

The PRIDE

Newsletter of Lions District 44-H ~ New Hampshire



NOVEMBER 2016 ♦ Volume 43 ♦ Number 5

DISTRICT GOVERNOR (DG)

Al Goldstein (Christine)
35 Main St
Atkinson, NH 03811
H: (603) 362-6529
C: (603) 913-1281
E: algoldstein@comcast.net

1st VICE DISTRICT GOVERNOR (FVDG)

Sam Longbook (Berny)
37 St. John Lane
Hampstead, NH 03811
H: (603) 329-5603
C: (603) 885-6477
E: slongboo@comcast.net

2nd VICE DISTRICT GOVERNOR (SVDG)

Jerry Vaccaro (Marilyn)
74 Chase Road
Londonderry, NH
H: (603) 437-1408
C: (603) 204-7752
E: jvac1408@comcast.net

CABINET SECRETARY-TREASURER (CST)

Robert Gustafson
16 East Road
Atkinson, NH 03811
H: (603) 489-1776
C: (603) 553-0531
E: robertgustafson11@gmail.com

MULTIPLE COUNCIL CHAIR (MCC)

PDG Scott Wilson (Valencia)
31 Alvime Drive
Hudson, NH 03051
H: (603) 880-1838
C: (603) 770-3700
F: (603) 782-0168

E: scottwils@comcast.net

Global Membership Team

Steve Middlemiss (LeeAnn)

22 Abbott Street,
Hudson, NH 03051
H: (603) 883-5205

C: (603) 566-7616

E: cstmiddlemiss@gmail.com

Global Leadership Team

Toni Olden

95 Plymouth Street
Meredith, NH 03253

H: (603) 279-6016

C: (603) 677-2431

E: toniolden@gmail.com



Greetings Fellow Lions,

Thoughts from

District Governor Al Goldstein

The Holidays are fast approaching. This is the time of year when many people call on the Lions for help. As I visit clubs with CST Bob we hear all of the clubs large and small discuss the fundraising efforts they are putting forth to help support the service projects.

It is truly amazing how so much gets done by the clubs. The efforts put forth to help make Thanksgiving and Christmas a little nicer because of the efforts of the Lions is truly heartwarming. Bob and I sit in on the meetings and listen to all of the work being done. We are truly impressed!

Another very encouraging thing is the clubs getting involved with vision screening. This effort is very important and the feedback we get is very encouraging. I strongly urge any club who has not screened any children yet to reach out to the District OKS coordinators for help to get it off the ground.

We have now visited more than a third of all the clubs in the District and we are looking forward to visiting all of you.

[Just a reminder: November 19th at the Delta Dental Center in Concord we are conducting a Leadership-Membership Workshop.](#) Details are in this newsletter. We hear all the time clubs are looking for ideas or help to bring in new members or the fact that they are having a hard time getting people to move into leadership positions. This workshop is designed to help with all of these issues as well as a focus on Retention. Please as this is open to all of the Lions in the District consider joining us for day of learning and sharing ideas.

My Wife Christine and I along with our Family wish you and your family a Happy Thanksgiving.

Thanks for all you do

Al

"We make a living by what we get but we make a life by what we give" Winston Churchill





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In The Pride

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NELC Weekend

Visitation Schedule for District Governor Al.

Please contact CST Bob Gustafson to set up a visitation .

Upcoming Visits:

Epsom Chichester - 11/3
Raymond 11/8
Kingston - 11/10
Hudson - 11/14
Exeter - 11/15
Moultonboro - 11/21
Sandown 11/30
Hampton - 12/5
Chester - 12/8
Sandown - 12/14

Hello Club Presidents & Secretaries,

I will be reaching out to you to see when we can set a time for our DG Visitation.

I would like to visit as many clubs in the beginning of the year, if possible.

Please feel free to contact CST Bob at:
robertgustafson11@gmail.com.

We will find a time that will fit into my schedule and vise versa for your club schedule.

Events Calendar

November

- 11/09 Camp Pride Meeting 6:30pm, Location TBD
- 11/09 Lions Youth Services Mtg, 6:30pm Blake's Restaurant, Manchester
- 11/17 LSHF Meeting, 6:30pm Hannafords, Bedford NH
- 11/22 Health Services BoardMtg, 6:30pm Location TBD
- 11/30 Twin State Soccer Assoc 7:00pm Location: Elks Club, Lebanon NH

December

- 12/14 Camp Pride Meeting 6:30pm, Location TBD
- 12/14 Lions Youth Services Mtg, 6:30pm Blake's Restaurant, Manchester
- 12/15 LSHF Meeting, 6:30pm Hannafords, Bedford NH
- 12/27 Health Services BoardMtg, 6:30pm Location TBD
- 12/28 Twin State Soccer Assoc 7:00pm Location: Elks Club, Lebanon NH

Newsletter Editor Change effective July 1st!

Starting with the July newsletter, please send all articles, pictures, and information to Christine Goldstein at

newsletter44h@outlook.com.

Deadline for submission is September 20th!



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Immediate Past District Governor

Scott Wilson
31 Alvirne Drive
Hudson, NH 03051
C: (603) 770-3700
E: scottwils@comcast.net

Global Membership Team

Steve Middlemiss
22 Abbott St
Hudson, NH 03051
H: (603) 883-5205
C: (603) 566-7616
E: estmiddlemiss@gmail.com

Global Leadership Team

Toni Olden
95 Plymouth Street
Meredith, NH 03252
H: (603) 279-6016
C: (603) 677-2431
E: toniolden@gmail.com

District Newsletter Editor

Christine Goldstein (DG Al)
35 Main St
Atkinson, NH 03051
H: (603) 362-6529
C: (603) 817-2630
E: newsletter44h@outlook.com

District Photographers

Deedee LaTulippe
136 Lowell Rd
Hudson, NH 03050
C: (603) 566-0691
E: liondeedee@comcast.net
and
Nancy Greer O'Dowd (Tom)
P.O. Box 1163,
Wolfeboro, NH 03894
H: (603) 569-1160
C: (603) 387-6808
E: lupsmom14@gmail.com

Environment

Becky Brown (Bill)
P.O. Box
Windham, NH 03087
H: (603) 432-9419
E: beckbrown@hotmail.net

Facebook Administrator

Marie Valliere
95 Plymouth Street
Meredith, NH 03253
H: (603) 279-6016
E: keylion03@gmail.com

Thoughts from

First Vice District Governor Sam Longbook

Hello Fellow Lions,

Let me start with "Membership" the life blood of our organization.

