th MID-WINTER CONVENTION  
DOUBLE TREE BY HILTON, NASHUA, NH  
JAN. 25 –27, 2019**

**Our Invited Guests: PID Dr. Robert Littlefield and Spouse Kathy From Oviedo, Florida**

Lion #1 \_\_\_\_\_ CLUB \_\_\_\_\_

Lion #2/guest \_\_\_\_\_ CLUB \_\_\_\_\_

Home Tel. # \_\_\_\_\_ email \_\_\_\_\_

<u>Plan</u>	<u>Meals and registration</u>	<u># of persons</u>	<u>total cost</u>
A	Fri. banquet, entertainment, Sat night hors d'oeuvres and Sat. banquet		@ \$65.00
B	Sat. night hors d'oeuvres and banquet		@ \$ 38.00
C	Fri. night banquet and entertainment		@ \$ 27.00

Total Amount Due \$ \_\_\_\_\_

Friday night: Italian Buffet: Pasta, Red marinara sauce, Meatballs, Sausage, Eggplant parmesan, Salad  
Friday Dessert: Cake and Ice Cream

Please make meal choices for Saturday Night Banquet:

Mediterranean Chicken: sundried tomato, artichoke hearts, scallions, feta crumble, garlic, white sauce

Lemon Pepper Haddock: grape tomatoes, white wine, basil

Vegetarian: Butternut Squash Ravioli: Maple allspice crème, toasted sunflower seeds, scallions

Saturday Dessert: Carrot Cake

Saturday and Sunday Breakfast and Saturday lunch will be on your own. There is a restaurant at the hotel.

Please note any special dietary needs \_\_\_\_\_

**Deadline for meal reservations is January 15, 2019**

Hotel Reservation: Lions Convention Room rate: single or double \$115.00/night plus tax

Call the Double Tree hotel @ 603-886-1200 and identify yourself as part of the group of NH Lions Multiple District 44. **All reservations must be made by Wednesday, December 26, 2018 for the special rate.** You will call and pay the hotel direct for your room.

Send reservation form and check for meals to: **Make checks payable to: Lions MD 44 Convention Fund**  
Mail Registration and checks to:  
PCC Celeste Ricupero, Convention Coordinator  
7 Winn Ave, Hudson, NH 0305  
(603) 321-0737

# MULTIPLE DISTRICT MID WINTER CONVENTION

59 th ANNUAL LIONS  
NH MULTIPLE DISTRICT 44 CONVENTION  
DOUBLE TREE BY HILTON, NASHUA, NH

JANUARY 25 - 27, 2019

***Our Invited Guests: PID Dr. Robert Littlefield and  
Spouse Kathy from Oviedo, Florida***

## Friday January 25 th

3:00 - 6:00 pm Registration  
3:00 - 5:30 pm Hospitality rooms open  
6:00 - 7:00 pm Cash bar and Social  
7:00 pm Dinner  
8:00 - 9:30 Entertainment  
9:30 pm Hospitality rooms open

## Saturday January 26th

7:30 - 8:30 am Registration  
8:30 - 11:45am Multiple District Meetings  
11:45am - 12:10pm Sight and Hearing Annual Meeting  
12: 10 – 12:30 Lions Youth Services Annual Meeting  
12:30 pm Lunch on your own  
2:15 - 3:00 pm Filling up backpacks with LYS  
3:00 - 5:00 pm Hospitality rooms open  
5:30 - 6:15 pm Cash bar and Social  
6:15 pm Grand March for Head and Subhead tables  
6:30 - 9:30 pm Banquet and Program

Hospitality Room will open following the banquet and program  
11:00 am check out on Sunday Morning

# MULTIPLE DISTRICT MID WINTER CONVENTION

**ROBERT S. LITTLEFIELD, Ph.D.  
PAST INTERNATIONAL DIRECTOR  
LCIF – TRUSTEE FOR CONSTITUTIONAL AREA I**

Dr. Robert S. Littlefield from Oviedo, Florida, USA, was elected to serve a two-year term as a director of Lions Clubs International at the association's 97<sup>th</sup> International Convention held in Toronto, Canada, July 4 through 8, 2014. Following his term on the LCI Board, he was appointed to a three-year term (2016-2019) as a Trustee on the LCIF Board of Directors representing Constitutional Area I (largest constitutional area membership). He is Chairperson of the 2019 DGE School scheduled for Oak Brook, IL, and Milan, Italy.



