

The PRIDE



“SIDE – BY – SIDE”, WE SERVE

DECEMBER 2017 ❖ Volume 43 ❖ Number 6



DISTRICT GOVERNOR (DG)

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Hampstead, NH 03811
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1st VICE DISTRICT GOVERNOR (FVDG)

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2nd VICE DISTRICT GOVERNOR (SVDG)

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Global Service Team

Marie Hall
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Thoughts from *District Governor Sam Longbook*

Greetings from DG Sam and Lion Berny,

Fellow Lions and Friends

We are now entering the busiest and most festive time of the year. Besides gathering with friends and family to celebrate holiday cheer, many Lions clubs are busy supporting local food pantries, preparing and delivering food baskets to the needy, collecting Christmas gifts for the less fortunate and bringing Santa to many pancake breakfast and parades.

As we all know, “when there is a need there is a Lion”

My wife Berny and I have been invited to attend many Lions Christmas parties in the district and we look forward to attending all of them.

I am going to leave you with four thoughts for the holiday season:

Care Deeply

Think kindly

Act gently

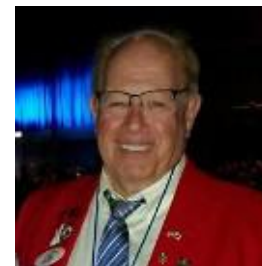
And be at peace with your fellow man.

My wife and I wish all of you and your families a very joyous, healthy and happy holiday season.

DG Sam and Lion Berny

If I can help in anyway please feel free to call on me.

Call me at 329-5603 / 327-1133 or e-mail me at dgsam44h@comcast.net



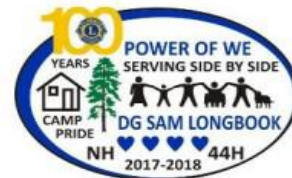
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Travels with the DG



In The Pride

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44H Peace Poster Pg 25
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Sam working with Hampstead Lions Recycling Day

DG travel dates

Dec 2, Hampstead XMAS Party
Dec 3, DG XMAS Party
Dec 10, Sandown Lions XMAS Party
Dec 11, Seabrook Visitation
Dec 12, Litchfield Lions Visitation & XMAS Party
Dec 13, Raymond Visitation & XMAS Party
Dec 14, Chester Lions Visitation & XMAS Party
Dec 16, Hampstead Lions Santa for the day
Dec 20, Kingston Visitation & XMAS Party
Dec 28, Saddle Back Visitation
Jan 3, Whitter Visitation
Jan 5 – 7, NELC Meeting in MASS
Jan 10, Barrington Lions Visitation
Jan 15, Moultonborough Visitation
Jan 16, Derry Lions Visitation
Jan 17, Windham Visitation
Jan 18, Hampstead Visitation
Jan 22, Londonderry Visitation
Jan 23, Wolfeboro Visitation
Jan 25, Pelham Visitation
Jan 30, Suncook Valley Visitation

Events Calendar

December

- 12/13 Camp Pride Meeting 6:30pm,
Location Auburn Tavern Exit 2
off Rt. 101, in Auburn NH
- 12/14 Lions Youth Services Mtg, 6:00pm
Location: Hannaford in Bedford
- 12/21 LSHF Meeting, 6:30pm
Blake's 353 S Main St. Manchester
- 12/26 Health Services BoardMtg, 6:30pm
Location Hannaford, 7 Kilton Rd.
Bedford, NH
- 12/27 Twin State Soccer Assoc 7:00pm
Location: Elks Club, Lebanon NH

January

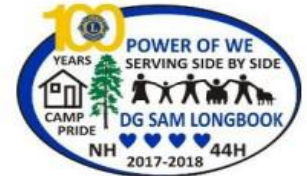
- 1/10 Camp Pride Meeting 6:30pm,
Location Auburn Tavern Exit 2
off Rt. 101, in Auburn NH
- 1/11 Lions Youth Services Mtg, 6:00pm
Location: Hannaford in Bedford
- 1/18 LSHF Meeting, 6:30pm
Blake's 353 S Main St. Manchester
- 1/23 Health Services BoardMtg, 6:30pm
Location Hannaford, 7 Kilton Rd.
Bedford, NH
- 1/31 Twin State Soccer Assoc 7:00pm
Location: Elks Club, Lebanon NH

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Thoughts from
First Vice District Governor *Jerry Vaccaro*

THE Holidays are a time to REFLECT

To reflect on how, as a LION, how much you have made a difference in your community.

Those hours putting together Christmas food Baskets for families that need help.

Those trips you made to different stores for Christmas gifts that will make those needy families have a wonderful Christmas.

Time to reflect on how all those eye screenings may have detected a referral and may have helped a parent help their child with an eye sight issue. *Great stuff here.*

I am sure that I didn't cover all what a Lion could do but doesn't it feel great to be LION.

Time for me to reflect and thank all LIONS for what they do when they SERVE. Both Marilyn and I wish you a very Merry Christmas and Happy New Year.

Yours in Lionsism,
Jerry



Thoughts from
Second Vice District Governor *Steve Middlemiss*

Lion LeeAnn and I hope that everyone had a Happy Thanksgiving sharing the day with family and friends.

I have just recently returned from ALLI in Denver. What a great experience!! Top notch instructors and the ability to discuss issues with my fellow Lions from the US and Canada. I urge anyone interested in expanding their Leadership knowledge to attend an ALLI event in the future. You don't have to be a SVDG. I met many Zone Chairs and Global Leaders.

