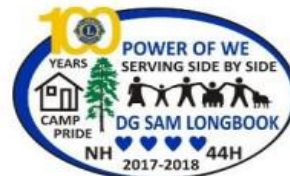


# The PRIDE



## “SIDE – BY – SIDE”, WE SERVE

AUGUST 2017 ❖ Volume 43 ❖ Number 2



### DISTRICT GOVERNOR (DG)

Sam Longbook (Berny)  
37 St. John Ln  
Hampstead, NH 03811  
H: (603) 329-5603  
C: (603) 885-6477  
E: slongboo@comcast.net

### 1st VICE DISTRICT GOVERNOR (FVDG)

Jerry Vaccaro (Marilyn)  
74 Chase Road  
Londonderry NH 03053  
H: (603) 437-14-8  
C: (603) 204-7752  
E: jvac1408@comcast.net

### 2nd VICE DISTRICT GOVERNOR (SVDG)

Steve Middlemiss (LeeAnn)  
22 Abbott Street  
Hudson, NH 03051  
H: (603) 883-5205  
C: (603) 566-7616  
E: cstmiddlemiss@gmail.com

### CABINET SECRETARY-TREASURER (CST)

Paul Gilbert  
42 Island Pond Road  
Atkinson, NH 03811  
H: (603) 436-2025  
C: (978) 595-7536  
E: CSTPaul44H@comcast.net

### MULTIPLE COUNCIL CHAIR (MCC)

Christine Greenwood  
PO Box 832  
Keene, NH 03431  
H: (603) 355-1653  
C: (603) 762-424  
E: cgreenwood@walpolebank.com

### Global Membership Team

PDG Al Goldstein (Christine)  
35 Main St,  
Atkinson, NH 03811  
H: (603) 362-6539  
C: (603) 913-1281  
E: AlGoldstein@comcast.net

### Global Leadership Team

Dick Lemieux  
9 Old County Road  
Plaistow, NH  
H: (603) 382-9599  
C: (603) 548-6712  
E: 04dlemieux@comcast.com

### Global Service Team

Marie Hall  
C: (603) 686-6935  
E: mariehall326@gmail.com

## Thoughts from *District Governor Sam Longbook*

*Greetings Fellow Lions,*

*I hope that you and your families are having a wonderful summer.*



Things have not settled down as expected after a busy 10 days at DGE training and the LCI 100<sup>th</sup> Convention in Chicago.

Much work has been going on with planning for the pre-cabinet meeting, preparing a budget, organizing and preparing for the district August 6<sup>th</sup> cabinet meeting and completing the MD Directory. CST Paul thanks for your help with so many of these items in preparing for the upcoming year.

Thank you to MCC Christine for all your hard work in preparing and completing the 2017 -2018 MD Directory. PCC Scott, thanks for getting the ads for the book.

A pre cabinet meeting was held at our home on Sunday July 16, 2017. We review plans and goals for the coming year. We also reviewed the new LCI Framework for the coming years. This information will be shared at the Aug 6<sup>th</sup> cabinet meeting. Thanks to the cabinet members and leadership team for participating in this important planning meeting.

The first cabinet meeting of the coming year is scheduled for Sunday Aug 6<sup>th</sup> at Castleton off Rte. 111 in Windham, NH with registration starting at 8:15 am. Plan on attending and learning about the LCI changes and focus announced at International Convention and their impact for the future.

We need to keep our focus on **Leadership** and efforts on **Membership** this coming year. By no means should we forget **“Retention”**. We lose so many that it becomes very difficult to maintain our membership numbers and has negative impact on your club. Make the effort to address retaining club members as they are the lifeline of your club and district.

### LEOS

Lions International has changed their view on Leos; FROM a youth service project TO partner with a Lions club working “side by side” on Leos and/or Lions Service and Fundraising projects. The new district position “*Leos Chairman*” was created to focus on Leos. Zone Chair Doug Grif-fin with Leo experience was selected to chair this position. We are please Doug has accepted.

My focus will be on Service, Leadership and Membership this coming year working with you

*“Side By Side”*

*If I can help in anyway please feel free to call on me. Yours in Lionism.*

Call me at 329-5603 / 327-1133 or e-mail me at [dgsam44h@comcast.net](mailto:dgsam44h@comcast.net)

# The PRIDE



## “SIDE – BY – SIDE”, WE SERVE

AUGUST 2017 ❖ Volume 43 ❖ Number 2



### In The Pride

- DG Comments Pg 1
- 1st VDG Message Pg3
- 2nd VDG Message Pg 3
- CST and MCC Message Pg 4
- GMT dnd GLT Message Pg 5
- GST Message Pg 6
- Leadership Directory Pg 7-8
- Membership Matters Pg 9
- Lions Camp Pride Pg 10
- District 44H Cabinet Mtg Pg 11*
- Fisher Cat Outing Pg 12
- Conway Benefit Race Pg 13
- Franklin Lions Ren. Faire Pg 14
- Salem 911 Memorial Pg 15
- Sec & Guiding Lion Class Pg 16
- Nashua Golf Tour. Pg 17
- NE Lions Council Pg 18-19
- Hudson Lions Golf Tour. Pg 20
- Club News Pg 21-22
- Dog Sight Project Pg 22
- Environment Pg 23
- Lion Youth Services Pg 24
- Lions Sight /Hearing Pg 25
- Diabetes Pg 25
- Health Services Pg 26
- Picture for your viewing pleasure on Pg 28—31

### Travels with the DG

#### Chicago Memories



### Events Calendar

#### August

- 8/9 Camp Pride Meeting 6:30pm, Location TBD
- 8/10 Lions Youth Services Mtg, 6:00pm Location: Hannaford in Bedford
- 8/17 LSHF Meeting, 6:30pm Hannafords, Bedford NH
- 8/22 Health Services BoardMtg,6:30pm Location TBD
- 8/23 Twin State Soccer Assoc 7:00pm Location: Elks Club, Lebanon N