Our district has for the past years been growing where we are approaching the required 1,250 lions to be a single district. We have been adding a new club in the district each year as well. Now for DG Al's year we are on tract with adding a new club, also working on restoring Dove Lions Club and clubs are encouraged to grow and work on retention.

The District is planning a Membership and Leadership workshop in November.

NOW to report on a great time and learning experience had at the USA/CANDA Forum attended by Lions Berny and myself along with other Lions from our Multiple District 44. Berny and I arrived on Wednesday to celebrate our 48 Anniversary with a nice steak dinner in Omaha.

The Forum started on Thursday afternoon with classes for first timers, classes on GLT/GM and the PAW a contact and Information device use at the forum. The facilities and accommodate (hotel and convention center) were very accommodating, well organized with well planned activities. There were 82 classes available over the two and one half days of the forum. The classes were well prepared with good presenters as well as being interesting and well attended.

Berny and I as well as the other MD 44 Lions enjoyed the classes and fellowship.

On Saturday afternoon in two hours 22 of the 24 Lions from NH Lions helped package over 100,000 meals to be distributed in the Omaha area.

The Lions from New Hampshire and Vermont had a good time while developing a close fellowship.

The afterhours activities were out of control with much laughter, singing and fellowship. We became the main group of Lions used recording the centennial torch transfer and sending off IP Bob Corlew to visit cities across the country.

I strongly recommend if you can afford it and are committed to Lionism you plan on attending then next forum in Portland Or (2017), if not in Portland then in Columbus Ohio (2018).

Berny and I are planning on attending the future Forums.

Lion Berny and I wish every Lion and there family a very happy Thanksgiving.

My personal goal/focus for 2016 -2017

Work with clubs in support of a club service or fundraising project.

By working club events, I hope to get to know more Lions and get a better understanding of their clubs.

I FEEL LIKE I CAN CONTRIBUTE MORE WORKING CLUB PROJECTS, WHILE GETTING TO KNOW THE CLUBS AND INDIVIDUAL LIONS. PLEASE CONTACT ME WITH YOUR UPCOMING EVENTS

If I can help in anyway please feel free to call on me. Yours in Lionism.

Call me at 329-5603 or e-mail me at slongboo@comcast.net



Thoughts from

Second Vice District Governor Jerry Vaccaro

Let's talk MORE about LEADERSHIP!

The District needs leaders, so how do we go forward in making this happen.

First, my last month's article outlined the ways to improve your club leadership skills and to recognize new potential Lion club leaders. NOW, as a leader, it is time to help our District.

Please review all the District Programs and plan a visit to one of them. During their meeting see if you would be interested in being part the program. If, you feel that this program is not for you make the time to visit another.

The District needs help, you as a leader you can make a difference. Once you find the program of your choice you will come to enjoy and have fun working with the existing great Lion team.

Finally, the result of new voices and new idea's in our District programs will make our Lion Organizations stronger. The beneficiary of stronger lion's organizations is that WE can better SERVE our communities and the needy of New Hampshire.

As a District Leader, I have had visited and have been involved in many of the District programs and have seen how Lions do make a difference.

As always, I am available for a club visit and challenge me on any topic.

Thank you for what you do as a Lion,

Jerry



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ZONE 1 CHAIRPERSON

Gail Dacey
26 Windward Ter
Salem, NH 03079
H: (603) 898-6913
C: (603) 560-1029
E: grd514@aol.com
Clubs: Hudson, Litchfield, Nashua, Salem,
Windham, Nashua Everest Centennial
Pelham Centennial

ZONE 2 CHAIRPERSON

Patricia Kimball
30 Eastfield Loop
Sandown, NH 03873
H: (603) 887-6331
C: (603) 819-8433
E: pmadx@aol.com
Clubs: Atkinson, Hampstead, Plaistow,
Sandown, Kingston

ZONE 3 CHAIRPERSON

Mary Tremblay
23 Carlson Rd
Hampton, NH 03842
H: (603) 926-2069
C: (603) 380-3704
E: mivtremblay@earthlink.net
Clubs: Epping, Exeter, Hampton Area,
Portsmouth, Rye, Seabrook

ZONE 4 CHAIRPERSONS

Colleen Towle
271 Freemont Rd
Chester, NH 03036
H: (603) 887-3183
C: (603) 203-623
E: kittygrammy@mygsc.com
Clubs: Auburn, Chester, Derry,
Londonderry, Raymond

ZONE 5 CHAIRPERSON

Marilyn Vaccaro
74 Chase Rd
Londonderry, NH 03053
H: (603) 437-1408
C: (603) 204-7251
E: jvac1408@comcast.net
Clubs: Epsom / Chichester, Loudon,
Saddleback Mountain, Suncook
Valley Area

ZONE 6 CHAIRPERSON

Peter Houde (Christine)
104 Rocky Hill Road,
Somersworth, NH 03878
C: (603)-834-3420
E: phoudee@gmail.com
Clubs: Dover Cocheco River, Rollinsford /
South Berwick, Somersworth

ZONE 7 CHAIRPERSON

John Bisio
30 Brookstone Lane,
Madison, NH 03849
C: (603)236-9228
E: jbisio34@gmail.com
Clubs: Conway Area, Laconia / Gilford,
Meredith, Moultonboro, Wakefield,
Whittier, Wolfeboro



Thoughts from Cabinet Secretary-Treasurer *Bob Gustafson*

Fellow Lions,

Just a reminder that we have our 2nd 44-H Cabinet meeting of the Lions year on Sunday, November 6th at Pheasant Ridge Country Club in Gilford. Keep those registrations coming in so we can make the event worth its wait. Please call or e-mail me with any questions you might have. As always, please remember to submit your month membership and activity reports as soon as you can so District leadership can get a heads-up on challenges and/or opportunities. Remember, Membership matters.