I have been able to attend the Zone 1, 2, 6 and 7 Zone meetings and they were very well attended with great discussion about the issues our clubs are facing. Zone chairpersons John, Mike Doug and Marie are doing a great job working with their clubs. I hope to be able to attend the remaining Zone meetings soon.

International has made Service a number one priority going forward. District 44 H is fortunate to have so many clubs serving their communities. This sets the way for us to Lead through Service. Please remember to continue to work toward those Centennial Service Challenge projects and most importantly be sure to report them to LCI.

In case Lion LeeAnn and I do not have the opportunity to do so in person we hope that each and everyone has a very Merry Christmas and a Fantastic New year.

Thank you Clubs for all your efforts to help those in your communities. You are what makes it Great to be a Lion!!

Please don't hesitate to contact me with any questions you might have. To get in touch with me my cell phone is 603-566-7616 and email is cstmiddlemiss@gmail.com.

Don't forget to JUST ASK!

Yours in Lionism

SVDG Steve Middlemiss



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“The Power of We”

Making a difference with passion & vision –We Serve !

58th Annual Lions Multiple District44
MID-WINTER CONVENTION



Hello Lions of NH

MD44 team has been busy planning the upcoming 58th Annual Mid-Winter Convention set for January 27-29, 2018 – we truly hope that many Lions in NH will be attending this convention.

Lions all over the beautiful State of NH volunteer many many hours – this is the time, to come celebrate your achievements, obtain updates on all the NH activities, acknowledge your fellow Lions with a Melvin Jones Awards or Granite State awards. ID Jennifer Ware would be honored to present these prestigious awards. Please consider awarding these awards at the Mid-Winter Convention – if your club is planning on this, please contact me.

The winner of the NH Lion Peace Poster will be presented at the Saturday meeting – truly a honor for this winner to have so many Lions present – let’s show our NH Lion Pride.

Please consider attending the convention, join in the fun with friends & fellowship, find out more information in regards to LYS Board, Lions Sight & Hearing Foundation, the DogSight program, Health Service Board and so much more which you can bring back to YOUR club to help the needs in your community even more.

If you have never attended a Mid-Winter Convention, please consider making THIS convention your first of many more....

Don’t forget....Bring a non-perishable donation to enter the **Lion Races Friday evening**. Ladies, wear your Derby Hats (dress it up Lion style) and for the men, wear your best Fedora hats...and be prepared for some fun !

The registration for this convention is attached to this newsletter.

Thanks and hope to see you at the Convention !

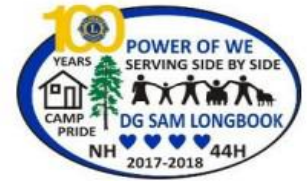
CC Christine

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Thoughts from
Global Membership Team Leader *Al Goldstein*



With so much going on in the month of December I want to leave you with one thought:

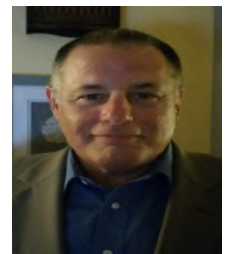
Service + Leadership = Membership

Best Wishes

PDG GMT al and Newsletter Editor Christine Goldstein

“A person who never made a mistake never tried anything new.” —Albert Einstein

Thoughts from
Global Leadership Team Leader *Dick Lemieux*



Here is part two of the community assessment

- Introduce the community Needs Assessment to the Board of Directors
- Appoint a committee
- Develop a Questionnaire and Cover letter
- Decide who to contact in the community
- Survey community contacts
- Analyze survey results
- Share the results
- Follow up with survey participants

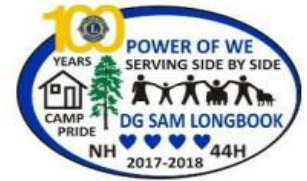
The assessment questionnaire can be found on the LCI web site—Lions Club community needs assessment

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Thoughts from
Global Service Team Leader Marie Hall

The Season of Service

Most clubs in our district are very busy from Thanksgiving through the end of December with projects too numerous to mention: holiday food baskets, adopting needy families and seniors to provide them with presents, collecting warm clothing, hats and mittens, pancake breakfasts, spaghetti dinners, vision assistance; the list goes on and on! For many of us, working on these projects make us really feel our Lionism. We give freely of our time, treasures and talents to fulfill our motto: We Serve. Please be sure your club's monthly activity report reflects all the good works your club is doing. I look forward to seeing pictures on your club's Facebook page!

Happy holidays!



Information on Childhood Cancer from the National Institute of Health

1. Cancer is the 2nd leading cause of death in ages 1-14 yrs
2. Approximately 1 in 285 will be diagnosed with cancer before age 20
3. Estimated in 2017, 10,270 children birth to 14 yrs will be diagnosed with cancer.
4. Childhood cancer makes up less than 1% of all cancers diagnosed in 1 year
5. Cause of most childhood cancers is unknown
6. Most common childhood cancer is acute lymphoblastic leukemia (ALL)
7. Most pediatric cancer centers treat patients up to 20 years old
8. 5 year survival rate has increased from 58% in 1970 to 83% in 2017

I have been told most pediatric patients go to Boston Children's Hospital.
Norris Cotton does provide treatment at Manchester, Lebanon, Dartmouth.

