

The PRIDE

Newsletter of Lions District 44-H ~ New Hampshire



DECEMBER 2016 ♦ Volume 43 ♦ Number 6

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Global Leadership Team

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Thoughts from
District Governor Al Goldstein

Hello Lions,

I am sure you are all very busy this time of year working with the folks in your town looking for a little fun and in many cases a little help. So many of you are participating in Christmas revelry hosting tree lightings and visits with Santa as well as pancake breakfasts and of course selling trees. I am so impressed with all of the giving and caring that goes on in our district. While it may be the time of the year to celebrate I am so proud of the work all of you are doing to help others. "We serve" is our motto and all of you certainly live up to it.

This past November 19th we hosted a Membership-Leadership Workshop. It was very well attended. I want to thank everyone who came and a big thanks to all who helped make it happen. Together we served the district and I am so grateful. A special thanks to PID John Pettis for coming up and being our keynote speaker.

The Mid-Winter Convention is fast approaching. I hope to see you all there.

We are working on plans to do another training in the future. Watch for our upcoming notices.

Chris and I would like to wish all of you a Merry Christmas, Happy Chanukah and a Wonderful New Year.

"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart." Helen Keller



DECEMBER 2016 ♦ Volume 43 ♦ Number 6

In The Pride

Thoughts from:

DG Al	Page 1
FVDG Sam	Page 3
SVDG Jerry	Page 3
CST Bob	Page 4
MCC Scott	Page 4
GMT Steve	Page 5
GLT Toni	Page 5

Membership Matters

Pg 6

Mid Winter Convention

Pg 7—8

N Alan Lundren Write Up

Pg 9

Camp Pride

Pg 10

Brochure Contest

Pg 11

Environmental Photo Contest

Pg 12

Peace Poster Winner

Pg 13

Ice Racing

Pg 14 - 15

Site & Hearing/Health Services

Pg 15

Christmas Trees

Pg 16

Club News

Pgs 17-19

Camp Pride Calendar Raffle

Pg 20

Sandown Winter Clothing Drive

Pg 20

Sight & Hearing

Pg 21

Chad

Pgs 21-22

Lions Youth Service/ Diabetes Awareness

Pg 23

Pics from Cabinet Mtg

Pg24

NELC Training/Dog Sight

Pg 25

Contest/ Misc

Pg 26

Travels with the DG



Sandown Lions Mexican Fiesta

Visitation Schedule for District Governor Al.

Please contact CST Bob Gustafson to set up a visitation .

Upcoming Visits:

Sandown	11/30
Hampton	12/5
Atkinson	12/7
Chester	12/8
Raymond	12/14
Kingston	12/15
Twins Show	12/16

Hello Club Presidents & Secretaries,

I will be reaching out to you to see when we can set a time for our DG Visitation.

I would like to visit as many clubs in the beginning of the year, if possible.

Please feel free to contact CST Bob at:
robertgustafson11@gmail.com.

We will find a time that will fit into my schedule and vise versa for your club schedule.

Events Calendar

December

- 12/14 Camp Pride Meeting 6:30pm, Location TBD
- 12/14 Lions Youth Services Mtg, 6:30pm Blake's Restaurant, Manchester
- 12/15 LSHF Meeting, 6:30pm Hannafords, Bedford NH
- 12/27 Health Services BoardMtg,6:30pm Location TBD
- 12/28 Twin State Soccer Assoc 7:00pm Location: Elks Club, Lebanon NH

January

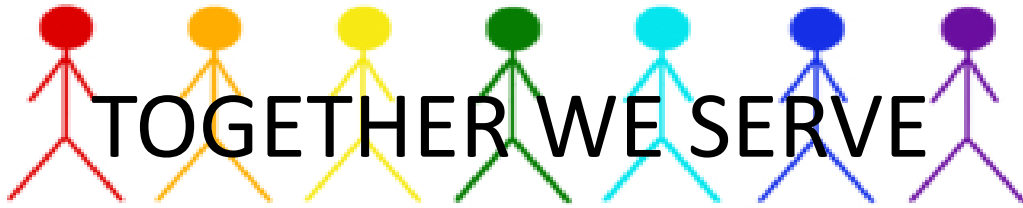
- 1/11 Camp Pride Meeting 6:30pm, Location TBD
- 1/11 Lions Youth Services Mtg, 6:30pm Blake's Restaurant, Manchester
- 1/19 LSHF Meeting, 6:30pm Hannafords, Bedford NH
- 1/24 Health Services BoardMtg,6:30pm Location TBD
- 1/25 Twin State Soccer Assoc 7:00pm Location: Elks Club, Lebanon NH

Newsletter Editor Change effective July 1st!

Starting with the July newsletter, please send all articles, pictures, and information to Christine Goldstein at

newsletter44h@outlook.com.

Deadline for submission is September 20th!



DECEMBER 2016 ♦ Volume 43 ♦ Number 6

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Thoughts from

First Vice District Governor Sam Longbook



Hello Fellow Lions,

Season Greetings from Lion Berny and me.