Quote of the month: "There is nothing either good or bad but thinking makes it so" - Shakespeare

Yours in Lionism,

CST Robert Gustafson

*E robertgustafson11@gmail.com

*C 603-553-0531

Thoughts from Multiple Council Chair *Scott Wilson*



"When we seek to discover the best in others, we somehow bring out the best in ourselves."
-William Arthur Ward

What is Servant Leadership?

As a servant leader, you're a "servant first" – you focus on the needs of others, especially team members, before you consider your own. You acknowledge other people's perspectives, give them the support they need to meet their work and personal goals, involve them in decisions where appropriate, and build a sense of community within your team. This leads to higher engagement, more trust, and stronger relationships with team members. It can also lead to increased **innovation**.

You are a servant leader when you focus on the needs of others before you consider your own. It's a longer-term approach to leadership, rather than a technique that you can adopt in specific situations. Therefore, you can use it with other leadership styles such as Transformational Leadership.

You can become a servant leader by working on these 10 characteristics:

1. Listening.
2. Empathy.
3. Healing.
4. Awareness.
5. Persuasion.
6. Conceptualization.
7. Foresight.
8. Stewardship.
9. Commitment to the growth of people.
10. Building community.

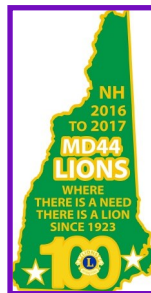
Servant leaders are likely to have more engaged employees and enjoy better relationships with team members and other stakeholders than leaders who don't put the interests of others before their own. Thank you now and always for the work you do!

Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.

~Author Unknown

Warmest regards,

Scott A. Wilson





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Hearing Preservation, Awareness & Action

Scott Wilson (Valencia)
31 Alvirne Drive
Hudson, NH 03051
C: (603) 770-3700
E: scottwils@comcast.net

Information Technology (Webmaster)

Jay DeRoche (Kathleen)
20 Sunrise Terrace
Plaistow, NH 03865
H: (603) 382-7024
W: (508) 475-0397
john.deroche@comcast.net

Lions Alert

Judi Gibson (Dick)
39 Lantern Lane
Epsom, NH 03234
H: (603) 736-9942
C: (603) 731-6298
E: gibjudi@hotmail.com

Lions Fellowship

Nancy Greer O'Dowd (Tom)
P.O. Box 1163,
Wolfeboro, NH 03894
H: (603) 569-1160
C: (603) 387-6808
E: lupesmom14@gmail.com

Peace Poster Contest

Lillian Bellisle
29 Cedar Street
Hudson, NH 03051
H: (603) 889-0285
E: lionjeri@comcast.net

Public Relations & Lions Information

Marilyn Richardson
PO Box 65
North Salem, NH 03073
H: (603) 882-1997
C: (603) 204-7914
E: Marilyn@pcom.com

Sight Preservation, Awareness & Action

Judy DelValle-Webb (Rawson)
224 North Broadway,
Salem, NH 03079
H: (603) 458-1908
C: (603) 502-6869
E: northbroadwayoptical@gmail.com

Uniforms/Jackets/Shirts/Hats & Emblems

Joe Kasper (Joanne)
63 Pine Hill Road,
Weare, NH 03821
H: (603) 529-0439
C: (603) 548-0286
E: jkasper@nedelta.com

LCIF Coordinator

PCC Bill Rathbun
12 Sunset Road
Meredith, NH 03253
H: 606-707-9285
E: pdgbill33y@yahoo.com

Thoughts from Global Membership Team Leader *Steve Middlemiss*

Global Membership Team Leader



Presidents, Secretaries and Membership Chairs there are several guides on the International website www.lionsclubs.org that can help you create a great meeting atmosphere where current and prospective members can feel that they belong. "It is easy to recruit new members when you invite them to meetings that are welcoming and enjoyable." This is the first sentence of the guide Your Club, Your Way! I think this says it all. We need to continue to evolve as an organization and review our meeting structure to meet today's needs. This guide helps you do that by guiding you through the different formats a club meeting can be, Traditional, Cyber or a combination. With the new generation out there just waiting to be included, we need to fit with the times. I highly recommend this guide.

In order to help you accomplish this goal your District Leadership team is in the process of putting together a Leadership/Membership workshop. Each of us is working toward making this a very highly productive workshop. It will be held on **November 19th** starting at 8:30 am at the Delta Dental building in Concord. All current leaders including Membership Chair as well as those who are interested in being a leader are encouraged to attend. Hope to see you all there. If you need to get in touch with me my cell phone is 603-566-7616 and email is cstmiddlemiss@gmail.com.

Don't forget to JUST ASK!

Yours in Lionism

GMT Leader Steve Middlemiss



Thoughts from Global Leadership Team Leader *Toni Olden*

I had the opportunity to hear some pearls of leadership at the New England Lions Council banquet. Their guest speaker, Lion Randy Pierce of Hudson, delivered an inspirational and entertaining talk. A few minutes into his talk, it occurred to me that I should take notes so I could share. Here are a few of the gems: know when to be led and when to lead; take stock in what you have accomplished; work out differences in a healthy way; teamwork is about collaboration; the first step is saying "I will"; and do your part – just step up and do it. Simple words with a powerful message. As leaders we look for the tagline or phrase that keeps us motivated and for me, I heard a great one the other night: practice makes progress. How true! The more we lead, the better we get at it. So take a chance, step up – you may stumble, but the more you try the better you will get.