Mary Tremblay,
Pediatric Cancer Chair

Leadership Directory

ZONE 1 CHAIRPERSON

John Deschenes

7 Galway Road
Nashua, NH 03062

H: (603) 888-3911
C: (603) 233-2929
E: ljdeschenes@gmail.com
Clubs: Hudson, Litchfield, Nashua,
Salem, Windham,
Nashua Everest Centennial
Pelham Centennial

ZONE 3 CHAIRPERSON

Melanie Saunders

12 Lyford Lane
Brentwood NH, 03833

C: (603) 339-234-0982
E: melanieleesaunders@gmail.com
Clubs: Epping, Exeter, Hampton Area,
Portsmouth, Rye, Seabrook

ZONE 5 CHAIRPERSON

Jeni Williams

14 Emerson Drive
Center Barnstead, NH 03225

C: (603) 781-5597
E: jeniwilliams1@live.com
Clubs: Epsom / Chichester, Loudon,
Saddleback Mountain, Suncook Valley
Area

ZONE 7 CHAIRPERSON

Marie Valliere
95 Plymouth Street
Meredith, NH 03253

H: (603) 279-6016
E: keylion03@gmail.com
Clubs: Conway Area, Laconia / Gilford,
Meredith, Moultonboro, Wakefield,
Whittier, Wolfeboro

ZONE 2 CHAIRPERSON

Mike Dolan

5 Zoe Lane
Newton, NH 03858

H: (603) 382-9642
C: (603) 303-7950
E: Mike.Dolan@bauer.com
Clubs: Atkinson, Hampstead, Plaistow, Sandown,
Kingston

ZONE 4 CHAIRPERSONS

Elizabeth Ferriera

16B Mercury Drive
Londonderry, NH 03053

H: (603)
C: (603)
E: bostonrdsxs25@yahoo.com
Clubs: Auburn, Chester, Derry,
Londonderry, Raymond

ZONE 6 CHAIRPERSON

Doug Griffin

74 Peaslee Crossing Rd
Newton, NH 03858

H: (603) 378-0693
C: (603) 944-1377
E: doug@seadec.com

Clubs: Barrington, Dover Cochecho River,
Rollinsford / South Berwick, Somersworth

Leadership Directory

Hunger Relief Chair

Jim Robinson
C: (603) 247-2015
E: jimrbnsn15@comcast.net

Information Technology (Webmaster)

Jay DeRoche (Kathleen)
H: (603) 382-7024 W: (508) 475-0397
john.deroche@comcast.net LCIF Coordinator

PCC Bill Rathbun

H: 606-707-9285
E: pdgbill33y@yahoo.com

Lions Fellowship

Religious Committee

Nancy O'Dowd (Tom)
H: (603) 569-2698
C: (603) 387-6808
E: lupesmom14@gmail.com

Peace Poster Contest

Marilyn Richardson
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C: (603) 204-7914 E: Marilyn@pcom.com

Facebook Administrator (2)

PCC Deedee LaTulippe
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E: liondeedee@comcast.net
Cheryl Cataldo
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C: (603) 380-0547
E: casac25@hotmail.com

Health Service Committee Liaison

Scott Wilson
C: (603) 770-3700
E: scottwils@comcast.net

Pediatric Cancer Chair

Mary Tremblay
H: (603) 926-2069
C: (603) 308-3704 E: mntremblay@earthlink.com

Public Relations & Lions Information

Carl Rutigliano
H: (603) 329-717

Uniforms/Jackets/Shirts/Hats & Emblems

Joe Kasper (Joanne)
H: (603) 529-0439
C: (603) 548-0286
E: jkasper@nedelta.com

Vision Chair

Langdon Plumer
7 Gray Lane
Exeter, NH 03833
H: (603) 778-0966
C: (603) 770-6499
E: langplumer@gmail.com

Diabetes

PCC Celeste Ricupero
C: (603) 321-073 E: ricupero7@comcast.net

District Photographers (2) PCC Deedee LaTulippe

C: (603) 566-0691
E: liondeedee@comcast.net
Joyce Brothers PH: (603) 323-8295
E: joyce@conwaydailysun.com

Environment Chair Jeri Maynard

H: (603) 883-8565
C: (603) 3203614
E: lionjeri@comcast.net



MEMBERSHIP MATTERS

	This Month	This Year
Opening Balance	1,170	1,181
Added Members	18	49
Dropped Members	5	60
Closing Balance	1,170	1,170
Net Gain/Loss 0	0	-11

Congratulations Lions!
1.4 Million Members

Keep the momentum going...Ask One today!





*58th Annual
MD44 Convention
At the
Crowne Plaza
72 Somerset Parkway
Nashua, NH*

“The Power of We”

Making a difference with passion & vision –We Serve !