I have had the privilege of working side-by-side on fundraising with several clubs this fall. During this holiday season, I am scheduled to work with a few more clubs on projects. *It is great to be meeting and getting to know all of these wonderful dedicated individuals in Lionism.* I hope to continue to help out clubs during the rest of the 2016-2017 Lions Centennial Year.

This December message is from my wife Berny and me.

During this Holiday / Christmas season

remember to take time and count your many blessings.

We wish you and your family a very merry Holiday season and a happy New Year.

Sam and Berny Longbook



Thoughts from

Second Vice District Governor Jerry Vaccaro

Notes from the 2nd VDG Jerry Vaccaro

WELL DID YOU TRY? WILL YOU SERVE ON A DISTRICT PROGRAM???

IT IS TIME TO MAKE A DIFFERENCE—YES IT IS!!!

I have been writing these past few months about Leadership. Your club, Your District and now it is time to react!

I just recently attended ALLI (Advanced Lions Leadership Institute) in Houston, TX for 4 days meeting Lions from all over the US and I attended many classes regarding Leadership. It was awesome! Leadership is a challenge to all and can be a rewarding experience. I urge you to start and get mentored by your club leaders, District Leaders or Past District Governors.

The existing leadership and past leadership are always available to help you on your way to become a leader. "Just Ask" We are available to SERVE YOU and YOUR CLUB.

As always, I am available for a club visit and challenge me on any topic.

Thank you for what you do as a Lion,

Jerry



DECEMBER 2016 ❖ Volume 43 ❖ Number 6

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Whittier, Wolfeboro



Thoughts from Cabinet Secretary-Treasurer *Bob Gustafson*

Fellow Lions,

Holiday cheer is now upon us as December arrives. I thought our second Cabinet meeting went very well at the Pheasant Ridge Country Club in Gilford in early November. It was a nice turnout and it was also nice to see many Lions get recognized for their achievements and their willingness to serve their communities. As always, thank you in advance for filing your membership and activity reports in a timely manner so leadership can continue to evaluate successes and challenges in our District. Always feel free to contact me directly with any questions as we continue to move forward and serve. Enjoy the holidays.

Quote of the month: "Live a Little; Comfort a Little; Cheer Thyself a Little" - Shakespeare

Yours in Lionism,

CST Robert Gustafson

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Thoughts from Multiple Council Chair *Scott Wilson*



"

"The joy of brightening other lives, bearing each others' burdens, easing others' loads and supplanting empty hearts and lives with generous gifts becomes for us the magic of the holidays."

W. C. Jones

As you read this message, you are most likely in the full troughs of the holiday season. Family and friends, dedicating time to be with each other. You might have a Lions function or two – selling Christmas Trees and Wreaths, sharing your voice with songs for those unable to get out, presents for those less fortunate and so many other expressions of generosity to others. The holidays seem to illuminate the giving heart. **Lions carry this spirit of giving the whole year** because we give of ourselves the entire year through. We are blessed to know and have so many caring and giving people, as the Lions in New Hampshire, in our lives. Your generous hearts fill my heart with gratitude.

The introduction of Lionism to people you know, can make a tremendous difference in their life. In giving, we get so much more back. In many ways, we will never be the same again. We have seen the positive effects of our commitment to service and we long for it to be a part of our lives forever more. So powerful is the giving heart. **I wish you a most beautiful and healthy holiday season and the same throughout the coming year.**



Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.

~Author Unknown

Warmest regards,

Scott A. Wilson



DECEMBER 2016 ❖ Volume 43 ❖ Number 6

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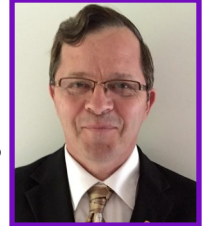
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Thoughts from Global Membership Team Leader *Steve Middlemiss* Global Membership Team Leader



It was great to see the many dedicated Lions who turned out for the November 19th Leadership/Membership workshop. Thank you everyone for taking time out of your busy schedules to attend. We all hope that you left with at least a little more information to help your clubs.

With the Holiday Season upon us it is a great time to have family and friends and others become involved in your Holiday events. Whether you are making and delivering Holiday baskets to those in need or serving meals to those less fortunate than ourselves, the season brings out the desire to help others in all of us. It is a great opportunity to show them what a huge contribution you make to your communities and how they can be a part of it. So think about those individuals you believe would make great Lions and ask them to give you a hand.

Don't forget to involve a Veteran. The Involve a Veteran program continues until June 30, 2018 and includes active members of the military.

Thank you all for all your efforts to help those in your communities.

Lion LeeAnn and I wish you all a very Happy Thanksgiving and may we all enjoy the time spent with family and friends.

If you need to get in touch with me my cell phone is 603-566-7616 and email is cstmiddlemiss@gmail.com.

Don't forget to JUST ASK!