Mark the date: Saturday, November 19. District 44-H is holding a membership and leadership workshop from 9am to 3pm at Northeast Delta Dental in Concord. Lunch will be served and best of all, there is no cost! All Lions of the district are invited to attend. The guest speaker will be PID John Pettis from Massachusetts. Hope to see you there!

Yours in Lionism,

PDG Toni Olden



MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1134	1159
Added Members	08	29
Dropped Members	14	60
Closing Balance	1128	1128
Net Gain/Loss	-6	-31
Worldwide		1,400,064



Club	New Member	Sponsor
Atkinson-Sept	Frederick Young	William Kotzky
Conway-Sept	Kathy Amonte	Nely Amonte
Hudson-Sept	Jennifer Craffey	Celeste Ricupero
Hudson-Sept	Michele Larivierre	Pauline Boisvert
Moultonboro-Aug	Karen Barron	Patricia Strickland
Nashua-Sept	Fran Henderickson	Erin Freda
Nashua-October	Brian Rhodes	Edward Lecius
Portsmouth-Sept	Judith Lyons	Stephanie Hurd
Portsmouth-Sept	Sandra Makmann	Amy Pruszenski
Portsmouth-Sept	Stephan Smith	Kimberly Hislop
Salem-Sept	Barbara Valenkas	Robert Elliott
Wakefield—Sept	Jeanne Baker	Sharon Baldwin
Windham-Oct	Debra Cedrone	Patricia Provenzano
Windham-Oct	Francis Cedrone	Frank Provenzano
Nashua Everest Centennial—Aug	Pabrita Gurung Som Gurung Chandra Kadariya Mohan Karki Santosh Nepal Mukti Narayan Rai Padmashree Rimal Alka Swar Binod Swar	Umesh Koirala Umesh Koirala Umesh Koirala Umesh Koirala Rajina Nepal Umesh Koirala Anil Upadhyaya Umesh Koirala Umesh Koirala



District 44 H Cabinet Meeting Sunday
November 6th

Pheasant Ridge Country Club

140 Country Club Rd, Gilford, NH 03249

Muffins, Danish and coffee cake

Assorted bagels, cream cheese, peanut butter, butter and jams

Sliced melons and fresh fruit display

Scrambled eggs

Breakfast sausage

Bacon

Breakfast potatoes

Waffles with maple syrup, butter, strawberries, whipped cream

Regular and decaffeinated coffee and tea

Orange juice, cranberry juice

8:30am Social
9:15am Breakfast
10:00am Meeting

Make Check Payable to: District 44-H

Send Payment to: CST Bob Gustafson

16 East Road, Atkinson, NH 03811

Please send your payment as soon as possible to reserve your seats at the Cabinet meeting.

Name(s): _____

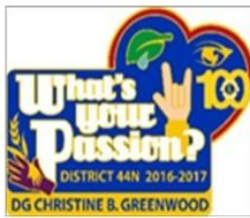
Name of Lions Club _____

Total Attending: _____ X \$19.00= _____

Check Total: _____

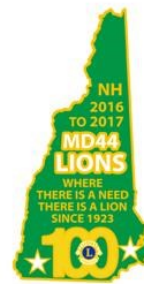
Any Questions, please call Bob Gustafson at (603) 553-0531





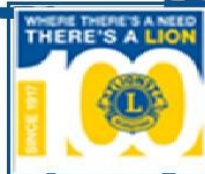
44N CABINET MEETING

November 13, 2016 Puritan Backroom 9am-1pm
245 Hooksett Rd. Manchester, NH



Sunshine Breakfast
Buffet \$20/person

Pancakes
Scrambled eggs
Sausage links
Home fries
Fresh fruit
Assorted pastries
Cold Cereal
Toasted English muffins
Juice/Coffee/Tea



Make plans to join the District
and

Special Guest Speaker:
"Lion Randy Pierce"

"Achieve a Vision
Beyond Your Sight"

-

Registration

8:30 am

Meeting Opening 9:15-10:00 am

Brunch 9:30-10:00 am

Resume meeting 10:00 am

Adjourn

1:00 pm

Reminder: Only District raffles may be sold at
Cabinet Meetings. Club Announcements and
activities are always welcome.

Name: _____

Club: _____

Name: _____

Attending _____ @ \$20.00 pp= Amount enclosed: \$ _____

Payable to Lions District 44-N and Please mail to
CST Deb Hogancamp, PO Box 14, Kingston, NH 03848

~ RSVP BY NOVEMBER 6, 2016 ~



L



Leadership-Membership

Workshop

Saturday November 19th

9 A.M -3 P.M.

Northeast *Delta Dental*. Conference Center

One Delta Drive

Concord N.H.

A fun and inspiring training

Leadership-Membership- Retention

A classroom setting

This is open to all current and future leaders of District 44H

Coffee and snacks in the morning and during breaks

Lunch will be provided

Special Guest Speaker PID John Petis JR.

International Director 2013-2015

Please RSVP to Celeste Ricupero recupero@comcast.net by November 16th 2016

Questions Bob Gustafson 603-553-0531

Presented to you by the Leadership Team of District 44H



**Happy 100th
Birthday**

57th Annual Multiple District 44 Mid-Winter Convention

Nashua Crowne Plaza
2 Somerset Parkway, Nashua, NH 03063
January 27-29, 2017

**Celebrate
Good Times**



EVENT REGISTRATION FORM

Contact Name:

Club Name:

Email:

Phone:

Convention & Entertainment Fee of
\$5 is included in all Meal Packages

Friday Meal: Italian Party Buffet
Meatballs, Sausage and Pasta, Eggplant
Parmesan, Caesar Salad,
Ice Cream & Birthday Cake

Saturday Meal: Choose One
B - Torenados of Beef
F - Georges Bank Haddock
R - English Pea Risotto

	All Inclusive - Friday Buffet & Entertainment, Saturday Banquet and Hors d'oeuvres	Friday Banquet & Entertainment	Saturday Banquet and Hors d'oeuvres	Convention Fee (meetings only - no meals)	Friday Night Entertainment only (no meals)	X - Indicate any special dietary needs at bottom B = Torenados of Beef F = Georges Bank Haddock R = English Pea Risotto	Sub total
Full Name and Office	\$63	\$21	\$42	\$5	\$5	choose one	
1							
2							
3							
4							
Make Checks Payable to: Lions Multiple District 44 Convention						TOTAL	

Room Night
Reservation
Deadline

**December 28
2016**

Meals
Registration
Deadline

**January 20
2017**

If there are any special dietary needs, please indicate here:

Saturday Breakfast / Lunch and Sunday Breakfast will be on your own. There is a restaurant at the hotel and many other choices near the property.