58th Annual Lions Multiple District44

MID-WINTER CONVENTION

Special Guests

*International Director Jennifer Ware & her husband Lion Jeff
from Rapid River, Michigan.*

January 26-28, 2018

- Friday Night –7pm - Lions Night at the Horse Races !
 - ❖ Entrance fee to the races is a non-perishable donation for Corpus Christi Food Pantry in Nashua NH.
 - ❖ Ladies - wear your favorite derby race hat, men can wear their favorite Fedora hats – and get ready for some betting !
 - ❖ A portion of the race proceeds will go to LCIF !
- Saturday MD44 Cabinet meeting from 9am to noon
- Saturday Afternoon – 1:45 to 3pm - Town Hall Meeting with ID Jennifer Ware (All Lions are welcome and encouraged to attend). **This is a GREAT opportunity FOR ALL Lions to speak with ID Jennifer**
- Saturday evening– “Power of We” Lions Appreciation Banquet
- Sunday – Lion Paul Baker from LCI – Campus Club Recruitment Seminar. **Be on the lookout for more information !**



58th Annual MD44 Convention

Crowne Plaza

72 Somerset Parkway, Nashua NH

January 26 - 28, 2018



EVENT REGISTRATION FORM

Contact Name:

Club Name:

Email:

Phone:

Convention & Entertainment Fee of \$5 is included in all Meal Packages

Friday Meal: Italian Buffet

Saturday Meal: Choose One

PR - Garlic Sage Rubbed

Tourmedos of Beef

CH - Chicken Piccata

VEG - Sundried Tomato Mascarpone

Cheese Ravioli

All Inclusive - Friday Buffet & Entertainment, Saturday Banquet and Hors d'oeuvres
Friday Banquet & Entertainment
Saturday Banquet and Hors d'oeuvres
Convention Fee (meetings only - no meals)
Friday Night Entertainment only (no meals)
X - Indicate any special dietary needs at bottom
PR = Garlic Sage Rubbed Required
CH = Chicken Piccata
VEG = Sundried Tomato Cheese Ravioli

Room Night
Reservation
Deadline

**December 28,
2017**

Meals
Registration
Deadline

**January 17,
2018**

Full Name and Office

\$72 \$26 \$46 \$5 \$5 choose one Sub total

1							
2							
3							
4							
	TOTAL						

Make Checks Payable to: MD44 Convention Fund

If there are any special dietary needs, please indicate here:

Saturday Breakfast / Lunch and Sunday Breakfast will be on your own. There is a restaurant at the hotel and many other choices near the property.

Hotel Reservation Process at Lions Convention Room rate:

Single or Double is \$115 per night + tax (NOTE: must be 2 Nights)

One Night Stay is \$189 per night + tax

Call Crowne Plaza at (603)595-4100 and identify yourself as part of the NH Lions MD44 Convention

All reservations must be made by Thursday, December 29 for the special rate.

Send check for meals and registration form to:

CST Deb Hogancamp

Convention Chairperson

PO Box 14

Kingston, NH 03848

For questions, please call Deb at (603) 347-5453

Hear ye, Hear ye.....

*Please join International Director Jennifer Ware
and the MD44 Council for
Informative "Town Hall" open discussion
Open for ALL NH LIONS to attending the*

*58th Annual
MD44 Mid-Winter Convention
On Saturday, January 27th, 2018*



**JENNIFER WARE
INTERNATIONAL DIRECTOR**

Jennifer Ware, from Rapid River, Michigan, USA, was elected to serve a two-year term as a director of Lions Clubs International at the association's 99th International Convention held in Fukuoka, Japan, June 24 through 28, 2016.

Director Ware is a psychiatric nurse. A member of the Brampton Township Days River AR Lions Club since 1993, she has held many offices within the association, including club secretary, club director, district governor, council chairperson, district GLT coordinator and district Sight Preservation and Action chairperson.

In recognition of her service to the association, she has received numerous awards including the Membership Key Award, an International Leadership Awards and an International President's Award. She is also a Melvin Jones Fellow.

Director Ware and her husband, Jeff, also a Lion, have one daughter.

Lions Camp Pride NEWS

Lions District 44-H Service to Mankind, Inc. Established 1989



Best wishes to all,
hope each of you have a very merry and happy holiday season



Looking forward to another successful year!

Team work is the key to our current and future successes.

Thank you for caring about our camp! *Peter*

Peter LaPointe, President Lions Camp Pride hampstead.lions@gmail.com.

978-479-0454 cell

Camp Pride Board of Directors meets the 2nd Wednesday of each month at social 6pm meeting @7:00pm, at the Auburn Tavern, Auburn NH.

Folks from Atkinson, Plaistow, Nashua, Hampstead and Kingston enjoyed a day of volunteerism.

“We Serve”

Moultonborough Lions Club Press Release



Photo Caption: Moultonborough Lions Club President Mark Cotrupi congratulates Sadey Sherkanowski on her First Place win in the Peace Poster Contest sponsored by the club.

Press Release: Sadey Sherkanowski, a sixth grade student at Moultonborough Central School, has taken the first step to becoming an internationally recognized artist by winning the local competition sponsored by the Moultonborough Lions Club.

Lions Clubs International sponsors the program each year to emphasize the importance of world peace to young people everywhere. Sadey's poster was among more than 450,000 entries submitted worldwide in this annual Lions International Peace Poster Contest.

Sadey's poster will advance through the district, multiple district and international levels of competition. One international grand prize winner and 23 merit award winners will be selected. The grand prize includes a cash award of \$5,000 plus a trip for the winner and two family members to a special award ceremony. The 23 merit award winners will each receive a certificate and a cash award of \$500.

President Mark Cotrupi said he was impressed by the colorfulness and creativity of the poster. The MLC is cheering for Sadey as her poster advances in the competition.

Did you know that the Lions Clubs International is the world's largest service club organization with more than 1.4 million members in 210 countries and geographical areas around the world?