#### September

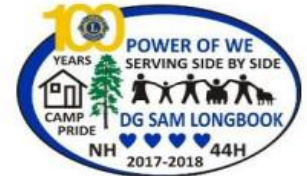
- 9/13 Camp Pride Meeting 6:30pm, Location TBD
- 9/14 Lions Youth Services Mtg, 6:00pm Location: Hannaford in Bedford
- 9/21 LSHF Meeting, 6:30pm Hannafords, Bedford NH
- 9/26 Health Services BoardMtg,6:30pm Location TBD
- 9/27 Twin State Soccer Assoc 7:00pm Location: Elks Club, Lebanon NH

# The PRIDE

## “SIDE – BY – SIDE”, WE SERVE



AUGUST 2017 ❖ Volume 43 ❖ Number 2



### Thoughts from First Vice District Governor *Jerry Vaccaro*

HOW “TO SERVE” WITH OUR YOUTH---LEO’S

Leadership Experience Opportunity

I am looking for a Lion’s Club in our District to work with me to start a Lions Leo’s Club. We are all aware of the drug issues and drug overdoses that are attacking our youth. The ongoing peer pressure to try drugs! So, let’s start working with your local school and introduce them to our Lions Leo Clubs. The Leo Lions Club has been a long time program from LCI and has proven that by getting our youth involved with community projects and by working with Lions clubs they have no time to think about drugs.

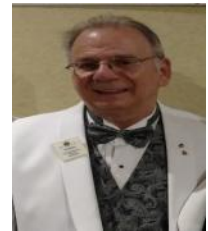
Leo clubs provide youth with leadership skills, learn to work together collectively to make a difference in their community. Their efforts are noticed and appreciated and they learn how a “Thankyou” really feels.

LCI is encouraging Lion Clubs to work with Leo’s and vice versa, Leo’s working with Lions. So, we have to get involved and Sponsor a new Leo’s club in your area. Please see if we can meet up with your local school and get something going. We can do it and “We can Serve” the Youth.

Hope to see you all at the first Cabinet Meeting on August 6<sup>th</sup>,

See you there.

1<sup>st</sup> VDG Jerry



in-

### Thoughts from Second Vice District Governor *Steve Middlemiss*

The Leadership team has already been busy with our Pre-Cabinet meeting planning for how we can grow our district and help our clubs.

As the SVDG I am the liaison to the MD Web Site committee. A survey and training invitation was recently sent to all clubs. Please complete the survey even if your club has a great web site. The information will be helpful. If you would

like some help either setting up or re-organizing your current site, complete the survey and consider attending the e-clubhouse training. The date and location will be set once we have had a chance to review the surveys.

As we move ahead I look forward to working with GLT Dick Lemieux helping our clubs with Leadership questions as well as our entire Leadership team in growing our District.

Remember that this is the final year to complete your Centennial Legacy Service projects. Hopefully each club has begun or even completed one or more of the three levels of service.

Thank you Clubs for all your efforts to help those in your communities. You are what makes it Great to be a Lion!!

If you need to get in touch with me my cell phone is 603-566-7616 and email is [cstmiddlemiss@gmail.com](mailto:cstmiddlemiss@gmail.com).

Don’t forget to JUST ASK!

Yours in Lionism

SVDG Steve Middlemiss

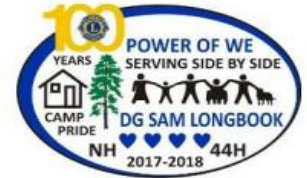


# The PRIDE



## “SIDE – BY – SIDE”, WE SERVE

AUGUST 2017 ❖ Volume 43 ❖ Number 2



### Thoughts from Cabinet Secretary-Treasurer *Paul Gilberti*

Fellow Lions,

In July, we hit the ground running, starting with the Financial Review of all checkbooks. Kudos to IPCST Bob Gustafson for some excellent record keeping. It made the review very quick and easy.

Mid-July saw the entire 2017 Leadership get together for a pre-cabinet meeting and barbeque at DG Sam's house.

In August, we have the MD44 meeting on August 2<sup>nd</sup>, our cabinet meeting on August 6<sup>th</sup> and 44-N's meeting on August 13<sup>th</sup>. I hope to see a lot of new faces at these meetings.

Any clubs interested in scheduling a visit, please reach out to me via email as soon as possible as the District Governor's calendar fills up very quickly.

I especially want to thank both PCC Celeste Ricupero and PCC Elle Johnson for all the help they have provide me personally during my first 30 days. It has made my transition a lot easier.

Serving side by side,

CST Paul Gilberti E: [CSTPaul44H@comcast.net](mailto:CSTPaul44H@comcast.net) H: 603-426-2025 C: 978-595-7536



### Thoughts from Multiple Council Chair *Christine Greenwood*

Hello Lions of 44 !

I would like to ask each member to ask yourself, is your club making your service projects as **Innovative Service Projects** ?? Innovative is approaching each or new service project in a new and creative way while maintaining relevance to your local community.

Therefore, has your club reviewed their club service projects recently, are they innovative and serve your community with its current needs ?

Here are some approaches for innovative approaches:

- Identify a new way to implement a recurrent project – involve new members to foster new and fresh ideas to promote.
- Partner with other community organizations to expand the impact of the service project.
- Use ever changing technology to enhance the visibility of a project in your community.

So, what are the **BENEFITS** of innovation.....

- Members are **ENGAGED**. By increasing involvement among members who may be new to the club or among those who may not have been previously involved.
- Club becomes more **ENERGIZED** – increasing the level of enthusiasm and commitment.
- Increase community **VISIBILITY**- by generating more public interest and participation, this in turn can **INSPIRE** community members to join.
- Fulfill the associations **MISSION** of “We Serve” by empowering the members to serve the ever changing needs of your community and strengthen our legacy as the leader in humanitarian service.