Hotel Reservation Process at Lions Convention Room rate:

Single or Double is \$115 per night + tax

Call Crown Plaza at (800) 277-6963 or (603) 595-4166 and identify
yourself as part of the NH Lions Mid-Winter Convention.

All reservations must be made by Wednesday, December 28th for special rate.

Send registration form and check for meals to:

PCC Celeste Ricupero

Convention Chairperson

7 Winn Avenue, Hudson, NH 03051

For questions, please call Celeste at (603) 321-0737

Email: ricupero7@comcast.net



CELEBRATION of PEACE POSTER CONTEST 2016-2017 FOR DISTRICT 44H AND DISTRICT 44N

The Peace Poster contest is soon approaching the November 15th deadline. An email has been sent out to all Zone Chairs regarding the following information. If you have not been contacted by your Zone Chair, please reach out to them.

DEADLINES

44H – November 4 –

All posters will be collected and will be judged at the 44H Cabinet Meeting on November 6

44N – November 10–

If you are attending the 44N Cabinet Meeting on November 13, then please bring all received material to the meeting. However, those that are not received at the cabinet meeting, may be collected but need to be post- marked no later than the November 15 deadline. Any poster postmarked after this date, will be disqualified from the contest. If your club's poster is not brought to the Cabinet Meeting, please send them by or before the post- mark deadline date to: Rhonda Wynne, LYS PP Director, 344 Elm Street Unit 61, Milford NH 03055

SPECIAL REQUESTS

Club Chair chooses 3 winners, 1st, 2nd, 3rd plus two additional posters, for a total of (5) five Posters. Please identify each poster, club, name of participant, age, etc. on the back lower right/left side of the poster.

Club Chair purchases (5) 8x10 Photo frames (preferably black) which can be purchased at a local Dollar Store. If club cannot purchase frames, please be sure that this information is given to the LYS Director (Rhonda Wynne) so that enough frames are purchased for framing.

Club Chair takes a photo of each of the 5 posters and emails said photos to:

Rhonda Wynne at rwynnemilford@comcast.net

Club Chair sees to it that photographs are taken and emailed, five picture frames are purchased and shipped or given to their Zone Chair separately. Posters are carefully rolled and inserted into a tube mailer and shipped or given to their Zone Chair. Or, if the Club Chair will not be attending the Cabinet Meeting, the Club Chair collects the posters and frames and gets them to their Zone Chair so that they can bring them to the meeting. If for some reason, the Zone Chair or the Club Chair cannot attend the cabinet meeting, please make sure that the requested material is mailed (separately) and postmarked before or by the November 15 deadline date and sent to Rhonda Wynne, 344 Elm Street Unit 61, Milford NH 03055.

PROCESS AND DEADLINES

District Governor from each district selects one (1) winning poster from participating clubs. District 44H, DG Al Goldstein - will be selecting one winner on November 6th, District 44N, DG Christine Greenwood -will select winner from the postmark deadline date November 15th (approximately November 18th or 19th). District Governors will then send their winning poster to the Multiple Council Chairperson, MCC Scott Wilson postmarked deadline is December 1st. Postmark deadline of December 15th - for MCC Scott Wilson to send one winning poster to the Public Relations Department at International Headquarters. February 1st – International winners notified on or before this date.

44H Clubs Participating by Zone

Zone 1 – Litchfield, Salem, Hudson
Zone 2 – Atkinson, Hampstead, Sandown
Zone 3 – Seabrook
Zone 5 – Epsom-Chichester, Saddleback Mtn
Zone 7 – Conway, Moultonborough

44N Clubs Participating by Zone

Zone 1 – Pinardville
Zone 2 – Amherst, Brookline, Merrimack, Milford
Zone 5 – Concord
Zone 6 – Franklin
Zone 7 – Canaan,
Orford Zone 8 –
Littleton



ATTENTION

District 44-H is having a contest

WHICH CLUB CAN DESIGN THE BEST BROCHURE

Pictures and what your club does should make everyone want to pick one up and read it.



Think about font, color and size.

Some rules do apply. The Lions Logo must be included and it must be the current one as seen at the top of this flyer. Our motto, “We Serve” must also be in the brochure.

It can be tri-fold or bi-fold. Please do NOT include the list of current officers but do have a contact name, number or website address for interested persons to get a hold of your club.

For information or to submit your entry contact Lion Marie R. Valliere at: keylion03@gmail.com. I am willing to come to a meeting to speak to your club about making a brochure.

All submissions must be received by April 15, 2017

WELCOME HOME ED AND ELAINE

PID ED FARRINGTON RECEIVES GRANITE STATE FELLOW FROM LIONS SIGHT & HEARING FOUNDATION OF NH, INC



PID Ed Farrington is pinned by Lion Elaine Farrington with Granite State Fellow Pin.
On Oct 16 at the Homecoming for PID Ed and Lion Elaine, a Granite State Fellow was presented to
PID Ed by President Sandra on behalf of the Lions Sight Hearing Foundation of NH, INC.
The Granite State Fellow Is the highest Lions recognition award in the state of NH.

