



The PRIDE

Newsletter of Lions District 44-H ~ New Hampshire

Serving in Harmony

Teaching the world to serve in perfect Harmony

April 2019 ❖ Volume 44 ❖ Number 10

Teams

Together



DISTRICT GOVERNOR (DG)

Jerry Vaccaro (Marilyn)
74 Chase Rd
Londonderry, NH 03053
H: (603) 437-1408
C: (603) 204-7752
E: lionjerryvaccaro@gmail.com

1st VICE DISTRICT GOVERNOR (FVDG)

Steve Middlemiss (LeeAnn)
22 Abbott St
Hudson NH 03051
H: (603) 883-5205
C: (603) 566-7616
E: cstmiddlemiss@gmail.com

2nd VICE DISTRICT GOVERNOR (SVDG)

Marie Hall
26 Moonlight Dr
Newmarket, NH 03857
H: (603) 686-6935
E: mariehall326@gmail.com

CABINET SECRETARY-TREASURER (CST)

Mark D'Amico
17 Fairway Dr Apt 26
Derry, NH 03838
C: (603) 374-3741
E: mark44h@gmail.com

MULTIPLE COUNCIL CHAIR (MCC).. IMMEDIATE PAST DISTRICT GOVERNOR (PDG)

PDG Sam Longbook (Beryn)
37 St John Ln
Hampstead, NH 03811
H: (603) 329-5603
C: (603) 885-6477
E: slongboo@comcast.net

MULTIPLE COUNCIL CST (MCCST)

Paul Gilberti
42 Island Pond Rd
Atkinson, NH 03811
H: (603) 436-2025
C: (978) 595-7536
E: cstpaul44h@comcast.net

District Newsletter Editor

Marilyn Vaccaro (Jerry)
74 Chase Road
Londonderry, NH 03053
H: (603) 437-1408
C: (603) 204-7251
E: jvac1408@comcast.net
E: newsletter44h@outlook.com



Thoughts from
District Governor Jerry Vaccaro

Welcome to a year of "Serving in Harmony"

Hello fellow Lions. I just wanted to give you some great numbers from LCI for District 44H. 31 out of 37 clubs have reported activities, since July 1st, 2018. 185,771 people served, 668 activities and a total 15,872 lion hours given to service. Wow!! Are we a great District or What! Just imagine what our numbers would be if all clubs reported. YUP, WE SERVE.

Membership in our District is a positive 55, total of 1249. These numbers include our New Danville Lions Club of 27 new members strong. Thanks again PCC Mike Baillargeon and GMT/PDG Al Goldstein without you the new members would be ok but with your help they are great! As a District, we need to jump on the wagon and see if we can add 20 more new members by end of June, giving us a total 1269. We can do it!! Just Ask!!

Remember, please keep your new members busy, and get them involved in your great club activities. Once they start serving, it has been proven, that they stay on and not drop from your club.

Until next time, Yours in Lionism,

DG Jerry



Thank you for what
you do!



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In The Pride

Thoughts from:

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MCC Sam	Page 4
GMT Al	Page 5
GLT Pat	Page 5
GST Lenny	Page 6
LCIF Scott	Page 6

Information Technology (Webmaster)

Jay DeRoche (Kathleen)
20 Sunrise Terrace
Plaistow, NH 03865
H: (603) 382-7024
W: (508) 475-0397
john.deroche@comcast.net

Facebook Administrator

PCC DeeDee LaTulippe
136 Lowell Rd
Hudson, NH 03051
C: (603) 566-9409
E: liondeedee@comcast.net

Lions Fellowship

Nancy Greer O'Dowd (Tom)
P.O. Box 1163,
Wolfeboro, NH 03894
H: (603) 569-1160
C: (603) 387-6808
E: lopesmom14@gmail.com

Peace Poster Contest

Erin Freda
12 Dora St
Nashua, NH 03063
H: 603-305-5696
E: erinfreda@gmail.com

Uniforms/Jackets/Shirts/Hats & Emblems

Joe Kasper (Joanne)
63 Pine Hill Road,
Weare, NH 03821
H: (603) 529-0439
C: (603) 548-0286
E: jkasper@nedelta.com

District Photographers

PCC DeeDee LaTulippe
136 Lowell Rd
Hudson, NH 03051
C: (603) 566-9409
E: liondeedee@comcast.net
and

Joyce Brothers (Jeff)
Route 112
Chicorua, NH 03817
H: (603) 323-8295
E: joyce@conwaydailysun.com

Travels with the DG

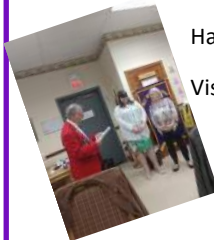


Wolfeboro
Visitation

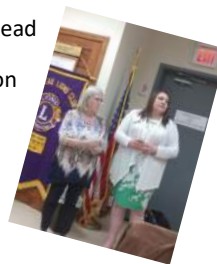
Danville
Charter Night



Barrington Visitation



Hampstead
Visitation



NELC Meeting

Events Calendar

◀April▶

4/1—Visitation Hamp-
ton Area

4/3 –Visitation Wake-
field

4/6—Exeter Auction

4/7- *Jerry's Birthday*

4/11—Lions Youth
Services

4/12—Atkinson Fund-
raiser

4/21— *Happy Easter*

4/23– Health Services
of NH

4/24—Lions Twin
State Soccer

4/26-4/28—Vision
Weekend 2019

4/28—Hampstead
Spring Fling

Please send all articles, pictures, and
information to Marilyn Vaccaro at
newsletter44h@outlook.com.

Please send in word or jpeg format.