\*\* FACT \*\* LCI has reported that if a member stays a member for more than 3 years – chances are they will be a life member. Therefore .... Remember to **INVOLVE** your new members.

As our International President Dr. Naresh Aggarwal states – **LET'S PUT THE POWER OF WE INTO ACTION !**

Yours In Lionism

MCC Christine



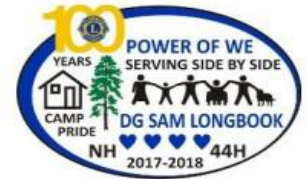


# The PRIDE



## “SIDE – BY – SIDE”, WE SERVE

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### Thoughts from Global Membership Team Leader *Al Goldstein*

Hello Lions,  
Now is the time of year to set your club membership goals.  
New members  
Decrease the number of drops  
Orientation

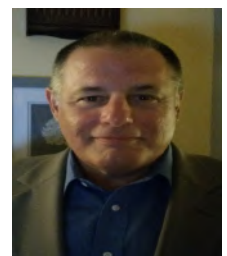


After you set your goals it is time to put together a plan to recruit new members into your club.  
Do you see the importance of being prepared to make the new member wanting to be part of our organization?  
As the year get's started I will be putting together a process to share with all of you to help bring new members into your clubs. The important thing to have ready is a positive attitude towards working together with your club members to service your communities.  
I look forward to helping you achieve your goals.  
Yours in Lionism  
Al Goldstein GLT/PDG

### Thoughts from Global Leadership Team Leader *Dick Lemieux*

Thought's from the GLT

As one member of the “G” team, I look forward to helping out DG Sam and the rest of our team to accomplish his goals for this lion year.



You'll be introduced to new terms, such as S.M.A.R.T. goal (Specific, Measurable, Actionable, Realistic, Time Bound),  
And the five service platforms: Diabetes, Environment, Hunger, Pediatric Cancer, and Vision.

Many books and articles have been written on leadership. Lots of sound bites have been used to emphasize it's characteristic's.

Mine is : Leadership—getting people to do things they wouldn't ordinarily do.

# The PRIDE



## “SIDE – BY – SIDE”, WE SERVE

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Thoughts from  
*Global Service Team Leader Marie Hall*

The addition of a District Global Service Team Leader completes the circle of LCI Forward: membership, leadership and service. I will be working with the chairs of the five service platforms, which are Environment, Vision, Pediatric Cancer, Hunger and Diabetes, to help clubs create meaningful service projects and promote reporting to MyLCI. Each club should appoint a LCIF chair, who can attend zone meetings and be the go-to person for information about service initiatives, especially Diabetes as a global cause. You may have noticed that serving our youth is no longer a service platform. That is because Lions will be working to serve WITH youth and DG Sam would like to see more Leos Clubs in our district. Doug Griffin is the Leos chairman for this year; reach out to him, starting a Leos Club is not that hard and Lions Youth Services can help, too. I have a vision of large, multiple district service projects which can make a big impact. Send me your ideas. We Serve.



### ***Hunger Relief***

Nearly one billion people go to bed hungry every night. That's why Lions and Leos are hard at work addressing this global need by providing help and hope to the children, families and neighbors who need it most. Lions and Leos distribute food to schoolchildren, stock food banks, create sustainable community gardens and lead community food drives to fight hunger where we live and work. What is your Lions Club doing to eliminate hunger? Be sure to report your efforts on MyLCI and share at your next zone meeting.

## Leadership Directory

### ZONE 1 CHAIRPERSON

John Deschenes  
7 Galway Road  
Nashua, NH 03062

H: (603) 888-3911  
C: (603) 233-2929  
E: ljdeschenese@gmail.com  
Clubs: Hudson, Litchfield, Nashua,  
Salem, Windham,  
Nashua Everest Centennial  
Pelham Centennial

### ZONE 3 CHAIRPERSON

Melanie Saunders  
12 Lyford Lane  
Brentwood NH, 03833

C: (603) 339-234-0982  
E: melanieleesaunders@gmail.com  
Clubs: Epping, Exeter, Hampton  
Area,  
Portsmouth, Rye, Seabrook

### ZONE 5 CHAIRPERSON

Jeni Williams  
14 Emerson Drive  
Center Barnstead, NH 03225

C: (603) 781-5597  
E: jeniwilliams1@live.com  
Clubs: Epsom / Chichester, Loudon,  
Saddleback Mountain, Suncook Val-  
ley Area

### ZONE 7 CHAIRPERSON

Marie Valliere  
95 Plymouth Street  
Meredith, NH 03253

H: (603) 279-6016  
E: keylion03@gmail.com  
Clubs: Conway Area, Laconia / Gil-  
ford,  
Meredith, Moultonboro, Wakefield,  
Whittier, Wolfeboro

### ZONE 2 CHAIRPERSON

Doug Griffin  
74 Peaslee Crossing Road  
Newton, NH 03858

H: (603) 378-0693  
C: (603) 944-1377  
E: doug@seadec.com

### ZONE 4 CHAIRPERSONS

Elizabeth Ferriera  
16B Mercury Drive  
Londonerry, NH 03053

H: (603)  
C: (603)  
E: bostonrdsxs25@yahoo.com  
Clubs: Auburn, Chester, Derry,  
Londonderry, Raymond

### ZONE 6 CHAIRPERSON

Mike Dolan  
5 Zoe Lane  
Newton, NH 03858

H: (603) 382-9642  
C: (603) 303-7950  
E: Mike.Dolan@bauer.com  
Clubs: Dover Cocheco River, Rollinsford /  
South Berwick,  
Somersworth

### **Hunger Relief Chair**

Open

Information Technology (Webmaster)

Jay DeRoche (Kathleen)