Since 1917, Lions Clubs have aided the blind and visually impaired and made a strong commitment to community service and serving youth throughout the world.

In keeping with the spirit of community service and serving the youth, the Moultonborough Lions recently voted to purchase its own Spot Vision Scanner.

Two years ago, thanks to a matching grant of \$55,000 from Lions Club International Foundation, 15 Spot Vision Scanners were purchased for Operation KidSight by the New Hampshire Lions Sight and Hearing Foundation. The scanners were to be shared by the 79 Lions Clubs in New Hampshire.

The Spot Vision Scanner has state-of-the-art technology that can detect the following vision issues: near-sightedness (myopia), far-sightedness (hyperopia), unequal refractive power (anisometropia), blurred vision, eye structure problem (astigmatism) pupil size deviation (anisocoria), and eye misalignment (strabismus).

According to President Mark, having their own scanner will make coordinating dates with schools, daycare centers etc. a lot easier. The screening is 98% accurate and best of all it is FREE!

If you would like to find out more about Lionism, contact Joe & Pat Keegan at 253-9916. Remember the Lions Motto is "We Serve".

Submitted by
Patricia Keegan

253-9916

Wolfboro Lions Club



COURTESY

Operation Kid Sight

The Wolfboro Lions Club visited Carpenter School on Friday, Nov. 3, for another Operation Kid Sight session. The OKS team, with the help of school nurse Terrie Schillereff, screened 255 students for potential or actual eye problems. Pictured from the left are Carpenter Principal Jan Brooks, Dr. and Lion Steve Kirwan of Wolfboro Eye Associates, John Adams OKS Coordinator, Dr. and Lion Lori Kirwan of Wolfboro Eyes Associates and school nurse Terrie Schillereff.

Recently, the Wolfboro Lions Club made a donation to the Kingswood Youth Center to assist them with their activities. Pictured are Lou Siracusa of the Wolfboro Lions Club and Pam Sweeney, executive director of the Youth Center. The Wolfboro Lions Clubs main mission is to assist with Eyesight , Hearing and Diabetes assistance. The Lions Club also assists the Food Pantry, Boys and Girl Scouts, Toys for Tots, Lions Camp Pride in New Durham, 68 Hours of Hunger, Knights Against Hunger, St. Charles Orphanage in Rochester, Book Scholarships, Music Scholarships and Eye Screening at all schools. For Information on becoming a Wolfboro Lion contact, John Adams 569-4670, John Askew or Lou Siracusa. We meet at the Wolfboro Inn, the 2nd and 4th Tuesday of the month for dinner meetings.



PUI-Paint Under
the Influence
Fundraising
Night at
Yang Ming
Restaurant
Salem, NH

JOIN US

WEDNESDAY, JANUARY 31st • 6 TO 8 PM

\$30 PER PERSON
EVERYONE WELCOME, BRING A FRIEND
\$10 deposit required by 7th of January
Salem, NH Lions PO Box 294 Salem, NH 03079



Atkinson Lions Club, Tree Lighting

Lions doing what they do best..... Serving

Plaistow Lions Pancake Breakfast

Being served by the best Lions



Lions Vision article for November 2017'

Importance of Eye Screening

OKS Screening has brought to my attention that many children who have challenges with their sight and not appearing to be bothered with it. Apparently, they feel what they see is correct because it may have always been that way. It is especially important for young children to have their eyes checked annually as those with eye problems need to see an optometrist or ophthalmologist for proper care to correct the problem before it becomes a permanent condition. Operation Kids Sight is a great service project for the children in your service area. Be sure to check with your club's OKS Club coordinator and see how you can meet our moto "We Serve"!

Adults also will react in a similar way until they get glasses and say "Oh, I forgot that I can see clearly that far ahead" or "I can read again". This just points out how important it is to see your optometrist annually to keep your sight correct and to detect any eye diseases you may have developed in the past year.

Here's looking at you – Lion Lang Plumer



The Rye Lions Club held a food drive to help support the Food Pantry called gather. Donation boxes were placed in several local businesses and Sunday the Club manned a collection site at our local bank. The drive was well received and we collected 800 lbs of food . Lions helping to SERVE the community.

- WHAT . . .** *Is the **New England Lions Council?**
It is an organization comprised of potentially all Lions in the six New England States.*
- HOW . . .** *Do I become a member? Annual dues (July to June) are \$10.
For information contact Sec'y/Treas, PDG Sandra Hurd at axstewart@comcast.net or (603) 424-8922 for a dues form.*
- WHO . . .** *Administers the New England Lions Council? An executive Committee of one (PDG or PCC) per state is appointed to represent the District(s) in their state. Currently, I am pleased to be the New Hampshire representative for MD44. This is my 3rd year serving on the committee. I was a Director for the past two years. This year I am Sec'y/Treas. Next year I hope to fill the position of Vice Chairperson.*
- WHEN . . .** *Does the New England Lions Council meet? The Council meets three weekends per year rotating through the six New England states.*
- WHERE . . .** *Last month we met at the beautiful Mt. Snow resort area in VT. All Constitutional 1A leaders presented on Saturday, IPID Jerome Thompson was our speaker at the banquet on Saturday evening, and we had our moving Memorial Service Sunday morning to honor all Lions who had passed away last year.
Our next weekend will be in Plymouth, Mass, Jan 5 to 7. Save the date. More details to come.
In May we will participate in the Fidelco Lions Open House in Conn. Last year we had meetings in NH and ME and the year before we held a meeting in RI.*
- WHY . . .** *Is the NELC important? It promotes Lionism throughout the area.
It conducts an annual service commemorating Lions who have passed away in the previous year.
It actively supports ID's in the New England area.
Currently, our serving ID is Joyce Middleton from Mass.
Our ID Candidate is Mark Lyon from Conn.
It provides Leadership Training and Forums for all matters affecting Lionism within the New England area.
It conducts functions, breakfasts, and receptions at International Conventions and USA/Canada forums.*