Give Recognition with a Granite State Fellow



Recognize an outstanding member of your Lions Club or a person in your community with a Granite State or Progressive Granite State Fellow. This recognition comes with a beautiful plaque, a lapel pin and a letter honoring the recipient. By making a donation of \$500.00 to LSHF you not only give recognition but you are aiding a NH Citizen who is in need of our services. Donations go directly into the Lions Sight & Hearing Foundation of NH, INC endowment which provides cataract surgeries and hearing aids to NH residents in need of these services.

Applications are online at: nhlions.org

Contact Chairperson

PCC Roger LaTulippe

dgroger@comcast.net

Lions Camp Pride NEWS

Lions District 44-H Service to Mankind, Inc. Established 1989 ~ 27yrs ago



For anyone interested in begin a board member, an associate member, or just in helping out, please have your club secretary send a note to Jeri Maynard lionjeri@comcast.net. Elections will be at the annual board meeting on November 6th.

Up-Coming events annual calendar raffle contact Lillian Belisle for more information, ice racing contact Bill Lounsbury, Dave Linden for additional information.

Any club that would like a member of the board to visit a club meeting, and make a presentation on Lions Camp Pride please contact me at lionscamppride@yahoo.com.

Team work is the key to our current and future successes.

Thank you for caring about our camp!

Peter

Peter LaPointe, President Lions Camp Pride hampstead.lions@gmail.com. Camp Pride Board of Directors meets the 2nd Wednesday of each month at social 6pm meeting @7:00pm, at the Cork and Keg in Raymond NH.

New Hampshire Sight & Hearing Foundation

Greetings to all NH Lions from your:
NH Sight & Hearing Board of Directors

Please see elsewhere in this newsletter the presentation of a Granite State Fellow plaque to Immediate Past International Director, Ed Farrington.

Ed has spent the past two years serving 44N, MD44, NH, the US, and the world as a representative of Lions Club International.

All of NH is proud of his accomplishments and service, and welcome him home to NH.

PID Ed currently serves 44N as GLT.

We are seeking Lions who would like a position on the Sight & Hearing Board. Please contact me if you would like to be part of the exciting and rewarding work that we do for those less fortunate than ourselves in the State of New Hampshire.
Open positions are 2 each in 44H and 44N.

Come and join us at our next meeting on November 17, 2016, at Hannaford's Board Room (upstairs) - 7 Kilton Road - Bedford.

Let me know if you will attend, so I can save a chair for you.

You are ALL members of the NH Sight & Hearing Foundation.

PDG Sandra G. Hurd -- 424-8922 - axstewart@comcast.net

President, NH Sight & Hearing Foundation



Hello Fellow Lions, It is Judy again. As the Chair of the Health Services Board, I with a wonderful group of Lions from both districts N & H oversee Operation Kids Sight, The Dog Project, the weekend for the blind, and the Pilot hearing testing in our state.



The mountain the HSB is climbing involves screening the children of NH. We invite all of you to join us in this climb. The more help we have the faster we will achieve our first goal of screening 100,000 Children

Numbers are just starting to come in for H. These represent only 50% of the screening completed. Please help us out Lions. If you screened please give the info to Becky Brown so that we may complete the Numbers for LCI. You are doing the work now let us know how well you are doing! So far we are not at 10% showing.

Potential 2,213 screened 1,872 complete 1,826 referred 92/flagged 50.

Yours in Lionism,

Judith Del Valle-Webb



The Wakefield Lions Club

Ham and Bean Supper

Come and join us for a complete dinner--no paper plates or plastic forks, this is the real deal!

November 12th
5:00p.m. - 6:30p.m.

Veterans Eat for FREE

Only \$8.00 for Adults

Children 12 and under \$5.00

The Grange Hall/Hotchkiss Commons

71 Main St. Union, NH

Ham
Beans
Rolls
Coleslaw
Drink
Apple Crisp

Dine in or
take out

The Wakefield Lions Club has been giving back to
our community since 1954. Join us in making our
communities and world a better place to live!



SANDOWN LIONS

Please join the Sandown LIONS Club for a

MEXICAN FIESTA



Date/Time: Saturday, November 12, 2016

5:00 to 7:00 pm

Location: Sandown Town Hall, 320 Main Street (upstairs)

Cost: Adults - \$6.00

Veterans/Seniors - \$5.00

Children 12 and under - \$3.00

The menu will feature a Taco bar with all the fixings, Spanish rice, Refried beans, tortilla chips, drinks and desserts (Gluten free, too)

A portion of the proceeds will be donated to the Sandown Food Pantry for Holiday Baskets and The Sandown Historical Society to Save the Old Train Car



PANCAKE BREAKFAST

Hosted by

" Conway Area Lions "



When: Saturday November 19th

Where: North Conway Community Center

Time: 8am to 11 am

Cost: By Donation

Please Bring non perishable food item

** Proceeds to benefit Starting Point **

GF Available

** WE SERVE **



The Atkinson Lions Club Announces.....

Save the Date....



“Christmas with the Stars” presented by the Atkinson Lions Club will be coming to the Timberlane Performing Arts Center in Plaistow, NH on **Friday, December 16, for one performance only. The world famous impersonators, The Edwards Twins**, direct from Las Vegas, will perform their interpretations of Cher, Celine Dion, Andrea Bocelli, Barbra Streisand and many more. Proceeds will be used to build the Centennial Clock commemorating the 250th Anniversary of the Town of Atkinson, the Centennial of the founding of Lions International and the 40th Anniversary of the founding of the Atkinson Lions Club. **Tickets may be purchased on line at: www.mktix.com/trpac or by phone (603)257-5257.**

Check out the Edwards Twins Web Site: www.theedwardstwins.com/membership.html On behalf of the Atkinson Lions thank you for considering participation in our event! John D. Troy Publicity, Atkinson Lions Club



HUDSON LIONS CLUB PROVIDES \$5k FOR KITCHEN APPLIANCES AT FIRE STATION

L_R: Hudson Lions Club President, PCC Celeste Ricupero, Chief Robert Buxton Hudson Lions Board Members PDG Gary Rodgers and PCC Deedee Lee LaTulippe