H: (603) 382-7024 W: (508) 475-0397

john.deroche@comcast.net LCIF Co-ordinator

### **PCC Bill Rathbun**

H: 606-707-9285

E: pdgbill33y@yahoo.com

### **Lions Fellowship**

Nancy Greer O'Dowd (Tom)

H: (603) 569-1160

C: (603) 387-6808

E: lupesmom14@gmail.com

### **Peace Poster Contest**

Marilyn Richardson

H: (603) 882-1997

C: (603) 204-7914 E:

Marilyn@pcom.com  
jkasper@nedelta.com

### **Pediatric Cancer Chair**

Mary Tremblay

H: (603) 926-2069

C: (603) 308-3704 E:

mntremblay@earthlink.com

### **Public Relations & Lions Information**

Carl Rutigliano

H: (603) 329-717

### **Uniforms/Jackets/Shirts/Hats & Emblems**

Joe Kasper (Joanne)

H: (603) 529-0439

C: (603) 548-0286

E: jkasper@nedelta.com

### **Vision Chair**

Marilyn Vaccaro

H: (603) 437-1408

C: (603) 204-7251

E: jvac1408@comcast.com

### **Diabetes**

PCC Celeste Ricupero

C: (603) 321-073 E: ricupero7@comcast.net

### **District Photographers (2)**

PCC Deedee LaTulippe

C: (603) 566-0691

E: liondeedee@comcast.net

Joyce Brothers

PH: (603) 323-8295

E: joyce@conwaydailysun.com





# MEMBERSHIP MATTERS

*Let's get ready for a great year!!!!!!*

*Numbers will be posted next month*

---



**Congratulations Lions!**  
**1.4 Million Members**

Keep the momentum going...Ask One today!



# Lions Camp Pride ..... NEWS

Lions District 44-H Service to Mankind, Inc. Established 1989 ~ 28 yrs ago

## Lions Camp Pride Fall Work Days



Some of the Work Task :

Store Canoes, basketball nets, cut brush,  
paint dinning Hall, remove docks, clean ,  
Metal roofs Binns, Pelham, shelters

Please contact us when your available to  
help out. Lunch and snacks will be provided

Fall Dates:

September 16, 23, 30

October 7 and 14<sup>th</sup>





**District 44-H Cabinet Meeting  
Castleton Function Hall, Windham, NH**



**August 6, 2017**

**\$19.00**

**Join us for breakfast**

Scrambled Eggs

Pancakes

Bacon

Home Fries

Sliced Fruit

Breakfast Pastries

Coffee/ Tea/ Orange Juice Station

8:15am – 9:00am Registration and Social

9:00am Call to Order

9:15am Breakfast

**Name(s):** \_\_\_\_\_

**Club:** \_\_\_\_\_ **Total Attending:** \_\_\_ x \$19.00= \_\_\_\_\_ **Check #** \_\_\_\_\_

**Please mail checks to: CST Paul Gilberti  
42 Island Pond Road, Atkinson, NH 03811**

**Email: cstpaul44h.comcast .net**

**H: 603-426-2025**

**C: 978-595-7536**

**Make checks out to: Lions District 44-H  
No Later Than August 1, 2017**

**Please help the committee by making your reservations early.**

**Dress code: Casual, Club or District Shirts**

# HAMPSTEAD LIONS CLUB

## FISHER CAT OUTING

**FISHER CATS vs RICHMOND** (Giants Farm Club)

**Saturday August 5<sup>th</sup>**

**\$36 per person**

**Includes Game Ticket and 90 minute buffet**

Group seating in new pavilion area all together. Seating includes swivel back chairs and a bar top in front of you for food and beverages

All you can eat buffet featuring hamburgers, hot dogs, lemon pepper chicken, baked beans, homemade mac and cheese, potato salad, watermelon, cookies, fruit punch, iced tea and water (cash bar available)

Early access (1/2 hour prior to the general public) to the entire ballpark

**GAME TIME 7:05 BUFFET AVAILABLE FROM 6:35**

**ENJOY FINE FOOD, GAME & FELLOWSHIP**

**Book early to reserve your seat!**

**Send check payable to Hampstead Lions Club to;**

**Sheldon Porter 25 Pope Road Apt A4 Atkinson, NH 03811**

**For more information, contact Sheldon Porter, [sporterxx@comcast.net](mailto:sporterxx@comcast.net),  
603-770-3148**



**Conway Area Lions Club  
2<sup>nd</sup> Annual Saco River  
Kayak and Canoe Benefit Race**  
(Rescheduled from original race date of May 28<sup>th</sup> due to high water)

**When:** Sunday August 13, 2017

**Where:** Registration and starting line will be at the Saco Bound boat launch in Center Conway, NH and will end at the Swans Falls Campground in Fryeburg, ME. The cookout and award presentations will be held at the Swans Falls Campground.

**Cost:** Pre-registration: Adults: \$20 17 years and younger: \$15  
Day of the Race: Adults: \$25 17 years and younger: \$20  
Fee includes cookout and award presentations after the race  
along with snack items at the start of the race.

**Time:** Same day registration and check in begins at 9am

**Proceeds from the race will benefit the  
Laura Foundation**

For additional, up to date race information, visit [conwayarealions.org/race](http://conwayarealions.org/race)  
or follow us on FaceBook at [facebook.com/SacoRiverRace](https://facebook.com/SacoRiverRace)  
You can also contact Lion Rick Lamme @ 603-452-7011 or email us at  
[Saco.Race@gmail.com](mailto:Saco.Race@gmail.com)





# Renaissance

1300s-1600s

The Franklin Area Lions Club  
*Invites you* to come join us at the|



## Renaissance Faire



Saturday and Sunday, September 9<sup>th</sup> and 10<sup>th</sup>, 2017

Elks Field 10:00 a.m. – 5:00 p.m.