**Deadline for submission is 20th of
each month!**

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Global Membership Team
PDG Al Goldstein (Christine)
35 Main St
Atkinson, NH 03811
H: (603) 362-6539
C: (603) 885-6477
E: A1goldstein@comcast.net

Global Leadership Team
Pat Kimball
30 Eastfield Loop
Sandown, NH 03873
C: (603) 819-8433
E: PKimb56@gmail.com

Global Service Team
Lenny Hall (Joan)
4 Winslow Dr
Atkinson NH 03
H: (603) 762-5743
C: (978) 360-0958
E: lah03811@gmail.com

LCIF Coordinator
Scott Wilson
31 Alvirne Drive
Hudson, NH 03051
C: (603) 770-3700
E: scottwils@comcast

Vision Service Platform
Langdon Plumer
7 Gary Ln
Exeter, NH 03833
H: (603) 778-0966
C: (603) 770-6499
E: angplumer@gmail.com

Environment Service Platform
Jerilyn Maynard (Ron)
104 Lowell Rd
Hudson, NH 03051
H: (603) 853-8865
C: (603) 320-3614
E: Lionjeri@comcast.net

Pediatric Cancer Service Platform
Mary Tremblay
23 Caralson Rd
Hampton, NH 03842
H: (603) 926-2069
C: (603) 380-3704
E: mntremblay@earthlik.com

Diabetes Awareness Service Platform
Celeste Ricupero
7 Winn Ave
Hudson, NH 03051
C: (603) 321-0737

Hunger Service Platform
Bob Gustafson
16 East Rd
Atkinson NH 03811
C: (603) 553-0531
E: robertgustafson1@gmail.com

Thoughts from Cabinet Secretary-Treasurer *Mark D'Amico*



Hi All,

Happy April everyone! –

Spring is in the air and so is the Spring Convention. I'm looking forward to seeing all of you there so please go ahead and send in your registration if you haven't already.

To those clubs (yes, you know who you are) who haven't sent in their club dues please go ahead and get those payments in. All the invoices have been sent so let me know if you haven't received yours and I'll get it to you.

You're an amazing group of people! Have a great April!

CST Mark

Thoughts from Multiple Council Chair *Sam Longbook*



Greetings from MCC Sam

Here we are at an important time of the year to select next year's club offices / Global Action Team leaders. The club selection committee should solicit and prepare a slate of officers (GAT) to present to the club. The slate should be published and voted on by the club by the beginning of May.

Report to Lions Club International the new 2019-2020 officers on the PU101 on line or mail by May 15, 2019. Reporting on time will help the 2019-2020 District Governors prepare for the coming year. Making the effort to select a team of new and experience lions to serve as the officers will advance the grow of the club and provide leadership.

[Encourage the incoming 2019-2020 Club Officers and district leaders to Embrace LCI's Club Global Action Team Rolls](#) Club President, 1st Vice President, Membership and Service leaders for the coming year take the time to learn and understand Lions Clubs International's focus on promoting the Club Global Action Team structure. LCI has done a good job outlining the rolls and responsibility for these positions at the club, district and multiple district level.

The GAT structure is a tool to improve the future of your club & Lions taking on a leadership role. The District Global Action Team is in place to assist the Club's GAT and should be call upon for help and guidance, as that is their role.

Best Wishes for 2019

MCC Sam Longbook

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ZONE 1 CHAIRPERSON

Marilyn Richardson
PO BOX 65,
Hudson, NH 03062
H: (603) 882-1997
C: (603) 204-7914
E: marilyn@pcom.com
Clubs: Hudson, Litchfield, Nashua, Salem,
Windham, Nashua Everest Centennial
Pelham Centennial

ZONE 2 CHAIRPERSON

Mike Dolan
5 Zoe Lane
Newton, NH 03858
C: (603) 303-7950
E: Mike.Dolan@bauer.com
Clubs: Atkinson, Hampstead, Plaistow,
Sandown, Kingston

ZONE 3 CHAIRPERSON

Melanie Saunders
12 Lyford Lane
Brentwood NH, 03833
C: (339)234-0982
E: melanieleesaunders@gmail.com
Clubs: Epping, Exeter, Hampton Area,
Portsmouth, Rye, Seabrook

ZONE 4 CHAIRPERSONS

Elizabeth Ferreira
16B Mercury Drive
Londonderry, NH 03053
C: (603) 820-1825
E: bostonrdsxs25@yahoo.com
Clubs: Auburn, Chester, Derry,
Londonderry, Raymond,
Epsom / Chichester, Suncook
Valley Area

ZONE 5 CHAIRPERSON

Deleted

ZONE 6 CHAIRPERSON

Doug Griffin
74 Peaslee Crossing Rd
Newton, NH 03858
H: (603) 378-0693
C: (603) 944-1377
E: doug@seadec.com

Clubs: Dover Cocheco River, Rollinsford /
South Berwick, Somersworth, Saddleback
Mountain

ZONE 7 CHAIR

PDG Toni Olden
95 Plymouth St
Meredith, NH 03253
H: 603-279-6016
C: 603-677-2431
E: toniolden@gmail.com

Clubs: Conway Area, Laconia / Gilford,
Meredith, Moultonboro, Wakefield,
Whittier, Wolfeboro, Loudon,

Thoughts from

Vice District Governor Steve Middlemiss



As we continue to move forward through the second half of our Lionistic year, I hope that clubs have been reviewing their membership for potential officers to lead them into the next year. We should have already begun the nominating and voting process on our upcoming officers. Look at those who have been important in helping with your fundraising and service projects.

The Lion's year is growing short so let's put on a renewed effort to add to our membership. Let's continue to work toward DG Jerry having his year close even stronger. Look to include friends, family and co-workers in helping your club with upcoming service projects. Showing them how we serve our communities is a great way to attract them to our cause.

Does your club have a web site and Facebook page? Is it up to date? If a potential member were to Google your club, could they find you and with up to date information? So many of us rely on social media today to communicate and find things we are interested in, and we as clubs need to use it to inform and attract new members. If you need to start or rebuild your web site, please consider using a e-Clubhouse web site. Just reach out to me and we will work toward helping you get up and running.

Thank you Clubs for all your efforts to help those in your communities. You are what makes it Great to be a Lion!!

Please don't hesitate to contact me with any questions you might have. To get in touch with me my cell phone is 603-566-7616 and email is estmiddlemiss@gmail.com.

Don't forget to JUST ASK!
Yours in Lionism
FVDG Steve Middlemiss

Thoughts from

Second Vice District Governor Marie Hall



This month instead of writing about leadership, I want to discuss one of our serve pillars, Environment, and the opportunity to bring in new members. April 22 is Earth Day and I know many clubs that have roadside clean-up projects or other environmental projects scheduled in April. Please consider asking members of your community to volunteer and Serve with your club. Make it fun and provide refreshments. Once people see the heart of Lions, they may be more apt to say yes when asked to join.