Director Littlefield is Founding Director of the Nicholson School of Communication and Media at the University of Central Florida in Orlando.

A member of the Fargo (ND) Lions Club since 1984, and associate member of the Oviedo Winter Springs Lions Club (FL) since 2016, Littlefield has held many offices within the association, including district governor, LCIF district coordinator, GLT district coordinator, council chair, multiple district convention chair, multiple district public relations chair, and is a certified guiding Lion. He served as president of the North Dakota Past District Governors' Association and was inducted into the ND Lions Hall of Fame in 2017.

In recognition of his service to the association, he has received numerous awards, including the District Governor Excellence Award, nine Presidential Certificates of Appreciation, an International Leadership Award, the Senior Builder Key Award, and five International President's Medals. He is Progressive Melvin Jones Fellow and a Second Century Ambassador.

In addition to his Lions activities, Director Littlefield is active in numerous professional and community organizations, including the National Communication Association, the American Forensic Association, the National Speech and Debate Educators Association, and the Pi Kappa Delta National Forensic Honorary.

Director Littlefield and his wife, Lion Kathy, have two children and two grandchildren.

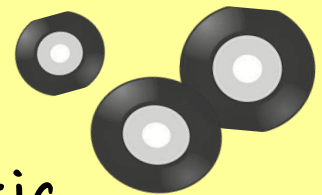
# MULTIPLE DISTRICT MID WINTER CONVENTION



MD 44  
Mid-Winter Convention  
Friday Night



Doo Wop &  
Vintage 50's & 60's Music



Dress up for an evening of music & FUN !

# New England Council

NEW ENGLAND LIONS COUNCIL

WINTER WEEKEND CONFERENCE

Friday, January 18 - Sunday, January 20, 2019

Wyndham Providence Airport Hotel

1850 Post Rd. Warwick, RI 02886

call (877) 999-3223 (mention New England Lions Council)

\*(Deadline date is 12/18/18 rate not guaranteed after that date)

Room Rate - \$109.00 plus taxes (13%) includes Breakfast!!

Saturday lunch (calzone buffet) \$25.00

Saturday dinner (choice of Salmon or Chicken) \$40.00

NELC membership \$10.00

Hospitality Room (Friday and Saturday night)

GUEST SPEAKERS \*\* 12 SESSIONS of TRAINING

FUN and GAMES \*\* LIQUOR WAGON RAFFLE

Saturday, January 19

Breakfast at Blue Fire Bar and Grill (opens at 6:30am)

Free breakfast voucher at hotel with your check in or on your own if not staying at hotel

Registration 7:30am-12:00noon

First session 9:00am-9:45am

Second session 10:00am-10:45am

Third session 11:00am-11:45am

Lunch 12:00noon-2:00pm (games)

Fourth session 2:15pm-3:00pm

Fifth session 3:15pm-4:00pm

Sixth session 4:15pm-5:00pm

Hospitality Room 5:15pm-6:45pm

Dinner 7:00pm-9:00pm (Guest Speaker)

Hospitality Room 9:00pm -11:00pm

Sunday, January 20

Breakfast opens at 6:30am

Guest Speaker at 9:00am

NELC Business Meeting begins at 10:00am

# GRANITE STATE FELLOW



## LIONS SIGHT & HEARING FOUNDATION OF NH, INC GRANITE STATE FELLOW

In January 2002, PCC Peter DeMoya, implemented a fund raising program for LSHF. This fundraiser he named as the GRANITE STATE FELLOW.

You can recognize an outstanding member of your Lions Club or a person in your Community with a Granite State or Progressive Granite State Fellow. Many clubs recognize an outgoing president with this award. This is the highest form of recognition in the State of New Hampshire.

This recognition comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF you not only give recognition but you are aiding a NH Citizen who is in need of our services. Donations go directly into the LSHF Endowment. Clubs may donate to LSHF in \$100.00 increments for up to five years with a designation on the donation memo for a Granite State Fellow.

Currently there are 383 Granite State Fellows and 16 Progressive Granite State Fellows.

Applications are online at: [nhlions.org](http://nhlions.org)

Contact Chairman PCC Roger LaTulippe at 603-566-0691  
email: [dgroger@comcast.net](mailto:dgroger@comcast.net)



# **Eyeglass & Hearing Aids Collection & Recycling**

**Randy Tompkins**

**1 Coombs Farm Rd, Greenland NH 03840**

**Res Phone: 603-431-7352**

**E-mail : [Rye642@comcast.net](mailto:Rye642@comcast.net)**

Please remember to bring your clubs collected

Eyeglasses and hearing aids to the cabinet meetings and

Conventions as well as any checks.