South Main Street, West Franklin, NH

(Across from Route 127 to Salisbury)

\$10.00 Adults - \$8.00 Seniors & Children 6 to 12 - Under 65 Free

Experience the excitement of

- period shows and demonstrations,
- music and festive foods

Vendors welcomed. Contact: [mylaeverett@gmail.com](mailto:mylaeverett@gmail.com)

[www.franklinnh.org/lions](http://www.franklinnh.org/lions)



**We Serve**

**Salem American Legion is bringing the 9/11 memorial to town Sept. 19-23rd.** It has never been in New England before. They are looking for organizations to help support bringing it. Salem Lions are going to donate \$1,000.00. If we can get other clubs to join and reach \$5,000.00 we could be a reserved vendor and have a tent for the whole time promoting Lions, get 25 patches and a plaque and our Logo on an event banner. \$2,500.00 would get logo on banner, plaque and 10 patches. Since it has never been around here we would love to get some clubs to join us. If you have any interest please contact Gail Dacey [grd514@aol.com](mailto:grd514@aol.com) or 603-898-6913.



Sept. 19-23  
9/11 Never Forget Exhibit

THE MALL AT  
ROCKINGHAM PARK  
A SIMON MALL

### **“EAGLE” SPONSOR**

**\$5,000 +**

Recognition on Sponsor Page (Print/Social Media)  
Name/Logo on Event Banner  
Flag of Heroes – 9/11 Memorial Flag  
Twin Towers-9/11 NEVER FORGET Plaque  
25 Commemorative Event Patch's  
Reserved Vender “Pop-up-Tent” site

### **“PATRIOT” SPONSOR**

**\$2,500 +**

Recognition on Sponsor Page (Print/Social Media)  
Name/Logo on Event Banner  
Flag of Heroes – 9/11 Memorial Flag  
Twin Towers-9/11 NEVER FORGET Plaque  
10 Commemorative Event Patch's

### **“WE WILL NEVER FORGET” SPONSOR**

**\$1,000 +**

Recognition on Sponsor Page (Print/Social Media)  
Name/Logo on Event Banner  
Flag of Heroes – 9/11 Memorial Flag  
Twin Towers-9/11 NEVER FORGET Plaque

### **“LIGHTS AND SIRENS” SPONSOR**

**\$500+**

Recognition on Sponsor Page (Print/Social Media)  
Flag of Heroes – 9/11 Memorial Flag

### **“FRIEND OF SALEM NH TUNNEL TO TOWERS COMMITTEE”**

**\$100.00+**

Recognition on Sponsor Page

**ANY AND ALL TAX DEDUCTIBLE DONATIONS ACCEPTED**

FOR MORE INFORMATION – PLEASE CONTACT  
PATRICK HARGREAVES OR CINDI WOODBURY  
[Salemnh911exhibit@aol.com](mailto:Salemnh911exhibit@aol.com) or 603-890-3876



***Secretary and Guiding Lion classes are being held on Saturday, September 16, 2017***

**Location: Northeast Delta Dental, Conference center  
Two Delta Drive, Concord, NH**

**There are no charges for these classes.**

**Coffee, tea and breakfast pastries will be served**

**You must e-mail or call the presenters with your**

**Reservation in order to assure that you receive handouts**

**Reservations must be made before September 6, 2017**

**Secretary Presenter: Marilyn Vaccaro 44-H**

**Bonnie St Jean 44-N**

**For Secretary Class reservation please call Marilyn at (603) 437-1408 or (603 204- 7251)**

**[jvac1408@comcast.net](mailto:jvac1408@comcast.net)**

***Guiding Lion Presenter: Sue Lindberg***

**For Guiding Lion Class please call Sue at (603) 673 – 1461 or (603) -321-2567**

**[suelindbergnh@gmail.com](mailto:suelindbergnh@gmail.com)**

**Secretaries please bring your laptops with power cords if needed**

**Social: 8:00 – 8:45**

**Class begins: 9:00 – 1:00**

**Secretary class: Maine Room**

**Guiding Lions Class: New Hampshire Room**



# Nashua Lions Club Golf Tournament

Saturday, September 16, 2017  
Amherst Country Club  
Amherst, NH

**18 Hole Four Person Team Scramble**  
**Registration: 7:00 AM – 7:45 AM**  
**Shot-Gun Start: 8:00 AM**

**\$125 per person/\$500 per team**

Entry Fee includes: Green Fees, Cart, Swag Bag, Mulligans, Raffle Ticket, and Meal before Awards Ceremony.

(Please Note: After August 21, 2017 price increases to \$135 per person/\$540 per team.)

**For more information, please contact Joel Ackerman at (603) 594-0299.**

WHERE THERE'S A NEED - THERE'S A LION

THE NEW ENGLAND LIONS COUNCIL  
CORDIALLY INVITES YOU TO THE  
**NEW ENGLAND LIONS  
BUFFET BREAKFAST**

FRIDAY, SEPTEMBER 22ND  
6:30 AM

DOUBLETREE HOTEL  
MOUNT HELENS ROOM

PRICE \$30.00 PER PERSON

GUEST SPEAKER  
TO BE ANNOUNCED

**Registration Deadlines**

Mail - September 7th, 2017

Email - September 14th, 2017

Make Checks payable to the  
New England Lions Council  
and send to

Lion Sandra Hurd, PDG  
166 Turkey Hill Road  
Merrimack NH 03054



**USA/CANADA LIONS LEADERSHIP FORUM**

Portland, Oregon

September 21st — 23rd, 2017

Phone: 603-424-8922

Email: axstewart@comcast.net



WHERE THERE'S A NEED - THERE'S A LION

## THE NEW ENGLAND LIONS COUNCIL CALENDAR OF EVENTS FOR 2017 - 2018

USA / CANADA LEADERSHIP FORUM BREAKFAST  
FRIDAY, SEPTEMBER 22ND - 6:30 AM  
DOUBLETREE HOTEL - PORTLAND, OREGON

### FALL WEEKEND

OCTOBER 20TH - 22ND  
MOUNT SNOW RESORT, WEST DOVER, VERMONT  
(LIONS MEMORIAL SERVICE-SUNDAY, OCTOBER 22ND)