In 2017 Lions Clubs International will celebrate 100 years of service and the Hudson Lions will be part of this special moment in history by celebrating 70 years of service to the Hudson Community, the District and Lions International. Some of the ways that the Hudson Lions Club assists the Hudson Community are free vision and hearing screening in the schools and at events, collecting and recycling of eyeglasses and hearing aids for the needy, road clean up, blood drives for the American Red Cross, the Military Coupon Redemption Program, contributing \$6,000 annually to the food pantry, \$6,000 in Scholarships for Hudson students, \$2,000 annually to the Ann-Marie House, \$5,000 to the Rodgers Memorial Library outdoor reading area, tree planting at the Hill House, Lions Little League Field, assistance for fire victims, supporting sports programs and Boy Scout Troop 20 and Holiday Bell Ringing for the Salvation Army. An upcoming community event is Santa's Arrival on November 25 at which the Hudson Lions Club provides community activities for children at the Hudson Community Center with free vision screening for children from 3:30 to 6:00PM.

The Hudson fire department is currently having the central station renovated. Due to several issues, the cost of the renovation went up not leaving enough funds to purchase cooking appliances. The Hudson Lions Club has donated \$5000 toward the purchase of some of the necessary equipment.

The Hudson Central Station was built in 1952 and was an all call firefighter department. Many changes have since taken place. In 1975 the town hired their 1st Fulltime Firefighters who worked from 6am until midnight. Over the next 3 years, more Fulltime help were hired and coverage became 24 hours a day. The upstairs originally had a pool hall, a meeting room and a kitchen. There were also 2 offices in the front. The pool hall was change to bedrooms, the meeting hall was considerably shrunk and offices were added. The kitchen remained the same but will have some new necessary appliances with the donation from the Hudson Lions Club.

Conway Area Lions had a fundraiser for Diabetes



Lion Rick Lammey Raffle Chairman presented to Brenda Leavitt, Miranda's mother for \$1800 to Miranda Center for Diabetes along with Memorial Hospital VP of Community Relations Kathy Bennett.

Lions Pres Linda & John Rafferty and Lion Zone Chair Jay Bisio were also present



Salem Lions and Manchester Lions

Eye screening together and Salem Lions attending Camp Pride picnic

**SANDOWN LIONS CLUB and
ST.MATTHEWS CHURCH**



FREE VETERANS DAY BREAKFAST

The Sandown *LIONS* Club is co hosting a free Veterans Day breakfast program on November 12, 8-10 am at the Sandown Town Hall, located 320 Main Street, Sandown. There will be patriotic music, recognitions, with a spiritual focus and reflection on the service and recognition of the service and the sacrifice that our veterans have provided.

Sandown LIONS Club



WINTER CLOTHING , AND COATS, AND SHOE DRIVE

The Sandown LIONS Club is sponsoring its annual winter clothing, coat and shoe drive until December 15. New or gently used items can be placed in the collection box in the Sandown Town Hall, located at 320 Main Street. Items collected during this drive will be donated back to those in need within our community and to homeless Veterans and their families. There is also a high demand for children's clothing. Many thanks in advance for your help and helping your neighbors.



**Lions Youth Services
NH Lions Serve... CHaD**

GO BOOKS !



Lions Youth Services invites all Lions clubs in MD44 to participate in this Reading Action Program Service Project. CHaD serves 70,000 patients each year, equaling 300,000 outpatient visits. LYS had asked each club to collect NEW books for all age groups from 6 months to 18 years in the last newsletter.

Now, we, Lions Youth Service are asking that you bring your collection of NEW books to the upcoming November Cabinet Meetings. We will be accepting your donations not only at the Cabinet Meetings but also at the Mid-Winter Convention. CHaD will distribute the books to all their inpatient and outpatient hospitals and clinics; truly a great chance to reach children all across NH and beyond!

GO BOOKS

Age Groups from 6 months to 18 years

- Hardcover Books
- Paperback Books
- Board Books
- Music and Sound Books
- Audio Books
- Crossword Books
- Game Books
- Mad Libs
- Braille Books



ENVIRONMENT

What a beautiful FOLIAGE this year! Hopefully, all of you have captured some wonderful photos and will be entering them into our Environmental Photo Contest! Remember, there are four categories from which you can submit a photo for judging: Urban or Natural Landscape, Plant Life, Animal Life and Weather Phenomenon (did anyone capture the King tides?). Photos will be judged in Mid-December so entries must be in by December 10th, the latest. DG AI suggests that you send your entries directly to Christine Goldstein, the District Newsletter Editor. Extra copies of the rules will be available at the Cabinet meeting in November or by e-mailing Lionjeri@comcast.net

Now that you have taken those great pictures of the foliage, what do you do about the leaves that are now sitting on your lawn or in the back yard? Leaves don't have to end up in trash bags or in burn piles. If you look at them as a "gift from nature" there are several ways you can beautify your home in an environmentally and friendly way. Without going into a deep discussion about how to do each (information can be found on the internet or at your town recycling department), here are some ideas for dealing with your leaves:

Compost piles- mix shredded leaves (use your lawnmower) with grass clippings and deposit in a corner, add new clipping underneath the old and cover in late fall. Spring will bring a nice pile of compost for all your plantings.

Mulching- collect leaves and chop them up with your lawnmower- add some woodchips and grass clippings and cover your flower and plant beds. Mulch is for protection so remove when mulch gets old and replace with fresh.

Leaves as Fireplace Fuel: fill a bag with dry leaves, along with any twigs you may find, store in a cool dry place- use a handful in your wood-burning fireplace for a quick start and a delicious aroma

Leaves as Natural Decorations: use them in art projects and fun indoor crafts for your children. Frame the most colorful leaves or use them to decorate a scarecrow in your yard. Finally, add a cinnamon stick to some dry leaves and put in a mesh bag for an instant sachet of fall scents.

HAPPY FALL!!