## **USED EYEGLOSS PROJECT**

**(as of Nov 2, 2018)**

**Regular glasses sent to VA since project began in 2006:**

**239,785 pair**

**Sunglasses sent to VA since project began in 2006:**

**44,005 pair**

**Total glasses sent to VA since project began in 2006:**

**283,879 pair**

**Total cost of shipping since 2006:**

**\$15,358.11**

**(does not include donations from other District Clubs)**

**Please send contributions to the Hampton Lions to help offset  
The cost of shipping !!**



# District 44H Zone Meetings

**ZONE 1** Marilyn Richardson C:603-204-7914 E:Marilyn@pcom.com  
December 4, 2018 6:30p Place TBD

**ZONE 2** Mike Dolan P: 603-909-7950 E: mike.dolan@bauer.com  
TBD

**ZONE 3** Melanie Saunders P: 339-894-0982  
E: melanieleesaunders@gmail.com  
TBD

**ZONE 4** Beth Ferriera P: 603-820-7085  
E: bostonrdsxs25@yahoo.com  
TBD

**ZONE 6** Doug Griffin P: 603-944-1377 E: doug@seadec.com  
TBD

**ZONE 7** PDG Toni Olden C:603-677-2431 E: toniolden@gmail.com  
TBD



**2018-2019**

## **District Directory CORRECTIONS**

Pg 31—Meanie Saunders

E: melanieleesaunders@gmail.com

Pg 34—**Newsletter Contest**

Gail Dacey (not Darcy)

Pg 36—**Lions Camp Pride**

E:lionscamppride44h@gmail.com

Telephone: 603-482-6115

Pg 39—**Barrinton Area LCIF Coordinator**

E:teufelchgen1955@gmail.com

Club Email: barringtonNHLions@gmail.com

Pg 45—**Exeter Lions Club**

President Patricia Izzo

E:pa93055@gmail.com

Pg 30—**Mark D'Amico**

17 Fairway Dr Apt 26

Pg 31—**Marilyn Richardson**

C:603-204-7914

Pg 56—**PID Ed Lecius**

E: lioncommish@gmail.com

Pg 66—**Huguette "Yogi" Fregeau**

PO Box 1422

Pg 66—**Salem Lions Club**

Meeting time is 6:30pm

Pg 66—**Marilyn Hamel**

E: pilotdad66@gmail.com

Pg 148—**Dacey, Gail**

remove "44H Zone 1 Chair"

Pg 149—**Dennis, Robert**

E:rdennis4@comcast.net

Pg 169—**Marilyn Richardson**

E: Marilyn@pcom.com

Pg 67— Eric – [olsenel@comcast.net](mailto:olsenel@comcast.net)

E rica - [olsenej@comcast.net](mailto:olsenej@comcast.net)

Michelle – [mixic13@gmail.com](mailto:mixic13@gmail.com)

Bob – [bocobe@gmail.com](mailto:bocobe@gmail.com)

**Please send any District Directory Corrections to [newsletter44h@outlook.com](mailto:newsletter44h@outlook.com)**

**Please note in the subject line "District Directory Corrections"**

## NEWSLETTER SUBMISSION AND DEADLINE

Deadline for submitting articles to be published in the newsletter is the

**20th of each month.**

**Do not send PDF documents**

To keep the size of the newsletter reasonable, most event articles will be reduced to  
1/4 page.

Clubs and district committees with multiple articles for the same newsletter should consolidate the articles into one submission that does not to exceed one page.

**Newsletter submissions should be sent to Marilyn Vaccaro at:**

**newsletter44H@outlook.com**

## NEWSLETTER DISTRIBUTION

This newsletter is E-Mailed via Constant Contact to all District 44-H members who have e-mail addresses on file with LCI ~ Lions Clubs International.

- ⇒ Presidents and secretaries, please coordinate and make a copy available to members that to not have E-Mail.
- ⇒ All E-Mail changes must be made on the LCI website by your club secretary.
- ⇒ If you have opted out of receiving the newsletter in error, to receive the newsletter

## MULTIPLE DISTRICT DIRECTORY

**Any corrections to the Multiple District**

**Directory for 2018-2019 should be sent**

**to: [newsletter44h@outlook.com](mailto:newsletter44h@outlook.com)**

Please say “Directory Correction” in the subject line