### WINTER WEEKEND

JANUARY 5TH - 7TH  
THE 1620 - PLYMOUTH, MASSACHUSETTS  
(AS PART OF 33S MID WINTER CONFERENCE)

### SPRING WEEKEND

MAY 18TH - 20TH  
NORTH CENTRAL CONNECTICUT, SITE TO BE ANNOUNCED  
MELVIN JONES FELLOW WEEKEND  
(FIDELCO LIONS APPRECIATION DAY, MAY 19TH)

Additional Information regarding event time schedules , programs, and pricing will be sent out in separate mailings as details become available.

#### New England Lion Council Members

President - George Cooper - Connecticut  
liongeorgecooper@aol.com

Past President - John Youney - Maine  
youney@mhfy.us

Vice President - Ken Emery - Vermont  
kpemery1960@gmail.com

Secretary / Treasurer - Sandra Hurd - New Hampshire  
axstewart@comcast.net

Director - Bill Donnellan - Massachusetts  
wmpd8@aol.com

Director - Mary Ann Hutchins - Rhode Island  
hutchins77@verizon.net





***HUDSON LIONS CLUB***

**11th ANNUAL LION AL LEVESQUE  
GOLF TOURNAMENT**

**Benefit of Hudson Lions Club Charities**

**SATURDAY SEPTEMBER 23, 2017**

**Whip-Poor-Will Golf Club**

**55 Marsh Rd. Hudson, NH**

**7:00 Sign-in – Four Man Scramble 8:00AM**

**TOURNAMENT FEE**

**\$ 100.00 PER PERSON**

**Fee includes:**

**Green fees, power cart, prize fee and lunch**

**For information call:**

**Bob Giaquinto: 603.548.9433**

**Email: [bgiaquinto@microsemi.com](mailto:bgiaquinto@microsemi.com)**



Lions Club hosts a recognition dinner for scholarship recipients and their parents each year.

Moultonborough Lions Club awarded \$14,000 in Scholarships to local area students this year. Along with the scholarship, each student is invited to bring their parents to a recognition dinner held in their honor at the club in July.

This year nine of the recipients were available to attend the dinner with family, Megan Duddy, Matthew Anderson, Sare Campbell, Hannah Finnegan, MacKenzie Kessler, Kelsey Mako, Dylan McLaughlin, Angela Mudgett and Noah Smith.

After a delicious roast pork dinner, prepared by Donna Grow, President Mark Cotrupi gave each student an opportunity to introduce themselves and identify the college they will be attending along their field of study. These students have very high expectations and the Lions wish them well.

Unable to attend were Brianna Lear, Kailee Bennett, Nicholas Manville, Tyler Reid and Justin Tinker.

If you would like to find out more about Lionism contact Joe & Pat Keegan at 253-9916.

Remember our Motto is "We Serve."

Submitted by

Patricia Keegan

253-9916





**Moultonborough Lions Club** takes on a new Project – Roadside Cleanup

(l-r) Michelle Duddy, Peter Allen, Mark Cotrupi, Jeni Williams, John Menken, Sarah Cotrupi

(missing Sally Sibulkin)

**Press Release:** In their continued effort to give back to the community the Moultonborough Lions Club has taken on a new Project – Roadside Cleanup. The club has adopted a section of Route 25 on both sides, starting at the Center Harbor Town Line and running through to the Meredith Town Line.

Each Spring and Fall Lion members will be out in force cleaning up the roadside along that section of Route 25. Just another reason to be proud to be a Lion.

Like us on Face Book! Check out our web site at [www.moultonboroughlionsclub.org](http://www.moultonboroughlionsclub.org)

If you are interested in learning more about Lionism contact Joe and Pat Keegan at 253-9916. Remember our Motto is “We Serve.”

Submitted by  
Patricia Keegan



## THE DOGSIGHT PROJECT

A Program of the New Hampshire Lions  
Multiple District 44 – Health Services Board



**It's Too HOT!!!**

The hot summer sun is nice at the beach, but working a guide dog in this weather requires planning. Often it means arranging for rides, but not always. Keeping an eye on the weather and temperature forecasts is the first line of defense. We do our walking as early as we can – fortunately some stores open at 9 am. When we will be at lunch or another inside event, I make sure to bring water for the dog and a bowl. Sudden summer thunderstorms pose an entirely different problem – the guide dog harness has a lot of metal in it – that rigid handle is a leather-wrapped lightning rod! Best not to get caught in the open with that! Hot pavement is tough on paws, so Musher’s Secret has its summer uses too.

You can help us jump-start the new Lions year with a summer donation to the DogSight Project! Donations may be sent to **DSP Chair Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431**. Please make checks payable to **LSHF** with **DSP** on the memo line. The independence a guide dog brings to a blind person is priceless. Your contribution gives that gift many times over. Thank you!

Linda Piekarski  
Chair, the DogSight Project  
[lpiekarski@ne.rr.com](mailto:lpiekarski@ne.rr.com)



Goal: \$15,000 Raised to Date: \$300



## ENVIRONMENT

On August 21, 2017, the United States will see the sun disappear behind the moon. Daylight will turn to twilight, the temperature will drop rapidly, and massive streams of light will streak through the sky around the silhouette of the moon- America will be in the path of a total solar eclipse! Total eclipses occur when the disk of the moon appears to completely cover the disk of the sun

The path of totality for this eclipse is about 70 miles wide and residents in Oregon to South Carolina will be able to witness the total eclipse; the rest of us will experience varying degrees dependent upon your location (NH is estimated to get a 60% view; i.e. a “partial solar eclipse). The moon will cover the disk of the sun for 2 minutes and 40 seconds but if you are not directly in its path, the darkness will last a much shorter time (again dependent how far from the path you might be).