Don't forget Camp Pride work days: another great opportunity to bring future Lions up to see our area

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Thoughts from
Global Membership Team Leader *PDG Al Goldstein*



Hello Lions,

As we come into the final quarter of this the word to think about becomes retention. For every member a club loses 2 new ones have to be recruited. We have many clubs who have not added any new members this year. So it becomes very important to retain the members you have. If you have members who are no longer active reach out to them and invite them back. The reason may be simple. They have not been in a while and feel funny about returning. It is up to us to invite them back.

As always it is never to late to invite a new member into your club. I know many clubs are planning to add new members soon. If I can be of any help working with you to come up with a plan to help you feel free to let me know.

Remember it can be as easy as asking one.

Yours in lions Service,
GMT/PDG Al Goldstein
Membership matters

Thoughts from
Global Leadership Team Leader *Pat Kimball*



GLT Spotlight Notes: Leadership Opportunities

Happy Spring. Thank you all for what you do. There are so many great things going on in the district, within clubs, and zones, all the time. The leadership, dedication, and teamwork is remarkable and the collaboration with other clubs is commendable. Keep up the great work each and everyone of you are doing. Along with that, leaders, please don't forget to recognize those who are doing these great things!

If anyone is interested in a leadership position within their own clubs, zones or committees, now is the time to learn more about what it takes to run great clubs, the responsibilities and duties that come along with those positions. Don't be afraid to ask for information, assistance, or for a mentor to help you decide if you have what it takes to run a club. Take a look at the training which is available online for club officers, and zone chairs and also check out LionsClubs.org. It is important that upcoming elections for 2019-2020 take place on time, and future leaders identified now.

Thank you all for being Lions, and making a difference in your communities, state and the world. I am proud to belong to such a great organization, along with great volunteers.

GLT Pat Kimball Pkimb56@gmail.com

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Thoughts from
Global Service Team Leader *Lenny Hall*



Happy Spring everyone! It's that time of year when Lions Clubs seem to kick it up a notch with their service. I've been attending zone meetings and at each meeting part of the agenda is for each club president or secretary to inform the group what projects are going on in their respective communities. I'm proud to say that all clubs have some great stuff happening. Trash bags to Trex benches is something new and certainly satisfies the environmental service initiative. That club is barely able to keep up with the community's ability to drop off plastic bags! Great job. All clubs have a vision screening program in place and are certainly doing their best to ensure that no kid goes untested. I've heard a rumor that a request will be going out to sign people up to screen the kids of Manchester. This will complete a much needed task in that city and I'm sure we can all pitch in and make it a huge success. Keep your eyes open and your ears ready for when the call goes out. I would also like to announce that once again the Multiple district will be participating in the Soap Box Derby on June 2nd. For those of you who are unfamiliar with this event, we own 2 extra wide Soap Box Derby cars. Each will hold an adult and a special needs kid and they will race in a special division race called the "Super Kids" division. Our first year of running this race was last year. The race was held in Dover NH and given that we joined it at the last minute we had a better than expected turnout of Lions. I'm not sure where the venue is this year but will give everyone plenty of time to save the date and put this event on the map for all of us. Thanks for all you do and God Bless Lenny

Thoughts from
LCIF Coordinator *PCC Scott Wilson*



With just a few short months until the end of this Lionistic Year, we are still many clubs away from hitting our fundraising goals.

One of our goals is to get a contribution to Campaign 100 from every club in District 44-H. No matter the size of the check and no matter the size of the club, the goal is 100% participation from all Lions Clubs in District 44-H.

\$100 or \$1,000 or \$10,000 – something from everyone is the goal.

Please help make Campaign 100 a success with all clubs participating this year!

This Campaign is and will help so many. Please dedicate or create a fundraiser to support Lions Clubs International Foundation.

Yours in Service Scott A Wilson, LCIF District 44-H Coordinator

Every day, Lions Clubs International Foundation (LCIF) works to fulfill our mission: "To support the efforts of Lions clubs and partners in serving communities locally and globally, giving hope and impacting lives through humanitarian service projects and grants."



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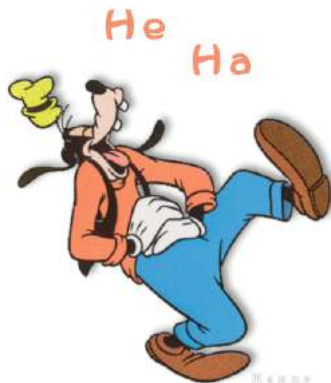
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Thoughts for CHILDHOOD CANCER
from *Mary Tremblay*



No Report!!!

Thoughts on VISION

From *Langdon Plumer* Healthy vision can help keep brain in shape



OKS and your club

A few thoughts from Zone 3 OKS Coordinator

With two good months left in the school year for eye screening it is a good time to look back to see your club has accomplished through the Operation Kid Sight Program. A couple of questions: Have you devised a method or system to conduct follow up in six to eight weeks to see the results from students being referred to visit an Optician? Have you screened children's eyes in day care centers / pre-schools?

This is very important as children's eyes develop from six months through age 6, thus it great to screen those eyes so any necessary corrective action carried out by an Optician to enable the children to see properly. I find the number of child care facilities varies a great deal town from town. You can find Licensed Day Care facilities on the web at www.dhhs.nh.gov/ (NH Department of Health and Human Services) click on Online Tools and then on Child Care Search.

There is plenty of time to screen in the elementary and middle schools so in the event you have not screened in one of those schools in your service area give them a call to set an appointment with the principal and nurse to provide an orientation and set a screening date. Remember, in those schools, you will want to use the USB so give them a USB Instruction Sheet and suggest that the school use the technology department and the school information system (i.e.: Power School) to load the USB.

Where there is a need there's a Lion "We Serve"

Here's looking at you – Lion Lang Plumer



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Thoughts on ENVIRONMENT from *Jeri Maynard*



Last month we talked about lighting and the benefits of switching to LED (light emitting diode) lights. It is estimated that by 2020, LED usage will be in most American Homes. So now the question is: “How do we dispose of or recycle the old light bulbs”? LED lights are so new that the disposal/recycling of these bulbs is still being worked on but for the older lights, the following is suggested: Incandescent and Halogen Lights: these bulbs do not contain mercury and may be disposed of in the trash (just be careful of the glass shards). They may also be recycled at Home Depot, Lowes, Ikea, etc. CFL (Compact Fluorescent Light Bulbs) and Commercial Fluorescent: (long tubed light bulbs) contain mercury which is a toxic substance; if broken or put into the rubbish, they can be damaging to the landfills and water supply. To dispose of these bulbs properly, take them to the recycling centers at the above mentioned stores. Be sure to wrap them before bringing them to store to prevent accidental breakage. LED lighting: these bulbs are 90% more efficient than incandescent bulbs and may last up to 50,000 hours. They contain no mercury and may be put into the trash, however other elements in the bulbs may be recyclable- so your best bet is to bring them to the recycling center also. In the future you will see other means of disposing of them as the LEDs get more popular and more recycling opportunities are created. One more idea for your old decorative light bulbs: paint them and make a Christmas ornament, wrap in twine or yarn to create a centerpiece, break into small pieces and create mosaic art projects, or just a hanging wall decoration - just use your imagination!!