Yours in Lionism

GMT Leader Steve Middlemiss



Thoughts from Global Leadership Team Leader *Toni Olden*

Leadership Skills – Delegation

To delegate is to entrust a task or responsibility to another person, typically one who is less senior than oneself.

Why would you want to delegate? The obvious answer is to save yourself time and allow you to tackle other tasks.

Delegating builds morale and trust with your team and also motivates them. Best of all, it is a great way to groom your successors!

When a task is no longer challenging – delegate. When a team member needs a challenge – delegate. Stuck in a rut and need new eyes – delegate.

How do you delegate? Start by assigning the right person to the task – one with the most skills to complete it. Clearly state the desired outcome. Be sure to identify the lines of responsibility and accountability. Include them in the decision making process. Provide the right tools and support. Focus on the results and always offer positive feedback.

Delegation – a win-win situation. Try it!

Yours in Lionism,

PDG Toni Olden





MEMBERSHIP MATTERS



District Membership	This Month	This Year
Opening Balance	1129	1159
Added Members	26	58
Dropped Members	5	66
Closing Balance	1150	1150
Net Gain/Loss	21	-9
Worldwide		1,405,125

Club	New Member	Sponsor
Atkinson	JONATHAN P. HILL	LEONARD HALL
Atkinson	WILLIAM P MEDEIROS JR.	CARMEN MAGLIA
Chester	DOROTHY T. GOERNER MRS	SHERYL BAKER
Chester	LEWIS W. GOERNER MR	CHARLES FREDERICK
Conway	MARIA FOX-MEEHAN	STEPHEN DOLAN
Conway	CLARICE Y GIROUARD	JOHN BISIO
Conway	ROBERT J GIROUARD	JOHN BISIO
Hudson	DAVID E LAINE	ROSITA LATULIPPE
Hudson	LARA A MIDDLEMISS	STEVEN MIDDLEMISS
Hudson	CHAD S RAYMOND	LEEANN MIDDLEMISS
Hudson	RITA L ROYCE	LINDA BERNIER
Hudson	JOANN SMILIKIS	CELESTE RICUPERO
Moultonboro	JAMES J. DUDDY	DAWN LAW
Moultonboro	MICHELLE L. DUDDY	DAWN LAW
Nashua	STEVE M BUXTON	EDWARD LECIUS
Nashua	NEETA MASAND	KAMAL MASAND
Nashua	DEREK CONNARY	EDWARD LECIUS
Nashua	RAVI K MASAND	KAMAL MASAND
Sandown	DOREEN CHAGNON	JOSEPH CHAGNON
Sandown	MICHELE L. LAVOIE	JOSEPH CHAGNON
Sandown	ERICA J OLSEN	PATRICIA KIMBALL
Wakefield	MARQUIS L ROBINSON SR.	PARKER VANDERHOOF
Wolfeboro	SANDRA BARNARD	NANCY O'DOWD



HAPPY 100th BIRTHDAY

JANUARY 27, 28 & 29, 2017

CROWNE PLAZA HOTEL

2 SOMERSET PARKWAY,
NASHUA, NH 03063

FRIDAY EVENING, JAN 27, 2017

DELICIOUS ITALIAN BUFFET

PARTY GAMES AND CASH PRIZES

SATURDAY MORNING, JAN 28, 2017

MD44 GATHERING

INSPIRATION & MOTIVATION

WONDERFUL GUEST SPEAKERS

SATURDAY EVENING, JAN 28, 2017

MD44 BANQUET

ID ALAN LUNDGREN

CELEBRATING 100 YEARS OF LIONISM

More
Details
to
Come

**MID-WINTER
CONVENTION
MD 44
NEW HAMPSHIRE**

Lions from across the Multiple Districts of New Hampshire are gathering to share fellowship and fun, to share inspiration and motivation, to share their passion for service for those less fortunate.

Our LIONS community is gathering to celebrate 100 years of Service to Others.

Join this "Once in a Lifetime" celebration



57th Annual Multiple District 44 Mid-Winter Convention

Happy 100th Birthday

Nashua Crowne Plaza
2 Somerset Parkway, Nashua, NH 03063
January 27-29, 2017

Celebrate Good Times



Contact Name:

Club Name:

Email:

Phone:

Convention & Entertainment Fee of \$5 is included in all Meal Packages

Friday Meal: Italian Party Buffet
Meatballs, Sausage and Pasta, Eggplant Parmesan, Caesar Salad, Ice Cream & Birthday Cake

Saturday Meal: Choose One
B - Tornadoes of Beef
F - Georges Bank Haddock
R - English Pea Risotto

	All Inclusive - Friday Buffet & Entertainment, Saturday Banquet and Hors d'oeuvres	Friday Banquet & Entertainment	Saturday Banquet and Hors d'oeuvres	Convention Fee (meetings only - no meals)	Friday Night Entertainment only (no meals)	X - Indicate any special dietary needs at bottom	X - Wheelchair Access Required	B = Tornadoes of Beef	F = Georges Bank Haddock	R = English Pea Risotto
1	\$63	\$21	\$42	\$5	\$5					
2										
3										
4										
Make Checks Payable to: Lions Multiple District 44 Convention										
TOTAL										Sub total

Room Night Reservation Deadline
December 28 2016
Meals Registration Deadline
January 20 2017

If there are any special dietary needs, please indicate here:

Saturday Breakfast / Lunch and Sunday Breakfast will be on your own. There is a restaurant at the hotel and many other choices near the property.