No matter where you are, there are precautions to take when viewing the eclipse; looking directly at the can cause serious eye damage or blindness. **NEVER look at a partial solar eclipse without proper eye protection and please don't forget your pets eyes.** For information about eclipses and what eye protection is needed visit [www.space.com](http://www.space.com) - there is a wealth of information on that site.

A couple of interesting facts:

1. This is the 1<sup>st</sup> total eclipse in the continental U.S. in 38 years- last one was 02/26/1979
2. A solar eclipse happens at the New Moon but not at every New Moon
3. 1<sup>st</sup> contact of the eclipse will be in Oregon at Government Point, OR at 10:15:56.5 AM. The end sighting of the eclipse on land will be just Southeast of Key Bay, SC.
4. Only one large city will have a great view- Nashville, TN- lasting 2+ minutes of totality; Boston will have 63% totality.
5. Only people in the total eclipse pathway will be able to view the true celestial spectacle: *“the diamond ring”*.

### **Environmental Photo Contest**

More information about this year's contest will be available at the Cabinet meeting. Last year's entrees will be able for viewing and last year's participants will be able to take home their entries. Thank you to all who entered last year



## LIONS YOUTH SERVICES NEWS

**CHaD....** A Lions Youth Services meeting was held on Thursday, July 14 with 17 Lions in attendance. Discussions were held regarding the ongoing events such as the CHaD Book project. Lions Youth Services continues to collect NEW or slightly used Books. If you have books to be picked up, please contact [mariehall326@gmail.com](mailto:mariehall326@gmail.com). Our goal was set at 3,000 books and a decision is to be made whether we go beyond this goal or move on to something else. Books will be picked up at both Cabinet Meetings and a total count of all books collected to date will be made.

**PEACE POSTER...** All clubs who have ordered Peace Poster kits should have them in their possession. If not, please contact Rhonda Wynne at [rwynnemilford@comcast.net](mailto:rwynnemilford@comcast.net). If your club has not yet paid for your kit(s), please do so as soon as possible. You can mail a check payable to Lions Youth Services (\$12.00 each) and mail it to Rhonda Wynne, 344 Elm Street U61, Milford, NH 03055. A total of 42 Peace Posters kits were ordered and there is one left, if is there anyone who has not purchased one and would like to now, please let me know as soon as possible. One of the LYS Directors listed below will contact you shortly to be sure that you have all that you need before the school year begins.

Lion Stephanie Crawford, LYS 44N Director, [youarebeautifulskin@gmail.com](mailto:youarebeautifulskin@gmail.com)  
Barrington, Canaan (6), Claremont, Concord (8), Conway, Epsom-Chichester (2), Franklin (4), Orford (3), Pemi-Baker, Saddleback Mtn (2) (total: 29 kits)

Lion Rhonda Wynne, LYS Director, [rwynnemilford@comcast.net](mailto:rwynnemilford@comcast.net)  
\*Amherst, Brookline, Chester, Derry, Exeter, Hampstead, Hudson (2), Kingston, Londonderry, Merrimack, Milford, Salem (2) and Sandown (total: 15 kits) (\* purchased online)

Lion Marilyn Richardson, 44H of the Hudson club, [marilyn@pcom.com](mailto:marilyn@pcom.com)

**NEW LOGO...** As stated in last month's ROAR, Lions Youth Services is looking to all club members to come up with a new logo. A rollout of this information will be made during the August Cabinet meetings. Submissions to be turned in by Oct 31 and the winner will be announced at the November Cabinet meetings. If you are unable to make the cabinet meeting, be sure to ask about it from someone in your club who will be attending the FIRST meeting of this Lion Year!

**DONATIONS...** During this meeting, it was also discovered that between 80+ clubs (both districts), Lions Youth Services receives roughly \$15. per club in donations. We volunteer our time to maintain a relationship with Lions and the youth in our great State of New Hampshire. We encourage you to put in your budget some extra funds so that we can continue providing our services. We appreciate all that is given and welcome donations anytime of the year! All clubs receive banner and balloon patches for their donations! How many has your club received??

**NEWSLETTER...** To get LYS information out to all the clubs on a regular basis, a separate newsletter will be created shortly and sent to all club presidents and secretaries so that they can share with their members what we are doing and the important work that we plan to do in the future. One of our goals is to promote LYS to Lions and to reach out to the youth in their communities. We would like to see Lions and Leos, young people, working together and getting the word out about what we do. Today's young people are our future Lions! SO look out for our newsletter, it will be coming soon!

All Lions from both districts are welcome to attend meetings and provide support in LYS endeavors. Meetings are held once a month at 6:30 pm on the 2nd Thursday at Hannaford's in Bedford. Contact Marie Hall or Henry McKee for information

## Lions Sight and Hearing Foundation of New Hampshire, Inc.

As the President of the Sight and Hearing Foundation I want to say thank you to all the New Hampshire Lions Clubs. Over the years through your support of the Foundation you have helped over one thousand clients in providing them Hearing Aids and or Cataract Surgeries. At the same time you have raised the funds in our charity account to the current \$903,000.00 dollars.

This past year your Foundation provided hearing aids to thirty four clients and cataract surgeries for two clients. At the first meeting held on July 20th the Board of Directors approved six projects for hearing aids at a cost of approximately \$5,000.00 to the Foundation.

The Foundation meets at Blake's Restaurant at 353 South Main Street in Manchester. I invite every Lion in the State of New Hampshire to attend a meeting. This is your Foundation and you have a right to participate at any of our meetings. If you are interested please email me at raymondhill40@comcast.net and I would be thrilled to answer any of your questions and maybe you will consider coming to a meeting.