Respectfully submitted, NELC Secretary Treasurer PDG Sandra Hurd, District 44N

Hunger Relief

Greetings: Two months ago, I talked about the New Hampshire Food Bank, and contributing to local Food Pantries and last month, twenty-five Project Ideas for Relieving Hunger. I have reviewed the Service Activities for District 44H and you sure have been busy! See below some of the highlights.

Meredith Club; At their Thanksgivings dinner they collected a box full of canned goods for the local food pantry.

Atkinson Club; Donated \$500.00 to both the St Anne's and Holy Angels food pantry. Distributed 12 food baskets to local families.

Salem Club: Donated 50 items to 68 hours hunger program.

Hampton Club; Club member volunteered for Meals on Wheels.

Barrington Club; Donated 36 items to Barrington Food Pantry.

Litchfield Club; A member volunteers 20 hours a week at the NH Food Bank.

Somersworth Club; Donated \$250.00 to local food pantry.

Plaistow Club; Delivered 46 food baskets to local families.

Nashua Club; The club provided the local food pantry with over 20 birthday bags for their clients. When a client informs the pantry that a family has a birthday the pantry gives them a bag. The bag contains cake mix, frosting, candles, paper goods, sprinkles and a birthday card.

Kingston Club; Donated \$500.00 to the Sanborn 68 hours of hunger program.

Londonderry Club; Cooked a free barbecue for town residents.

Hudson Club; Volunteers from the club assist with the food pantry at St John XXIII Parish Food Pantry. They help with the organization & distribution for the day.

Raymond Club; Club member volunteered at the New Life Church food pantry.

Thank You all for supporting this new Lions initiative. You do make a difference! Keep up the magnificent work and make sure you continue to report all Hunger Relief activities.

Merry Christmas and a blessed Holiday Season to all.

Submitted by

PCC Jim Robinson

Join the Fight Against Diabetes

Diabetes is one of the fastest-growing diseases in the world today, currently affecting 422 million people of all races, income levels, and ages, even children. As Lions, we are dedicated to fighting the diabetes epidemic to improve lives, strengthen families, and revitalize communities.

Our Goals

Educate ourselves and our communities about diabetes

Develop environments that inspire and support healthy lifestyles.

Increase access to diabetes care, medication and diagnostic equipment.

Increase coordination and support of national policies and plans.

642 million people will have diabetes by 2040

422 million adults are currently estimated to have diabetes

6th leading cause of death in the world, and the sixth leading cause of death among woman

1 person dies every 7 seconds from diabetes

5 million people die annually from diabetes

50% of people with diabetes don't know they have it

77% of people with diabetes live in low and middle-income countries

As a club, you can commit to making choices that can prevent diabetes, like serving healthy food at meeting. You can also create club challenges to drink eight glasses of water a day, eat a serving of vegetables at each meal, or download a fitness app on your phones and track the number of steps taken, calories burned, or minutes spent in aerobic exercise per week.

The lack, or ineffectiveness, of insulin means that glucose remains circulating in the blood. This can cause nerve, organ, and blood vessel damage that can ultimately lead to blindness, kidney failure, heart attacks, strokes or lower limb amputation.

Stay Healthy,

Merry Christmas and A Very Healthy Happy New Year

PCC Celeste



CALENDAR RAFFLE TICKETS MAKE GREAT STOCKING STUFFERS and BIRTHDAY GIFTS, ETC

Camp Pride's Annual Booster Club Raffle

It's that time of year again! All clubs are asked to help support Camp Pride by selling the 20 tickets that you recently received (you can always send for more). This is an easy way for your club to contribute to Camp Pride and not break your bank accounts...

Remember, tickets may be sold to club members, friends, business associates or even bought by the club as a chance to enhance their treasury

Tickets remain at \$10.00. On the back of the ticket, you will notice the businesses and friends that have sponsored a date on this year's calendar- please consider patronizing our sponsors if they are in your club's vicinity.

There will be a total of thirty-one (31) drawings, all taking place at the Mid-Winter Convention in January. Each drawing represents a particular day in January. **Any ticket drawn will be redeposited** into the raffle basket so there are numerous chances to win.

Please return all your stubs, checks and any unsold tickets directly to Lion Lillian Bellisle at 29 Cedar Street, Hudson, NH 03051. **All checks should be made out to Lions Camp Pride.** If you have questions or need additional tickets, please call her at 603-889-0285 or e: mail: Lionjeri@comcast.net.

As in the past, all proceeds from this raffle will be used to further Camp Pride operations and maintenance.