Hotel Reservation Process at Lions Convention Room rate:

Single or Double is \$115 per night + tax

Call Crown Plaza at (877) 270-1393 or (603) 595-4166 and identify yourself as part of the NH Lions Mid-Winter Convention.

All reservations must be made by Wednesday, December 28th for special rate.

Send registration form and check for meals to:

PCC Celeste Ricupero

Convention Chairperson

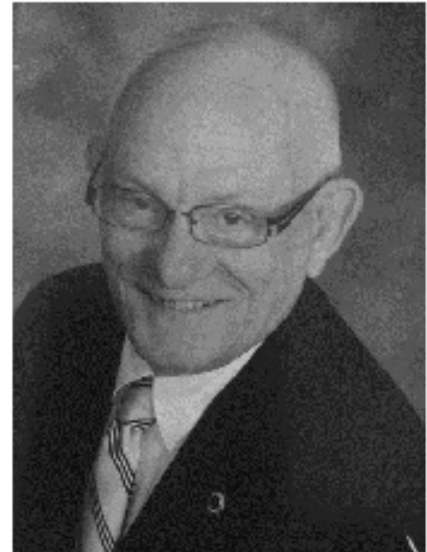
7 Winn Avenue, Hudson, NH 03051

For questions, please call Celeste at (603) 321-0737

Email: ricuper07@comcast.net

N. ALAN LUNDGREN

INTERNATIONAL DIRECTOR



N. Alan Lundgren from Scottsdale, Arizona, USA, was elected to serve a two-year term as a director of Lions Clubs International at the association's 99th International Convention held in Fukuoka, Japan, June 24 through 28, 2016.

Director Lundgren is an accountant and asset manager.

A member of the **Gilbert Lions Club**, and a **Lion** since 1980, he has held many offices within the association, including club president, district governor, district GLT coordinator and multiple district convention chairperson. He was also a member of the Public Relations Committee as a Board appointee in 2014-15.

In recognition of his service to the association, he has received numerous awards, including the Membership Key Award, Builder Key Award, Extension Award, two International President's Awards, and the Ambassador of Goodwill. He is also a Melvin Jones Fellow, a Helen Keller Fellow and a life member of the Arizona Lions Sight and Hearing Foundation.

Director Lundgren has three sons and 10 grandchildren. He is proud to say his family is a **"three generation Lions family,"** with two of his sons, and their wives, and two of his grandchildren being Lions members. Director Lundgren is also a vintner and takes pride in making his own white wine at home.

Lions Camp Pride NEWS

Lions District 44-H Service to Mankind, Inc. Established 1989 ~ 27yrs ago



We wish you and your families a very merry Christmas and Happy New Year.

May all your wishes come true and may the New Year bring you much joy and happiness!

Camp wish list Grants and Donations - 2016

- Metal roofs on 4 bunkhouse and 4 utility buildings
- Updated kitchen equipment
- LED lights throughout all buildings
- Propane backup Generator
- Recreational Building
- Tennis Courts
- John Deere Gator
- Kubota tractor
- Paving of parking lot front and back
- New windows and doors (80 % of the buildings)
- Lighting in the Fire pit area
- New Benches
- Canoes
- Kayaks
- Paddleboards
- Folding outside clothes dryers outside each cabin
- Solar panels
- Alarm System [dependent upon Cell coverage]

Team work is the key to our current and future successes.

Thank you for caring about our camp! *Peter*

Peter LaPointe, President Lions Camp Pride hampstead.lions@gmail.com. Camp Pride Board of Directors meets the 2nd Wednesday of each month at social 6pm meeting @7:00pm, at the Auburn Tavern, Auburn NH.



ATTENTION

District 44-H is having a contest

WHICH CLUB CAN DESIGN THE BEST BROCHURE

Pictures and what your club does should make everyone want to pick one up and read it.



Think about font, color and size.

Some rules do apply. The Lions Logo must be included and it must be the current one as seen at the top of this flyer. Our motto, “We Serve” must also be in the brochure.

It can be tri-fold or bi-fold. Please do NOT include the list of current officers but do have a contact name, number or website address for interested persons to get a hold of your club.

For information or to submit your entry contact Lion Marie R. Valliere at: keylion03@gmail.com. I am willing to come to a meeting to speak to your club about making a brochure.

All submissions must be received by April 15, 2017



DISTRICT 44H Procedure for Environmental Photo Contest

Photo Contest is open to Lions and Leos

Photos depicting a nature theme (plants, animals, weather phenomenon, etc. are welcome; photos that include people will be disqualified.