Thoughts on DIABETES From *Celeste Ricupero*



DIABETES Damages Nerves

Diabetes is a leading cause of nerve damage. About half of all people with diabetes have some form of nerve damage. Nerve damage is also called neuropathy. It can cause tingling, pain, or numbness in your feet and hands. It can also affect the nerves in your body that control your digestive system, urinary tract, sex organs, heart and blood vessels, sweat glands, and eyes. Keeping your blood sugar, blood pressure, and cholesterol levels in your target range can help prevent or delay nerve damage and other problems. Diabetes also damages kidneys.

Things you can do to help prevent kidney disease

- * Visit your health care provider regularly
- * Follow your health care provider's advice
- * Keep your blood glucose under control
- * Keep your blood pressure at goal
- * Lose weight, if you are overweight
- * Consume less salt
- * Avoid drinking alcohol and smoking
- * Be active every day

Stay Healthy
PCC Celeste

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Thoughts for **HUNGER**
from *Bob Gustafson*

As a 6-year-old boy, Joseph Pagulayan was abandoned, left to wander the streets of Manila in the Philippines alone. His survival was dependent on finding something to eat each day “like a street dog,” he says. His world was the public market where every day he made a few pesos carrying buckets of fish from delivery trucks to fish vendors’ stalls, and he slept wherever the night found him. There were no dreams, he remembers. There was just the need to survive. Then one day somebody—he does not know who—took him to the Lions Stretchildrens Center. For 10 years there he had food, clothes, shelter and friends. He was educated and taught to cut hair. And until he reached the legal age of 18, he had a home.

Pagulayan is 29 now, married, has two children and works as a hairdresser. And he returns to his home at the center often to play guitar and cut hair for the young boys, who idolize him. “I am doing this for free because I realize that life is indeed too hard to live if a child is not educated, no skills, no parents, no one to depend on for help,” he says.

Pagulayan is there because of the Lions. In 1998, Quezon City Cubao Lion Emmanuel “Manny” Cuasay and Past District Governor Heracillo Palad (now deceased) gathered the Lions together and said, “Let’s do something for the children.”

MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1244	1194
Added Members	6	110
Dropped Members	0	54
Closing Balance	1250	1250
Net Gain/Loss	+6	+56
Worldwide	1,459,020	1,459,020





45th ANNUAL DISTRICT 44-H SPRING CONVENTION
NORTH CONWAY GRAND HOTEL
72 COMMON CT, NORTH CONWAY, NH
MAY 10- 12, 2019

International Guests: International Dir. Mark and Gretchen Xinopoulos from Brownsburg, Indiana.

Lion #1 _____ Club _____

Lion #2/guest _____ Club _____

Home Tel. # _____ e:mail _____

*** Convention fee included in all meal packages***

Plan	Meals and Registration	# of persons	total cost
A	Fri. banquet & entertainment, Sat. night banquet & hors d'oeuvres	@	\$ 68.00
B	Friday banquet (Italian Buffet) & entertainment	@	\$ 32.00
C	Sat. night banquet & hors d'oeuvres	@	\$ 36.00
D	Convention fee (meetings only - no meals)	@	\$ 5.00
E	Friday Night Entertainment only (no meals)	@	\$ 5.00

Total Amount Due \$ _____

Please make meal choices for Saturday Night Banquet:

- * Baked Stuffed Haddock with Seasoned Bread Crumbs # _____
- * Traditional Stuffed Chicken with Supreme Sauce # _____
- * Grilled Marinated Vegetables over Cous Cous # _____

Saturday and Sunday Breakfast and Saturday lunch will be on your own. There is a restaurant at the hotel.

Please note any special dietary needs _____

Deadline for meal reservations is April 12, 2019.

Hotel Reservation: Lions Convention Room rate: single or double \$119.00/night plus tax (must be 2 night Stay)

Call the Grand Hotel @ 1-800-655-1452 and identify yourself as part of the group of NH Lions Spring Convention. All reservations must be made by **Friday, April 12** for the special rate. You will pay the hotel direct for your room.

Make checks for banquets payable to: Lions District 44-H Convention Fund

Send check for meals and registrations to: Marilyn Vaccaro
 Convention Chairman
 74 Chase Rd
 Londonderry, NH 03053
 Tel. 603-437-1408
 E:mail jvac1408@comcast.net
 (put "convention" in the subject line)



NOTICE

To all District 44H Presidents and Secretaries

Because of time restraints at the upcoming District 44H Spring Convention being held in North Conway, NH, on May 10th -12th, the New Hampshire Granite State Fellow Award and Lions Clubs International Melvin Jones Fellow award will be given out as follows:

All Granite State Fellow awards will be given out only at the Saturday morning District 44H Cabinet meeting. A Limit of two per club.

All Melvin Jones Fellows will be given out at the Saturday evening banquet. A limit of two per club.

If your club wishes to award the above mentioned, please let me know by April 15th no exceptions will be made. I thank you for your understanding.

DG Jerry Vaccaro



Attention all Lions and Lions Clubs!

The 2019 D44H Spring Convention committee is looking for
RAFFLE BASKETS for Friday night raffle!

Please bring them when you arrive on Friday or the committee can arrange
pickup.

Contact Marilyn Vaccaro 603-437-1408.

Come and enjoy a great weekend!