THANK YOU

Camp Pride Board of Directors

Sight & Hearing Foundation

It is that time of year when the Lions Clubs in the New Hampshire Multiple District have an opportunity to fill vacancies on the Sight & Hearing Foundation board of directors. Each District has an opportunity to recommend two Lions in good standing to fill these vacancies. Voting on the candidates will take place when the Sight and Hearing program is presented at the mid winter convention. This year it will be held at the Crowne Plaza Hotel in Nashua on 26 through 28 January 2018. Any club who would like to promote a member to the Sight & Hearing Board needs to provide a name to their respective District Governor that they have a candidate for the Position. The District Governor will then endorse two candidates from his or her District.

President

Raymond Hill

Sight & hearing



THE DOGSIGHT PROJECT

**A Program of the New Hampshire Lions
Multiple District 44 – Health Services Board**

It's Getting Cold Out There!



As someone who walks for transportation, I'm always alert to the weather. When the weather turns cold, I find that I enjoy the walking more because there no worries about getting hot and thirsty mid-trip. My Fidelco Guide Dog seems happier too – she's got at fur coat on all summer! Winter brings different issues, though. Sudden cold means that lovely fur coat hasn't had a chance to grow warmer, and the paws are still summer-soft. People often ask if she wears booties when the snow gets deep. The answer is always, "no, she needs to feel the ground (and ice) to keep us safe." And my dog takes great pride in keeping us safe on our daily trips.

Donations may be sent at any time to DSP Chair Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431. Please make checks payable to LSHF with DSP on the memo line. The independence a guide dog brings to a blind person is priceless. Your contribution gives that gift many times over. Thank you!

Linda Piekarski

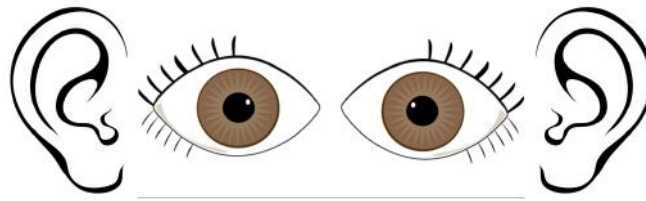
Chair, the DogSight Project

lpiekarski@ne.rr.com



Goal: \$15,000 Raised to Date: \$7,300

Health Services Board - Stories to Warm Your Heart



Our story this month was submitted by our newsletter editor Rhonda Wynne. It is not exactly related to Health Services Board, but it is a very heartwarming story and should be shared:

This is a story that was told to me by a former co-worker. The story goes back well over fifty years ago but still is relevant to this day.

When I hear about other stories that people share, especially during our journey into providing visual screening among the children in our communities and how it helps so many in their visual needs, I often think of this story that was told to me.

I am now retired but when I was working I used to bring in cash raffle tickets to sell to my co-workers. The very first time I did this, when approaching one of my co-workers to sell a ticket, he said to me without hesitation, "I'll buy all the tickets you have and if I win, you can keep the winnings for your club". I was totally caught by surprise by his generosity. I told him he didn't have to do that, even though I appreciated it. He told me he wanted to, and shared this story – When he was about 5 years old, his mother and father and his older brother escaped communist Cuba making their dangerous way to the USA. Along their way, he had unfortunately succumbed to a retina detaching in one eye. Both his parents who were doctors, knew of the severity but couldn't help him as they made their way. They made the journey and succeeded in getting out of Cuba. Shortly after arriving in the USA, his father searched for help for his son's condition. That's right, a local Lions club came to his rescue and was able to provide the necessary money for the surgery to save his eyesight. His parents were so grateful to the kindness and generosity the Lions gave them. He never forgot this life changing event and told me that he would have surely been blind if it were not for the Lions! This also was the day that I realized the impact of being a Lion; grateful to the rewards in serving goes without measure.

Do you have a heartwarming story to share or a tip of the month for the OKS Screenings? If so, please send it to me so that we can all hear about the wonderful things Lions are doing throughout the state.

Sue Lindberg
HSB Chair





LIONS YOUTH SERVICES NEWS

All Peace Posters entries have been received and clubs have already selected their club's winner. Some have already presented the winner with an award. Below are the Whitefield and Milford club's presentations to the participants.



Congrats to Gabi Moran (left) for winning the Whitefield LCI Peace Poster contest at Whitefield Elementary. Congrats to runner up Trevor Armstrong (right) and to all 7 entries



Above left to right: Art teacher, Diane Varney-Parker, 1st place winner- Hannah Stee, 3rd place winner Vayla Torrey, 2nd place winner- Kelci Waters and DG Eric Lindberg. Awards presented by PID Ed Farrington, Contest Chair on November 21st during the Milford Lions club meeting.

EDITOR'S NOTE:

As of this writing DG Sam Longbook and DG Eric Lindberg have selected the winning posters for their district. The first-place winner will be chosen by MCC Christine Greenwood and will be sent on to LCI for final judging. This year, Lions Youth Services will be honoring both the first place and second place winners during the Saturday morning meeting during the January Mid-Winter Convention. Also on display, will be all those entries from the clubs participating from District 44H and 44N. Please mark your calendar to be sure that you don't miss this presentation. This year, Lions Youth Services will also be providing copies of this artwork for sale. More information will be provided in next month's newsletters.

The new Lions Youth Services LOGO Winner will also be announced during the convention!