Photos should depict the environment in NH District 44H and must be original and unaltered. Photos should be printed on high quality photo paper and measure 8" x 10".

Did you all get photos of the foliage or the Super Moon or the King Tides????

Then be sure to submit them to our contest- we want to win the Multiple Photo Contest!

Photos may be submitted directly by the photographer or through your club's secretary and mailed by December 10th to:

Jeri Maynard, Environmental Chair, 104 Lowell Rd, Hudson, NH 03051

Tel: 603-883-8565 Cell: 603-320-3614 E: Lionjeri@comcast.net

Any and all photos submitted will be eligible for judging if they meet the above guidelines.

All photographers accept responsibility for the cost of taking, processing, and mailing photos.

Judging will take place for District 44H entries in mid-December and the 1st place winner will be forwarded to the Multiple District for competition with the 44N winner. A second and third place winner will also be selected. Photos must reach our District Governor by December 14th.

Entries will be based upon originality, artistic merit and technical quality

Any questions may be directed to Jeri Maynard at above address



CELEBRATION of PEACE POSTER CONTEST 2016-2017



FOR DISTRICT 44H AND DISTRICT 44N

The Peace Poster Contest has ended and the winning posters for each of the clubs have been selected. The winning poster for each of the districts has been selected and the finalist has also been selected. Thank you to all the participating clubs for getting your winning posters in on a timely fashion, it is greatly appreciated by all.

For the most part, photos have been taken of each poster submitted by your club. There are still some photos being taken for participants of the contest. Hopefully, they will be completed in the next week or so.

If your club has any additional entries, please feel free to photograph them or send them to me, and I will take a photo of it for you. All original posters will be returned to your club shortly. If your club wishes to get a copy of their entries photos to use for publicity, please feel free to contact me.

Please remember at the club level to set up a time to present your awards to your winning participants.

A full display of posters will be featured during the Mid-Winter convention in January. A full display of posters will be featured during the Mid-Winter convention in January.

Here is a preview of the winning posters .

MD44 WINNER
2016 CELEBRATION OF PEACE
DISTRICT 44N - MERRIMACK
JILLIAN DORF, AGE 12





IT'S ICE RACING TIME AGAIN

Looking for something different this winter? Then come out to the ice races and enjoy the seasonal weather by watching, working at, or participating in the Annual Ice Racing weekends in Northwood, NH.

The Northwood Lake Ice Racing Association is a non-profit club that was established to benefit NH Lions Camp Pride. Every year, the Association works closely with Lions Bill Lounsbury, Dave Linden and the Saddleback Mt Lions Club to run these fun events. Rules, regulations and other pertinent information regarding the races can be found at www.nlira.weebly.com

Proceeds from the races go to Camp Pride and is one of the Camp's main fundraising activities. Donations at the gate and the ads in the **Annual Program Booklet** are the sources of these proceeds. Local businesses and our faithful District Lions Clubs are supporters of the booklet which is distributed to participants and spectators from all over the state. *This year, we have set a goal of having an ad in the booklet from all the Lions Clubs in 44H.* Imagine the exposure your club will get if your ad is included!

Advertising Request Forms are included in this newsletter and may also be obtained from any Camp Pride Board Director. Deadline for submission is **December 31, 2016.**

Please consider supporting the Ice Races- you can start by praying for ice...



LIONS OF NEW HAMPSHIRE
AND
NORTHWOOD LAKE ICE RACING ASSOCIATION

ADVERTISING REQUEST FORM

*ALL PROCEEDS TO BENEFIT SPECIAL NEEDS
CHILDREN'S CAMP "LIONS CAMP PRIDE"*

NAME OF COMPANY _____

ADDRESS _____

PHONE NUMBER _____

EMAIL ADDRESS _____

ADVERTISING SELECTIONS

INITIAL ONE CHOSEN

¼ PAGE	\$25.00 _____
½ PAGE	\$50.00 _____
¾ PAGE	\$75.00 _____
FULL PAGE	\$100.00 _____

ATTACH CHECK – MAKE CHECK PAYABLE TO "LIONS CAMP PRIDE"
SEND TO: PO BOX 103, NORTHWOOD, NH 03261

ALL PROCEEDS TO BENEFIT:

LIONS CAMP PRIDE, A SPECIAL NEEDS CAMP ON MERRYMEETING LAKE IN NEW DURHAM, NEW HAMPSHIRE
WWW.CAMPPRIDE.NHLIONS.ORG

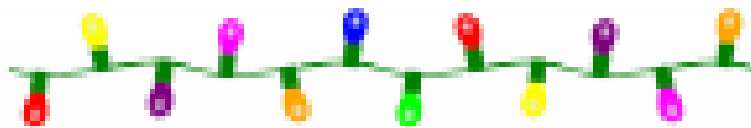
*THANK YOU TO NORTHWOOD LAKE ICE RACING ASSOCIATION AND THANKS TO YOU
FOR YOUR SUPPORT*