Serving In Harmony

THE HUDSON LIONS CLUB ANNOUNCES THE HOMECOMING AND "ROAST" OF DISTRICT GOVERNOR 44-H JERRY VACCARO

DATE: Sunday May 19, 2019

TIME: 2:00PM SOCIAL— 3:00PM DINNER AND ROAST

PLACE: White Birch Function Hall, 222 Central St Plaza, Hudson, NH

BUFFET MENU: Salad, Roast Turkey, Stuffing, Gravy, cranberry sauce, ham, glazed carrots, apple crisp, rolls, coffee/tea

COST: \$30.00 Per Person—**MUST BE PAID WHEN RESERVING**



RETURN WITH PAYMENT BY MAY 9, 2019

MAKE CHECKS PAYABLE TO HUDSON LIONS CLUB

MAIL TO: LINDA HEDRICK, 93 PELHAM RD, HUDSON, NH 03051

Email: maizee75@aol.com Phone: 603-553-9015

NAME _____ LIONS CLUB _____

EMAIL: _____ PHONE _____

NUMBER ATTENDING _____ AMOUNT ENCLOSED _____ CHECK NO.# _____

TABLES MAY BE RESERVED FOR UP TO 8 PEOPLE

We invite you to say something about DG Jerry. Please write name below.



Are you ready to grow your
Lions Club and make a difference

DISTRICT 44H Presents

Lions Membership Training

All Lions from both District are welcome

Saturday April 20, 2019

9-11 A.M.

Delta Dental Center Maine Room

2 Delta Drive Concord NH

Presented by PCC Mike Baillargeon

PDG/GMT Al Goldstein

Coffee and Donuts

RSVP to Al Goldstein

A1goldstein@comcast.net

603-913-1280

ALL ARE WELCOME

PCC Mike Baillargeon has a proven track record bringing in new Lions. He has been the Multiple District GMT as well as the District 44H GMT for several years. Mike has been involved in bringing new clubs as well as re-energizing many clubs over the years. He has a proven plan to help bring new members into our organization

PDG/GMT Al Goldstein has been involved in membership growth for many years and has served as 44H GMT for the past 2



Lions Camp pride
Commemorative Walkway
Become a part of History – BUY A BRICK TODAY

Join us in creating commemorative walkways by purchasing a personally engraved brick to be permanently installed at Camp Pride. Any name or message up to 3 lines of 14 characters each can be engraved on each brick. Each line will be centered by the manufacturer. Company Logos are also possible: Personalized bricks are a great way to:

- Recognize a club anniversary, event or member
- Remember lost loved ones with bricks :in memory of them
- Recognize your children, grandchildren, parents, and other special people
- Mark a birth, anniversary, graduation or other special event in your life
- Honor an employee or friend, advertise a business
- Give a unique and lasting gift for the Holidays

Here's how you can contribute: Three lines \$75.00

BRICK ORDER FORM

NAME: _____

ADDRESS: _____

CITY: _____

PHONE _____

Payment may be made by check to: **Lions Camp Pride**

1	2	3	4	5	6	7	8	9	10	11	12	13	14

Check Number: _____

MAIL TO: Lenny Hall, 14 Winslow Dr, Atkinson, NH 03811

Date: ___/___/___ Amount _____

Camp Pride Work Days

Lions Camp Pride NEWS ... We Serve Lions District 44 -H Service to Man kind, Inc. Established 1989



During the recent winter months, the following activities were going on at camp.

Cleared the land for the new Archery Range and Parking lot. The Shower building floor has been prep for a new expoy floor to be installed this spring. The Portsmouth Bunkhouse has received a new foundation. We have begun the posting of openings for our summer help, any interest please contact Al Goldstein.

We are looking for volunteers for any of the following dates

May 3, & 10 are Liberty Mutual Service Days
Lion's volunteer days are May 5th, May 18, May 25
June 15 June 22

Other days may be available just contact us
Team work is the key to our current and future successes.

Summer Help needed, we need five kitchen helper openings, please contact us with any interest. These jobs are open July – August, just few short weeks.

Thank you for caring about our camp! *Peter*

Peter LaPointe, President Lions Camp Pride hampstead.lions@gmail.com. 978-479-0454 cell
Camp Pride Board of Directors meets the 2nd Wednesday of each month,
Social 6pm meeting @7:00pm, at the Auburn Tavern, Auburn NH.

Lions Camp Pride

30th Anniversary "Adopt a Wish List Item"

Adopt a chair, we would like to replace the 200 chairs in the dining hall, they are estimated to cost

\$25 per chair.

Sample



Lions Camp Pride District 44H Service to Mankind Inc.

501-c3 non-profit

Established in 1985, Open in 1989

“We Serve”



Do you engage in social media? Do you enjoy it?

Do you have the skills, knowledge, creativity, and desire to maintain a website and Facebook account?

If so, the **Lions Camp Pride Board of Directors has just the role for you**. The time commitment is up to you. The reward – knowing that you’re helping to keep our 30 year old special needs summer camp vital and growing into the future.

You will be publishing pictures and short articles regarding Lions Camp Pride’s current events and helping others to see what our future could be. Your only limitation is your involvement.

Please contact us if you are interested in this role, or with questions.

Lionscamppride44h@gmail.com

603-482-6115



THE DOGSIGHT PROJECT



A Program of the New Hampshire Lions
 Multiple District 44 – Health Services of New Hampshire

It's a Wrap!

Last year, the Goffstown Lions Clubs joined with 4 other New England Lions clubs to apply for a LCIF grant for a new animal transport van for Fidelco. These custom vans now cost \$40,000 and provide safe transportation for trainers and Fidelco dogs in



training, or dogs on their way to placements. The Goffstown van is pictured at left. The names of the contributing clubs are listed below the Lions emblem on the back and sides of the van. This particular van is also “Pink for Breast Cancer” to support a Fidelco employee. The license plate is secured with a “We Serve” plate frame. The name of the Goffstown Lions Club will travel the country on this handsome van for the more than 10 years.

Thank you, Goffstown Lions!!!!

Visit the “NH DogSight Project” on Facebook!

Linda Piekarski
 Chair, the DogSight Project
 lpiekarski@ne.rr.com



Goal: \$15,000 Raised to Date: \$11,084



Health Services of New Hampshire (formally Health Services Board) is a committee of the Multiple District 44 of New Hampshire.

Dogsight, Vision Weekend 2019, **Operation Kidsight**, eyeglasses and so much more. Every Lion in Multiple District 44 of New Hampshire shares in the success of these programs. In just a few short months from now, we will be determining the committee leadership for this important committee of the MD. Please consider joining this committee to help continue the great work being done for so many in New Hampshire. Call PCC Scott Wilson to find out more information. Become a NH Visionary and join Health Services of New Hampshire. We have three openings on the committee – Join Us!A

Become a *Health Services of NH Visionary* – we are a group of great people doing great work for so many great people across the state of New Hampshire.