The DogSight Project

A Program of the New Hampshire Lions

Multiple District 44 – Health Services Board

Love That Dog

Are you curious about the life of a guide dog? Do you imagine it's all strict discipline and no excitement? Because a working dog should not be distracted from its work, no one but the handler should touch it, speak to it or even make prolonged eye contact with it (by way of explanation, prolonged eye contact is the same as speaking to a dog). People often assume that since they can't pat the dog, no one (including the handler) ever pats the dog. This is far from the truth. The bond between my dog and me strengthens every time I praise her, every time I tell her how much I love her and what a great dog she is. When my dog is off-duty at home, she frolics just as any other dog with impeccable manners will. She barks at "intruders" or any other surprising events. And she plays with me (and the cat) and gets belly rubs and hugs and pats and treats. It's a wonderful life.

Many thanks to those clubs who have already responded to our letter requesting donations. Your support of all guide dogs, and in particular for your support of the DogSight Project and the Fidelco Guide Dog Foundation is appreciated!!

Donations to the DogSight Project may be sent to **DSP Chair Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431**. Please make checks payable to **LSHF** with **DSP** on the memo line. The independence a guide dog brings to a blind person is priceless. Your contribution gives that gift many times over. Thank you!

Linda Piekarski

Chair, the DogSight Project

lpiekarski@ne.rr.com

44H Peace Poster-2016-2017

"A Celebration of Peace"

Last Call: Clubs that are submitting a Peace Poster entry are reminded that posters will be judged at the November Cabinet Meeting on November 6, 2016. Your entries must be there before the meeting starts. If a club has an entry and will not be able to attend the Cabinet Meeting, then they must mail the poster to Lion Lillian Bellisle, 29 Cedar Street, Hudson, NH 03051. Tel: 603-889-0285. Please allow time for your poster to reach her by **November 5, 2016**



Lions Clubs International
FOUNDATION

OUR FOUNDATION

Dear Fellow Lions, Lions and Lions Clubs International Foundation (LCIF) improves the lives of individuals each day throughout the world. A measles vaccine provided by financial support from you though LCIF may save a life. The donation made to disaster relief by a club in your district can be used to provide food or shelter for a family following a devastating storm. Grandparents may have their vision restored and experience a smile from their grandchild for the first time because of the generosity of Lions and LCIF. Every donation made to LCIF makes a difference.

It is through the support of individuals and clubs within our District and around the world that LCIF is able to support these types of critical humanitarian initiatives. Thank you for being an ambassador for our foundation.

Onchocerciasis, also known as river blindness, is a parasitic disease that afflicts the rural poor. It is caused by a worm that is spread from person to person through the bites of Simulium black flies that breed in rapid-flowing rivers and streams. The disease can cause intense itching, eye damage, and irreversible blindness, reducing an individual's ability to work and learn. Worldwide, an estimated 120 million are at risk of being infected and 270,000 have been blinded by the disease, mostly in Africa.

Since 1993, Lions Clubs International Foundation (LCIF) has awarded more than US\$33 million to support the distribution of river blindness medicine, Mectizan®, to approximately 251 million people in 15 African and Latin American countries. SightFirst has worked in close partnership since 1999 with The Carter Center—a leader in the fight to end river blindness.

On September 29, 2016, Guatemala's minister of health, Dr. Lucrecia Hernandez Mack, announced that the World Health Organization (WHO) has officially verified the elimination of onchocerciasis from Guatemala. Guatemala is now the fourth country in the Americas to be verified free of this disease, after Colombia (2013), Ecuador (2014), and Mexico (2015).

Please consider making a donation to LCIF's sight programs so that we may continue to fight preventable blindness.

Thank you. Bill Rathbun, Past Council Chairman

LCIF District Coordinator

"Give 'til it hurts"

Celebrate the Century NH Lions

The District Centennial Coordinators are selling NH's Official Centennial Car Magnet! These custom magnets can be purchased for \$5 each from your District Centennial Coordinators:

44-N Lion Phil Przybyszewski
44-H PDG Stanley Brothers

The fund raised will be used to support MD44 celebration of the Centennial with a parade in downtown Manchester next June.



November Newsletter Contest:

*April Showers Bring May Flowers,
What do Mayflowers Bring*

Submit your answer to newsletter44h@outlook.com for a chance to win a 2 night mid-week stay @ The North Conway Grand Hotel. The correct responses in the drawing! will be entered Have fun Lions!



HEALTH SERVICES BOARD

<http://www.nhlions.org/healthservice>

EYEGLOSS & HEARING AIDS COLLECTION & RECYCLING

Dave Rogers
166 Rockingham Road, Auburn NH 03032
Res phone: 603-627-1036
E-mail: DRCR0966@comcast.net

EYEGLOSS SHIPPING DONATIONS

Donations are welcome to help offset
The cost of shipping the eyeglasses
Please send checks to:
Hampton Area Lions Club
PO Box 1088 ~ Hampton, NH 03843

NEWSLETTER DISTRIBUTION

This newsletter is E-Mailed via Constant Contact to all District 44-H members who have e-mail addresses on file with LCI ~ Lions Clubs International.

Presidents and secretaries, please coordinate and make a copy available to members that do not have E-Mail. All E-Mail changes must be made on the LCI website by your club secretary. If you have opted out of receiving the fellowship in the past, you also opted out of the district newsletter because we shared the same contact list. This issue has been resolved. To receive the newsletter again, you must obtain a copy of the newsletter E-Mail and click on the **join our mailing list** link.

Please take note
of the editorial
change!

NEWSLETTER SUBMISSION AND DEADLINE

Deadline for submitting articles to be published in the newsletter is the

20th of each month.

To keep the size of the newsletter reasonable, most event articles will be reduced to 1/4 page.

Clubs and district committees with multiple articles for the same newsletter should consolidate the articles into one submission that does not exceed one page.

Newsletter submissions should be sent to Christine Goldstein at

newsletter44h@outlook.com