Christmas Trees

From Bethlehem, NH

Any tree \$40

Balsam Fir #1 or better



Dates and Times:

Starting Friday, 11/25/16

Fridays: 11am - dusk

Saturdays & Sundays: 9am - dusk

Place:

Corner of

Rte 16 and 109

(across from
the Mobil
station)

**12" Decorated &
Undecorated Wreaths**

Double Faced

\$15 Undecorated

\$25 Decorated



Merry Christmas
from the Wakefield Lions Club



DG AL GOLDSTEIN INDUCTS NEW MEMBERS AT HUDSON LIONS CLUB

Upon his visitation on Nov 14th to the Hudson Lions Club, District Governor Al Goldstein inducted three new members. L_R- MCST Steve Middlemiss sponsored his daughter Lara Middlemiss, DG AI, HLC President PCC Celeste Ricupero sponsored JoAnn Smilikis, JoAnn's sister Linda Bernier sponsored their sister Rita Royce. It's all in the family.

Thank you DG AI for a wonderful ceremony!

Installation at *Salem Lions Club* on Nov. 17



The Atkinson Lions Club Announces.....

Save the Date....



“Christmas with the Stars” presented by the Atkinson Lions Club will be coming to the Timberlane Performing Arts Center in Plaistow, NH on **Friday, December 16, for one performance only. The world famous impersonators, The Edwards Twins**, direct from Las Vegas, will perform their interpretations of Cher, Celine Dion, Andrea Bocelli, Barbra Streisand and many more. Proceeds will be used to build the Centennial Clock commemorating the 250th Anniversary of the Town of Atkinson, the Centennial of the founding of Lions International and the 40th Anniversary of the founding of the Atkinson Lions Club. **Tickets may be purchased on line at: www.mktix.com/trpac or by phone (603)257-5257.**

Check out the Edwards Twins Web Site: www.theedwardstwins.com/membership.html On behalf of the Atkinson Lions thank you for considering participation in our event! John D. Troy Publicity, Atkinson Lions Club



Moultonborough Lions Club

Photo Caption: Front Row (l-r) Newly inducted Lion(s) Michelle Duddy & Karen Barron with Lion Dawn Law. Back row (l-r) District Governor Al Goldstein, Lion John Menken & President Mark Cotrupi

Press Release:

The **Moultonborough Lions Club** increased membership by **two at Monday Night's dinner meeting**. On hand to preside over the inspiring candlelight induction ceremony was District Governor Al Goldstein. The induction is a symbolic beginning to a member's service as a Lion. It is also the key element in the lifelong retention of a member.

The Moultonborough Lions opt for the candlelight ceremony because it invokes the memory of Helen Keller and gives the inductee an opportunity to live a moment as a blind person before being pinned by their sponsors Lion(s) Dawn Law and John Menken. Missing at the ceremony was Lion James Duddy who had a previous commitment. He will be inducted at a later date.

The sponsors also received a Centennial pin for bringing in a new member during the Centennial Year.

The club also wants to remind everyone that the raffle drawing for \$5,000 will be held this Saturday, December 3rd at 1:00 p.m. at the Holiday Fair in the Central School. If you have not bought your **ticket yet please make sure you drop by the school on Saturday**. This is a perfect time of the year to win \$5,000. No need to be present when the ticket is drawn, but usually there is a good crowd hoping against hope that they are the lucky winner.

The Lions hold BINGO every Tuesday night at 6:30 p.m. Drop by anytime, meet new friends, and enjoy a chance to win some money.

Like us on Face Book! Check out our Web Site at www.moultonboroughlionsclub.org

If you would like to find out more about Lionism please call Joe & Pat Keegan at 253-9916. Remember our motto is "We Serve."

Submitted by:

Patricia Keegan

253-9916

CALENDAR RAFFLE TICKETS MAKE GREAT STOCKING STUFFERS!!

It's that time of year again! Camp Pride's Annual Booster Club raffle is now in full swing. By now, your club should have received 20 tickets for your club to sell (or buy).

Tickets remain at \$10.00 but you will notice something different this year. Several companies and individuals offered to sponsor a calendar date and their names and date sponsored are listed on the back of each ticket. We ask that in addition to selling your tickets enclosed, you consider patronizing our sponsors if they are in your club's vicinity.

Remember, tickets may be sold to club members, friends, business associates or even bought by the club as a chance to enhance their treasury.

Be sure to tell everyone that there will be a total of thirty-one (31) drawings and each drawing represents a particular day in January. **Any ticket drawn will be redeposited** into the raffle basket so there are numerous chances to win. All drawings will take place at the Mid-Winter Convention in January; winners will be notified shortly afterward.

Please return all your stubs, checks and any unsold tickets directly to Lion Lillian Bellisle at 39 Cedar Street, Hudson, NH 03051. If you have questions or need additional tickets, please call her at 603-889-0285 or e: mail: Lionjeri@comcast.net.