PCC Scott Wilson
Chairperson, Health Services of New Hampshire
A Committee of Multiple District 44



PEACE POSTER CONTEST

This years theme "*Journey of Peace*" Peace

Poster Kits are in stock and are available for purchase at \$12.00 each. If you did not pick up one at the cabinet meetings and wish to purchase a kit, please contact LYS Director Virginia Edwards at zinthehitexmas@aol.com and she will be sure to get one to you. The kits will also be available for purchase at the Spring Conventions in May.

Also available is a power point slideshow presentation of about two dozen participant's creations from last years contest for your use to help promote the contest. It gives the youth in your community a realistic view of what

others in New Hampshire have created for this contest. If you would like this slideshow presentation, it can be emailed to you, just ask!

Clubs are now in the process of selecting next year's officers for their club, so please select someone to take charge of this contest for your club.

Please remember now is the time to get out and promote this contest *as schools are setting their agendas for the fall school season. Don't forget about youth clubs and libraries in your community, you can promote this contest to them now! If you wait, it might just be too late!*

Last year's winning Lions International Peace Poster.

KINDNESSMATTERS

Congratulations to Yi-Chih Lin, the 2018-19 Lions International Peace Poster Grand Prize Winner, sponsored by New Taipei City Yung Ho Lions Club in MD 300 Taiwan



#LDUN

Congratulations to Mikayla Ansley, the 2018-2019 Lions International Peace Essay Winner from Blyth, Ontario CN Mikayla reads her winning essay.



"I'm on a mission to change the world with kindness, to help others in their dark times just as others helped me with my cancer."

There were 23 merit award winners of which there were five (5) from the USA. Here are the five Merit Award Winners from the USA in no specific order:



Kailyn Smith - Florida



Raquelle Torres - Kansas



Jaelyn Ridley - Michigan



Hannah Graves - Minnesota



Makeenna Brandt - New York

"History has shown that all too often peace is not guaranteed. While this is unfortunate, it also allows us the powerful opportunity to figure out how to achieve peace, individually and in our communities. And who better to map out the "Journey of Peace" than our youth? "



BACKPACKS 4KIDS



Nashua Lions present backpacks with books, crayons and other items to the Arlington Street Community

Center. Accepting them from Lion Erin Freda (right) are Center Board member Deputy Mike Carignan and

Executive Director Megan Caron as club president Mike Francoeur looks on. The backpacks were prepared by Lions Youth Services of NH. The club also presented the center with a check for one thousand dollars to help fund their many programs.



The 2019 Mid-Winter Convention's Lions Youth Services project was filling backpacks for kids. Once filled they were sold to the clubs for \$2.50 each to distribute in their own community. Hudson Lions purchased 25 of the backpacks with 12 donated to the Hudson Fire Dept and 13 to Sty John XXIII Food Pantry.

Since this service project was so successful and all Backpacks were sold out, another order went in and are now available for \$2.50 each. Crayons, stickers, tattoos will be in supply with the Backpacks but coloring books and storybooks will not be available.

The books were donated and there were none leftover after the project.

These Backpacks can be filled with any additional item your club chooses depending upon who would be the recipient.

Perhaps more coloring books, story books, or toiletries or other small needed items All clubs who wishes to purchase Backpacks may contact President Al Goldstein or VP Lenny Hall or any member of Lions



Youth Services listed below:

President: Al Goldstein a1goldstein@comcast.net

VP: Lenny Hall ah03811@gmail.com

Secretary: Harry Armstrong harrya616@yahoo.com

Treasurer: John Wynne johnwynne61@comcast.net



LIONS QUEST

Kimberley Anderson from

LCI-QUEST was the special Guest Speaker at the March 10th 44H Cabinet Meeting. She came to speak about Lions Quest and how the Lions of New Hampshire involvement is needed to implement this program.

What is Lions Quest? It is an evidence-based and proven effective social emotional learning (SEL) program. The PreK through grade 12 program enhances positive youth development through home-school-community collaboration.

How Lions Can Help: - local Lions clubs members play a fundamental role in the success of Lions Quest. Lions help introduce the program to new schools and can support in community-building and service-learning activities. Lions Youth Services has shown an interest in helping implement this program throughout New Hampshire communities.

Lions Youth Services members along with Lion Leadership, Kimberly Anderson from LCI-QUEST met with Gail Parker from the DEA Office in Bedford the following Monday to discuss the Memorandum of Agreement between LCI and DEA for their 360 program. Given the current opioid crisis, LCI and DEA have targeted Manchester and Nashua for implementation of this program. This does not limit this program to these two specific areas but only dictates a start point as there were other areas in New Hampshire that were addressed during this meeting. More information will be made available to clubs as this program gets off the ground.

Stay tuned —

*** LYS * LYS * LYS * LYS ***

The next regular meeting for Lions Youth Services will be held on Thursday, April 11 at Hannaford's on Kilton Rd, Bedford at 6:30 pm.

All Lions are welcome, come join us to find out all that is

Vision Weekend 2019

MULTIPLE DISTRICT 44—VISION WEEKEND 2019



MAKE A DIFFERENCE: **VOLUNTEER VISION 2019**

**Greeters • Drivers
Card & Cribbage Players
Shoppers • Bowlers & More!**

A fun-filled & rewarding experience for all!

**NH LIONS RECREATIONAL WEEKEND
for the BLIND and VISUALLY IMPAIRED**

Friday April 26th - Saturday April 27th

Nashua, New Hampshire

Volunteer Opportunities Available Throughout the Weekend

Contact PCC Terri McGrew

• Registration • Additional Information • Mailing List Sign-Up

603-554-6822

E-Mail: TerriMcGrew@Charter.net



WHERE THERE'S A NEED THERE'S A LION

Spaghetti Dinner

Hosted by the Barrington Centennial Lions Club.

Take the night off and let us do the cooking!

Come on out and enjoy some delicious pasta! We will have a variety of sauces, salads, and breads to choose from. All proceeds go to support the Barrington Centennial Lions Club.