I hope each of you has a interesting and successful Lion year.

Raymond Hill

President Sight and Hearing Foundation

raymondhill40@comcast.net

H. 603-73-8075

C. 603-801-9814

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## It's Not Too Late to Prevent Type 2 Diabetes

More than 422 million people worldwide have diabetes, and this number is increasing in every country. Diabetes is a leading cause of blindness, amputations, kidney failure, heart attacks and stroke, and early death. The International Diabetes Federations estimates that by 2040 there will be more than 642 million living with the disease.

Did you know that as you get older, you have a greater chance of getting type 2 diabetes? It's true. You have a greater chance of getting diabetes if you are age 45 or older, are overweight or obese, or have a family history of diabetes.

You can take steps to prevent or delay getting type 2 diabetes. If you are overweight, losing a modest amount of weight can help. A modest weight loss for a 200-pound person who wants to prevent or delay type 2 diabetes is about 10 to 14 pounds.

Choose healthy foods. Eat more fruits and vegetables and fewer high-fat foods to help with weight loss.

- Choose whole grain foods such as whole wheat bread, crackers, cereals, brown rice, oatmeal, and barley.

- Choose fish, lean meat, chicken and turkey without skin.

- Eat foods that have been baked, broiled, or grilled instead of fried.

- Drink water instead of juice and regular soda.

- Reduce portion sizes: Eat smaller amounts of food

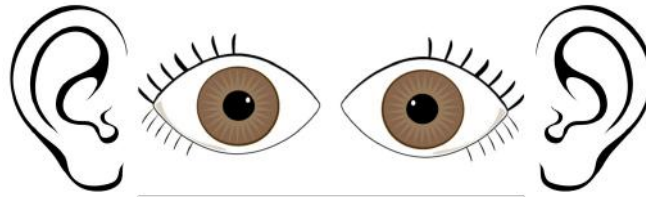
Start now to get moving-and have fun: add more activity each day until you reach at least 30 minutes a day, 5 days a week.

Diabetes is deadly and debilitating...Every 8 seconds, someone in the world dies from the complications of diabetes. It is among the top 10 causes of disability: tens of millions of people with diabetes suffer serious conditions.

*Stay Healthy*

*PCC Celeste*

## Health Services Board - Stories to Warm Your Heart



Our first story comes from Lion Rosalie Smith from the Hopkinton Lions Club and OKS Coordinator for Zone 5 in District 44N. It has been edited for space reasons:

“The first year that the Zone started doing the vision screenings, we were eager to get started. We won over the superintendent and the school nurses to be able to do the screenings in the schools. We screened the elementary school and had average results. We then moved on to the middle school and did the 4th and 5th graders with similar results.

When we got to the 6th graders, they wanted to know how the SPOT worked and we showed them as we were doing the screenings. All went well. Then we got an unusual result from one student. The lead Lion screener knew enough about the results from the screening to express concern. Apparently the student had a significant degree of anisocoria (a response of the nervous system with possible indications of eye injury or disease).

We alerted the nurse who spoke to the student. She reported having occasional headaches and blurred vision but said they did not interfere with her regular activities. The nurse said she would follow up with the parents.

After checking back with the nurse over the next few weeks, we learned that the student had been taken to an ophthalmologist who determined that the child had an unrecognized benign tumor which was affecting her pupillary reflex. The student was successfully treated!”

Thanks go to the Lions who gave their time and talents to do the screening and the equipment that can find issues like this and change someone’s life!!

OKS Screening tip of the month: If you do the same schools in your community every year, think about your club buying each school their very own USB stick to put all the student data on. That way you never have to take it out of the school!

Remember to send your event summary into the HSB representatives. 44H please send to Becky Brown at [beck-brown@hotmail.com](mailto:beck-brown@hotmail.com) and for 44N we do not have an administrator at this time so you can send it to Sue Lindberg, [suelindbergnh@gmail.com](mailto:suelindbergnh@gmail.com). If you would like to become the 44N administrator, please let me know.

Also, please send in your heartwarming stories so that we can share the good feelings!

Sue Lindberg  
HSB Chair





Lions Clubs International  
**FOUNDATION**

# OUR FOUNDATION

Does your Club donate to LCIF, do YOU?

Let your local community know what you are doing;

Thanks to all the Clubs that have donated so far this year

Give your club the recognition it deserves! Tell the local community about your club's support of LCIF to garner more community interest and awareness of your club and its various programs. [Read more](#) about how to promote your club and the Foundation.

Go to LCIF.org, click on resources and select 'Sample Press Releases' Simply click on a sample release and localize the release by replacing the bolded text with your club's information before submitting it to the local newspaper. All releases are formatted in a Word document. Be sure to delete the bold and (parenthesis) and then copy the final text onto your club's letterhead and e-mail to the newspaper. Be sure to include a local club contact name, phone number, e-mail address, website and social media links so the newspaper and readers can contact you to follow-up for more information. It's that easy!

When you give to the Foundation, you can be sure that your contribution is making a difference in the lives of people in need. It's easy to make a [donation online](#), and there are several [other ways](#) to make a donation and contribute. [Recognition programs](#) for Lions provide one way for us to honor the generous dedication Lions have to supporting LCIF.

If your Club does not donate to LCIF please encourage them to do so. As individuals we can also give. For as little as \$20.00 you can become a contributing Member. You can also set up a plan, either through your Club, or directly with LCIF to give on a regular basis.

As your District LCIF Chairperson I am here to help in any way I can. If you have any questions or would like to donate, please contact me at PccBill.LCIF44H @yahoo.com

Thank you.

Bill Rathbun, Past Council Chairman  
LCIF District Coordinator

“Give ‘til it hurts”



# Chicago Convention The Parade





# Lions Twin State Soccer July 2017





*Lions Twin State Soccer July 2017*





# Lions Twin State Soccer July 2017