As in the past, all proceeds from this raffle will be used to further Camp Pride operations and maintenance.

Camp Pride Board of Directors



Sandown LIONS Club

WINTER CLOTHING , AND COATS, AND SHOE DRIVE

The Sandown LIONS Club is sponsoring its annual winter clothing, coat and shoe drive until December 15. New or gently used items can be placed in the collection box in the Sandown Town Hall, located at 320 Main Street. Items collected during this drive will be donated back to those in need within our community and to homeless Veterans and their families. There is also a high demand for children's clothing. Many thanks in advance for your help and helping your neighbors.

New Hampshire Sight & Hearing Foundation

Greetings to all NH Lions from your:
NH Sight & Hearing Board of Directors

We are seeking Lions who would like a position on the Sight & Hearing Board. Please contact me if you would like to be part of the exciting and rewarding work that we do for those less fortunate than ourselves in the State of New Hampshire.
Open positions are 2 each in 44H and 44N.

Sight & Hearing Constitution states the following: "A qualified candidate shall be a current member, in good standing, of a Lions Club in Multiple District 44."

Come and join us at our next meeting on December 15, 2016, at Blake's -
353 S. Main Street - Manchester - Starts at 6:30.

Let me know if you will attend, so I can save a chair for you.

You are ALL members of the NH Sight & Hearing Foundation.

PDG Sandra G. Hurd -- 424-8922 - axstewart@comcast.net

President, NH Sight & Hearing Foundation

Lions Youth Services

NH Lions Serve CHaD

Lions Youth Services invites all Lions Clubs in MD-44 to participate in this Reading Action Program service project. CHaD serves 70,00 patients each year, equaling 300,000 outpatient visits. LYS asks each club to start collecting NEW (for sanitary reasons) books for all age groups from 6 months to 18 years old. This can include board books, music and sound books, audio books, crossword and game books, Mad Libs, braille books, etc. LYS will be accepting your donations at the November cabinet meetings and Mid-winter Convention. CHaD will distribute the books to all their inpatient and outpatient hospitals and clinics, truly a chance to reach children all across NH and beyond! Lions attending the Mid-Winter Convention will be asked to sign cards of get well and cheer to be inserted in the books. For questions, contact President Marie Hall or Vice-President Rhonda Wynne.

NH LIONS SERVE



Dartmouth-Hitchcock

**CHILDREN'S HOSPITAL
AT DARTMOUTH**



LIONS YOUTH SERVICES

Book Collection

**Your gift of new books for age newborn to age 18
will help to entertain the over 70,000 children
served in over 300,000 inpatient and outpatient
visits across the state of NH.**

**Please look for ways to collect books out in your
community as well as within your club. Contact
any LYS board member for pick up or call
President Marie Hall 603-686-6935 for more
information.**

Lions Youth Services Need You!

What if you could help all children in the state of NH? Lions Youth Services is creating a vision of service to youth and we are building two new service programs: NH Lions Serve CHaD, a massive book collection and NH Lions Youth Service Program, promoting volunteerism in the eighth graders across the state. We don't want to just stop there. The possibilities are endless: we could offer OKS vision screening in areas where there are no Lions clubs, start a Leo scholarship program, provide warm winter clothing in our largest city homeless shelters. But in order to accomplish these great programs, we need YOU!

At the LYS annual meeting on Saturday, January 30, there will be elections for two director seats from 44-N and three from 44-H. For a small time commitment of approximately 2-3 hours per month, you or a member of your club could impact the futures of our children. For more information or to place a name on the ballot, please call or email me.

President Marie Hall

If You Have Diabetes Eat Right

Your body needs insulin to digest carbs. But eat the wrong kinds of carbs and your insulin system goes haywire.

Here's why: Your gut turns all carbs into sugar. When that sugar hits your bloodstream, insulin is released and your muscles use the sugar for energy. Great. The problem is that dead (processed) food has no fiber, so it goes through your digestive tract quickly. Your body sends out an ocean of insulin to mop up all the sugar. Phew! But then there's no sugar in your system and you're hungry again. An hour or two after eating a mountain of slop, you're ravenous. The result? The insulin system breaks down and you end up with diabetes, amputations, blindness, heart attacks. Awful.

From AARP The Magazine October/November 2016

Diabetes Awareness Marie Hall

603-686-6935 mariehall326@gmail.com

November 6th Cabinet Meeting





SAVE THE DATE

NELC TRAINING

Saturday - January 7 - 2017

+++++

To be held at a location in Mass.

Tentative trainings: Orientation

Retention

Take advantage of these two important subjects. More to come

Questions?

Contact me, PDG Sandra Hurd

424-8922 - axstewart@comcast.net



The DogSight Project

A Program of the New Hampshire Lions

Multiple District 44 – Health Services Board

A Privilege

It was my very great privilege to hear Lion Randy Pierce speak at the District 44N cabinet meeting on November 13. If you have never heard him speak, make every effort to do so. He is truly inspirational.