When: Saturday, April 13, 2019

Time: 5:00pm -7:00pm

Where: The Legion Hall
731 Franklin Pierce Hwy.
Barrington, NH 03825

Cost: Adults and children 7 and over ~ \$8.00
Kids 6 and under ~ Free
Family ~ \$25.00 (maximum cost)

We hope to see you there!



50TH ANNUAL | EXETER AREA LIONS CLUB

AUCTION

Saturday, April 6, 2019

Talbot Gym, Linden St., Exeter

LIVE AUCTION • SILENT AUCTION • RAFFLES

5pm Preview and Silent Auction start • Live Auction starts at 6pm
Gary Guptill, Auctioneer



CHECK OUR FACEBOOK PAGE FOR MORE DETAILS

Conway Area Lions Club



Where there is a need there is a Lion!



Some of our Conway Area Lions cleaned up Jay & Noreen's snow before they head back from some well deserved respite. Keep Noreen in your prayers for some serious upcoming surgery



CONWAY AREA LIONS CLUB 5th CHARITY GOLF TOURNAMENT

Portion of Proceeds donated to benefit Local Charities

FRIDAY MAY 17th 2019

North Conway Country Club Golf Course

4-person team Scramble

Entry Fee \$90 per person

Individuals can also enter & will get on a team

Entry Fee includes chance to
Win a Golf Vacation in our
Hole-in-One Contest

Other Contests include
Closest to the Pin
(Mens & Womens)

Straightest Drive & Putting



EVENT SCHEDULE

7:30 - 8:15 Registration

8:30 Shotgun Start

1:00 BBQ Luncheon

Awards & Raffles

Contact John Rafferty (603) 356 - 9383 or johnjrafferty@gmail.com to register

DEADLINE Friday May 10th

Meredith Lions Club



The Father / Daughter dance was held at the community center recently and was a great success. Each participant received a souvenir button. Everyone had a good time dancing to the music of DJ Steve Ainsworth and filling out the fairy tale paper. Each couple did hand outlines and got their pictures taken at the photo area with fun props. The club would like to thank Lions Henry McKee and Alan Ricard from the Orford and Caanan clubs for providing and assisting with the popcorn machine. The proceeds will benefit the scholarship program of the Parks and Rec Dept. at the Community Center. We look forward to this again next year. For a look at more photos check out Meredith Lions Club on Facebook. The club is interested in ideas for a Mother / Son event and are looking for ideas. Contact Lion Marie at keylion03@gmail.com with your suggestions or any questions about Lions.

THE ATKINSON LIONS CLUB PRESENTS

A
MUST SEE
CONCERT!

ANOTHER

GREAT X-MAS
GIFT IDEA!

TEQUILA SUNRISE

"The #1 Eagles Tribute Band"



FRIDAY, APRIL 12, 2019

Timberlane Performing Arts Center

Get ready for an unforgettable night of unforgettable music! Another Tequila Sunrise, *America's Premier Tribute to the Eagles* is coming to the Timberlane Performing Arts Center for a special, one-night-only performance. Enjoy smash hits and deep cuts from the Eagles studio collection, as well as numbers from the solo careers of Don Henley, Joe Walsh, and Glenn Frey. This is the closest you can ever come to seeing the Eagles LIVE in concert, and ATS delivers in spades - ***DON'T MISS THIS NIGHT!!***

Tickets start at \$25.00

Timberlane Performing Arts Center
40 Greenough Road • Plaistow, NH 03865
Phone Box Office at 603-257-5257

TICKETS ONLINE AT
www.mktix.com/trpac

RYE Lions Club

Rye Lions Club

Medical Equipment Loaner Program



RYE LIONS CLUB

The Rye Lions Club has a medical equipment loaner program that includes wheel chairs, canes, crutches, wheeled walkers, fixed leg walkers, shower chairs and commodes.

The equipment is loaned out FREE of charge and is available for as long as needed.

In 2018 there were 150 people helped. Lion Bob Rawding traveled over 2,000 miles delivering the medical equipment. Lion Bob put in over 300 hrs. providing this vital program to our community.

-WE SERVE-



**THE ATKINSON LIONS CLUB
AND
TIMBERLANE DANCE TEAM**



**Wish to invite the public to our annual
Pancake Breakfast
Sunday -April 14°
7:30 A.M. TO. 11:30 A.M.
ATKINSON COMMUNITY CENTER 4 MAIN STREET**

*PANCAKES — EGGS — FRENCH TOAST SAU-
SAGES — PASTRIES — JUICE AND COFFEE
ADULTS - \$7.00 CHILDREN UNDER 8 - \$4.00*

ADULTS - \$7.00 CHILDREN UNDER 8 - \$4.00 |

“BRING
THE
FAMILY”





*Turn Hunger
into Hope
with Your Own
Two Hands*



VOLUNTEERS WANTED!

Saturday, April 13th 9AM-11AM

TURBOCAM 38 Redemption Rd (off Route 9) Barrington
Children welcome!

To register: Email BarringtonNHLions@gmail.com or
Call Julie at 603-502-7959 or

Visit www.fmssc.org/get-involved/volunteer and search Groups for Barrington Lions

1904-06MI New Hampshire TURBO Mobile Pack - BARRINGTON, NH

Saturday, April 13th, 2019

3 Shifts available:

Morning Shift 9:00-11:00 a.m.	Mid Day Shift 12:00 - 2:00 p.m.	Afternoon Shift 2:30-4:30 p.m.
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<https://give.fmssc.org/campaign/1904-061mi-barrington-nh-new-hampshire-turbo/c205491>



Hampstead Lions Club Presents

Spring Fling

BENEFIT

Join us to help make wishes come true
with an evening of dinner and entertainment
benefitting Make-A-Wish NH

April 28, 2019

6:00 PM -10:00 PM

Atkinson Country Club

Tickets \$50 each

Entertainment provided by Get Down Tonight

For tickets or details contact:
Berny Longbook, 329-5603
Mary Ellen Pate, 475-9985
Elaine Foster, 505-1820

45th Annual Great Smith River Canoe and Kayak Race



The 45th Annual Great Smith River Canoe and Kayak Race, sponsored by the **Wolfeboro Lions Club**, will be held on Saturday, May 18, 2019, starting at 1:15 p.m.

The race begins at the Allen Albee Beach on Lake Wentworth, passes through Smith River to Crescent Lake, down the lower Smith River to Back Bay and then to Dockside. The race is approximately 4 miles long and includes a mild white-water stretch and two short portages. There are 19 classes intended to accommodate paddlers of all abilities.