- ★ **CHAD BOOK DRIVE** -is continuing through the year. If you have new or slightly used books to donate, please bring them to the Mid-Winter convention in January or contact either Marie Hall or Henry McKee to schedule a pickup of your books.
- ★ **YOUNG LEADERS IN SERVICE AWARDS** - your Zone Chair or Henry McKee will be discussing this program during your next zone meeting. This program is based upon the recognition of young people for their service to the community. If you would like further information, please contact your Zone Chair or Henry.
- ★ **LIONS YOUTH SERVICES MEETINGS** - all Lions from both districts are welcome to attend meetings and provide support in LYS endeavors. Meetings are held once a month at 6:30pm on the 2nd Thursday at Hannaford's in Bedford, Kilton Road. Ask someone in your club to join you, and carpool together to the next meeting.

Hoping to see you on December 14th!

The Future of Peace

The theme of this year's peace poster contest is the Future of Peace. This year's District 44H winner is Mackenzie Franek, age 12, from Hudson Memorial Middle School sponsored by the Hudson Lions Club. Her poster portrayed the world (surrounded by a peace sign) as a jigsaw puzzle. Around the puzzle were several pairs and small groups of children helping each other insert the final puzzle pieces. Her quote was "Peace is as hard to gain as putting together a jigsaw puzzle, but only together can it be accomplished." Mackenzie's poster has been submitted to MCC Christine Greenwood along with the winning entry from District 44N. One of these two posters will be chosen to represent our multiple district in the International Peace Poster contest. I would like to thank the following clubs who participated in this year's Peace Poster contest: Barrington, Conway, Epsom-Chichester, Exeter, Hudson, Kingston, Moultonborough and Saddleback Mt. Photos of all clubs' winning posters will be on display at the Mid-Winter Convention.

Marilyn Richardson
44H Peace Poster Chair



ENVIRONMENT

Worldwide Week of Service to Protect Our Planet (April 16-22, 2018)

Looking for the perfect **April, 2018 Environmental Project**??? Consider Shoe recycling with Rerun Shoes! Those old shoes hibernating in the back of closets all over our state are looking for a new home in Africa. Shoe drives are environmental projects that give back. As an added bonus this project to help the planet will raise money for your local causes. A few years ago Camp Pride collected thousands of shoes just from our Lion members which raised a nice amount of money for the camp. *What could be better than that?!?!?*

Make it your New Year's resolution now and start in January to collect, collect, collect. Ideas: Ask each club member to collect fifty pairs of shoes from friends, family and co-workers, set up a recycling collection point in a local business, write informational articles about your club and project for your neighborhood newspaper. You will be surprised at the responses you will get... In April, during **Worldwide Week of Service to Protect Our Planet** make arrangements to get your shoes to a recycling facility.

The organization Camp Pride used was "ReRun Shoes" in Florence, Ma. Rerun Shoes is a social enterprise with a mission of promoting a better environment by saving gently used shoes from the garbage dumps in North America; they see shoes as a reusable asset that can find a life elsewhere in the world.

ReRun Shoes now partners with "Shoe Recycling Fundraiser" an organization designed specifically for organizations seeking to combine environmental action and fundraising activities and the "Sustainable World Fund (SWF) which is also making a difference by changing the behaviors of "change and toss" to "recycle and re-purpose".

Not all shoes can become "ReRun Shoes". Shoes that have too much wear or can't be worn at all in African countries won't make the cut. **Here are the shoes that we are looking for:**

(1) **Athletic Shoes**: Men & Women's, i.e. running, basketball, cleats (2) **Men' Shoes**: dress and casual (3) **Kids' Shoes**: casual, dress, athletic, cleats (4) **Women's' Shoes**: loafers, dress shoes but no high heels or dress boots; (5) **Sports Sandals**: Men's, Women's and Children but no flip flops or crocs

Shoes that cannot be used: damaged, worn-out shoes, with holes or rips, stiletto or spike heels, winter/rain boots,

-Interested clubs (and this can be done by several clubs, separately or together), can contact Michael Aronson, ReRun Shoes: E: info@rerunshoes.com for information about recyclers in your area. You may also contact me by e-mail: Lionjeri@comcast.net or by cell: 603-320-3614 for more information.

RECYCLE SHOES HELP OTHERS



CENTENNIAL LION SHIRTS

Did you want to order a special Centennial shirt however missed the deadline to order....

Well.... **NOW IS YOUR CHANCE TO ORDER AGAIN !!!**

Please email MCC Christine at cgreenwood@walpolebank.com the following information:

- Name on Shirt (exact spelling)
- Name of your home Lions Club (Exact spelling)
- Size of Mens or Womens shirt (these shirts are true to size and will not shrink)

Please note, the cost of the shirt, will depend on how many shirts are ordered – CC Christine will be in touch with everyone with the price, BEFORE submitting the order.

Thanks !!

Eyeglass & Hearing Aids

Collection & Recycling

Randy Tompkins

**1 Coombs Farm Rd, Greenland NH
03840**

Res Phone: 603-431-7352

E-mail : Rye642@comcast.net

Please remember to bring your clubs collected

Eyeglasses and hearing aids to the next Cabinet

Meeting. November 12th 2017 in Moultonborough.

USED EYEGLASS PROJECT

(as of October 18, 2017)

Regular glasses sent to VA since project began in 2006:

206,831 pair

Sunglasses sent to VA since project began in 2006:

38,299 pair

Total glasses sent to VA since project began in 2006:

245,130 pair

Total cost of shipping since 2006:

\$12,413.20

(does not include donations from other District