What I want to share with you about that day is not about his talk, but about our dogs. I was seated at a table with Rosie lying at my side. Randy came in and passed close by us, his dog at heel, not guiding. Both dogs were interested each other, but neither dog abandoned her handler. Rosie didn't stand up; Autumn didn't pull away; and neither vocalized in any way. What wonderful professionals they are!

Many thanks to those clubs who have already responded to our letter requesting donations. Your support of all guide dogs, and in particular for your support of the DogSight Project and the Fidelco Guide Dog Foundation is appreciated!!

Donations to the DogSight Project may be sent to **DSP Chair Linda Piekarski, 15 Edgewood Ave, Keene, NH 03431**. Please make checks payable to **LSHF** with **DSP** on the memo line. The independence a guide dog brings to a blind person is priceless. Your contribution gives that gift many times over. Thank you!

Linda Piekarski



Lions Clubs International
FOUNDATION

OUR FOUNDATION

Dear Fellow Lions, Lions and Lions Clubs International Foundation (LCIF) improves the lives of individuals each day throughout the world. A measles vaccine provided by financial support from you though LCIF may save a life. The donation made to disaster relief by a club in your district can be used to provide food or shelter for a family following a devastating storm. Grandparents may have their vision restored and experience a smile from their grandchild for the first time because of the generosity of Lions and LCIF. Every donation made to LCIF makes a difference.

It is through the support of individuals and clubs within our District and around the world that LCIF is able to support these types of critical humanitarian initiatives. Thank you for being an ambassador for our foundation.

Onchocerciasis, also known as river blindness, is a parasitic disease that afflicts the rural poor. It is caused by a worm that is spread from person to person through the bites of Simulium black flies that breed in rapid-flowing rivers and streams. The disease can cause intense itching, eye damage, and irreversible blindness, reducing an individual's ability to work and learn. Worldwide, an estimated 120 million are at risk of being infected and 270,000 have been blinded by the disease, mostly in Africa.

Since 1993, Lions Clubs International Foundation (LCIF) has awarded more than US\$33 million to support the distribution of river blindness medicine, Mectizan®, to approximately 251 million people in 15 African and Latin American countries. SightFirst has worked in close partnership since 1999 with The Carter Center—a leader in the fight to end river blindness.

On September 29, 2016, Guatemala's minister of health, Dr. Lucrecia Hernandez Mack, announced that the World Health Organization (WHO) has officially verified the elimination of onchocerciasis from Guatemala. Guatemala is now the fourth country in the Americas to be verified free of this disease, after Colombia (2013), Ecuador (2014), and Mexico (2015).

Please consider making a donation to LCIF's sight programs so that we may continue to fight preventable blindness.

Thank you. Bill Rathbun, Past Council Chairman

LCIF District Coordinator

"Give 'til it hurts"

Celebrate the Century NH Lions

The District Centennial Coordinators are selling NH's Official Centennial Car Magnet! These custom magnets can be purchased for \$5 each from your District Centennial Coordinators:

44-N Lion Phil Przybyszewski
44-H PDG Stanley Brothers

The fund raised will be used to support MD44 celebration of the Centennial with a parade in downtown Manchester next June.



HEALTH SERVICES BOARD

<http://www.nhlions.org/healthservice>

EYEGLASS & HEARING AIDS COLLECTION & RECYCLING

Dave Rogers
166 Rockingham Road, Auburn NH 03032
Res phone: 603-627-1036
E-mail: DRCR0966@comcast.net



December

Newsletter Contest:

Name all the Reindeers

Submit your answer to

newsletter44h@outlook.com for a chance to

win a 2 night mid-week stay @ The North Conway Grand Hotel. The correct responses will be entered in the drawing! Have fun Lions!

EYEGLASS SHIPPING DONATIONS

Donations are welcome to help offset
The cost of shipping the eyeglasses
Please send checks to:
Hampton Area Lions Club
PO Box 1088 ~ Hampton, NH 03843

NEWSLETTER DISTRIBUTION

This newsletter is E-Mailed via Constant Contact to all District 44-H members who have e-mail addresses on file with LCI ~ Lions Clubs International.

Presidents and secretaries, please coordinate and make a copy available to members that do not have E-Mail. All E-Mail changes must be made on the LCI website by your club secretary. If you have opted out of receiving the fellowship in the past, you also opted out of the district newsletter because we shared the same contact list. This issue has been resolved. To receive the newsletter again, you must obtain a copy of the newsletter E-Mail and click on the **join our mailing list** link.

Please take note
of the editorial
change!

NEWSLETTER SUBMISSION AND DEADLINE

Deadline for submitting articles to be published in the newsletter is the

20th of each month.

To keep the size of the newsletter reasonable, most event articles will be reduced to 1/4 page.

Clubs and district committees with multiple articles for the same newsletter should consolidate the articles into one submission that does not exceed one page.

Newsletter submissions should be sent to Christine Goldstein at

newsletter44h@outlook.com