Registration runs from 10 a.m. to 12:45 p.m. on the day of the race at the Albee Beach. Registration forms are also available at sporting goods stores in Wolfeboro, the Wolfeboro Town Hall and at the Wolfeboro Chamber of Commerce. For additional information, call Roger Murray at (603) 569-5454.

GRANITE STATE FELLOW



LIONS SIGHT & HEARING FOUNDATION OF NH, INC

GRANITE STATE FELLOW

AWARD TIME

Give recognition to an outstanding member of your Lions Club or a person in your Community with a Granite State or Progressive Granite State Fellow. Many clubs recognize an outgoing president with this award. This is the highest form of recognition in the State of New Hampshire. This recognition comes with a beautiful plaque, a lapel pin and a letter honoring the recipient.

By making a donation of \$500.00 to LSHF you not only give recognition but you are aiding a NH Citizen who is in need of our services. Donations go directly into the LSHF Endowment. Clubs may donate to LSHF in \$100.00 increments for up to five years with a designation on the donation memo for a Granite State Fellow.

Currently there are 435 Granite State Fellows and 23 Progressive Granite State Fellows.

Applications are online at: nhlions.org

Contact Chairman PCC Roger LaTulippe at 603-566-0691

email: dgroger@comcast.net



Eyeglass & Hearing Aids Collection & Recycling

Randy Tompkins

1 Coombs Farm Rd, Greenland NH 03840

Res Phone: 603-431-7352

E-mail : Rye642@comcast.net

Please remember to bring your clubs collected

Eyeglasses and hearing aids to the cabinet meetings and

Conventions as well as any checks.

USED EYEGLOSS PROJECT

End of 2018 Totals (as fo 2/11/2018)

Regular glasses sent to VA since project began in 2006:

253,581 pair

Sunglasses sent to VA since project began in 2006:

47,235 pair

Total glasses sent to VA since project began in 2006:

*******300,816 pair*******

Total cost of shipping since 2006:

\$16,720.33

**Please send contributions to the Hampton Lions to help offset
The cost of shipping !!**

A great job by ALL. Thank you, Lion Ted Davis, for all of your hard work.



NEW MEETING LOCATION

The NASHUA LIONS have MOVED to a NEW LOCATION! They are now meeting on the 1st and 3rd Monday's at the Nashua Country Club, 25 Fairway Drive.



District Directory Back Page

2018-2019 District Calendar

Jan 19&20	NELC	Cancelled
Jan 26&27	MD44 Mid-Winter	Doubletree, Nashua, NH
Feb 20	MD44 Council Mtng	Airport Diner-Manchester, NH
March 3	44-N Cabinet Mtng	Puritan, Manchester, NH
March 9	Danville Charter Night	Danville, NH
March 10	44-H Cabinet Mtng	White Birch, Hudson, NH
March 24	LTSSA Banquet	Elks, Lebanon, NH
March 28	NHAPPDG	Airport Diner-Manchester, NH
March 30	NELC	Rhode Island
April 26-28	Vision Weekend	Courtyard Marriot, Nashua, NH
May 3-5	44-N Convention	Grand Hotel, North Conway, NH
May 10-12	44-H Convention	Grand Hotel, North Conway, NH
May 18	MD44 Lions Forum	Delta Dental, Concord, NH
May 19	44-H Homecoming	White Birch, Hudson, NH
May 25	44-N Homecoming	TBD
May 30	NHAPPDG	Airport Diner-Manchester, NH
July 5-9	102nd LCI Convention	Milan Italy
July 20	LTSSA matches	Castleton state University, VT



2018-2019

District Directory CORRECTIONS

Pg 31—Meanie Saunders

E: melanieleesaunders@gmail.com

Pg 34—**Newsletter Contest**

Gail Dacey (not Darcy)

Pg 36—**Lions Camp Pride**

E:lionscamppride44h@gmail.com

Telephone: 603-482-6115

Pg 39—**Barrinton Area LCIF Coordinator**

E:teufelchgen1955@gmail.com

Club Email: barringtonNHLions@gmail.com

Pg 45—**Exeter Lions Club**

President Patricia Izzo

E:pa93055@gmail.com

Pg 30—**Mark D'Amico**

17 Fairway Dr Apt 26

Pg 31—**Marilyn Richardson**

C:603-204-7914

Pg 56—**PID Ed Lecius**

E: lioncommish@gmail.com

Pg 66—**Huguette "Yogi" Fregeau**

PO Box 1422

Pg 66—**Salem Lions Club**

Meeting time is 6:30pm

Pg 66—**Marilyn Hamel**

E: pilotdad66@gmail.com

Pg 148—**Dacey, Gail**

remove "44H Zone 1 Chair"

Pg 149—**Dennis, Robert**

E:rdennis48@comcast.net

Pg 169—**Marilyn Richardson**

E: Marilyn@pcom.com

Pg 67— Eric – olsenel@comcast.net

E rica - olsenej@comcast.net

Michelle – mixic13@gmail.com

Bob – bocobe@gmail.com

Please send any District Directory Corrections to newsletter44h@outlook.com

Please note in the subject line "District Directory Corrections"

NEWSLETTER SUBMISSION AND DEADLINE

Deadline for submitting articles to be published in the newsletter is the

20th of each month.

Do not send PDF documents

To keep the size of the newsletter reasonable, most event articles will be reduced to
1/4 page.

Clubs and district committees with multiple articles for the same newsletter should consolidate the articles into one submission that does not to exceed one page.

Newsletter submissions should be sent to Marilyn Vaccaro at:

newsletter44H@outlook.com

NEWSLETTER DISTRIBUTION

This newsletter is E-Mailed via Constant Contact to all District 44-H members who have e-mail addresses on file with LCI ~ Lions Clubs International.

- ⇒ Presidents and secretaries, please coordinate and make a copy available to members that to not have E-Mail.
- ⇒ All E-Mail changes must be made on the LCI website by your club secretary.
- ⇒ If you have opted out of receiving the newsletter in error, to receive the newsletter

MULTIPLE DISTRICT DIRECTORY

Any corrections to the Multiple District

Directory for 2018-2019 should be sent

to: newsletter44h@outlook.com

Please say “Directory Correction” in the subject line

